

Magnetic Moments of Short-Lived Nuclei with Part-per-Million Accuracy

Citation for published version (APA):

Harding, R. D., Pallada, S., Croese, J., Antusek, A., Baranowski, M., Bissell, M. L., Cerato, L., Dziubinska-Kuhn, K. M., Gins, W., Gustafsson, F. P., Javaji, A., Jolivet, R. B., Kanellakopoulos, A., Karg, B., Kempka, M., Kocman, M. K. V., Kozak, M., Kulesz, K., Flores, M. M., ... Kowalska, M. (2020). Magnetic Moments of Short-Lived Nuclei with Part-per-Million Accuracy: Toward Novel Applications of beta-Detected NMR in Physics, Chemistry, and Biology. *Physical Review X*, 10(4), Article 041061. https://doi.org/10.1103/physrevx.10.041061

Document status and date: Published: 28/12/2020

DOI: 10.1103/physrevx.10.041061

Please check the document version of this publication:

 A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.

• The final author version and the galley proof are versions of the publication after peer review.

 The final published version features the final layout of the paper including the volume, issue and page numbers.

Link to publication

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these riahts.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
 You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Magnetic moments of short-lived nuclei with part-per-million accuracy Towards novel applications of β -detected NMR in physics, chemistry and biology

R. D. Harding,^{1,2,*} S. Pallada,^{1,†} J. Croese,^{1,3} A. Antušek,⁴ M. Baranowski,⁵ M. L. Bissell,⁶ L.

Cerato,³ K. M. Dziubinska-Kühn,^{7,1} W. Gins,^{8,‡} F. P. Gustafsson,⁸ A. Javaji,^{1,9,§} R. B. Jolivet,³

A. Kanellakopoulos,⁸ B. Karg,³ M. Kempka,⁵ V. Kocman,¹⁰ M. Kozak,^{5,11} K. Kulesz,^{3,1} M.

Madurga Flores,¹² G. Neyens,^{8,1} R. Pietrzyk,⁵ J. Plavec,¹⁰ M. Pomorski,^{13, ¶} A. Skrzypczak,¹⁴

P. Wagenknecht,^{1,9,**} F. Wienholtz,^{1,††} J. Wolak,⁵ Z. Xu,¹² D. Zakoucky,¹⁵ and M. Kowalska^{1,3,‡‡}

¹CERN, Geneva, Switzerland

² University of York, York, United Kingdom

³University of Geneva, Geneva, Switzerland

⁴Slovak University of Technology, Bratislava, Slovakia

⁵Adam Mickiewicz University, Poznan, Poland

⁶University of Manchester, Manchester, United Kingdom

⁷Leipzig University, Leipzig, Germany

⁸KU Leuven, Leuven, Belgium

⁹Oldenburg University, Oldenburg, Germany

¹⁰National Institute of Chemistry, Ljubljana, Slovenia

¹¹Jagiellonian University, Krakow, Poland

¹²University of Tennessee, Knoxville, USA

¹³University of Warsaw, Warsaw, Poland

¹⁴Poznan University of Technology, Poznan, Poland

¹⁵Czech Academy of Sciences, Rez, Czech Republic

(Dated: Thursday 10th September, 2020)

We determine for the first time the magnetic dipole moment of a short-lived nucleus with partper-million (ppm) accuracy. To achieve this two orders of magnitude improvement over previous studies, we implement a number of innovations into our β -detected Nuclear Magnetic Resonance (β -NMR) setup at ISOLDE/CERN. Using liquid samples as hosts we obtain narrow, sub-kHz linewidth, resonances, while a simultaneous *in-situ* ¹H NMR measurement allows us to calibrate and stabilize the magnetic field to ppm precision, thus eliminating the need for additional β -NMR reference measurements. Furthermore, we use *ab initio* calculations of NMR shielding constants to improve the accuracy of the reference magnetic moment, thus removing a large systematic error. We demonstrate the potential of this combined approach with the 1.1 s half-life radioactive nucleus ²⁶Na, which is relevant for biochemical studies. Our technique can be readily extended to other isotopic chains, providing accurate magnetic moments for many short-lived nuclei. Furthermore, we discuss how our approach can open the path towards a wide range of applications of the ultra-sensitive β -NMR in physics, chemistry, and biology.

PACS numbers: 21.10.Ky Electromagnetic moments, 82.56.-b Nuclear magnetic resonance, 31.15.A- Ab initio calculations, 31.15.V- Electron correlation calculations for atoms, ions and molecules, 31.15.vq Electron correlation calculations for polyatomic molecules

INTRODUCTION

The magnetic dipole moment μ is a fundamental property of atomic nuclei, and it is one of the primary observables used to investigate the nuclear wave-function [1–10]. At the same time, it serves as a versatile probe to measure the local magnetic field at the nucleus. This ability lies at the core of various spectroscopic techniques, among which a prominent role is played by nuclear magnetic resonance (NMR), which is an indispensable tool for determining structural details and dynamics in chemistry, biology and materials science [11, 12].

In NMR experiments, one measures the Larmor frequency ν_L of nuclei of spin *I* precessing in a magnetic field. This frequency is the product of the gyromagnetic ratio γ of the nucleus and the local magnetic field *B* at the site of the nucleus, i.e. the applied magnetic field corrected for the effect of the electrons in the sample.

$$\nu_L = \frac{\gamma B}{2\pi} = \frac{\mu B}{hI},\tag{1}$$

If one wants to employ NMR to extract a nuclear magnetic moment μ , two inputs are thus essential. First, the Larmor frequency ν_L must be measured. For stable nuclei ν_L has been determined with sub-ppm precision since the early years of NMR [13–16], thus is not the dominant source of uncertainty in the derived magnetic moment. The second essential input to derive μ is the NMR shielding, describing the local effect of electrons in the sample on the applied magnetic field. Until recently, this effect has been poorly quantified and sometimes even neglected [17]. However, the introduction of reliable NMR shielding constants, provided by modern *ab initio* methods [18, 19] enabled correction of this source of the systematic error in nuclear magnetic moment data [20, 21], which in extreme cases reached per-mill or per-cent levels [22–25]. This correction turned out to be crucial for the tests of QED in the strong electromagnetic fields of highly-charged ions [26, 27]. Here, a more accurate value of the magnetic moment of ²⁰⁹Bi [23, 24] resolved a significant discrepancy between the measured and predicted hyperfine splitting (an effect of the interaction between μ and the magnetic field produced by the atomic electrons) of highly-charged ²⁰⁹Bi [28], showing that QED is still valid in such a strong magnetic field. Based on the corrected magnetic moments a new referencing scheme in NMR spectroscopy was also proposed [29], which allows a direct measurement of the NMR shielding instead of a chemical shift (i.e. a difference in NMR shieldings in different hosts).

More accurate nuclear magnetic moments can clearly bring new applications in different fields of research, as shown above for stable nuclei. However, magnetic moments of short-lived nuclei have not yet been measured with equally small uncertainty. In the present work, we demonstrate for the first time the determination of a magnetic moment of a short-lived nucleus with ppm accuracy. This has been achieved for the 1.1 s half life ²⁶Na using an improved version of the β -NMR technique, combined with *ab initio* calculations of NMR shielding for the stable reference ²³Na. The isotope ²⁶Na was used for the proof-of-principle experiment, because of sodium importance for biochemistry applications [30].

The β -NMR technique is based on the directional asymmetry of β -particle emission from spin-polarized β decaying nuclei [31, 32]. The most attractive feature of the method is its sensitivity, which is up to 10^{10} times higher than in conventional NMR [33], with down to 10^6 resonating nuclei leading to an NMR spectrum. The technique has been applied to measure the magnetic moments of short-lived nuclei down to per-mill precision [3, 34–43] and for structural investigations in materials science [44–51]. However, in chemistry and biology, β -NMR is far from being a routinely applicable spectroscopic method [33, 52, 53], due to numerous experimental challenges. One of them is the requirement of time-consuming reference measurements with the same short-lived nucleus in a different chemical environment [52, 54]. Furthermore, those reference measurements are performed in a solid-state sample [52, 53], resulting in relatively wide resonance signals, thus increasing the final error on the extracted experimental value. Another challenge is due to the reduced precision and accuracy in the measured frequency and deduced magnetic moments, which prevent a direct comparison of the data with results from conventional NMR and from *ab initio* chemical calculations of local fields. The work presented here addresses all of the above limitations of the β -NMR technique, with the key ingredient being an accurate magnetic moment measurement.

The developments presented here will be crucial for future applications of high-precision β -NMR spectroscopy using a variety of radioactive probes, not only in the fields of chemistry and biology, but also for nuclear structure research. For example, determining the neutron distribution in light neutron-rich nuclei [55, 56] is experimentally very challenging as neutrons do not carry electric charge. However, one can access this information by measuring the distribution of magnetization inside exotic nuclei. This requires very high-precision magnetic moment measurements, combined with high-precision hyperfinestructure measurements on the same isotope, to be sensitive to the 'hyperfine anomaly' [57–59].

TECHNIQUES

β -NMR on short-lived ²⁶Na

 β -NMR studies were performed on laser-polarized short-lived ²⁶Na. The nuclei were produced at the ISOLDE facility at CERN [60], in reactions induced by a 1.4-GeV proton beam of up to 2 μ A, impinging every 3.6 s on a UC_x (uranium carbide) target. After fast diffusion out of the heated target, sodium atoms were surface-ionized, accelerated to 50 keV and mass separated using the High Resolution Separator (HRS). The pure isotopic beam of ²⁶Na, with an intensity of $2-5\times10^7$ ions/second, was transported to the laser polarization beamline [61, 62] shown in Fig. 1.

There, the ²⁶Na⁺ beam is overlapped with circularlypolarized laser light. Next, it passes through a neutralization cell, where it picks up an electron as it travels through a vapour of stable 23 Na. Over the next 1.5 m the neutral atomic ²⁶Na beam is polarized via optical pumping in the D2 line at 589 nm [61]. This takes place in a weak guiding magnetic field of 2 mT (applied along the beam path), which defines the quantization axis and prevents the coupling of the electron spins to possible stray fields in the surrounding environment. Next, the atoms pass through a transitional field region of ≈ 10 - 20 mT, where the atomic spins undergo an adiabatic rotation towards the perpendicular magnetic field of the NMR magnet. The spin-polarized atoms pass through a collimator and reach a liquid sample located in a vacuum chamber that is placed between the poles of a Bruker BE25 electromagnet set to a field of 1.2 T (Fig. 2). At this point, the nuclear and electronic spins are decoupled and the nuclear spin couples to the large static field.

