

# Five Year Endothelial Cell Loss after Implantation with Artiflex Myopia and Artiflex Toric Phakic Intraocular Lenses

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# Five-Year Endothelial Cell Loss After Implantation With Artiflex Myopia and Artiflex Toric Phakic Intraocular Lenses



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- **PURPOSE:** To evaluate the long-term changes in endothelial cell density (ECD) after the implantation of 2 types of foldable iris-fixated phakic intraocular lenses (pIOLs) for the treatment of myopia and astigmatism.
- **DESIGN:** Prospective clinical cohort study.
- **METHODS:** Two-hundred and ninety-three and 188 eyes implanted with, respectively, the Artiflex Myopia and Artiflex Toric (Ophtec B.V., Groningen, The Netherlands) iris-fixated pIOL for the treatment of myopia or astigmatism at the University Eye Clinic Maastricht as of January 2004. One-hundred and forty-six eyes from the myopic and 64 eyes from the toric groups completed a 5-year follow-up. Main outcome measures were chronic endothelial cell (EC) loss, percentage of eyes with a  $\geq 25\%$  decrease in ECD, and the percentage of eyes with an ECD  $< 1500$  cells/mm<sup>2</sup>.
- **RESULTS:** Chronic EC loss showed an annual decline of 64 cells/mm<sup>2</sup> in the myopic ( $P < .001$ , standard error 3.58) and 62 cells/mm<sup>2</sup> in the toric ( $P < .001$ , standard error 3.77) groups. Total chronic EC loss from 6 months to 5 years postoperatively was 10.5% in the myopic and 10.2% in the toric groups. After 5 years, an ECD decrease of  $\geq 25\%$  occurred in 4.4% and 4.3% of eyes, and an ECD  $< 1500$  cells/mm<sup>2</sup> was reported in 3.0% and 0.0% of eyes, respectively. Explantation of a pIOL owing to EC loss was required in 3.1% and 0% of eyes.
- **CONCLUSION:** Chronic EC loss was around 10% over a 5-year period in eyes implanted with the foldable myopic (toric) pIOL. In up to 3.1% of eyes significant EC loss resulted in subsequent pIOL explantation. (Am J Ophthalmol 2018;194:110–119. © 2018 Elsevier Inc. All rights reserved.)

**T**HE IRIS-FIXATED ARTIFLEX MYOPIA AND ARTIFLEX Toric phakic intraocular lenses (pIOLs) (Ophtec B.V., Groningen, The Netherlands) were introduced in 2005 and 2007, respectively, as an addition to the already

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marketed rigid iris-fixated Artisan Myopia and Artisan Toric pIOLs (Ophtec B.V.). Owing to the configuration of the new lens, incorporating a foldable polysiloxane optic, incision size and surgically induced astigmatism (SIA) decreased significantly, and good results were obtained with respect to visual acuity (VA) and refractive correction.<sup>1–5</sup> The lower refractive index of the polysiloxane material, 1.43 vs 1.49 in the rigid polymethyl methacrylate (PMMA) lens, results in a slightly thicker lens, bringing the peripheral edges of the optic closer to the corneal endothelium for a similar myopic correction.<sup>6</sup> The importance of endothelial cell (EC) loss in reporting the safety of pIOLs was emphasized by guidelines formatted by the French Health Products and Safety Agency (AFSSAPS) and American Academy of Ophthalmology (AAO) in 2007 and 2016, respectively. The 2007 AFSSAPS statement regards an endothelial cell density (ECD) less than 1500 cells/mm<sup>2</sup> as a criterion for pIOL explantation.<sup>7</sup> The AAO-defined endpoint refers to the percentage of eyes with a total EC loss of  $\geq 25\%$  after 3 years as a safety parameter in studies on pIOLs.<sup>8</sup> Currently there are no studies describing both the AFSSAPS- and AAO-defined endpoints or any data exceeding a 1- or 2-year follow-up in patients implanted with these foldable iris-fixated pIOLs.

This prospective study aims to report data on EC loss, the percentage of eyes with  $\geq 25\%$  EC loss, and the percentage of eyes with an ECD  $< 1500$  cells/mm<sup>2</sup> after a 5-year follow-up in myopic patients implanted with a foldable iris-fixated myopic or toric pIOL.

## METHODS

- **DESIGN:** From January 1, 2004 to June 30, 2016, 479 eyes of 276 patients were implanted with a myopic or (myopic) toric iris-fixated pIOL at the University Eye Clinic Maastricht, Maastricht University Medical Center, Maastricht, The Netherlands. Patients were prospectively evaluated preoperatively, and at 1 day, 1 week, and 1, 3, 6, and 12 months postoperatively in the first postoperative year. Regular follow-up continued with annual visits. The myopic pIOL was implanted in 293 eyes of 166 patients, and 137 eyes completed the 5-year follow-up. The toric pIOL was implanted in 188 eyes of 109 patients, and 63 eyes completed the 5-year follow-up.

The current study was performed in adherence to the tenets of the Declaration of Helsinki; the Maastricht University Medical Center Institutional Review Board stated that approval was not required for this study.

