

Idiopathic distal sensory polyneuropathy ACTION diagnostic criteria

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Idiopathic distal sensory polyneuropathy

ACTION diagnostic criteria

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Abstract

Objective

To present standardized diagnostic criteria for idiopathic distal sensory polyneuropathy (iDSP) and its subtypes: idiopathic mixed fiber sensory neuropathy (iMFN), idiopathic small fiber sensory neuropathy (iSFN), and idiopathic large fiber sensory neuropathy (iLFN) for use in research.

Methods

The Analgesic, Anesthetic, and Addiction Clinical Trial Translations, Innovations, Opportunities and Networks (ACTION) public-private partnership with the Food and Drug Administration convened a meeting to develop consensus diagnostic criteria for iMFN, iSFN, and iLFN. After background presentations, a collaborative, iterative approach was used to develop expert consensus for new criteria.

Results

An iDSP diagnosis requires at least 1 small fiber (SF) or large fiber (LF) symptom, at least 1 SF or LF sign, abnormalities in sensory nerve conduction studies (NCS) or distal intraepidermal nerve fiber density (IENFD), and exclusion of known etiologies. An iMFN diagnosis requires that at least 1 of the above clinical features is SF and 1 clinical feature is LF with abnormalities in sensory NCS or IENFD. Diagnostic criteria for iSFN require at least 1 SF symptom and at least 1 SF sign with abnormal IENFD, normal sensory NCS, and the absence of LF symptoms and signs. Diagnostic criteria for iLFN require at least 1 LF symptom and at least 1 LF sign with normal IENFD, abnormal sensory NCS, and absence of SF symptoms and signs.

Conclusion

Adoption of these standardized diagnostic criteria will advance research and clinical trials and spur development of novel therapies for iDSPs.

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Podcast

Dr. Stacey Clardy talks with Dr. Roy Freeman about his paper discussing idiopathic distal sensory polyneuropathy.

[NPub.org/3cv4m2](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7344442/)

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Roy Freeman and Jennifer S. Gewandter are co-first authors.

Glossary

CCM = corneal confocal microscopy; **iDSP** = idiopathic distal sensory polyneuropathy; **IENFD** = intraepidermal nerve fiber density; **iLFN** = idiopathic large fiber sensory neuropathy; **iSFN** = idiopathic small fiber sensory neuropathy; **LF** = large fiber; **NCS** = nerve conduction studies; **QST** = quantitative sensory testing; **SF** = small fiber.

Peripheral neuropathies, most of which are chronic distal sensory polyneuropathies (DSPs), are among the most prevalent of neurologic disorders. In 20%–50% of DSP cases, laboratory investigations fail to find a cause, leading to a diagnosis of idiopathic DSP (iDSP, also known as cryptogenic polyneuropathy).^{1,2} No drugs are approved for the treatment of iDSP and its subtypes, idiopathic mixed fiber sensory neuropathy (iMFN), idiopathic small fiber sensory neuropathy (iSFN), and idiopathic large fiber sensory neuropathy (iLFN). Thus, clinical trials of iDSPs are urgently needed to develop evidence-based therapies.

One potential barrier to developing therapies for iDSP is that eligibility criteria for iDSP research studies do not exist or, depending on the subtype, have considerable variability.^{3–7} Although some diagnostic criteria are available for DSPs of specific etiology,^{8,9} and more recently for SFN,^{3,10,11} no generally accepted criteria are available for iMFN, iSFN, and iLFN. The goal of this article is to present comprehensive and contrasting standardized diagnostic criteria for iMFN, iSFN, and iLFN for clinical research and clinical trials. Clinical trials for novel treatments for iDSP could be designed to examine efficacy and safety in all patients who meet the diagnostic criteria for iDSP, for example, any one of the 3 subtypes or only in 1 or 2 of the subtypes, depending on the mechanism of action of the treatment.