The liquid sample is deposited on a sample holder made of mica. The collimated atom beam and the holder have a diameter of 8 mm. Four such sample holders are attached to a sample ladder that can be moved in and out of the beam path. The emitted β particles are registered in two pairs of thin organic scintillators, coupled



FIG. 1. Top view of the laser-polarization and β -NMR beamline [61, 62]. The ion and laser beams enter from the left. The ions are represented by red circles with a plus sign. The neutral atoms are represented by blue circles. The polarization of the atom is represented by arrows. See text for further details.



FIG. 2. β -NMR detection chamber. Top: Schematic crosssection as viewed from the top. Bottom: 3D CAD exploded view. a) shimming coil to improve field homogeneity, b) β particle detector (plastic scintillator) and Si photomultiplier, c) ¹H-NMR probe to monitor and actively stabilize the magnetic field, d) sample ladder, e) β -particle window (100 μ m aluminium), f) mica sample holder, g) main rf coil for NMR excitations, h) NaF crystal to optimise the degree of laser spin-polarization, i) 8 mm beam collimator. See text for further details.

to compact silicon photo-detectors. The sample at the center of the electromagnet is surrounded by a 30 mm diameter coil to which an rf signal can be applied. See Fig. 2 for details.

To record an NMR spectrum, such as the ones shown in Fig. 3, 200 equally spaced rf frequencies are sequentially set. For each frequency, the ²⁶Na beam is implanted over 200 ms following the proton-bunch impact. After the start of implantation the β particles are counted for up to 1 s in the detectors at 0° and 180° to the direction of the magnetic field (left and right to the beam axis). From these counts the experimental β -decay asymmetry is determined, as a normalized difference in the counts, $(N_{0^{\circ}} - N_{180^{\circ}})/(N_{0^{\circ}} + N_{180^{\circ}})$. At the same time, the sample is irradiated with a continuous wave rf field of 0.03 mT and a frequency corresponding to the point in the scan. This procedure is repeated for consecutive proton bunches (arriving every 3.6 or 4.8 s), to allow most of the nuclei from the previous bunch to decay. If required by the signal-to-noise ratio, several spectra of the same sample can be recorded and summed.

To increase the precision of the NMR measurements to the ppm level, the magnetic field across the sample had to be homogeneous with a temporal stability at the ppm level during a measurement. To ensure the former, a weak magnetic field on the order of 0.02 mT was produced by two shimming coils placed in contact with the magnet poles [63]. In this way the field homogeneity across the sample volume was improved by more than an order of magnitude in all three axes: 1 ppm along the symmetry axis of the magnet, 3 ppm in the vertical axis, and 5 ppm in the horizontal axis (ion-beam propagation). Since the magnetic field is symmetric with respect to the center of the sample, the remaining inhomogeneity contributes to a broadening of the resonance peak, without a significant shift in the resonance frequency, compared to a point-like sample. The temporal drift in the magnetic field was addressed using an active stabilization system based on the ¹H resonance frequency measured in a tailor-made vacuum-compatible H₂O NMR probe. The

3-mm diameter probe was located just outside the main excitation rf coil, as shown in Fig. 2, with its middle only 25 mm away from the center of the sample. The resulting temporal stability was better than 1 ppm between subsecond and 24-h timescales, compared to drifts as big as 1 ppm/minute without it.

Previous β -NMR studies of the magnetic moments of short-lived nuclei have relied on solid-state hosts. For sodium, the studies were performed using a cubic NaF crystal which retained polarization for several dozen seconds, leading to NMR resonances with the width in the order of 10^{-3} of the resonance frequency [42]. In comparison, with liquid-state hosts it is possible to obtain resonances with over two orders of magnitude smaller width (due to molecular tumbling within a liquid [64]), whilst retaining the nuclear polarization long enough to employ β -NMR. Unfortunately, most liquid-state hosts used for NMR studies have a high vapour pressure, so when placed inside vacuum they either freeze or evaporate. However, room-temperature ionic liquids, which are salts in a liquid state at room temperature, have an extremely low vapour pressure [65], which makes them suitable hosts for high-precision NMR studies in vacuum environments. as encountered in most β -NMR setups. For measuring the Larmor frequency of ²⁶Na two different ionic liquids were selected: 1-ethyl-3-methylimidazolium dicyanamide (EMIM-DCA) and 1-butyl-3-methylimidazolium formate (BMIM-HCOO). The EMIM-DCA sample contained \approx $1 \,\mu\text{M} \text{ of } ^{23}\text{Na}^+$ while the BMIM-HCOO sample contained 0.5 M. Both samples were degassed slowly at 10^{-5} mbar pressure for several hours in a separate vacuum chamber. 20 μ L of each solution was deposited as a 0.4 mm layer on one of the sample holders attached to the sample ladder. The ladder was then placed in the β -NMR chamber, as shown in Fig. 2, and the pressure inside was lowered slowly from atmospheric pressure to 10^{-5} mbar. The sample was oriented at 45 degrees to the atom beam. Due to the high viscosity of both liquids, the layer remained on each substrate at high vacuum for up to 24 h.

Conventional NMR on stable ²³Na

At the time of investigation, it was not possible to obtain a conventional NMR signal from ²³Na at the β -NMR beamline. Therefore, ²³Na and ¹H NMR spectra were recorded on a conventional NMR spectrometer. Our earlier systematic NMR studies showed that changing ²³Na concentration from micro-molar to molar ranges and degassing for an extended period shifts the ²³Na resonance by less than 0.5 ppm. This was taken as our experimental uncertainty for ²³Na and degassing was not carried out during the measurements presented here. The field of 7.05 T was provided by a Bruker Avance DMX 300 MHz spectrometer and a basic pulsed-NMR scheme was applied (single $\frac{\pi}{2}$ rf pulse) on samples kept at room temperature. The sample preparation and Na⁺ concentration were as close as possible to those in the β -NMR experiment: $\approx 1 \ \mu$ M in the EMIM-DCA sample and 0.5 M in the BMIM-HCOO sample.

For the measurements, 200 μ L of each solution were sealed inside a 3-mm diameter NMR tube. The tube was placed inside a 5-mm diameter tube filled with D₂O, whose ²H NMR signal was used to stabilise the magnetic field automatically during the measurements (field locking). ¹H NMR resonances were also recorded within several minutes from ²³Na spectra, using the same setup with two concentric tubes. Here, the 3-mm tube was filled with H₂O. Due to the way the field locking was performed, the magnetic field was the same for all measurements.

RESULTS

In order to derive the nuclear magnetic moment from the Larmor frequency in eqn. 1, the effective magnetic field *B* needs to be known. Since the external field B_0 is modified by the bulk magnetic susceptibility of the host and by the NMR shielding of the nucleus in the host σ , *B* can be thus expressed as [66]

$$B = B_0 [1 + (1/3 - \alpha)\kappa)](1 - \sigma), \qquad (2)$$

where κ is the volume magnetic susceptibility and α is the shape factor (see Appendix B for details). It is advantageous to use an approach where $\alpha \kappa$ or/and σ cancel out, so we started by determining the ratio R of the magnetic moment of ²⁶Na to that of ²³Na in the same ionic liquid host

$$R = \frac{\mu(^{26}\text{Na})}{\mu(^{23}\text{Na})} = \frac{\nu_L(^{26}\text{Na})\text{I}(^{26}\text{Na})}{\nu_L(^{23}\text{Na})\text{I}(^{23}\text{Na})} \frac{B(^{23}\text{Na})}{B(^{26}\text{Na})}.$$
 (3)

This value is independent of the NMR shielding (which is the same for 26 Na and 23 Na), and includes only a correction due to the difference in bulk magnetic susceptibilities of our samples (Appendix B).

The ²⁶Na β -NMR spectra in EMIM-DCA and BMIM-HCOO recorded at 1.2 T are shown in Fig. 3, while Tab. I shows the corresponding Larmor frequencies, together with reference frequencies for ²³Na at 7.05 T. For each measurement, several spectra were analysed, which differed in the observation time and in the coincident gate to determine the experimental β -decay asymmetry. The spectra were fitted with a flat baseline and Lorentzian profiles, which were expected due to a moderate rf power broadening. The data were also fitted using Gaussian profiles and a sloped baseline, with a negligible effect on the resonance frequency and its uncertainty. To extract the ²⁶Na resonance frequencies shown in Tab. I, spectra with a 250 ms observation time were used, as they provided the highest signal-to-noise ratio and the smallest non-statistical scattering between data points. Such scattering is unavoidable in β -NMR measurements at facilities with a pulsed primary-beam structure (in our case, protons) in which the lifetime of the probe nuclei is comparable to the time between consecutive bunches of polarized atoms irradiated with a different rf field (e.g. ²⁶Na). In such a case, β particles emitted whose polarization has already relaxed in the sample contribute to a background which changes from one data point to another, due to variation in the time between consecutive proton pulses (alternating between 3.6 s and 4.8 s in our case). As a result, the normalized (reduced) sum of residuals χ^2_{red} was higher than 1, and the fitted frequency uncertainty was scaled by $\sqrt{\chi^2_{red}}$, following the procedure by the Particle Data Group [67].

During the ²⁶Na measurements, the ¹H stabilising NMR probe had a resonance frequency of 52008500(30) Hz. This was 1050(150) Hz lower than when the probe was placed at the sample position in the middle of the magnet, which lead to a corrected frequency of 52009550(150) Hz. During the ²³Na measurements, the ¹H NMR Larmor frequency was 300131415(100) Hz.

Using the above Larmor frequencies and the magnetic susceptibility correction from Appendix B, the derived value of R for each measurement is shown in Tab. I. The error in round brackets results from the statistical uncertainty on the ²⁶Na resonance position. The systematic error present in all measurements is shown in square brackets, and includes systematic uncertainties in the resonance frequencies of ¹H and ²³Na, and the uncertainty of the magnetic susceptibility correction. Here, the biggest contribution by far is the error in the frequency of ¹H during the β -NMR measurements, caused by the uncertainty in the position of the probe, which can be improved in the future. The final value of the ratio of μ ⁽²⁶Na) to μ ⁽²³Na) is R = 1.284956(1)[8] or R = 1.284956(8) with the uncertainties combined. Fig. 4 shows the individual results in comparison to the literature value based on the hyperfinestructure measurement [68], which is two orders of magnitude less precise than our result. Our weighted average is indicated by the purple line. The purple shaded region represents the statistical uncertainty while the orange region represents the systematic uncertainties.