- **IMPLANTATION CRITERIA:** Prior to pIOL implantation a patient had to be  $\geq 18$  years old and had to have a stable refraction for at least 2 years. Anterior chamber depth (ACD) from the corneal endothelium to the anterior plane of the crystalline lens had to be at least 2.8 mm with a maximal clear lens rise (CLR) of 600  $\mu\text{m}$  before pIOL implantation was performed.<sup>9–11</sup> Guidelines for phakic IOL implantation were formulated in 2006 by the Netherlands Society for Refractive Surgery (Nederlands Gezelschap voor Refractie Chirurgie [NGRC]). Based on this guideline, preoperative minimal ECD depended on age, with  $>2800$  cells/ $\text{mm}^2$  required for patients from 21 to 25 years old,  $>2650$  cells/ $\text{mm}^2$  for patients from 26 to 30 years old,  $>2400$  cells/ $\text{mm}^2$  for patients from 31 to 35 years old,  $>2200$  cells/ $\text{mm}^2$  for patients from 36 to 45 years old, and  $>2000$  cells/ $\text{mm}^2$  in patients over 45 years old.<sup>9,12</sup>

This article does not contain data of patients treated with iris-fixated pIOLs in cases of keratoconus or irregular astigmatism, or after corneal transplantation.

Data from a subset of these patients was reported in previous studies.<sup>1,3,6,13,14</sup>

- **PHAKIC INTRAOCULAR LENSES AND SURGICAL TECHNIQUE:** The Artiflex Myopia pIOL is a 3-piece, polysiloxane and PMMA, foldable lens with a convex-concave optic. It consists of a 6.0 mm flexible optic, has a total diameter of 8.5 mm, and ranges from -2.0 to -14.5 diopters (D).

The Artiflex Toric pIOL is a 3-piece, polysiloxane and PMMA, foldable lens with a convex-concave optic. It consists of a 6.0 mm flexible optic and has a total diameter of 8.5 mm; it ranges from -1.0 to -13.5 D and has a cylindrical power of up to -5.0 D. Lens power calculations were performed by the manufacturer using the van der Heijde formula.<sup>15</sup>

One surgeon (R.N.) performed all pIOL implantations under general or local anesthesia at the University Eye Clinic Maastricht. Previous studies by our group have described the surgical procedure and postoperative medication regimen.<sup>6,13,16,17</sup>

- **EVALUATION:** Preoperative examination consisted of subjective and cycloplegic refraction, Snellen uncorrected and corrected distance visual acuity (UDVA and CDVA) measurements, and slit-lamp examination, including Goldmann applanation tonometry and funduscopy. Additional measurements consisted of corneal topography (Orbscan [Bausch and Lomb, Rochester, New York, USA], Pentacam HR [OCULUS Optikgeräte GmbH, Wetzlar, Germany], Sirius [Schwind eye-tech-solutions GmbH & Co. KG, Kleinostheim, Germany]), biometry (A2500 [SonomedEscalon,

New Hyde Park, New York, USA], IOLMaster [Carl Zeiss AG, Oberkochen, Germany]), and specular microscopy (NONCON ROBO PACHY SP9000 S/N PK1-1137 [KONAN MEDICAL Inc, Nishinomiya, Japan], SP 3000 [Topcon Corporation, Tokyo, Japan]). All preoperative measurements were performed 1 week after removal of soft contact lenses and 2 weeks after removal of rigid gas-permeable contact lenses.

From 2006 onwards, the Visante OCT was used to perform preoperative pIOL simulation to measure the ACD, the vault between the pIOL and crystalline lens, the distance between the anterior pIOL and the endothelium, and CLR, as reported previously.<sup>6,9,11,18–20</sup>

In respect of the known variation between specular microscopes and the influence of this variation on the correct calculation of endothelial cell loss, all eyes continued their follow-up measurements with the same specular microscope used during preoperative measurements. More specifically, patients measured preoperatively with the SP9000 specular microscope continued their follow-up with this device, whereas patients measured preoperatively with the SP 3000 continued their measurements with the SP 3000 specular microscope. Per protocol, the mean ECD in each eye was calculated by determining the mean of 3 consecutive measurements of 50 central endothelial cells using the manual center-to-center method.<sup>21</sup>

- **OUTCOME MEASURES:** The definitions of outcome measures were based on the recent guidelines of the AAO and AFSSAPS, describing the percentage of eyes reaching the AAO endpoint (ie, ECD decrease  $\geq 25\%$  compared to the preoperative measurement) and AFSSAPS explantation criterion (ie, ECD  $< 1500$  cells/ $\text{mm}^2$ ).<sup>7,8</sup> We calculated the mean ECD 5 years after pIOL implantation, as well as the annual EC loss. To adhere to the AAO-defined guidelines, we not only presented the percentage of eyes meeting the AAO-defined endpoint after 5 years, but also added the percentage of eyes meeting this endpoint after 3 years.

