

Pulmonary rehabilitation

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STELLINGEN

Behorend bij het proefschrift

Pulmonary rehabilitation: a learning health care model?

Ingrid M.L. Augustin, 17 februari 2022

1. High-need patients with COPD are entitled to a thorough integrated comprehensive assessment including the detection of altered pathophysiological traits and the identification of functional, emotional and behavioral attributes and health status. *This thesis*
2. Neither clustering based on comprehensive lung function measurements nor clustering based on pulmonary traits, extra-pulmonary traits and health status have led to different management strategies of these subgroups of patients with COPD. *This thesis*
3. Heterogeneity in COPD is not restricted to pathophysiologic abnormalities or comorbidity profiles of COPD patients. *This thesis*
4. Current guidelines focus on evidence-based medicine outcomes of pulmonary rehabilitation such as functional status and health status. However, a comprehensive personalized pulmonary rehabilitation program leads to a better health which is not captured by these outcomes. *This thesis*
5. A lack of clarity concerning the goals of pulmonary rehabilitation is dangerous and self-defeating, making the intervention prone to false savings under the “cost savings” umbrella.
6. Interdisciplinary fora where health professionals reflect, discuss and challenge themselves according to attitudes towards patients with so-called ‘self-inflicted’ diseases are a prerequisite in clinical practice. (Jerpseth et al, J Clin Nurs. 2021)
7. You can integrate all of the services for some of the people, some of the services for all of the people, but you can't integrate all of the services for all of the people". (Leutz, paraphrase of A. Lincoln's insight about fooling the people)
8. We have to return to the founding principles of evidence based medicine—to individualize evidence and share decisions through meaningful conversations in the context of a humanistic and professional clinician-patient relationship. (Greenhalgh et al, BMJ 2014)
9. Intuition is an expression for a kind of knowledge that is hidden from our immediate consciousness. (Stefan Lundin, 2015)
10. The absence of someone is as palpable as the presence. (Sahar Mustafah, 2020, The beauty of Your face)