In order to determine μ (²⁶Na), a reliable reference μ (²³Na) value is needed. In Nuclear Data Tables [17], the values of μ (²⁶Na) based on Atomic Beam Magnetic Resonance (ABMR) and NMR experiments differ by $1.34 \times 10^{-4} \ \mu_N$, which is much larger than the individual error bars. This introduces an uncertainty that is larger than that of the frequency-ratio measurement in our β -NMR experiment. The above discrepancy stems from applying an obsolete diamagnetic correction [69] for the derivation of μ (²³Na) from the experiments. This inconsistency can be corrected using *ab initio* NMR shielding constants calculated for the species used in both experiments: a sodium atom in ABMR and an aqueous



FIG. 3. Examples of ²⁶Na β -NMR spectra in BMIM-HCOO (top) and EMIM-DCA (bottom). See text for the description of the fitting procedure. Note the different ranges of x and y axes. The fitted baseline (i.e. experimental asymmetry outside resonance) was subtracted for all data points for an easier comparison of the amplitudes of both signals. The magnetic field was locked to the same ¹H frequency for both samples.

sodium ion in the NMR experiment. The technical details of NMR shielding calculations can be found in the Appendix A.

The NMR shielding in the sodium atom calculated using the Dirac-Hartree-Fock (DHF) method is 637.1 ppm. The electron correlation contribution estimated using the Dirac-Kohn-Sham (DKS) method with various DFT functionals ranges from 0.06 ppm (PBE0) to 0.23 ppm (B3LYP). Coupled cluster codes for the NMR shielding of open-shell systems are not available. However, the accuracy of DKS correlation contributions can be estimated by the NMR shielding in the closed-shell Na⁺ ion and the difference between the electron correlation con-



FIG. 4. Ratio of the magnetic moments of 26 Na and 23 Na. Left: literature value [68], right: present study. Thin errorbar lines correspond to statistical uncertainty in the 26 Na Larmor frequency and thick lines are the systematic uncertainties. The weighted average is represented by the purple line. The statistical uncertainty from all four measurements is indicated by the pink band, while the systematic uncertainty is shown by the broader orange band. For details, see text.

TABLE I. Larmor frequencies of ²⁶Na at 1.2 T and ²³Na at 7.05 T in BMIM-HCOO and EMIM-DCA, and the resulting ratio of the magnetic moments, R, based on eqn. 3. Errors in round brackets are due to the statistical uncertainties in the resonance frequencies. For R, this includes only the uncertainty of the ²⁶Na resonance frequency, while the square brackets are due to other contributions, including the uncertainty of the ²³Na resonance frequency.

Liquid host	$\nu_L(^{26}\text{Na})$ (Hz)	$\nu_L(^{23}\text{Na})$ (Hz)	R
BMIM-HCOO	8838826(14)	79390170(100)	1.284956(2)[8]
BMIM-HCOO	8838834(12)	19590110(100)	1.284957(2)[8]
EMIM-DCA	8838838(10)	70300300(100)	1.284955(2)[8]
EMIM-DCA	8838847(13)	13530500(100)	1.284957(2)[8]

tributions in the sodium atom and sodium ion from the literature [70]. The non-relativistic CCSD(T) correlation contribution calculated for the sodium ion, -0.08ppm, should not differ from the NMR shielding in the sodium atom by more than 0.09 ppm [70]. All presented correlation contributions suggest that the electron correlation effects for the NMR shielding in the sodium atom are small. Therefore the NMR shielding in the sodium atom can be approximated with a very good accuracy by the DHF value. The electron correlation contributions can be used as an error estimate. Our final NMR shielding in the sodium atom, 637.1(2) ppm, is consistent with the shielding in ref. [71]. The NMR shielding for the solvated sodium ion was approximated by the NMR shielding in a six-coordinated $Na^+(H_2O)_6$ complex (the prevalent coordination number according the experiment [72]). The five coordinated Na⁺(H₂O)₅ complex was used to estimate the error of the NMR shielding due to the structural uncertainty. The NMR shielding constants calculated using non-relativistic and relativistic approximations for the Na⁺(H₂O)₆ complex are shown in Tab. II. The Hartree-Fock and DHF NMR shielding, electron correlation contributions (Δ_{corr}^{CCSD} , $\Delta_{corr}^{CCSD(T)}$) and relativistic contributions (Δ_{rel}^{DHF} , Δ_{rel}^{DKS}) reach good convergence with the basis size. The final NMR shielding for the Na⁺(H₂O)₆ complex, 582.0 ppm, is a composite value of (i) the non-relativistic shielding calculated using the CCSD(T) method, (ii) relativistic correction (Δ_{rel}^{DKS}), and (iii) the PCM solvent contribution (Δ_{solv}^{PCM}). All contributions entering the final NMR shielding were calculated using the quadruple- ζ (QZ) basis set.

The systematic error of the NMR shielding in the $Na^+(H_2O)_6$ complex was evaluated as the square root of the sum of squares of the following errors. The structural uncertainty (2 ppm) was evaluated as the difference between the CCSD NMR shielding for aqueous sodium complexes with the coordination number of five and six. The basis set incompleteness error (1 ppm) was estimated from the variations of the NMR shielding constants calculated using non-relativistic HF method with Dunning and Jensen basis set series. The coupled cluster expansion truncation error was approximated by $\Delta_{corr}^{\text{CCSD}(T)} \approx 1$ ppm. Considering the convergence of the PCM solvent contribution (Δ_{solv}^{PCM}) , the error was estimated to be 1 ppm. The systematic error introduced by assuming an additivity of the electron correlation and the relativistic effects is negligible as indicated by the small difference between the $\Delta_{rel}^{\text{DHF}}$ and $\Delta_{rel}^{\text{DKS}}$ relativistic corrections.

The final approximation of the NMR shielding of the aqueous sodium ion is (582.0 ± 2.6) ppm. This result is consistent with the NMR shielding in ref. [73], but in the present study, the error bar was reduced by a factor of four. This was achieved by calculations with much larger basis sets, which led to a better convergence of all contributions.

Table III presents the new values of the ²³Na reference magnetic moment re-derived using our new NMR shielding constants. The ABMR-based magnetic moment was obtained using our *ab initio* NMR shielding of the sodium atom and the original ABMR experiment [74]. The NMR-based magnetic moment was re-derived using (i) our *ab initio* NMR shielding of the aqueous sodium ion, (ii) the experimental frequency ratio 0.26451900 [75] of ²³Na in 0.1 M NaCl water solution to the proton in tetramethylsilane (TMS), (iii) the reference proton magnetic moment $\mu(^{1}\text{H}) = 2.792847348(7) \mu_{N}$ [76], and (iv) the reference NMR shielding of the proton in TMS $\sigma(^{1}\text{H})$ = 33.480 ± 0.5 ppm [77].

The newly extracted ABMR- and NMR-based values of ²³Na nuclear magnetic dipole moment are now consistent within the error bars and the discrepancy between them

TABLE II. Sodium NMR shielding in the $Na^+(H_2O)_6$ complex.

	DZ^a	TZ^{a}	QZ^a	
HF	578.588	578.814	579.150	
CCSD	571.625	573.837	574.140	
CCSD(T)	571.011	572.909	573.127	
$\Delta_{corr}^{\text{CCSD}}$	-6.963	-4.977	-5.010	
$\Delta_{corr}^{\rm CCSD(T)}$	-0.614	-0.928	-1.013	
PBE0+PCM	563.355	565.609	568.197	
PBE0	564.406	565.472	567.533	
$\Delta_{solv}^{\rm PCM}$	-1.051	0.137	0.664	
DHF	586.860	587.263	587.346	
DHF^{b}	578.980	579.089	579.151	
$\Delta_{rel}^{\rm DHF}$	7.880	8.174	8.195	
DKS/PBE0	574.842	574.822	574.848	
$DKS/PBE0^{b}$	567.007	566.694	566.688	
$\Delta_{rel}^{\rm DKS}$	7.835	8.128	8.160	

 a for non-relativistic calculations cc-pCVXZ.cc-pVXZ basis set series (X = D, T, Q) are used; for relativistic DHF and DKS calculations uncontracted ucc-pCVXZ.ucc-pVXZ basis set series are used

 b non-relativistic limit obtained with the speed of light re-scaled by factor of 20

was decreased by a factor of ≈ 30 .

For the derivation of the ²⁶Na nuclear magnetic dipole moment, the NMR-based ²³Na nuclear magnetic dipole moment was used, because the corresponding NMR shielding calculations for aqueous sodium complexes are based on a better approximation and the error bar was estimated more rigorously. The resulting ²⁶Na nuclear magnetic dipole moment is 2.849390(20) μ_N (Tab. IV).

The new ²⁶Na nuclear magnetic dipole moment is consistent with the previous experimental value based on the hyperfine-structure measurement [68] within the error bar, but the present experiment and *ab initio* calculations improved its accuracy by two orders of magnitude, to 7 ppm. The largest contribution to this error bar comes from the uncertainty in the position of the ¹H NMR probe during the β -NMR experiment, which is 2 times larger than the uncertainty from NMR shielding and 3 times larger than the other experimental uncertainties. Experimental upgrades to provide a rigorous determination of the probe position could reduce the uncertainty of the ²⁶Na magnetic moment to the level of accuracy reached for the stable ²³Na.

Magnetic moments which have been linked to ²⁶Na can also benefit from the improved accuracy of μ (²⁶Na). This is the case for ²⁷⁻³¹Na, which were investigated using β -NMR in solid-state hosts at the collinear laser spectroscopy beamline at ISOLDE [42], and whose *g*factors $g_I = \mu/(I\mu_N) = \gamma \hbar/\mu_N$ were referenced to that of ²⁶Na. Table IV presents our new values of the ²³Na and ²⁶Na magnetic moments, as well as the ²⁷⁻³¹Na mag-

TABLE III. $\mu(^{23}Na)/\mu_N$ reference nuclear magnetic dipole moment from ABMR and NMR experiments

	old reference [17]	This work	
ABMR	+2.217522(2)	$2.217495(2)^a$	
NMR	+2.2176556(6)	$2.217500(7)^b$	

^a using the original ABMR experiment [74] and NMR shielding of the sodium atom (637.1 \pm 0.2) ppm ^b using the standard NMR frequency ratio of ²³Na in NaCl water solution to proton in TMS [75] and NMR shielding of Na⁺(H₂O)₆ (582.0 \pm 2.6) ppm. See the text for details on NMR shielding calculations.

TABLE IV. Magnetic moments of $^{23,26-31}$ Na determined in this work, compared to literature values [42, 68], and other nuclear properties relevant for NMR.

Isotope	Ι	$t_{1/2}$ (ms)	Q(mb)	old μ (μ_N)	new μ (μ_N)
23 Na	3/2	stable	+106(1)		$2.217500(7)^a$
26 Na	3	1071	-5.3(2)	2.851(2)	$2.849390(20)^{b}$
27 Na	5/2	301	-7.2(3)	3.894(3)	3.89212(24)
28 Na	1	31	+39(1)	2.420(2)	2.41844(19)
29 Na	3/2	44	+86(3)	2.457(2)	2.45535(17)
30 Na	2	48		2.069(2)	2.0681(11)
31 Na	3/2	17		2.298(2)	2.29670(17)

 a corrected $\mu(^{23}{\rm Na})$ based on NMR experiment, Table III

^b based on our improved ratio of μ (²⁶Na)/ μ (²³Na)

netic moments obtained using our improved μ (²⁶Na) and the aforementioned *g*-factors. Literature magnetic moments [42, 68] are also shown for comparison.