- **STATISTICAL ANALYSIS:** Statistical analysis was performed using SPSS for Windows (version 23; IBM, Armonk, New York, USA). All visual acuity measurements were converted from Snellen VA to logarithm of the minimal angle of resolution (logMAR) prior to statistical analysis. Descriptive analyses were performed to compute mean and standard deviation (SD) in primary outcome measures and preoperative characteristics. Longitudinal changes over time were analyzed using a linear mixed-model analysis with an eye identification number as a grouping variable and time as a covariate. The best-fitted covariance structure was selected using the Bayesian information criterion. Similar to previous reports on EC loss, the effect of pIOL implantation on the endothelium was assessed from preoperatively until 6 months postoperatively (ie, acute EC loss), whereas chronic EC loss was

**TABLE 1.** Patient and Phakic Intraocular Lens Characteristics at Baseline

	Artiflex Myopia	Artiflex Toric
Age (y)	39.6 ± 10.6 (range 17.9 to 62.9)	40.1 ± 11.4 (range 19.4 to 63.4)
Ratio male/female (%)	35/65	38/62
Number of eyes	293	188
Number of patients	166	109
Refractive		
MRSE (D)	-9.09 ± 2.89 (range -20.5 to -1.25)	-9.22 ± 2.84 (range -15.25 to -2.50)
Cylinder (D)	-0.80 ± 0.51 (range -2.50 to 0.00)	-2.32 ± 0.88 (range -5.25 to -1.00)
Implanted lens		
Sphere (D)	-9.67 ± 2.59 (range -19.5 to -2.0)	-8.48 ± 2.83 (range -13.5 to -1.5)
Cylinder (D)	NA	-2.13 ± 0.87 (range -5.0 to -1.0)
CDVA (logMAR)	-0.007 ± 0.086 (range -0.18 to 0.52)	0.018 ± 0.117 (range -0.24 to 0.60)
IOP (mm Hg)	15.3 ± 2.9 (range 8.0 to 24.0)	15.6 ± 2.9 (range 10.0 to 23.0)
ACD (mm) <sup>a</sup>	3.27 ± 0.31 (range 2.75 to 3.96)	3.24 ± 0.35 (range 2.68 to 4.47)
AXL (mm) <sup>a</sup>	26.78 ± 1.27 (range 23.88 to 30.21)	26.92 ± 1.37 (range 23.48 to 31.03)

ACD = anterior chamber depth; AXL = axial length; CDVA = corrected distance visual acuity; D = diopters; IOP = intraocular pressure; logMAR = logarithm of the minimum angle of resolution; MRSE = manifest refractive spherical equivalent; NA = not applicable.

Results are mean ± standard deviation unless indicated.

<sup>a</sup>Measured from the corneal epithelium.

**TABLE 2.** Mean Endothelial Cell Density in Eyes Implanted With a Rigid Iris-Fixated Myopic or Toric Phakic Intraocular Lens

Time Period	Artiflex Myopia		Artiflex Toric	
	Number of Eyes	Cells/mm <sup>2</sup> , Mean ± SD (Range)	Number of Eyes	Cells/mm <sup>2</sup> , Mean ± SD (Range)
Preoperatively	293	2739 ± 286 (1915-3531)	188	2769 ± 370 (1643-3871)
Acute: 6 months	206	2680 ± 336 (943-3445)	140	2697 ± 418 (1644-3813)
Chronic: 1 year	202	2657 ± 352 (1227-3447)	131	2669 ± 426 (1641-3588)
Chronic: 5 years	137	2480 ± 369 (1138-3423)	63	2488 ± 360 (1840-3399)

assessed from 6 months postoperatively until the end of follow-up. Kaplan-Meier and multivariate Cox regression analyses were performed to assess survival from implantation to the occurrence of the AAO-defined endpoint (ie, total EC loss ≥ 25%) and the AFSSAPS explantation criterion (ie, ECD < 1500 cells/mm<sup>2</sup>). *P* values were considered significant if *P* < .05.

## RESULTS

BETWEEN JANUARY 2004 AND JUNE 2016, 293 EYES OF 166 PATIENTS AND 188 EYES OF 109 PATIENTS WERE IMPLANTED WITH THE IRIS-FIXATED MYOPIC AND TORIC pIOL, RESPECTIVELY. BASELINE CHARACTERISTICS OF BOTH GROUPS ARE DEPICTED IN [Table 1](#). Mean duration of follow-up was 56.9 ± 39.8 months in the myopic and 42.5 ± 31.1 months in the toric group.

In 3 eyes of 2 patients, aged 48 and 52 years, the preoperative ECD was between 1900 and 2000 cells/mm<sup>2</sup>. In the toric

group 5 eyes of 4 patients had an ECD < 2000 cells/mm<sup>2</sup>; their mean preoperative age was 52 ± 4 years and their mean preoperative ECD was 1817.3 ± 112.8 cells/mm<sup>2</sup>. All patients with a preoperative ECD < 2000 cells/mm<sup>2</sup> were informed on the risks of pIOL implantation in case of lower preoperative ECD counts, before opting for surgery.

- **ENDOTHELIAL CELL DENSITY:** Mean preoperative, 6-month, and 5-year ECD of the myopic and toric group are reported in [Table 2](#) and [Figure 1](#). From preoperatively to 6 months postoperatively, we found a significant acute ECD decline of 51 cells/mm<sup>2</sup> (*P* = .001, standard error [SE] 15.59) in the myopic group and a significant 6-month ECD decline of 55 cells/mm<sup>2</sup> (*P* = .007, SE 19.97) in the toric group.