Methods

The Consortium on Clinical Endpoints and Procedures for Peripheral Neuropathy Trials (CONCEPT) of the Analgesic, Anesthetic, and Addiction Clinical Trial Translations, Innovations, Opportunities and Networks (ACTION) public-private partnership with the FDA convened in April of 2018 to develop consensus diagnostic criteria for iDSP and its subtypes. An international group of neurologists, clinical trialists, and regulatory experts from academia, government, and the pharmaceutical industry attended. Participants were selected based on their research, clinical, or regulatory expertise relevant to peripheral neuropathy and clinical trial design to represent broadly the relevant disciplines and perspectives while limiting the meeting size to promote productive and efficient discussion. To facilitate discussion, participants presented a set of background lectures, including the results of a systematic review of current diagnostic criteria and research study entry criteria used for iSFN.¹² Lectures and the meeting transcript are available at on the ACTION-CONCEPT webpage.¹³ Dr. Freeman served as the facilitator to obtain an initial consensus at the meeting. Based on this

initial consensus, an initial draft of the manuscript was developed by Drs. Freeman and Gewandter (i.e., lead authors). The manuscript was sent to all authors for feedback. Subsequently, the lead authors synthesized the input and redistributed the manuscript for further feedback. This process occurred 4 times until no new major themes emerged, and all authors approved the final manuscript.

Background

The sensory neuropathy nomenclature (MFN, SFN, and LFN) is derived from the population of nerve fibers affected in these conditions. These fibers are classified as A β , A δ , and C fibers based on their cell body size, axon diameter, amount of myelination, and conduction velocity. The A β fibers have large cell bodies, are heavily myelinated, and have conduction velocities that range from 16 to 100 m/second; the A δ fibers have medium-sized cell bodies, are lightly myelinated, and have conduction velocities between 5 and 30 m/second; and the C fibers have small cell bodies and are unmyelinated with conduction velocities less than 5 m/second. A β fibers are considered large fibers, whereas the A δ and C fibers are considered small fibers.^{14–16} Because of their anatomic and consequent neurophysiologic characteristics, A δ and C fibers, which are predominantly or exclusively injured in SFN, cannot be assessed using standard clinical neurophysiologic techniques. The clinical phenomenology associated with these neuropathies is a function of the sensory modalities subserved by the damaged nerve fibers.

Small fiber sensory modalities include pain, temperature, and poorly localized light touch; consequently, symptoms associated with SFN include spontaneous and evoked pain, numbness, pruritic sensation, and paresthesias.^{14–21} Large fiber sensory modalities encompass touch, proprioception, pressure, and vibration perception. The deep tendon reflexes are also mediated by the large fibers. Thus, symptoms associated with LFN include numbness, balance impairment, paresthesias, and sensory distortion.^{14–21} Hence, the symptoms of numbness and paresthesias and impaired light touch perception may be present in both large and small fiber polyneuropathies.^{14–21}

In this article, we provide diagnostic criteria for iMFN (i.e., a polyneuropathy with both small and large fiber features), pure (or isolated) iSFN, and pure (or isolated) iLFN. In doing so, we recognize that pure SFN and LFN may have subclinical large and small fiber pathology or pathophysiology, respectively, for example, detectable with sural nerve biopsy or

microneurographic techniques, and that pure SFN and pure LFN may, in some patients, evolve over time into an MFN. The diagnostic criteria for iDSP are fulfilled when the specific diagnostic criteria for any one of the 3 iDSP subtypes are met or in those patients who meet all criteria for SFN and have abnormal nerve conduction studies (termed clinical SFN with abnormal large fiber neurophysiology) or in those patients who meet all criteria for LFN and have abnormal IENFD (termed clinical LFN with abnormal nerve fiber density).

Diagnostic criteria for idiopathic distal sensory polyneuropathy (iDSP)

Symptoms

Polyneuropathy symptoms should be present in a symmetrical, length-dependent distribution for clinical trial inclusion. In some patients, iDSP presents in an asymmetric or non-length-dependent manner. We did not define criteria for that disorder in this article.

To maximize sensitivity and ensure that patients are not excluded based on unique sensory symptom descriptions, a specific list of painful and nonpainful sensory symptom descriptors was deliberately excluded and only 1 sensory symptom was required (table 1). This potentially non-rigorous symptom definition is unlikely to adversely affect diagnosis because the requirements related to signs (see section Signs) and neurophysiologic and neuropathologic tests (see section Neurophysiologic and neuropathologic tests) would be expected to increase the specificity of the criteria. However, to further increase the specificity for entry into clinical trials, investigators may consider requiring at least 1 symptom from at least 2 of the symptom items listed in table 1.