The new values of the $^{27-29,31}$ Na magnetic moments have a relative uncertainty of 70 ppm. This is a ten-fold improvement compared to the values deduced in [42] and up to 50 times more accurate than the values tabulated in the latest compilation of nuclear magnetic dipole and electric quadrupole moments [17] (for 30 Na, it is respectively two [42] and 10 [17] times smaller). Previously, the uncertainty for $^{27-31}$ Na was dominated by the precision in the magnetic moment of the reference 26 Na. At present, it is determined by the uncertainty in the $^{27-31}$ Na β -NMR resonance frequency in solid-state hosts. If new measurements in liquid hosts are performed, this contribution could be decreased further to the ppm level.

DISCUSSION AND FUTURE PERSPECTIVES

To determine precise and accurate, shielding-corrected magnetic moments, two independent steps are needed. First, the Larmor frequency of the radioactive probe is measured relative to that of a stable NMR probe, e.g. ¹H or ²H in water. This procedure removes the need for reference measurements relative to another radioac-

tive probe nucleus, which is the current (time consuming) reference method used in β -NMR. Furthermore, by using an ionic liquid as the host for the radioactive probe, a very precise Larmor frequency can be obtained, from which a precise (but still uncorrected) magnetic moment of a short-lived nucleus can be deduced relative to that of the stable $({}^{1}H \text{ or } {}^{2}H)$ probe. To correct for the NMR shielding in the host, two procedures are possible. The NMR shielding in the host material can be calculated using modern calculation methods (if possible), or alternatively an independent NMR measurement has to be performed for the stable isotope of the element in the same host, again relative to the H-reference. The latter approach was used here. The final accuracy on the magnetic moment will then depend on the accuracy of the moment of the stable isotope, which can be deduced from former high-precision measurements in atoms, molecules and liquids, in combination with state-of-the-art shielding calculations (as performed here).

The accurate magnetic moments of $^{26-31}$ Na presented above, together with that of ²³Na, provide a set of NMR probes connected through the same NMR shielding. In this way conventional NMR and the ultra-sensitive β -NMR can be used to provide complementary information on chemical and biological processes, by probing different timescales and different nucleus-environment interactions (see Tab. IV). For example, with the very short-lived ²⁸Na one can probe processes with ms timescales, with longer-lived ²⁶Na – timescales of seconds, while stable ²³Na has a much longer observation window. Furthermore, quadrupole moments of ²⁶Na and ²⁷Na are respectively 20 and 15 times smaller compared to the stable ²³Na. This results in a weaker interaction with the gradient of the electric field [78], leading to longer relaxation times and narrower resonances. This should permit the observation of NMR signals in hosts which display broad ²³Na resonances due to a fast quadrupolar relaxation.

The approach presented here can be directly applied to other isotopic chains, thus expanding the palette of nuclei available for NMR spectroscopy. It can be combined with several techniques to polarize spins of shortlived nuclei. Some elements are easily polarized using element-specific laser optical pumping, as proven for several alkali and alkali-earth elements [2]. At the same time, universal polarization methods, such as pickup of polarized thermal neutrons, projectile-fragmentation or low-energy nuclear reactions can be also used to produce polarized samples of radioactive isotopes, see [1, 79, 80] and references therein.

Accurate magnetic moments of β -NMR probe nuclei are setting foundations for a novel referencing scheme in β -NMR spectroscopy. The method is based on measuring two Larmor frequencies simultaneously: for the radioactive probe in the chosen host material and a stable NMR probe like ¹H or ²H in a water placed in the experimental setup near the probe of interest. In this scheme, the absolute NMR shielding σ_X instead of a chemical shift could be measured directly, following eqns. 1 and 2:

$$\sigma_X = 1 - \frac{\nu_X}{\nu_Y} \frac{|\mu_Y|}{|\mu_X|} \frac{I_X}{I_Y} \frac{1 + (1/3 - \alpha_Y)\kappa_Y}{1 + (1/3 - \alpha_X)\kappa_X} (1 - \sigma_Y).$$
(4)

where X is the β -NMR probe nucleus and Y is the reference conventional nucleus (e.g ¹H in water). A description of the correction due to the difference in the bulk magnetic susceptibilities $\alpha \kappa$ is presented in Appendix B. Here, the β -NMR probe nucleus is related to the conventional NMR reference nucleus, which establishes a bridge between β -NMR spectroscopy and conventional NMR spectroscopy. This scheme offers the possibility to reference radioactive nuclei shielding to the stable nuclei not only within the isotopic chain, but also between different elements. This removes the dependence of β -NMR spectroscopy on the ambiguous and often *ad hoc* standards defined for every element separately [29].

In this novel referencing scheme, the uncertainty of the NMR shielding σ_X of β -NMR nuclei in different hosts, derived from eqn. 4, will be defined primarily by the uncertainty in their magnetic moment. For ²⁶Na, using the old value of ²⁶Na magnetic moment leads to ²⁶Na NMR shielding values with a ±700 ppm error bar, which is about 10 times larger than the full range of chemical shifts for sodium [81]. In comparison, our new magnetic moment of ²⁶Na will lead to a 100 times more accurate shielding values (±7 ppm), which will be sufficient to distinguish between different sodium binding sites, see e.g. [82], and will enable comparisons to theoretical Na NMR shielding values [83–85].

All of the above innovations institute novel applications for β -NMR in chemistry and biology. One such application is the interaction of metal ions with biomolecules [86, 87], which is important for the functions of living organisms (especially metal-ion mediated folding of proteins [88] and nucleic acids [89]). For example, half of the proteins in our body contain metal ions, but their interactions and factors influencing them are still not fully understood. This is because many metal ions are silent for most spectroscopic techniques [87] and are very challenging for conventional NMR [71, 90]. Yet, in NMR, metal nuclei are often very sensitive to small changes in geometry and coordination number, which gives rise to dozen-ppm shifts in resonance frequencies for many metals [81, 90]. The application of β -NMR will allow this field to profit from up to a billion times increased sensitivity and access to readily available β -NMR probe nuclei with smaller or even no quadrupolar moment (see e.g. [3, 42]), giving rise to longer relaxation times and narrower resonances.

Using the advances presented here, pilot applications in biology are already planned. Among the biologically relevant metal ions, sodium and potassium play an important role in the formation and dynamics of special DNA structures, G-quadruplexes, which are promising targets for anti-cancer therapies [91]. Our present work has prepared ²⁶Na to be an immediately applicable β -NMR probe to address this topic [30, 85, 92, 93]. Presently, we are also exploring the most suitable potassium probes for G-quadruplex studies [30] and isotopes of several other elements relevant to protein folding [94].

In a very different field, namely in nuclear structure, our research paves the way for addressing the open question about the distribution of neutrons inside atomic nuclei [95, 96]. The neutron distribution impacts the properties of neutron stars [97], determines the limits of the nuclear landscape [98], and is responsible for novel phenomena and exotic structures in unstable nuclei [99]. It is especially important for light neutron-rich 'halo' nuclei, consisting of a compact nuclear core and one or several loosely bound 'halo' neutrons which are spatially extended [100, 101]. As neutrons do not carry an electric charge, compared to protons their distribution is much more difficult to be determined experimentally. However, because the neutron distribution is closely related to the distribution of nuclear magnetism, it can be addressed via the hyperfine anomaly, by combining the accurate magnetic moment with an accurate hyperfine structure measurement [102]. For example, in 11 Be the magnetism is mostly due to the 'halo' neutron [55, 56], so the hyperfine anomaly provides a direct probe of the halo structure [55, 103]. Because the hyperfine structure of 11 Be is already known with high accuracy [56], the only missing experimental input to derive the neutron distribution from the hyperfine anomaly is an accurate value of the magnetic moment of ¹¹Be, which can be achieved by applying the procedure presented in this work.

CONCLUSIONS

In summary, using ²⁶Na as an example, we have presented the first determination of a magnetic moment of a short-lived nucleus with ppm accuracy. This represents an improvement by two orders of magnitude in comparison with a previous experiment and other β -NMR based measurements of magnetic moments. The procedure described in this article represents a general protocol for measurements of magnetic dipole moments of polarized β -decaying nuclei with high accuracy, reaching the accuracy for stable nuclei.

The innovations presented here brings the following advances for the ultra-sensitive β -NMR technique: (i) Elimination of the dependence of β -NMR spectroscopy on ambiguous and often *ad hoc* references. As a result, the uncertainty related to the β -NMR reference measurement can be removed from the analysis. In addition, the direct comparison of β -NMR and conventional NMR data bridges these two techniques. (ii) Saving scarce resources of radioactive beam for acquisition of more β -NMR data on the samples of interest, since a reference measurement on a β -NMR probe is not required. This will accelerate the application of β -NMR spectroscopy as an analytical tool. (iii) Link to *ab initio* predictions through the direct measurement of NMR shielding for β -NMR probes. This will facilitate the interpretation of β -NMR experiments.

These novel features have the potential to transform β -NMR spectroscopy into a more widely applicable technique, based on a palette of ultra-sensitive β -NMR probes with accurate magnetic moments, allowing to address problems that range from neutron distribution in exotic nuclei to interactions of metal ions with biomolecules.

ACKNOWLEDGEMENTS

This work was supported by the European Research Council (Starting Grant 640465), the UK Science and Technology Facilities Council (ST/P004423/1), FWO-Vlaanderen in Belgium (G0B3415N), KU Leuven (GOA 15/010), EU project ENSAR2 (654002), Slovak Research and Development Agency grant (APVV-15-0105), European Regional Development Fund, Research and Innovation Operational Programme (ITMS2014+: 313011W085), Polish National Science Centre OPUS research grant (2017/27/B/ST4/00485), the Ministry of Education of Czech Republic (LM2015058), the Wolfgang Gentner Programme of the German Federal Ministry of Education and Research (05E15CHA), and the Swiss Excellence Scholarship programme. Computational resources of the Slovak Academy of Sciences and the Slovak University of Technology were used (projects ITMS 26230120002 and ITMS 26210120002). We thank the assistance of the ISOLDE technical team and that of L. Hemmingsen from Copenhagen University, M. Walczak from Poznan University of Technology, K. Szutkowski from A. Mickiewicz University in Poznan, M. Jankowski, R. Engel, and W. Neu from Oldenburg University, H. Heylen, A. Beaumont, M. Van Stenis from CERN, V. Araujo from KU Leuven, A. Zhuravlova from Kiev University, M. Piersa and E. Adamska from Warsaw University, J. Klimo, R. Urban, S. Komorovsky, G. Kantay, J. Kranjak from the Slovak Academy of Sciences, E. Sistare from Geneva University, and M. Jaszuński from the Polish Academy of Sciences.