In order to separate the effect of surgical trauma on ECD, chronic EC loss was measured from 6 months until the end of follow-up. Longitudinally, using linear mixed-model analysis, we found a significant annual ECD decline of 64 cells/mm<sup>2</sup> (*P* < .001, SE 3.58) in the myopic group and a significant annual ECD decline of 62 cells/mm<sup>2</sup> (*P* < .001, SE

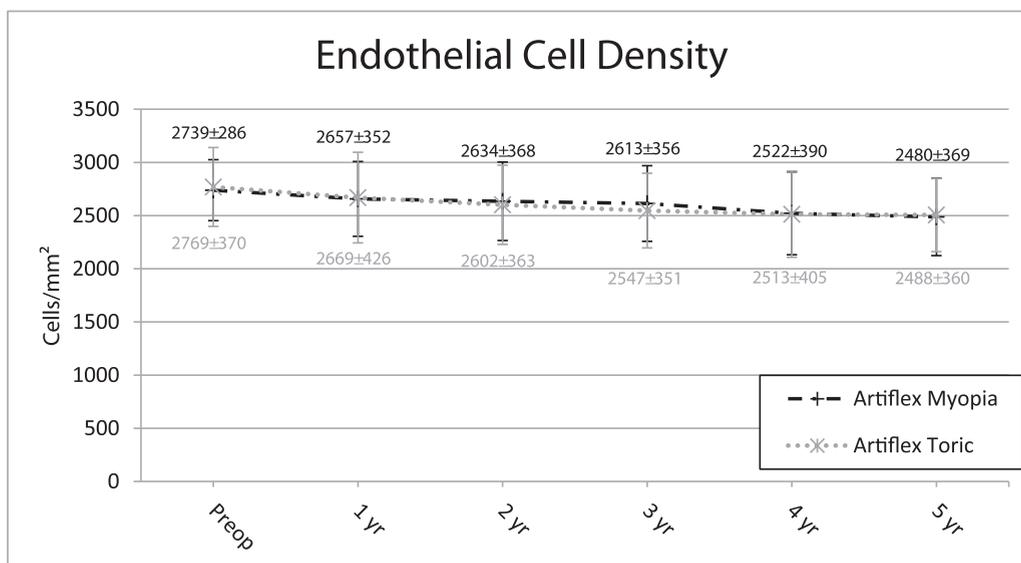


FIGURE 1. Mean endothelial cell density from preoperatively to 10 years postoperatively in patients implanted with foldable myopic (n = 293) and toric (n = 188) phakic intraocular lenses (mean ± standard deviation).

3.77) in the toric group. The total loss from 6 months to 5 years postoperatively was 10.5% in the myopic and 10.2% in the toric group. When correcting for an annual physiological EC loss of 0.6%,<sup>22,23</sup> our results show a pIOL-related total EC loss of 7.4% in the myopic and 7.5% in the toric group from 6 months to 5 years postoperatively.

Three years after implantation 2.9% of the myopic pIOL-implanted and 1.6% of the toric pIOL-implanted eyes met the AAO-defined endpoint (ie, a decrease in ECD  $\geq 25\%$ ). After 5 years a decrease in ECD  $\geq 25\%$  was seen in 4.4% and 4.3% of eyes, whereas an ECD  $< 1500$  cells/mm<sup>2</sup> (ie, AFSSAPS explantation criterion) was reported in 3.0% and 0.0% of eyes in the myopic and toric groups, respectively. None of the eyes with a preoperative ECD  $< 2000$  cells/mm<sup>2</sup> lost 120 cells/mm<sup>2</sup> or more in the first year after pIOL implantation. Furthermore, none of these eyes suffered a  $\geq 25\%$  decrease in ECD, reached an ECD  $< 1500$  cells/mm<sup>2</sup>, or required explantation of their pIOL at any time during follow-up. Median survival time (ie, until 50% reached the AAO endpoint or AFSSAPS explantation criterion) was 120 months in the myopic group. Survival time could not be calculated in the toric group (Figure 2), since too few eyes had reached the defined clinical endpoints.

EC loss resulted in pIOL explantation in 9 eyes of 5 patients (3.1%) implanted with a myopic pIOL at  $86 \pm 26$  months (range 42-127 months), postoperatively. Three out of 4 patients with bilateral explantation were prone to eye rubbing because of severe pollen allergy (1 patient), chronic irritation related to topical glaucoma therapy (1 patient), and a medical history reporting suspected Sjögren disease that was ruled out after a salivary gland biopsy (1 patient). In 2 eyes of 2 patients from the myopic group pIOL explantation owing to EC

loss had to be performed after a follow-up of less than 5 years. No explantations were performed in the toric group (Table 3). Unfortunately, it was not possible to compute a median survival time (ie, time until 50% of eyes require explantation), because of the small number of explantations.

• **RISK FACTORS:** Possible predictive factors for EC loss included preoperative ACD, distance from the central pIOL edge to the endothelium, distance from the peripheral pIOL edge to the endothelium, preoperative age, preoperative ECD, preoperative AXL, and pIOL type. Additional univariate linear mixed-model analyses were performed, but no significant predictive factors were identified ( $P > .05$ ).