Signs

The diagnosis of iDSP requires abnormality in at least 1 of the clinical signs assessed by sensory neurologic examination (table 1). The following 4 signs: abnormal pinprick perception, abnormal light touch perception, abnormal vibratory perception, and abnormal proprioception were selected because they constitute the core elements of the neurologic clinical examination. In addition, in a recent systematic review, they were found to be the most common signs of sensory dysfunction evaluated in clinician-rated outcome measures for peripheral neuropathy related to chemotherapy, diabetes, HIV, and hATTR.²² Hyperalgesia and allodynia were also included because they are positive signs that indicate a pathologic increase in nerve excitability and are commonly evaluated in patients with neuropathic pain.²³ Deep tendon reflexes have been excluded from the diagnostic criteria because of age-related changes in the healthy elderly.^{24,25} To further increase the specificity for entry into clinical trials, investigators may consider requiring at least 1 sign from at least 2 of the sign items listed in table 1.

Standardized assessment procedures and normative values should be used to identify abnormality in clinical signs (e.g., Rydel-Seiffer tuning fork for vibration²⁶). However, many clinical examination components do not have evidence-based cutoffs and require judgment by a neurologist or a clinician trained in neurologic examination (see Gewandter et al.²² for a description of the available standardized examination assessments and normative values). For clinical trials, the method used to assess each of the clinical signs should be standardized across sites and investigators should be trained to maximize consistency as much as possible. In addition, publication of the standardization methods used in clinical trials would help future investigators and standardize the manner in which these signs are evaluated across studies.

Motor involvement

Muscle weakness (i.e., the main indicator of a motor neuropathy) should be excluded by a neurologist or a clinician trained in neurologic examination. However, depending on the research question, the study goals, or a drug's mechanism of action, it may not be necessary to eliminate motor involvement in all studies. Such an exception should be noted in the entry criteria.

Etiology

Evaluating the cause of all DSPs is important for guiding treatment and entry into clinical trials. Although associations do not guarantee causality, DSP is more prevalent in individuals with certain conditions, exposures to drugs or toxins, and genetic variants, than those in the general population. Thus, these potential causes are likely to contribute to the development of all DSP subtypes and must be excluded as potential etiologies (table 1) when making a diagnosis of idiopathic for all DSP subtypes. The etiologies were selected based on consensus among the authors and from research studies demonstrating associations between these potential etiologies and DSPs.^{2,25,27–35} These possible etiologies should be considered first-line exclusions and further exclusions³⁶ might be considered under certain circumstances, for example, in phase 2 or 3 clinical trials or in patients with specific medical histories or abnormalities on examination or routine testing. Because some of these excluded disorders (e.g., prediabetes and monoclonal gammopathy) have a high prevalence and may not necessarily be causative in particular patients, depending on the nature of the therapeutic agent, clinical trial or study, one might include patients with these features. If doing so, it should be explicitly stated in the entry criteria.

Furthermore, some, but not all, recent studies^{37,38} have identified low-frequency gain-of-function mutations in genes encoding sodium channels $Na_v1.7$, $Na_v1.8$, and $Na_v1.9$ (*SCN9A*, *SCN10A*, and *SCN11A*, respectively) in some patients with SFN.^{31–35} Some studies have observed similar findings in patients with diabetic peripheral neuropathy.^{34,38,39} These observations have underscored the need for SFN research and a broadly accepted approach for

Table 1 Diagnostic criteria for idiopathic mixed fiber sensory neuropathy (iMFN)