APPENDIX A - AB INITIO NMR SHIELDING CALCULATIONS

NMR shielding in the sodium atom with the doublet electronic ground state was calculated using the Dirac-Hartree-Fock (DHF) method applying the paramagnetic NMR theory for open-shell systems [70, 104, 105]. Dyall-VXZ [106] basis set series were used (X = D, T, Q represents double- ζ , triple- ζ and quadruple- ζ basis sets). According to a recent experiment [72], the coordination number of the aqueous Na⁺ ion depends on the NaCl solution concentration and varies between 5 and Therefore, NMR shielding of the Na⁺ ion in the 6 aqueous solution was calculated for model $Na^+(H_2O)_5$ and $Na^+(H_2O)_6$ complexes. Their structures were optimized using Density Functional Theory (DFT) with the B3LYP density functional [107–109] and Def2-TZVP basis set [110]. The D3 dispersion correction [111] was applied. A distorted octahedral structure (D_{2h} symmetry) was obtained for the $Na^+(H_2O)_6$ complex, with an average Na-O distance of 2.386 Å. For $Na^+(H_2O)_5$ the corresponding structure was found to be a trigonal bipyramid (C_{2v} symmetry) with an average Na-O distance of 2.368 Å. The average Na-O distances for both structures are in good agreement with the experimental Na-O distances obtained with two different experimental methods giving 2.384 ± 0.003 Å and 2.37 ± 0.024 Å [72].

NMR shielding constants for aqueous sodium complexes were calculated using the non-relativistic coupled cluster (CC) method with single and double excitations (CCSD) and with non-iterative triple excitations CCSD(T) [112, 113]. All electrons were correlated. Dunning core-valence basis set series cc-pCVXZ [114] were used for sodium and valence series cc-pVXZ [115] for hydrogen and oxygen, combining basis sets with the same cardinal number X (X = D, T, Q). In order to estimate the error due to incompleteness of the basis set, the pcS-n basis set series by Jensen [116] was also used. In all NMR shielding calculations Gauge-Including Atomic Orbitals (GIAO) [117] were used.

The effect of the water solvent (outside the first solvation shell) on the NMR shielding in the sodium complex was incorporated by the polarized continuum model (PCM) COSMO [118]. This effect was evaluated using DFT with the PBE0 functional [119, 120]. The water dielectric constant of 78 was used in this implicit solvent model.

Relativistic corrections were calculated as the difference between the relativistic NMR shielding and the corresponding non-relativistic limit using two different methods: the DKS method with the PBE0 functional and the DHF method. The non-relativistic limit was obtained by re-scaling the speed of light in the Hamiltonian by a factor of 20. In the relativistic calculations, the Dunning basis sets were fully uncontracted and a restricted magnetic balance scheme was employed to generate the small component basis set [121, 122]. The nucleus was modeled by a Gaussian charge distribution [123].

For the structure optimization and for non-relativistic DFT calculations of NMR shielding constants the NWChem package was used [124]. Non-relativistic coupled cluster NMR shielding calculations were carried out in the CFOUR [125] package. For relativistic NMR shielding calculations, the ReSpect [126, 127] program was used.

APPENDIX B - EFFECT OF BULK MAGNETIC SUSCEPTIBILITY

When using NMR to determine accurate nuclear magnetic moments or absolute NMR shielding, one should consider the differences in bulk magnetic susceptibility between the samples [66] (see. eqn. 2 and 4). This effect depends on the volume magnetic susceptibility of the host material κ and on the geometry of the sample, reflected in the shape factor α . For the shapes used in our studies, $\alpha \approx 0$ for the ²³Na and ¹H samples in conventional NMR, and for ²⁶Na in β -NMR at CERN (cylinders parallel to the magnetic field [66] and a disc perpendicular to the magnetic field [128], respectively), whereas $\alpha \approx 1/2$ for the ¹H probe used at CERN (cylinder perpendicular to the field [66].

In eqn. 3 for the ratio R of the magnetic moments, the magnetic susceptibility corrections for ²³Na and ²⁶Na cancel out in the term $\nu_L(^{26}\text{Na})/\nu_L(^{23}\text{Na})$, due to the same α and κ . At the same time, $B(^{23}\text{Na})/B(^{26}\text{Na}) =$ $\nu_L(^{1}\text{H})/\nu'_L(^{1}\text{H}) \times (1 + \Delta)$, with $\Delta = (1 - \frac{1}{6}\kappa_{H_2O})/(1 + \frac{1}{3}\kappa_{H_2O}) - 1$, and prime denoting the measurement at CERN. Using $\kappa_{H_2O} = -9.04 \times 10^{-6}$, $\Delta \approx +4.5 \pm 0.5$ ppm, where we assumed a 10 % uncertainty in the shape factors due to the finite size of the samples.

When using eqn. 4 to measure NMR shieldings with β -NMR, one must consider the shape factor α and the volume susceptibility κ for the host of the reference nucleus (water in our case) and that of the β -NMR nucleus.

- * Current address: Nottingham University Hospitals Trust, Nottingham, United Kingdom
- [†] Current address: HES-SO, Geneva, Switzerland
- [‡] Current address: University of Jyväskylä, Jyväskylä, Finland
- § Current address: University of British Columbia, Vancouver, Canada
- [¶] Current address: Univ. Bordeaux, CNRS, CENBG, UMR 5797, F-33170 Gradignan, France
- ** Current address: University of Tennessee, Knoxville, USA
- ^{††} Current address: Technical University Darmstadt, Germany
- ‡‡ Corresponding author: kowalska@cern.ch
- G. Neyens, Nuclear magnetic and quadrupole moments for nuclear structure research on exotic nuclei, Reports on Progress in Physics 66, 633 (2003).
- [2] R. Neugart and G. Neyens, Nuclear Moments, in The Euroschool Lectures on Physics with Exotic Beams, Vol. II, edited by J. Al-Khalili and E. Roeckl (Springer Berlin Heidelberg, Berlin, Heidelberg, 2006) pp. 135– 189.
- [3] G. Neyens, M. Kowalska, D. Yordanov, K. Blaum, P. Himpe, P. Lievens, S. Mallion, R. Neugart, N. Vermeulen, Y. Utsuno, and T. Otsuka, *Measurement of*

the spin and magnetic moment of ^{31}Mg : Evidence for a strongly deformed intruder ground state, Phys. Rev. Lett. **94**, 022501 (2005).

- [4] K. Asahi and K. Matsuta, Nuclear electromagnetic moments . β -NMR and its applications, Nuclear Physics A 693, 63 (2001).
- [5] T. Ohtsubo, N. J. Stone, J. R. Stone, I. S. Towner, C. R. Bingham, C. Gaulard, U. Köster, S. Muto, J. Nikolov, K. Nishimura, G. S. Simpson, G. Soti, M. Veskovic, W. B. Walters, and F. Wauters, *Magnetic dipole moment of the doubly-closed-shell plus one proton nucleus* ⁴⁹Sc, Physical Review Letters **109**, 032504 (2012).
- [6] X. Yang, C. Wraith, L. Xie, C. Babcock, J. Billowes, M. Bissell, K. Blaum, B. Cheal, K. Flanagan, R. Garcia Ruiz, W. Gins, C. Gorges, L. Grob, H. Heylen, S. Kaufmann, M. Kowalska, J. Kraemer, S. Malbrunot-Ettenauer, R. Neugart, G. Neyens, W. Nörtershäuser, J. Papuga, R. Sánchez, and D. Yordanov, *Isomer Shift* and Magnetic Moment of the Long-Lived 1/2⁺ Isomer in ⁷⁹₃₀Zn₄₉: Signature of Shape Coexistence near ⁷⁸Ni, Physical Review Letters **116**, 182502 (2016).
- [7] J. Thielking, M. V. Okhapkin, P. Głowacki, D. M. Meier, L. Von Der Wense, B. Seiferle, C. E. Düllmann, P. G. Thirolf, and E. Peik, *Laser spectroscopic characterization of the nuclear-clock isomer* ^{229m} Th, Nature **556**, 321 (2018).
- [8] N. Minkov and A. Pálffy, Theoretical Predictions for the Magnetic Dipole Moment of ^{229m} Th , Physical Review Letters 122, 162502 (2019).
- [9] Y. Ichikawa, H. Nishibata, Y. Tsunoda, A. Takamine, K. Imamura, T. Fujita, T. Sato, S. Momiyama, Y. Shimizu, D. S. Ahn, K. Asahi, H. Baba, D. L. Balabanski, F. Boulay, J. M. Daugas, T. Egami, N. Fukuda, C. Funayama, T. Furukawa, G. Georgiev, A. Gladkov, N. Inabe, Y. Ishibashi, T. Kawaguchi, T. Kawamura, Y. Kobayashi, S. Kojima, A. Kusoglu, I. Mukul, M. Niikura, T. Nishizaka, A. Odahara, Y. Ohtomo, T. Otsuka, D. Ralet, G. S. Simpson, T. Sumikama, H. Suzuki, H. Takeda, L. C. Tao, Y. Togano, D. Tominaga, H. Ueno, H. Yamazaki, and X. F. Yang, Interplay between nuclear shell evolution and shape deformation revealed by the magnetic moment of ⁷⁵Cu, Nature Physics 15, 321 (2019).
- [10] S. Raeder, D. Ackermann, H. Backe, R. Beerwerth, J. C. Berengut, M. Block, A. Borschevsky, B. Cheal, P. Chhetri, C. E. Düllmann, V. A. Dzuba, E. Eliav, J. Even, R. Ferrer, V. V. Flambaum, S. Fritzsche, F. Giacoppo, S. Götz, F. P. Heßberger, M. Huyse, U. Kaldor, O. Kaleja, J. Khuyagbaatar, P. Kunz, M. Laatiaoui, F. Lautenschläger, W. Lauth, A. K. Mistry, E. Minaya Ramirez, W. Nazarewicz, S. G. Porsev, M. S. Safronova, U. I. Safronova, B. Schuetrumpf, P. Van Duppen, T. Walther, C. Wraith, and A. Yakushev, Probing Sizes and Shapes of Nobelium Isotopes by Laser Spectroscopy, Phys. Rev. Lett. **120**, 232503 (2018).
- [11] G. A. Webb, Modern Magnetic Resonance (Second Edition), (Springer International Publishing, 2018) pp. 1 – 2293.
- [12] A. Naito, Experimental Approaches of NMR Spectroscopy: Methodology and Application to Life Science and Materials Science, 1st ed., (Springer Singapore, 2018) pp. 1 – 636.
- [13] E. M. Purcell, Research in Nuclear Magnetism, Science

118, 431 (1953).