Similarly, additional univariate Cox regression analyses evaluating survival until reaching the AAO endpoint or AFSSAPS explantation criterion (ie,  $\geq 25\%$  EC loss or ECD  $< 1500$  cells/mm<sup>2</sup>), as well as survival until pIOL explantation owing to EC loss, did not identify any significant influencing factors. Preoperative ACD, distance from the central pIOL edge to the endothelium, distance from the peripheral pIOL edge to the endothelium, preoperative age, preoperative ECD, preoperative AXL, and pIOL type were all analyzed and deemed insignificant ( $P > .05$ ).

## DISCUSSION

DESPITE THE MULTITUDE OF ANTERIOR CHAMBER PIOLS taken off the market owing to excessive EC loss in the past, no guidelines existed on management of corneal

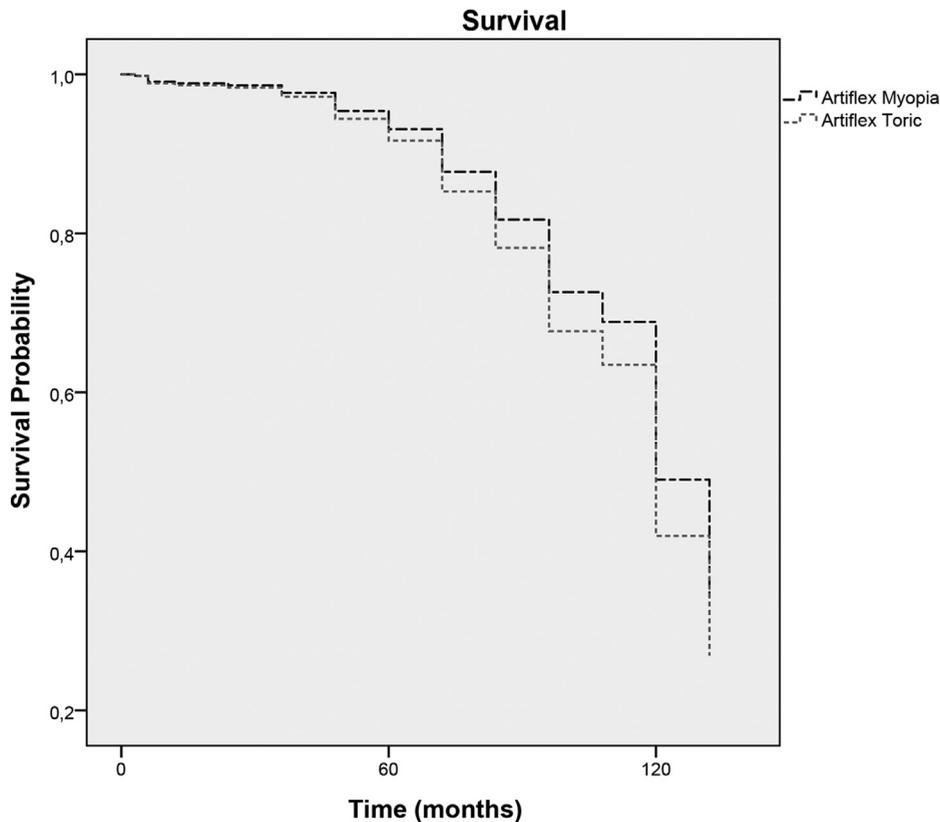


FIGURE 2. Survival curve for reaching the American Academy of Ophthalmology (AAO) endpoint (ie,  $\geq 25\%$  total endothelial cell loss) or French Health Products and Safety Agency explanation criterion (ie, endothelial cell density  $< 1500$  cells/mm<sup>2</sup>), in eyes implanted with foldable myopic (n = 293) and toric (n = 188) phakic intraocular lenses.

safety in patients implanted with pIOLs until the recent publication of the AAO Task Force and AFSSAPS criteria.<sup>7-9,24</sup>

The current study is the first to apply the AAO and AFSSAPS criteria over a 5-year follow-up period in eyes implanted with foldable myopic or toric pIOLs. This study stands out from previous papers on the foldable iris-fixated myopic and toric pIOLs because all surgeries were performed by the same surgeon (R.N.), all measurements were performed with the same specular microscope used prior to implantation, and all measurements were performed using the same protocol, cutting out most variation that can be induced by changing surgeons or measurement methods.<sup>25-28</sup>

- **ENDOTHELIAL CELL DENSITY:** We calculated the percentage of total EC loss and the percentage of total EC loss corrected for an annual physiological loss of 0.6% by using the results of the mixed-model linear regression analyses.<sup>22,23</sup> After 6 months, the acute EC loss in the myopic and toric groups was similar to the 0.05% to 4.3% short-term EC loss after 6 months reported in the literature,<sup>1,3,29</sup> with 0.7% and 1.6% of eyes showing a decrease in ECD  $\geq 25\%$  after uncomplicated surgery, respectively