At least 1 of the following sensory symptoms is present in a symmetrical, length-dependent distribution (i.e., neuroanatomically plausible distribution):
Spontaneous constant or intermittent pain (e.g., burning pain and sharp or shooting pain) ^a
Patient-reported evoked pain to a normally nonpainful stimulus ^a
A nonpainful sensory symptom [e.g., paresthesias (tingling and pins and needles), ^{a,b} numbness, ^{a,b} and sensory distortion ^b]
At least 1 of the following distal signs assessed on the basis of a physical examination:
Abnormal pinprick perception ^a
Allodynia (i.e., pain evoked by a normally nonpainful stimulus like light touch, pressure, and warm) ^a
Hyperalgesia (i.e., increased pain evoked by a normally painful stimulus) ^a
Abnormal light touch perception ^{a,b}
Abnormal vibratory perception ^b
Abnormal proprioception ^b
Absence of muscle weakness
Absence of the following:
Abnormal glucose metabolism (e.g., diabetes, impaired fasting glucose, and impaired glucose tolerance)
Paraproteinemia
HIV infection
Vitamin B12 deficiency
Sjogren syndrome and other systemic connective tissue disorders
Vasculitic neuropathies
Sensory chronic inflammatory demyelinating polyneuropathy (CIDP) and atypical CIDP
Sensory neuronopathies
Neurotoxin exposure (e.g., neurotoxic chemotherapeutic or HIV treatment and excessive alcohol ingestion)
Inherited neuropathy (e.g., familial amyloid polyneuropathy due to hATTR amyloidosis or other pathologic mutations)
3 mo minimum duration to ensure disease stability (e.g., to exclude acute or subacute immune-mediated neuropathy)
Abnormalities in at least 1 of the following:
Distal lower extremity intraepidermal nerve fiber density (IENFD) ^a
Sensory nerve conduction studies ^b

An iMFN diagnosis requires that at least 1 of the above symptoms or signs is SF and 1 is LF with confirmation by abnormalities in sensory nerve conduction studies (NCSs) or distal intraepidermal nerve fiber density (IENFD).

If an individual meets the above criteria for iMFN, the criteria for iDSP are also fulfilled. In addition, those patients who meet all criteria for SFN and have abnormal nerve conduction studies (termed clinically defined SFN with abnormal large fiber neurophysiology) or those patients who meet all criteria for LFN and have abnormal IENFD fulfill the criteria for iDSP (termed clinically defined LFN with abnormal nerve fiber density). To increase specificity for entry into clinical trials, investigators could consider requiring 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items.

^a Indicates a symptom, sign, or neurophysiologic test that is associated with SFN.

^b Indicates a symptom, sign, or neurophysiologic test that is associated with LFN.

classifying pure or isolated iSFN. Investigators may wish to include patients with specific genetic variants in clinical research studies of DSP subtypes. If so, this should be explicitly stated in the entry criteria.

The role of genetic screening in observational and interventional studies in peripheral neuropathy is evolving as genetic sequencing costs decrease. Depending on the

mechanism of action of a putative disease-modifying agent, sequencing may be helpful, but it is not required in all iSFN trials. However, when possible, blood should be drawn and banked for later analysis. Excluding patients with 1 or more first-degree relatives with a DSP may help exclude patients with a hereditary peripheral neuropathy, but given the high population prevalence of DSP, not all studies may require this exclusion.

Duration

Sensory polyneuropathy symptoms should be present and stable for at least 3 months to increase the likelihood that the condition is not acute and reversible. The 3-month minimum is consistent with the requirement of pain chronicity defined by the International Association for the Study of Pain (IASP)⁴⁰ and the ACTION-American Pain Society Pain Taxonomy (AAPT).⁴¹ Certain forms of peripheral neuropathy can spontaneously improve; thus, for clinical trials, a longer minimum duration of 6 months could be considered. These criteria only apply to patients with chronic iDSPs and not acute or subacute DSPs.