- [14] E. B. Baker and L. W. Build, NMR Spectrometer for all Nuclei Using a Frequency Synthesizer, Review of Scientific Instruments 34, 238 (1963).
- [15] B. W. Epperlein, H. Kruger, and L. A. Schwenk, The magnetic moment of ⁶⁷Zn and the shielding of zinc ions by water, Physics Letters 45, 255 (1973).
- [16] O. Lutz and H. Oehler, ⁶³Cu and ⁶⁵Cu Fourier Transform Nuclear Magnetic Resonance Studies, Zeitschrift für Physik A 21, 17 (1978).
- [17] N. J. Stone, Table of nuclear magnetic dipole and electric quadrupole moments, Atomic Data and Nuclear Data Tables 90, 75 (2005).
- [18] T. Helgaker, M. Jaszuński, and K. Ruud, Ab Initio Methods for the Calculation of NMR Shielding and Indirect Spin-Spin Coupling Constants, Chem. Rev. 99, 293 (1999).
- [19] M. Kaupp, M. Bühl, and V. G. Malkin, eds., Calculation of NMR and EPR Parameters (Wiley, 2004).
- [20] A. Antušek, K. Jackowski, M. Jaszuński, W. Makulski, and M. Wilczek, *Nuclear magnetic dipole moments from NMR spectra*, Chem. Phys. Lett. **411**, 111 (2005).
- [21] M. Jaszuński, A. Antušek, P. Garbacz, K. Jackowski, W. Makulski, and M. Wilczek, *The determination of* accurate nuclear magnetic dipole moments and direct measurement of NMR shielding constants, Progr. Nucl. Magn. Reson. Spectrosc. 67, 49 (2012).
- [22] B. Adrjan, W. Makulski, K. Jackowski, T. B. Demissie, K. Ruud, A. Antušek, and M. Jaszuński, NMR absolute shielding scale and nuclear magnetic dipole moment of ²⁰⁷ Pb, Phys. Chem. Chem. Phys. 18, 16483 (2016).
- [23] L. V. Skripnikov, S. Schmidt, J. Ullmann, C. Geppert, F. Kraus, B. Kresse, W. Nörtershäuser, A. F. Privalov, B. Scheibe, V. M. Shabaev, M. Vogel, and A. V. Volotka, New Nuclear Magnetic Moment of Resolving the Bismuth Hyperfine Puzzle, Physical Review Letters 120, 093001 (2018).
- [24] A. Antušek, M. Repisky, M. Jaszuński, K. Jackowski, W. Makulski, and M. Misiak, *Nuclear magnetic dipole* moment of ²⁰⁹Bi from NMR experiments, Phys. Rev. A 98, 052509 (2018).
- [25] A. Antušek and M. Repisky, NMR absolute shielding scales and nuclear magnetic dipole moments of transition metal nuclei, Phys. Chem. Chem. Phys. 22, 7065 (2020).
- [26] M. G. H. Gustavsson and A.-M. Mårtensson-Pendrill, Need for remeasurements of nuclear magnetic dipole moments, Phys. Rev. A 58, 3611 (1998).
- [27] P. Indelicato, QED tests with highly charged ions, J. Phys. B: At. Mol. Phys. 52, 232001 (2019).
- [28] J. Ullmann, Z. Andelkovic, C. Brandau, A. Dax, W. Geithner, C. Geppert, C. Gorges, M. Hammen, V. Hannen, S. Kaufmann, K. König, Y. A. Litvinov, M. Lochmann, B. Maaß, J. Meisner, T. Murböck, R. Sánchez, M. Schmidt, S. Schmidt, M. Steck, T. Stöhlker, R. C. Thompson, C. Trageser, J. Vollbrecht, C. Weinheimer, and W. Nörtershäuser, *High* precision hyperfine measurements in Bismuth challenge bound-state strong-field QED, Nature Comms. 8, 15484 (2017).
- [29] K. Jackowski, M. Jaszuński, and M. Wilczek, Alternative Approach to the Standardization of NMR Spectra. Direct Measurement of Nuclear Magnetic Shielding in Molecules, The Journal of Physical Chemistry A 114,

2471 (2010).

- [30] B. Karg, M. Kowalska, et al., Liquid β-NMR studies of the interaction of Na and K cations with DNA G-quadruplex structures, INTC proposal, CERN-INTC-2020-034 /INTC-P-560 (2020), http://cds.cern.ch/record/2717964.
- [31] N. Bloembergen and G. M. Temmer, Nuclear Magnetic Resonance of Aligned Radioactive Nuclei, Phys. Rev. 89, 883 (1953).
- [32] D. A. Shirley, Radiative Detection of Nuclear Magnetic Resonance, Analytical Chemistry 41, 69A (1969).
- [33] A. Gottberg, M. Stachura, M. Kowalska, M. L. Bissell, V. Arcisauskaite, K. Blaum, A. Helmke, K. Johnston, K. Kreim, F. H. Larsen, R. Neugart, G. Neyens, R. F. Garcia Ruiz, D. Szunyogh, P. W. Thulstrup, D. T. Yordanov, and L. Hemmingsen, *Billion-fold enhancement in sensitivity of nuclear magnetic resonance spectroscopy for magnesium ions in solution*, Chem. Phys. Chem. 15, 3929 (2014).
- [34] D. Connor, Measurement of the Nuclear g Factor of Li⁸, Phys. Rev. Lett. 3, 429 (1959).
- [35] A. Winnacker, H. Ackermann, D. Dubbers, M. Grupp, P. Heitjans, and H.-J. Stockmann, *Nuclear moments of* the β-emitters ¹⁰⁸ Ag and ¹¹⁰ Ag, Nuclear Physics A 261, 261 (1976).
- [36] E. Arnold, J. Bonn, R. Gegenwart, W. Neu, R. Neugart, E.-W. Otten, G. Ulm, and K. Wendt, *Nuclear Spin* and Magnetic Moment of ¹¹Li, Phys. Lett. B 197, 311 (1987).
- [37] H. Okuno, K. Asahi, H. Ueno, H. Izumi, H. Sato, M. Adachi, T. Nakamura, T. Kubo, N. Inabe, A. Yoshida, N. Fukunishi, T. Shimoda, H. Miyatake, N. Takahashi, W.-D. Schmidt-Ott, and M. Ishihara, *Measurement of the magnetic moments of* ¹⁴B and ¹⁵B using projectile fragmentation spin polarization, Physics Letters B **354**, 41 (1995).
- [38] T. Onishi and K. Yoshida, Nuclear Magnetic moment of proton drip-line nucleus ⁹C, Nuclear Physics A 588, 153 (1995).
- [39] T. Minamisono, M. Tanigaki, Y. Nojiri, T. Onishi, T. Yamaguchi, M. Sasaki, T. Miyake, K. Minamisono, and K. Sato, *Magnetic moments of proton drip-line nuclei* ¹³O and ⁹C, Hyperfine Interactions **98**, 519 (1996).
- [40] H. Ueno, K. Asahi, H. Izumi, K. Nagata, H. Ogawa, A. Yoshimi, H. Sato, M. Adachi, Y. Hori, K. Mochinaga, H. Okuno, N. Aoi, M. Ishihara, A. Yoshida, G. Liu, T. Kubo, N. Fukunishi, T. Shimoda, H. Miyatake, M. Sasaki, T. Shirakura, N. Takahashi, S. Mitsuoka, and W.-D. Schmidt-Ott, *Magnetic moments of* ¹⁷N and ¹⁷B, Phys. Rev. C 53, 2142 (1996).
- [41] W. Geithner, S. Kappertz, M. Keim, P. Lievens, R. Neugart, L. Vermeeren, S. Wilbert, V. N. Fedoseyev, U. Koster, V. I. Mishin, and V. Sebastian, *Measurement of the magnetic moment of the one-neutron halo nucleus* ¹¹Be, Phys. Rev. Lett. **83**, 3792 (1999).
- [42] M. Keim, U. Georg, A. Klein, R. Neugart, M. Neuroth, S. Wilbert, P. Lievens, L. Vermeeren, B. A. Brown, and I. Collaboration, *Measurement of the electric quadrupole* moments of ^{26–29}Na, Eur. Phys. J. A 8, 31 (2000).
- [43] H. Ogawa, K. Asahi, H. Ueno, H. Miyoshi, D. Kameda, N. Imai, K.-i. Yoneda, H. Watanabe, T. Suga, K.i. Ohno, A. Yoshimi, W. Sato, K. Sakai, K. Yogo, Y. Kobayashi, A. Yoshida, T. Kubo, and M. Ishihara, Assignment of the Ground-State Spin-Parity for

 ^{17}C through g-Factor Measurement, Progress of Theoretical Physics Supplement **146**, 607 (2002).