(data on file). From 6 months to 5 years postoperatively, we found a chronic total EC loss of 10.5% and 10.2% in the myopic and toric groups, respectively. No published study has reported 5-year follow-up data, but studies with a shorter follow-up showed a total EC loss of 9.0% and 9.4% after 1 year, and 1.1% and 7.4% after 2 years.<sup>2,3,5,30</sup> In over half of all cited articles the groups were relatively small<sup>2,5,29,30</sup> and all papers discussed the results after a relatively short follow-up.<sup>1-3,5,29,30</sup> The results of the current study show similar or lower EC loss than the results of most previous papers,<sup>1,2,5,29,30</sup> with the exception of 1 study published in 2009.<sup>3</sup> The latter reported a total EC loss of 1.07% with a high standard deviation of 16.35% after 2 years, which might be explained by the study being a multicenter study. Patients were included in 12 countries, resulting in more than 12 different surgeons and sites. In that study, neither the method nor the specular microscope used to measure endothelial cell density was described. Variable and insufficiently specified measurement methods, as well as the use of different specular microscopes in multiple clinics, may lead to a high variability and a large standard deviation, as well as less reliable outcomes. Additionally, all previously mentioned studies relied on comparing means (ie, *t* test), using nonparametric tests or

**TABLE 3.** Incidence and Indications of Phakic Intraocular Lens Explantations in Patients Implanted With Foldable Iris-Fixated Myopic and Toric Phakic Intraocular Lenses

	Artiflex Myopia (N = 293)			Artiflex Toric (N = 188)		
	No. Eyes [Patients]	Ratio (%)	Time (mo)	No. Eyes [Patients]	Ratio (%)	Time (mo)
Cataract	14 [11]	4.78	75.4 ± 34.2 (4.7–130.7) <sup>a</sup>	1 [1]	0.53	7.8
EC loss	9 [5]	3.07	85.6 ± 25.7 (42.5–126.6) <sup>a</sup>	NA	NA	NA
Cataract after retinal surgery	2 [2]	0.68	21.0 and 18.0	2 [2]	1.06	15.0 and 23.0
EC loss after retinal surgery	1 [1]	0.34	23.4	NA	NA	NA
High IOP	1 [1]	0.34	15.4	NA	NA	NA
Excessive pigment on pIOL	NA	NA	NA	1 [1]	0.53	6.4

EC = endothelial cell; IOP = intraocular pressure; NA = not applicable; pIOL = phakic intraocular lens; VA = visual acuity.

<sup>a</sup>Mean ± SD (range).

descriptive statistics to present their work.<sup>1–3,5,29,30</sup> However, when testing for a longitudinal change during a follow-up period with multiple visits, mixed-linear regression analyses are preferred.

Additional outcome parameters were added based on guidelines published by the AAO Task Force and AFSSAPS.<sup>7,8</sup> As previously mentioned, prior to the January 2017 publication by the AAO Task Force, no guidelines existed on standardized reporting of ECD after refractive surgery.<sup>8</sup> The AAO guideline focuses on reporting the percentage of eyes that had lost ≥25% of ECD after 3 years with a pIOL present. Application and interpretation of this guideline is complicated by the fact that no cutoff points are reported with respect to the percentage of eyes that are allowed to experience an EC loss ≥ 25% before a pIOL is deemed unsafe and should be taken off the market, nor does it specify whether a ≥25% EC loss requires pIOL explantation in an individual patient. Contrary to the AAO Task Force, the AFSSAPS did report either an ECD < 1500 cells/mm<sup>2</sup> or ≥30% EC loss as reasons for explantation in an individual patient but also failed to supply criteria that should indicate when the pIOL should be taken off the market.<sup>7</sup> Because pIOL explantation will have an enormous impact on young, highly myopic patients who want to remain spectacle independent, the decision to explant a pIOL should be very well substantiated and preferably based on a global consensus.

Adhering to the AAO guidelines 2.9% and 4.4% of eyes in the myopic group reached an endpoint of ≥25% EC loss after 3 and 5 years, respectively. Similarly, the toric group showed 1.6% and 4.3% of eyes with ≥25% EC loss. The only other study reporting the AAO endpoint focused on rigid myopic and toric iris-fixated pIOLs and reported a lower percentage of eyes with ≥25% EC loss after 5 years (ie, 1.8% and 3.2%, respectively).<sup>31</sup> In line with the above-mentioned study on rigid pIOLs, we reported an ECD < 1500 cells/mm<sup>2</sup> after 5 years in up to 3.0% of eyes, as well as EC loss related pIOL explantations in up

to 0.7% of eyes after 5 years.<sup>31</sup> Comparison of the total explantation rate and mean time until explantation between foldable and rigid pIOLs is complicated by the large difference in mean follow-up between pIOLs types, because the rigid pIOLs were launched prior to 2001, as opposed to the foldable pIOLs, which were launched after 2003. As a result of the differences in follow-up, mean time to EC loss–related explantation was 7.2 years in the foldable myopic group (3.1% explantations), as opposed to 11.9 years in the rigid myopic group (6.0% explantations). No pIOL was explanted owing to EC loss in the foldable toric group, as opposed to 4.8% of rigid toric pIOLs after 7.4 years.<sup>31</sup> Survival analyses would normally enable a reliable comparison of the foldable and rigid lens types because they function by reporting a median survival, defined as the time until 50% of eyes are expected to reach a previously defined endpoint. Unfortunately, because of the small number of events, median survival until EC loss–related explantation could not be computed in any of the foldable or rigid, myopic or toric groups, and median survival until reaching either the AAO or AFSSAPS criterion could only be computed in the myopic groups.<sup>31</sup> Median survival until reaching the AAO or AFSSAPS criterion differed by 5 years, with a longer median survival in the rigid myopic group that can be explained by the longer mean follow-up as well as the slower ECD decline in the rigid myopic group.