Neurophysiologic and neuropathologic tests

A confirmed iDSP diagnosis requires iDSP diagnosis requires either abnormal sensory nerve conduction studies, for example, sural sensory nerve action potential amplitudes (SNAPs) and/or nerve conduction velocity (NCV), or decreased intraepidermal nerve fiber density (IENFD). Sensory nerve conduction and IENFD were chosen as the 2 diagnostic tests for confirming DSP because they detect abnormalities in large and small sensory neurons, respectively, and they have the most extensive age-based normative values for identifying abnormal cases.^{42,43} However, multiple technical details should be considered when performing these tests. Nerve conduction study values can be affected by electrode setup, accuracy of distance measurements, limb temperature, and testing parameters.⁴⁴ It is important to standardize nerve conduction analyses and use similar techniques as those used to generate the normative reference values for identifying abnormal cases. The Normative Data Task Force of the American Association of Neuromuscular & Electrodiagnostic Medicine identified high-quality studies reporting nerve conduction normative values with sufficiently detailed technical methods to reproduce the technique in a test sample.⁴⁴

For IENFD, 2 large, multicenter, multinational studies have established age- and sex-based normative data for identifying abnormality.^{42,43} Importantly, skin biopsy with IENFD analysis is technically challenging and susceptible to false positives of low IENFDs resulting from suboptimal handling including, for example, tissue crush or stretch or thermal damage from inadequate cryoprotection. Strict adherence to handling and processing guidelines is therefore essential (e.g., 50- μ m-thick sections, fixed using paraformaldehyde solution, cryoprotected and frozen, sectioned).⁴⁵ To maximize reliability, it is highly recommended to send skin biopsies for processing and evaluation to experienced laboratories with documented expertise in quantifying IENFD.

Performing nerve conduction studies and assessing IENFDs may be challenging in a multicenter clinical trial. In cases in which these tests are not feasible, and in other specific research situations, a diagnosis of clinically defined iDSP based solely on symptoms, signs, and exclusion of known potential etiologies may be appropriate (see section Etiology); however, this should be explicitly noted in the inclusion criteria.

Under this circumstance, to increase specificity for entry into clinical trials, investigators could consider requiring 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items listed in table 1.

Quantitative sensory testing (QST) is an extension of the clinical sensory examination using standardized sensory stimuli and response paradigms. The utility of QST for diagnosing iDSP is still exploratory. The Mayo Clinic Peripheral Nerve Group⁴⁶ and German Research Network on Neuropathic Pain (DFNS)⁴⁷ used different equipment and test paradigms to standardized the testing of multiple QST modalities for diagnosing sensory neuropathies and characterizing neuropathic pain. To improve the feasibility of QST in the clinical setting and for large, multisite clinical trials, bedside QST testing methods are currently being developed by several groups.^{48–50} Limitations of QST include that it is a psychophysical test with inherent subjective variability, a lack of equipment availability in many centers, variability in equipment and test paradigms, limited normative data for non-painful neuropathies, and that it has no localizing value. The diagnostic criteria for all sensory neuropathies could be supplemented by including QST if performed in centers with technical experience, as in a recent study.¹⁰

Corneal confocal microscopy (CCM) has also been used to diagnose DSP. The evidence base supporting this technique is growing, and it may become a promising tool in the future. Using CCM to distinguish patients with and without diabetic peripheral neuropathy (diagnosed via the Toronto Criteria⁸) has acceptable sensitivity and specificity.^{51,52} Normative values from a multinational study of healthy volunteers are published.⁵³ However, CCM is currently available at few centers, studies have only been published by a small number of investigators, and its specificity for different nerve fiber populations is not established. More definitive conclusions on its use as a diagnostic tool await larger studies.

The quantitative sudomotor axon reflex test (QSART) quantifies postganglionic C-fiber-mediated sudomotor function (i.e., sweating) via an axon reflex, which is triggered by iontophoresis of a cholinergic agonist. Studies suggest this is a sensitive diagnostic test for iSFN.⁵⁴ QSART abnormalities may also add diagnostic value for identifying a subpopulation of patients with iSFN with clinical or subclinical autonomic involvement. QSART results are not highly correlated with QST or IENFD⁵⁵; thus, adding QSART to the diagnostic panel for iSFN increases sensitivity without reducing specificity.⁵⁶ Normative QSART values are available from a sample of 357 healthy volunteers.⁵⁷

Laboratory-based QST, CCM, and QSART require specialized equipment and standardized protocols for multisite studies. They are not recommended as core diagnostic criteria or confirmatory tests for multisite iDSP trials at present due to their limited availability, need for trained personnel, and an insufficient evidence base of normative values.