- [44] M. Mihara, R. Matsumiya, K. Shimomura, K. Matsuta, M. Fukuda, D. Ishikawa, J. Komurasaki, D. Nishimura, T. Nagasawa, T. Izumikawa, and T. Minamisono, *Shal-low nitrogen acceptor in TiO₂ studied by β-NMR spectroscopy*, Physica B: Condensed Matter **401-402**, 430 (2007).
- [45] Z. Salman, O. Ofer, M. Radovic, H. Hao, M. B. Shalom, K. H. Chow, Y. Dagan, M. D. Hossain, C. D. P. Levy, W. A. MacFarlane, G. M. Morris, L. Patthey, M. R. Pearson, H. Saadaoui, T. Schmitt, D. Wang, and R. F. Kiefl, *Nature of Weak Magnetism in SrTiO₃/LaAlO₃ Multilayers*, Phys. Rev. Lett. **109**, 257207 (2012).
- [46] W. A. MacFarlane, C. B. L. Tschense, T. Buck, K. H. Chow, D. L. Cortie, A. N. Hariwal, R. F. Kiefl, D. Koumoulis, C. D. P. Levy, I. McKenzie, F. H. McGee, G. D. Morris, M. R. Pearson, Q. Song, D. Wang, Y. S. Hor, and R. J. Cava, β-detected NMR of ⁸Li⁺ in Bi, Sb, and the topological insulator Bi_{0.9}Sb_{0.1}, Phys. Rev. B 90, 214422 (2014).
- [47] I. McKenzie, M. Harada, R. F. Kiefl, C. D. P. Levy, W. A. MacFarlane, G. D. Morris, S.-I. Ogata, M. R. Pearson, and J. Sugiyama, β-NMR Measurements of Lithium Ion Transport in Thin Films of Pure and Lithium-Salt-Doped Poly(ethylene oxide), J. Am. Chem. Soc. 136, 7833 (2014).
- [48] D. L. Cortie, T. Buck, M. H. Dehn, R. F. Kiefl, C. D. P. Levy, R. M. L. McFadden, G. D. Morris, M. R. Pearson, Z. Salman, Y. Maeno, and W. A. MacFarlane, *Spin fluctuations in the exotic metallic state of Sr*₂*RuO*₄ *studied with β-NMR*, Phys. Rev. **B** 91, 241113(R) (2015).
- [49] W. A. MacFarlane, Implanted-ion βNMR: A new probe for nanoscience, Sol. State NMR 68, 1 (2015).
- [50] D. Cortie, T. Buck, M. Dehn, V. Karner, R. Kiefl, C. Levy, R. McFadden, G. Morris, I. McKenzie, M. Pearson, X. Wang, and W. MacFarlane, β-NMR Investigation of the Depth-Dependent Magnetic Properties of an Antiferromagnetic Surface, Phys. Rev. Lett. 116, 106103 (2016).
- [51] J. Sugiyama, I. Umegaki, T. Uyama, R. M. L. McFadden, S. Shiraki, T. Hitosugi, Z. Salman, H. Saadaoui, G. D. Morris, W. A. MacFarlane, and R. F. Kiefl, *Lithium diffusion in spinel Li*₄ Ti₅O₁₂ and LiTi₂O₄ films detected with ⁸Li β-NMR, Phys. Rev. B **96**, 094402 (2017).
- [52] T. Sugihara, M. Mihara, J. Shimaya, K. Matsuta, M. Fukuda, J. Ohno, M. Tanaka, S. Yamaoka, K. Watanabe, S. Iwakiri, R. Yanagihara, Y. Tanaka, H. Du, K. Onishi, S. Kambayashi, T. Minamisono, D. Nishimura, T. Izumikawa, A. Ozawa, Y. Ishibashi, A. Kitagawa, S. Sato, M. Torikoshi, and S. Momota, *NMR detection of short-lived β-emitter* ¹²N *implanted in water*, Hyperfine Interact. **238**, 20 (2017).
- [53] D. Szunyogh, R. M. L. McFadden, V. L. Karner, A. Chatzichristos, T. Day Goodacre, M. H. Dehn, L. Formenti, D. Fujimoto, A. Gottberg, E. Kallenberg, I. Kálomista, R. F. Kiefl, F. H. Larsen, J. Lassen, C. D. P. Levy, R. Li, W. A. MacFarlane, I. McKenzie, G. D. Morris, S. Pallada, M. R. Pearson, S. P. A. Sauer, P. Schaffer, P. W. Thulstrup, L. Hemmingsen, and M. Stachura, Direct observation of Mg²⁺ complexes in ionic liquid solutions by ³¹Mg β-NMR spectroscopy,

Dalton Transactions 47, 14431 (2018).

- [54] W. A. MacFarlane, T. J. Parolin, D. L. Cortie, K. H. Chow, M. D. Hossain, R. F. Kiefl, C. D. P. Levy, R. M. L. McFadden, G. D. Morris, M. R. Pearson, H. Saadaoui, Z. Salman, Q. Song, and D. Wang, ⁸Li in the Cubic Insulator MgO, Journal of Physics: Conference Series 551, 012033 (2014).
- [55] M. Puchalski and K. Pachucki, Ground-state hyperfine splitting in the Be⁺ ion, Phys. Rev. A 89, 032510 (2014).
- [56] A. Takamine, M. Wada, K. Okada, Y. Ito, P. Schury, F. Arai, I. Katayama, K. Imamura, Y. Ichikawa, H. Ueno, H. Wollnik, and H. Schuessler, *Towards high* precision measurements of nuclear g-factors for the Be isotopes, Nucl. Instrum. Meth. B **376**, 307 (2016).
- [57] A. Bohr and V. F. Weisskopf, The Influence of Nuclear Structure on the Hyperfine Structure of Heavy Elements, Physical Review 77, 94 (1950).
- [58] F. F. Karpeshin and M. B. Trzhaskovskaya, *The theory of the Bohr Weisskopf effect in the hyperfine structure*, Nuclear Physics A **941**, 66 (2015).
- [59] J. R. Persson, Hyperfine anomalies in Gd and Nd, Atoms 6, 2 (2018).
- [60] M. J. Borge and K. Blaum, Focus on Exotic Beams at ISOLDE: A Laboratory Portrait, J. Phys. G. 45, 1 (2018).
- [61] M. Kowalska, P. Aschenbrenner, M. Baranowski, M. L. Bissell, W. Gins, R. D. Harding, H. Heylen, G. Neyens, S. Pallada, N. Severijns, P. Velten, M. Walczak, F. Wienholtz, Z. Y. Xu, X. F. Yang, and D. Zakoucky, *New laser polarization line at the ISOLDE facility*, J. Phys. G. 44, 084005 (2017).
- [62] W. Gins, R. D. Harding, M. Baranowski, M. L. Bissell, R. F. G. Ruiz, M. Kowalska, G. Neyens, S. Pallada, N. Severijns, P. Velten, F. Wienholtz, Z. Y. Xu, X. F. Yang, and D. Zakoucky, *A new beamline for laser spinpolarization at ISOLDE*, Nucl. Instrum. Meth. A **925**, 24 (2019).
- [63] H. H. Ginthard and J. J. Primas, Generating of Homogeneous Static Magnetic Fields, Patent No: 2953727, (1960).
- [64] A. Abragam, *The principles of nuclear magnetism*, International series of monographs on physics (Clarendon Press, Oxford, 1989).
- [65] M. Bier and S. Dietrich, Vapour pressure of ionic liquids, Molecular Physics 108, 211 (2010).
- [66] E. D. Becker, High Resolution NMR (Academic Press, 2000).
- [67] S. Eidelman et al. (Particle Data Group), Review of Particle Physics, Physics Letters B R 592, 1 (2004).
- [68] G. Huber, F. Touchard, S. Büttgenbach, C. Thibault, R. Klapisch, H. T. Duong, S. Liberman, J. Pinard, J. L. Vialle, P. Juncar, and P. Jacquinot, Spins, magnetic moments, and isotope shifts of ²¹⁻³¹Na by high resolution laser spectroscopy of the atomic D₁ line, Phys. Rev. C 18, 2342 (1978).
- [69] P. Raghavan, Table of nuclear moments, At. Data and Nucl. Data Tables 42, 189 (1989).
- [70] N. C. Pyper, Do theory and experiment agree for the nuclear shielding difference between alkali atoms and ions in magnetic resonance? J. Phys. B: At. Mol. Phys. 18, 1317 (1985).
- [71] J. Mason, Multinuclear NMR, edited by J. Mason (Springer US, 1987) pp. 1 – 660.

- [72] M. Galib, M. D. Baer, L. B. Skinner, C. J. Mundy, T. Huthwelker, G. K. Schenter, C. J. Benmore, N. Govind, and J. L. Fulton, *Revisiting the hydration* structure of aqueous Na⁺, J. Chem. Phys. **146**, 084504 (2017).
- [73] A. Antušek, D. Kędziera, A. Kaczmarek-Kędziera, and M. Jaszuński, Coupled cluster study of NMR shielding of alkali metal ions in water complexes and magnetic moments of alkali metal nuclei, Chem. Phys. Lett. 532, 1 (2012).
- [74] A. Beckmann, K. D. Böklen, and D. Elke, Precision measurements of the nuclear magnetic dipole moments of ⁶Li, ⁷Li, ²³Na, ³⁹K and ⁴¹K, Z. Phys. **270**, 173 (1974).
- [75] R. K. Harris, E. D. Becker, S. M. C. de Menezes, R. Goodfellow, and P. Granger, NMR nomenclature. Nuclear spin properties and conventions for chemical shifts(IUPAC Recommendations 2001), Pure Appl. Chem. 73, 1795 (2001), reprinted in Magn. Reson. in Chem. 40 (2002).
- [76] A. Mooser, S. Ulmer, K. Blaum, K. Franke, H. Kracke, C. Leiteritz, W. Quint, C. C. Rodegheri, C. Smorra, and J. Walz, *Direct high-precision measurement of the magnetic moment of the proton*, Nature **509**, 596 (2014).
- [77] P. Garbacz, K. Jackowski, W. Makulski, and R. E. Wasylishen, Nuclear Magnetic Shielding for Hydrogen in Selected Isolated Molecules, J. Phys. Chem. A 116, 11896 (2012).
- [78] C. P. Slichter, Electric Quadrupole Effects, in Principles of Magnetic Resonance (Springer Berlin Heidelberg, Berlin, Heidelberg, 1990) pp. 485–502.
- [79] H. Ackermann, P. Heitjans, and H. J. Stöckmann, Radiation defects and spin-lattice relaxation studied with neutron-activated β emitters, Hyperfine Interactions 25, 395 (1985).
- [80] B. Nojiri, Y and Deutch, *Polarized β-emitters for NMR probes*, Hyperfine Interactions **21**, 197 (1985).
- [81] T. P. Hanusa, Solution NMR of the Light Main Group Metals, Encyclopedia of Inorganic and Bioinorganic Chemistry, 1 (2015).
- [82] M. Schmeisser, P. Illner, R. Puchta, A. Zahl, and R. van Eldik, *Gutmann Donor and Acceptor Numbers* for Ionic Liquids, Chemistry A European Journal 18, 10969 (2012).
- [83] J. A. Tossell, Na⁺ Complexes with Crown Ethers: Calculation of ²³Na NMR Shieldings and Quadrupole Coupling Constants, The Journal of Physical Chemistry B 105, 11060 (2001).
- [84] C. H. McMillen, C. K. Gren, T. P. Hanusa, and A. L. Rheingold, A tetrameric allyl complex of sodium, and computational modeling of the ²³Na allyl chemical shift, Inorganica Chimica Acta **364**, 61 (2010), special Volume: Dedication to Professor Rheingold.
- [85] A. Wong, F. W. Kotch, I. C. M. Kwan, J. T. Davis, and G. Wu, Probing the Na+ binding site in a calix[4]arene guanosine conjugate dimer by solid-state ²³Na NMR and quantum chemical calculation, Chem. Commun., 2154 (2009).
- [86] R. R. Crichton, Biological Inorganic Chemistry: A New Introduction to Molecular Structure and Function, third edition ed. (Elsevier, 2019).
- [87] R. R. Crichton and R. O. Louro, Practical Approaches to Biological Inorganic Chemistry, second edition ed. (El-

sevier, 2020).