- **RISK FACTORS:** Based on the design of the foldable pIOL described in this study, there are 2 possible optic-related explanations for the reported increased EC loss in the foldable pIOL type. Because of a smaller refractive index of the polysiloxane material, the foldable optic is slightly thicker than the rigid PMMA optic, which could result in a smaller distance between the central and peripheral pIOL edge and the corneal endothelium.<sup>6</sup> Despite the fact that ACD decreased significantly in the myopic ( $P = .029$ ) and toric ( $P = .001$ ) groups (data on file), and although previous studies have shown increased EC loss in eyes with a smaller

ACD as well as a smaller distance between the central and peripheral pIOL edge and corneal endothelium, we did not find similar results in the current study.<sup>6,14,31–33</sup> Similarly, neither ACD nor central or peripheral distance from the pIOL to the endothelium influenced the time between pIOL implantation and losing  $\geq 25\%$  of ECD (ie, AAO endpoint) or reaching an ECD  $< 1500$  cells/mm<sup>2</sup> (ie, AFSSAPS explantation criterion), nor did it influence the time until EC-related pIOL explantation. Furthermore, no significant differences were reported when comparing central and peripheral pIOL edge to the endothelium distance between eyes implanted with the foldable or rigid pIOL ( $P > .05$ , data on file). Additional analyses did show a significant difference in EC loss between foldable and rigid pIOLs ( $P = .034$ , data on file), that could not be explained by differences in lens position between the 2 lens types. Looking closer at the data, a smaller pIOL edge to the endothelium distance was associated with a statistically insignificant increased EC loss in the foldable group, but this effect was much larger—and only significant—in the rigid group (data on file). It should be noted that when the foldable pIOL was first introduced in a clinical trial in 2003, the optic-haptic junction and the vault between this junction and the iris plane was shaped differently than the finally marketed type 2 iris-fixated pIOL.<sup>1,3</sup> During the clinical trial with the first pIOL model, a higher incidence of iris pigment (4.8%) and giant cell (1.4%) precipitates was reported, which were believed to be caused by compression of the iris between the pIOL and the crystalline lens.<sup>3,34,35</sup> This compression was most likely caused by the lower vault between optic-haptic junction and iris in the first foldable model (0.13 mm), as compared to the rigid pIOL (0.20 mm), resulting in an alteration of the optic-haptic junction to create a higher, 0.20 mm vault between junction and iris. As a result, the marketed type 2 iris-fixated pIOL has a vault height similar to the rigid iris-fixated pIOL.<sup>1,3</sup> Because lens type (1 or 2) did not significantly influence EC loss in the current study, all 27 eyes of the 14 patients implanted with the first foldable model were combined with the 454 eyes of the 261 patients implanted with the second foldable model (data on file).

Lens precipitates developed in the first postoperative year in 40.6% and 23.4% of eyes in the foldable myopic and toric groups, respectively, whereas these numbers were only 0.3% and 1.6% in the respective rigid groups (data on file). Precipitates were transient in most cases, with some cases requiring additional application of topical anti-inflammatory drops before clearing up. The higher rates of iris pigment and giant cell precipitates in the foldable group serve as an indicator for inflammation, and pose the question whether the increased EC loss in the foldable pIOL type could be attributed to an inflammatory response induced by the foldable polysiloxane material.<sup>36</sup> One previous study evaluated EC loss in a randomized paired eye comparison and showed similar EC loss in rigid and foldable pIOLs, but did not investigate long-term changes or objectively test the inflammatory response.<sup>2</sup>

Previous studies assessing the role of the IOL material on inflammation have mainly been conducted on eyes with cataract and a history of uveitis.<sup>37,38</sup> Eyes with a history of uveitis are especially suitable for evaluation of the inflammatory response because their chronic—disease specific—inflammation induces a weakened blood-aqueous barrier, resulting in an intensified cellular response that is easier to detect in a clinical setting. The results of these studies point toward a higher inflammatory response in eyes implanted with a silicone material, whereas PMMA and hydrophobic acrylic seem to result in less pigment and giant cell precipitates on the IOL.<sup>37,38</sup> Unfortunately not all pIOL- or IOL-oriented studies objectively quantified the inflammatory responses, and all studies showed a high degree of variation in inflammation between different durations of follow-up.<sup>2,37–39</sup> Despite the fact that combined evidence is leaning somewhat toward a silicone material as a risk factor for inflammation, we must conclude that more research should be conducted directly comparing rigid and foldable pIOLs in a larger number of eyes to take a closer look at the influence of the optic material on long-term EC loss. Further research on the intraocular inflammatory response after implantation with both optic materials is required to provide a more definitive answer to this problem.