Specific diagnostic criteria for iDSP subtypes

Diagnostic criteria for idiopathic mixed fiber sensory neuropathy (iMFN)

iMFN has both small and large fiber features without specific fiber selectivity. An iMFN diagnosis requires that at least 1 clinical feature is SF and 1 clinical feature is LF (table 1). To increase specificity for entry into clinical trials, investigators could consider requiring 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items listed in table 1.

A confirmed iMFN diagnosis requires abnormal nerve conduction or abnormal IENFD (table 1). In research situations, where nerve conduction or IENFD analyses are not feasible or are deemed unnecessary based on the specific research question, a diagnosis of clinically defined iMFN could be made based on symptoms and signs alone. Under this circumstance, more rigorous clinical criteria are proposed, such as 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items listed in table 1.

Diagnostic criteria for idiopathic small fiber neuropathy (iSFN)

Pure SFN is more frequently diagnosed in the clinical setting because of the development, validation, and widespread availability of IENFD assessment from skin punch biopsy.^{3,10} An iSFN diagnosis requires the presence of 1 characteristic painful or nonpainful small fiber symptom (e.g., spontaneous or intermittent pain and paresthesias) present in a symmetrical, length-dependent distribution (table 2) and at least 1 small fiber sign. To increase specificity for entry into clinical trials, investigators could consider requiring 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items listed in table 2. The presence of pure LFN symptoms is an exclusion criterion. A pure iSFN diagnosis requires demonstrating normal distal vibration perception and proprioception.^{3,10} Patients with pure iSFN should have preserved deep tendon reflexes; however, this requirement has been excluded from the diagnostic criteria based on considerations outlined in section Signs.^{24,25}

Some patients, otherwise fulfilling all iSFN criteria may report nonpainful sensory symptoms only (e.g., paresthesias). Such patients can be classified as having painless iSFN. Autonomic features may be a clinical accompaniment of iSFN. Patients with iSFN may be classified as iSFN with or without autonomic involvement.⁵⁵

A confirmed pure iSFN diagnosis requires normal nerve conduction studies and abnormal IENFDs. In some research situations, where nerve conduction or IENFD analyses are not feasible, confirmation of normal vibration perception and proprioception could be used to make a diagnosis of clinically defined iSFN. Under this circumstance, more rigorous clinical criteria are proposed, such as 2 (or more) symptoms

and 2 (or more) signs from the symptom and sign items listed in table 2.

Diagnostic criteria for idiopathic large fiber neuropathy (iLFN)

LFN is well recognized because of the widespread availability of nerve conduction studies, the diagnostic gold standard for large nerve fiber dysfunction. A diagnosis of pure iLFN requires the presence of at least 1 nonpainful sensory symptom (e.g., paresthesias) and 1 large fiber-associated sign, for example, abnormal vibration perception or abnormal proprioception). The presence of pure SFN symptoms is an exclusion criterion. Pinprick perception must be normal, and allodynia and hyperalgesia must be absent. To increase specificity for entry into clinical trials beyond the core criteria, investigators could consider requiring at least 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items listed in table 3.

A confirmed iLFN diagnosis requires abnormal nerve conduction with normal IENFD. In some research situations, where nerve conduction or IENFD analyses are not feasible, confirmation of abnormal proprioception and vibration perception with normal pinprick perception and absence of allodynia and hyperalgesia could be used to make a diagnosis of clinically defined iLFN. Under this circumstance, more rigorous clinical criteria are proposed, such as 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items listed in table 3.

Limitations

These diagnostic criteria are based, in part, on systematic literature reviews (one completed before the meeting,²² and a second presented at the meeting). Subsequently, the criteria were developed using a collaborative, iterative expert consensus approach during and after the face-to-face meeting. Others have drawn attention to the methodological limitations of the existing literature that analyzes the sensitivity and specificity of the symptoms, signs, and investigations used to make a diagnosis of DSP and the challenges inherent to using this literature to develop neuropathy diagnostic criteria.^{58,59} In particular, the role played by bias in potentially inflating the sensitivity and specificity of signs, symptoms, and investigations in these studies.^{58,59} These challenges lend support to an expert consensus approach to diagnostic criteria that could provide the basis for future methodologically sound studies to determine the sensitivity and specificity of the peripheral neuropathy signs and symptoms.