- [88] A. Sigel, Metal Ions in Biological Systems (Boca Raton: CRC Press, 2001) pp. 1 – 744.
- [89] A. Sigel, H. Sigel, Interplay between Metal Ions and Nucleic Acids, (Springer Netherlands, 2012) pp., 1 – 354.
- [90] F. G. Riddell, NMR spectroscopy of alkali metal nuclei in solution, Encyclopedia of Spectroscopy and Spectrometry 2, 239 (2016).
- [91] J. Carvalho, J. L. Mergny, G. F. Salgado, J. A. Queiroz, and C. Cruz, *G-quadruplex, Friend or Foe: The Role of* the *G-quartet in Anticancer Strategies*, Trends in Molecular Medicine, 1 (2020).
- [92] G. Wu, A. Wong, Z. Gang, and J. T. Davis, Direct Detection of Potassium Cations Bound to G-Quadruplex Structures by Solid-State ³⁹K NMR at 19.6 T, Journal of the American Chemical Society **125**, 7182 (2003).
- [93] A. Wong, R. Ida, and G. Wu, Direct NMR detection of the 'invisible' alkali metal cations tightly bound to G-quadruplex structures, Biochemical and Biophysical Research Communications 337, 363 (2005).
- [94] A. Jancso, J. G. Correia, A. Gottberg, J. Schell, M. Stachura, D. Szunyogh, S. Pallada, D. C. Lupascu, M. Kowalska, and L. Hemmingsen, *TDPAC and β-NMR applications in chemistry and biochemistry*, J. Phys. G. 44, 064003 (2017).
- [95] G. Hagen, A. Ekström, C. Forssén, G. R. Jansen, W. Nazarewicz, T. Papenbrock, K. A. Wendt, S. Bacca, N. Barnea, B. Carlsson, C. Drischler, K. Hebeler, M. Hjorth-Jensen, M. Miorelli, G. Orlandini, A. Schwenk, and J. Simonis, *Neutron and weakcharge distributions of the* ⁴⁸ Ca nucleus, Nature Physics **12**, 186 (2016).
- [96] M. Thiel, C. Sfienti, J. Piekarewicz, C. J. Horowitz, and M. Vanderhaeghen, *Neutron skins of atomic nuclei: per aspera ad astra*, Journal of Physics G: Nuclear and Particle Physics 46, 093003 (2019).
- [97] T. Aumann, C. A. Bertulani, F. Schindler, and S. Typel, Peeling Off Neutron Skins from Neutron-Rich Nuclei: Constraints on the Symmetry Energy from Neutron-Removal Cross Sections, Phys. Rev. Lett. 119, 262501 (2017).
- [98] J. Erler, N. Birge, M. Kortelainen, W. Nazarewicz, E. Olsen, A. M. Perhac, and M. Stoitsov, *The limits* of the nuclear landscape, Nature **486**, 509 (2012).
- [99] I. Tanihata, H. Hamagaki, O. Hashimoto, Y. Shida, N. Yoshikawa, K. Sugimoto, O. Yamakawa, T. Kobayashi, and N. Takahashi, *Measurements* of Interaction Cross Sections and Nuclear Radii in the Light p-Shell Region, Phys. Rev. Lett. 55, 2676 (1985).
- [100] I. Tanihata, Neutron halo nuclei, Journal of Physics G: Nuclear and Particle Physics 22, 157 (1996).
- [101] J. Al-Khalili, An Introduction to Halo Nuclei, in The Euroschool Lectures on Physics with Exotic Beams, Vol. I, edited by J. Al-Khalili and E. Roeckl (Springer Berlin Heidelberg, Berlin, Heidelberg, 2004) pp. 77–112.
- [102] H. H. Stroke, H. T. Duong, and J. Pinard, Bohr-Weisskopf effect : influence of the distributed nuclear magnetization on hfs, Hyperfine Interactions 129, 319 (2000).
- [103] Y. L. Parfenova and C. Leclercq-Willain, Hyperfine anomaly in Be isotopes and the neutron spatial distribution: A three-cluster model for ⁹Be, Physical Review C 72, 054304 (2005).
- [104] G. Malli and C. Froese, Nuclear magnetic shielding con-

stants calculated from numerical hartree-fock wave functions, Int. J. Quantum Chem. 1, 95 (2009).

- [105] S. Komorovsky, M. Repisky, K. Ruud, O. L. Malkina, and V. G. Malkin, Four-Component Relativistic Density Functional Theory Calculations of NMR Shielding Tensors for Paramagnetic Systems, J. Phys. Chem. A 117, 14209 (2013).
- [106] K. G. Dyall, Relativistic Quadruple-Zeta and Revised Triple-Zeta and Double-Zeta Basis Sets for the 4p, 5p, and 6p Elements, Theor. Chem. Acc. 115, 441 (2006).
- [107] A. D. Becke, Density-functional exchange-energy approximation with correct asymptotic behavior, Phys. Rev. A 38, 3098 (1988).
- [108] C. Lee, W. Yang, and R. G. Parr, Development of the Colle-Salvetti correlation-energy formula into a functional of the electron density, Phys. Rev. B 37, 785 (1988).
- [109] S. H. Vosko, L. Wilk, and M. Nusair, Accurate spindependent electron liquid correlation energies for local spin density calculations: a critical analysis, Can. J. Phys 58, 1200 (1980).
- [110] F. Weigend and R. Ahlrichs, Balanced basis sets of split valence, triple zeta valence and quadruple zeta valence quality for H to Rn: Design and assessment of accuracy, Phys. Chem. Chem. Phys. 7, 3297 (2005).
- [111] S. Grimme, S. Ehrlich, and L. Goerigk, Effect of the damping function in dispersion corrected density functional theory, J. Comput. Chem. 32, 1456 (2011).
- [112] J. Gauss and J. F. Stanton, Gauge-invariant calculation of nuclear magnetic shielding constants at the coupled-cluster singles and doubles level, J. Chem. Phys. 102, 251 (1995).
- [113] J. D. Watts, J. Gauss, and R. J. Bartlett, Coupledcluster methods with noniterative triple excitations for restricted open-shell Hartree–Fock and other general single determinant reference functions. Energies and analytical gradients, J. Chem. Phys. 98, 8718 (1993).
- [114] K. L. Schuchardt, B. T. Didier, T. Elsethagen, L. Sun, V. Gurumoorthi, J. Chase, J. Li, and T. L. Windus, Basis Set Exchange: A Community Database for Computational Sciences, J. Chem. Inf. Model. 47, 1045 (2007).
- [115] T. H. Dunning Jr., Gaussian basis sets for use in correlated molecular calculations. I. The atoms boron through neon and hydrogen, J. Chem. Phys. 90, 1007 (1989).
- [116] F. Jensen, Basis Set Convergence of Nuclear Magnetic Shielding Constants Calculated by Density Functional Methods, J. Chem. Theory Comput. 4, 719 (2008).
- [117] K. Wolinski, J. F. Hinton, and P. Pulay, Efficient Implementation of the Gauge-Independent Atomic Orbital Method for NMR Chemical Shift Calculations, J. Am. Chem. Soc. 112, 8251 (1990).
- [118] A. Klamt and G. Schuurmann, COSMO: a new approach to dielectric screening in solvents with explicit expressions for the screening energy and its gradient, J. Chem. Soc., Perkin Trans. 2, 799 (1993).
- [119] J. P. Perdew, M. Ernzerhof, and K. Burke, *Rationale for mixing exact exchange with density functional approximations*, J. Chem. Phys. **105**, 9982 (1996).
- [120] C. Adamo and V. Barone, Toward reliable density functional methods without adjustable parameters: The PBE0 model, J. Chem. Phys. 110, 6158 (1999).
- [121] S. Komorovský, M. Repiský, O. L. Malkina, V. G. Malkin, I. M. Ondík, and M. Kaupp, A fully relativistic method for calculation of nuclear magnetic shielding

tensors with a restricted magnetically balanced basis in the framework of the matrix Dirac-Kohn-Sham equation, J. Chem. Phys. **128**, 104101 (2008).

- [122] S. Komorovský, M. Repiský, O. L. Malkina, and V. G. Malkin, Fully relativistic calculations of NMR shielding tensors using restricted magnetically balanced basis and gauge including atomic orbitals, J. Chem. Phys. 132, 154101 (2010).
- [123] L. Visscher and K. G. Dyall, Dirac-Fock atomic electronic structure calculations using different nuclear charge distributions, At. Data Nucl. Data Tables 67, 207 (1997).
- [124] M. Valiev, E. J. Bylaska, N. Govind, K. Kowalski, T. P. Straatsma, H. J. J. van Dam, D. Wang, J. Nieplocha, E. Apra, T. L. Windus, and W. de Jong, *NWChem:* A comprehensive and scalable open-source solution for large scale molecular simulations, Comput. Phys. Commun. 181, 1477 (2010).
- [125] CFOUR, a quantum chemical program package written by J. F. Stanton, J. Gauss, M. E. Harding, P. G. Szalay with contributions from A. A. Auer, R. J. Bartlett, U. Benedikt, C. Berger, D. E. Bernholdt, J. Bomble, L. Cheng, O. Christiansen, M. Heckert, O. Heun, C. Huber, T.-C. Jagau, D. Jonsson,

J. Jusélius, K. Klein, W. J. Lauderdale, D. A. Matthews,
T. Metzroth, L. A. Mück, D. P. O'Neill, D. R. Price,
E. Prochnow, C. Puzzarini, K. Ruud, F. Schiffmann,
W. Schwalbach, C. Simmons, S. Stopkowicz, A. Tajti,
J. Vázquez, F. Wang, J. D. Watts and the integral packages MOLECULE (J. Almlöf and P. R. Taylor), PROPS
(P. R. Taylor), ABACUS (T. Helgaker, H. J. Aa. Jensen,
P. Jørgensen, and J. Olsen), and ECP routines by
A. V. Mitin and C. van Wüllen. For the current version, see http://www.cfour.de.

- [126] ReSpect 5.0.1 (2018), relativistic spectroscopy DFT program of authors M. Repisky, S. Komorovsky, V. G. Malkin, O. L. Malkina, M. Kaupp, K. Ruud, with contributions from R. Bast, R. Di Remigio, U. Ekstrom, M. Kadek, S. Knecht, L. Konecny, E. Malkin, I. Malkin Ondik (see http://www.respectprogram.org).
- [127] M. Repisky, S. Komorovsky, M. Kadek, L. Konecny, U. Ekström, E. Malkin, M. Kaupp, K. Ruud, O. L. Malkina, and V. G. Malkin, *ReSpect: Relativistic spec*troscopy DFT program package, The Journal of Chemical Physics **152**, 184101 (2020).
- [128] J. F. Schenck, The role of magnetic susceptibility in magnetic resonance imaging: MRI magnetic compatibility of the first and second kinds, Medical Physics 23, 815 (1996).