A third theory of EC loss has been suggested in one previous report that showed that intraocular presence of an iris-fixated pIOL changed the aqueous flow pattern.<sup>40</sup> The authors assumed that the altered aqueous flow would result in an insufficient distribution of nutrients over the corneal endothelial cells, as well as insufficient drainage of waste, eventually resulting in endothelial cell death. No other study has been conducted to test this hypothesis and there is no reason to assume a different aqueous flow, shear stress, and nutrient distribution in eyes implanted with the foldable vs in eyes implanted with a rigid pIOL.

• **OTHER PHAKIC INTRAOCULAR LENSES:** Other types of pIOLs that have been implanted over recent years are the anterior chamber, angle supported, Cachet pIOL (Alcon, Fort Worth, Texas, USA), and several types of the posterior chamber Visian Implantable Collamer Lens pIOL (ICL; STAAR Surgical, Nidau, Switzerland). The single-piece foldable angle supported pIOL is made of a cross-linked acrylate and methacrylate copolymer, and has recently been taken of the market owing to excessive EC loss in some patients.<sup>41–43</sup> Two recent studies reported the 5-year results with these pIOLs in a nonrandomized setting, and showed a mean total EC loss of 8.9% and 13.7% from preoperatively to 5 years postoperatively that was similar to—or only slightly higher than—the results with the iris-fixated pIOLs described in the current paper.<sup>42,43</sup> The 2016 article described the results of 1087 eyes and reported a decrease in ECD  $> 30\%$  in 8.0% and an ECD  $\leq 1500$  cells/mm<sup>2</sup> in 2.7% of eyes.<sup>43</sup> Both studies emphasized the importance of sufficient distance between both central and peripheral

pIOL and endothelium, but no study assessed the effect of these distances on EC loss.<sup>42,43</sup>

No previous study reported data on inflammatory responses after implantation with the foldable angle-supported pIOL, so it remains unclear if accelerated EC loss in this group of patients is caused by differences in design of the pIOL—with the haptics touching the peripheral endothelium or bringing the optic closer to the endothelium—or might be caused by an increased inflammatory response induced by the pIOL material. Studies assessing the inflammatory response of different IOL materials in patients with a history of uveitis reported the lowest rate of inflammation in eyes implanted with a foldable hydrophobic acrylic material, a material similar to that of the foldable angle-supported pIOL.<sup>37</sup> This could imply that the higher rates of EC loss in the angle-supported pIOL are caused by a closer proximity between pIOL and endothelium—attributed to a different lens design—rather than an enhanced inflammatory response. Alterations in aqueous humor circulation have not been investigated yet, but the position of the pIOL in front of the pupil, as well as the absence of a peripheral iridectomy, will result in an altered flow pattern.

The abovementioned foldable hydrophilic porcine collagen (0.1%)/hydroxyethyl copolymer (ie, collamer) posterior chamber pIOLs have been hypothesized to cause less EC loss owing to their position away from the endothelium, while this same—retropupillary—position has been reported to result in contact between pIOL and crystalline lens, thus inducing cataract.<sup>44,45</sup> This adverse effect has resulted in several alterations in lens design, creating a larger lens vault to prevent touch between the phakic and crystalline lens, as well as additional—central—holes in the optic to change the direction of aqueous flow.<sup>45–47</sup> Almost all ICL papers report ECD data by comparing means (ie, *t* test) or by using descriptive statistics. In a sub-study of the FDA trial a total EC loss after 3 and 4 years of 8.9% and 9.4% was described, which was in line with EC loss both in the current study and in previous studies on iris-fixated pIOLs with a similar follow-up.<sup>31,48</sup> The main idea of posterior chamber pIOLs is that their position induces less EC loss, but since the additional holes in the optic

are unlikely to result in a major change in pIOL position, one should wonder if EC loss is not just caused by chronic—subclinical—inflammation related to the presence of any type of pIOL in the eye. Previous research assessing inflammation in eyes implanted with the ICL looked at clinical signs of inflammation as well as signs of inflammation using a flare cell meter, and showed a minor increase in inflammation that was similar to the increase in inflammation after cataract surgery, as reported in studies from the early 1990s.<sup>49–51</sup> However, since all studies reported data on a small number of patients, no study reported the effect of the collamer material in eyes with uveitis, and both surgical technique and measurements have evolved since the early 1990s, we feel that revisiting the inflammatory response in eyes implanted with collamer posterior chamber pIOLs is required to assess inflammation as well as the influence of inflammation on EC loss.

One study simulated aqueous humor flow in eyes implanted with an ICL with a central hole with a peripheral iridectomy, and in eyes with an ICL with a central hole but without a peripheral iridectomy. Their results showed that aqueous humor flow is likely sufficient to prevent an increase in intraocular pressure in eyes without a peripheral iridectomy, but they did not specify if these changes in might increase shear stress on the endothelial cells or alter the nutrient distribution in the anterior chamber.<sup>52</sup>

• **RECOMMENDATIONS:** In contrast to previous studies, a smaller ACD or a crowded anterior chamber did not significantly affect EC loss or EC loss–related outcome measures in the current study. The results of both the current study and previous literature give reason to believe that the silicone optic material might cause subclinical inflammation, probably serving as a risk-factor for EC loss. Research on iris-fixated pIOLs should focus on evaluating the effects of different materials (eg, silicone vs acrylic polymers) on EC loss and subclinical inflammation, in order to evaluate if development of new materials is required to safeguard the corneal endothelium.

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