In these diagnostic criteria, we have attempted to balance sensitivity, specificity, and accuracy, while simultaneously providing sufficient flexibility so that the specific criteria could be tailored to the particular needs of the trial by adding or omitting diagnostic features. This flexible approach will allow these criteria to be used, for example, in community-based

Table 2 Diagnostic criteria for idiopathic small fiber sensory neuropathy (iSFN)

At least 1 of the following sensory symptoms must be present in a symmetrical, length-dependent distribution (i.e., neuroanatomically plausible distribution):

Spontaneous constant or intermittent pain (e.g., burning pain and sharp or shooting pain)

Patient-reported evoked pain to a normally nonpainful stimulus

A nonpainful sensory symptom [e.g., paresthesias (tingling and pins and needles)]

At least 1 of the following distal signs assessed on the basis of a physical examination:

Allodynia (i.e., pain evoked by a normally nonpainful stimulus like light touch, pressure, and warm)

Hyperalgesia (i.e., increased pain evoked by a normally painful stimulus)

Abnormal pinprick perception

Requires both of the following distal signs assessed on the basis of a physical examination:

Normal vibratory perception

Normal proprioception

Absence of muscle weakness

Absence of the following:

Abnormal glucose metabolism (e.g., diabetes, impaired fasting glucose, and impaired glucose tolerance)

Paraproteinemia

HIV infection

Vitamin B12 deficiency

Sjogren syndrome and other systemic connective tissue disorders

Vasculitic neuropathies

Sensory chronic inflammatory demyelinating polyneuropathy (CIDP) and atypical CIDP

Sensory neuronopathies

Neurotoxin exposure (e.g., neurotoxic chemotherapeutic or HIV treatment and excessive alcohol ingestion)

Inherited neuropathy (e.g., familial amyloid polyneuropathy due to hATTR amyloidosis or other pathologic mutations)

3 mo minimum duration to ensure disease stability (e.g., to exclude acute or subacute immune-mediated neuropathy)

Abnormal reduced distal lower extremity intraepidermal nerve fiber density (IENFD)

Normal sensory nerve conduction studies

If an individual meets the above criteria for iSFN, the criteria for iDSP are also fulfilled. The presence of pure LFN symptoms and signs are exclusion criteria for a pure SFN. To increase specificity for entry into clinical trials, investigators could consider requiring 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items. Numbness is a symptom that is common to both small and large fiber neuropathies and is not listed as an inclusion criterion; however, the presence of numbness is not an exclusion criterion for SFN.

epidemiologic studies and clinical trials conducted at centers lacking some diagnostic technology. We have not provided specific guidelines on interviewing patients to best identify

symptoms or to perform physical examinations or neurophysiologic tests. Optimizing and standardizing diagnostic methods and analyses should be a research priority. Finally, although these criteria were developed for clinical research, they may, with modifications for individual practice capabilities, guide clinical practice and facilitate research translation into the clinic.

Conclusions

iDSPs are common and often debilitating and currently have no proven efficacious disease-modifying therapies. Because of advances in understanding the pathophysiologic and mechanistic basis of SFN, targeted therapies may be on the horizon. No broadly accepted, comprehensive standardized diagnostic criteria are currently available that segregate iMFN, iSFN, and iLFN. Widespread use of the criteria presented in this article could accelerate progress in developing therapies for these prevalent and often refractory conditions.

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Table 3 Diagnostic criteria for idiopathic large fiber sensory neuropathy (iLFN)

At least 1 of the following sensory symptoms must be present in a symmetrical, length-dependent distribution (i.e., neuroanatomically plausible distribution):

A nonpainful sensory symptom [e.g., paresthesias (tingling and pins and needles) and sensory distortion]

At least 1 of the following distal signs assessed on the basis of a physical examination:

Abnormal vibratory perception

Abnormal proprioception

Requires all of the following distal signs assessed on the basis of a physical examination:

Normal pinprick perception

Absence of allodynia (i.e., pain evoked by a normally nonpainful stimulus)

Absence of hyperalgesia (i.e., increased pain evoked by a normally painful stimulus)

Absence of muscle weakness

Absence of the following:

Abnormal glucose metabolism (e.g., diabetes, impaired fasting glucose, and impaired glucose tolerance)

Paraproteinemia

HIV infection

Vitamin B12 deficiency

Sjogren syndrome and other systemic connective tissue disorders

Vasculitic neuropathies

Sensory chronic inflammatory demyelinating polyneuropathy (CIDP) and atypical CIDP

Sensory neuronopathies

Neurotoxin exposure (e.g., neurotoxic chemotherapeutic or HIV treatment and excessive alcohol ingestion)

Inherited neuropathy (e.g., familial amyloid polyneuropathy due to hATTR amyloidosis or other pathologic mutations)

3 mo minimum duration to ensure disease stability (e.g., to exclude acute or subacute immune-mediated neuropathy)

Abnormal sensory nerve conduction studies

Normal distal lower extremity intraepidermal nerve fiber density (IENFD)

If an individual meets the above criteria for iLFN, the criteria for iDSP are also fulfilled. The presence of pure SFN symptoms and signs are exclusion criteria for a pure LFN. To increase specificity for entry into clinical trials, investigators could consider requiring 2 (or more) symptoms and 2 (or more) signs from the symptom and sign items. Numbness is a symptom that is common to both small and large fiber neuropathies and is not listed as an inclusion criterion; however, the presence of numbness is not an exclusion criterion for LFN.

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Name	Location	Contribution
Roy Freeman	Boston, MA	Co-organized and moderated consensus meeting, and contributed to writing the first draft and incorporating author feedback
Jennifer S. Gewandter	Rochester, NY	Co-organized consensus meeting, prepared the first draft, and contributed to incorporating author feedback
Catharina G. Faber	Maastricht, the Netherlands	Attended the consensus meeting and provided input on iterative manuscript drafts
Christopher Gibbons	Boston, MA	Attended the consensus meeting and provided input on iterative manuscript drafts
Simon, Haroutounian	St. Louis, MO	Attended the consensus meeting and provided input on iterative manuscript drafts
Giuseppe Lauria	Milan, Italy	Attended the consensus meeting and provided input on iterative manuscript drafts
Todd Levine	Phoenix, AZ	Attended the consensus meeting and provided input on iterative manuscript drafts
Rayaz A. Malik	Education City, Doha, Qatar	Attended the consensus meeting and provided input on iterative manuscript drafts
J. Robinson Singleton	Salt Lake City, UT	Attended the consensus meeting and provided input on iterative manuscript drafts
A. Gordon Smith	Richmond, VA	Attended the consensus meeting and provided input on iterative manuscript drafts
Josh Bell	Cambridge, MA	Attended the consensus meeting and provided input on iterative manuscript drafts
Robert H. Dworkin	Rochester, NY	Obtained funding for and attended the consensus meeting and provided input on iterative manuscript drafts
Eva Feldman	Ann Arbor, MI	Attended the consensus meeting and provided input on iterative manuscript drafts
David N. Herrmann	Rochester, NY	Attended the consensus meeting and provided input on iterative manuscript drafts
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Heikki Mansikka	North Brunswick, NJ	Attended the consensus meeting and provided input on iterative manuscript drafts
Anne Louise Oaklander	Boston, MA	Attended the consensus meeting and provided input on iterative manuscript drafts

Appendix (continued)

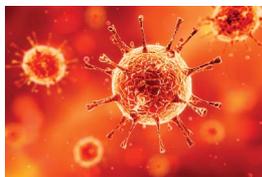
Name	Location	Contribution
Amanda Peltier	Nashville, TN	Attended the consensus meeting and provided input on iterative manuscript drafts
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Elissa Ritt	Temecula, CA	Attended the consensus meeting and provided input on iterative manuscript drafts
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Roi Treister	Haifa, Israel	Attended the consensus meeting and provided input on iterative manuscript drafts
Nurcan Üçeyler	Würzburg, Germany	Attended the consensus meeting and provided input on iterative manuscript drafts

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