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# Single organ metastatic disease and local disease status, prognostic factors for overall survival in stage IV non-small cell lung cancer: Results from a population-based study



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## KEYWORDS

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Local disease status

**Abstract Purpose:** To analyse the prognostic impact on overall survival (OS) of single versus multiple organ metastases, organ affected, and local disease status in a population based stage IV non-small cell lung cancer (NSCLC) cohort.

**Methods:** In this observational study, data were analysed of all histologically confirmed stage IV NSCLC patients diagnosed between 1 January 2006 and 31 December 2012 registered in the Netherlands Cancer Registry. Location of metastases before treatment was registered. Multivariable survival analyses [age, gender, histology, M-status, local disease status, number

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of involved organs, actual organ affected] were performed for all patients and for an  $^{18}\text{F}$ fluorodeoxyglucose-positron emission tomography ( $^{18}\text{F}$ FDG-PET)-staged subgroup.

**Results:** 11,094 patients were selected: 60% male, mean age 65 years, 73% adenocarcinoma. Median OS for 1 ( $N = 5676$ ), 2 ( $N = 3280$ ), and  $\geq 3$  ( $N = 2138$ ) metastatically affected organs was 6.7, 4.3, 2.8 months, respectively ( $p < 0.001$ ). Hazard ratio (HR) for 2 versus 1 organ(s) was 1.33 ( $p < 0.001$ ), for  $\geq 3$  versus 1 organ(s) 1.91 ( $p < 0.001$ ). Results were confirmed in the  $^{18}\text{F}$ FDG-PET-staged cohort ( $N = 1517$ ): patients with single organ versus 2 and  $\geq 3$  organ metastases had higher OS (8.6, 5.7, 3.8 months, HR 1.40 and 2.17, respectively,  $p < 0.001$ ). In single organ metastases, OS for low versus high TN-status was 8.5 versus 6.5 months [HR 1.40 ( $p < 0.001$ )].  $^{18}\text{F}$ FDG-PET-staged single organ metastases patients with low TN-status had a superior OS than those with high TN-status (11.6 versus 8.2 months, HR 1.62,  $p < 0.001$ ).

**Conclusion:** Patients with single organ metastases stage IV NSCLC have a favourable prognosis, especially in combination with low TN status. They have to be regarded as a separate subgroup of stage IV disease.

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## 1. Introduction

The tumour, node and metastasis (TNM) classification of non-small cell lung cancer (NSCLC) is a prognostic tool to stratify patients. The current 7th edition is based on an analysis of a retrospective worldwide database of more than 100,000 cases including data from clinical trials, consortium/surgical series and registry-series [1,2]. Currently, within stage IV two prognostically different subgroups are distinguished; M1a (intrathoracic: pleural and/or pericardial dissemination and/or metastasis to contralateral lung) and M1b (distant metastasis), with median overall survival (OS) of 8 and 6 months, respectively [1,2]. In the M1b group ( $N = 4350$ ), median OS was slightly worse for patients with multiple distant metastatic sites compared to a single site. No OS difference regarding the actual organ affected was encountered in the single organ metastases subgroup ( $N = 2480$ ); it was not possible to analyse the impact of single versus multiple sites in a specific organ [2]. Currently, there is a lack of data gathered in routine clinical practice regarding the prognostic value of the extent of metastases in population based stage IV NSCLC cohorts and it is not clear whether results are comparable for  $^{18}\text{F}$ fluorodeoxyglucose-positron emission tomography ( $^{18}\text{F}$ FDG-PET)-staged patients, due to possible upstaging [3].

The Netherlands Cancer Registry (NCR) has registered all patients diagnosed with cancer in the Netherlands since 1989 and has 98% nationwide coverage. In contrast to TNM7, metastatic sites at time of NSCLC diagnosis are standardly recorded according to clinical data [4]. Here, we analysed the prognostic impact of single versus multiple organs with metastases, local disease status and impact of the actual organ affected in stage IV NSCLC.

## 2. Materials and methods

### 2.1. Patient selection: NCR

All patients diagnosed between 1 January 2006 and 31 December 2012 with NSCLC (adenocarcinoma (AdC) and squamous cell carcinoma (SqCC)) were selected. Only histology was selected to avoid cytological classification bias. Large cell carcinoma (LCC) was not selected because of recent evidence separating 80% of LCC into AdC/SqCC, possibly introducing classification bias [5]. Data retrieval was on 21 March 2014.

Data have been actively collected by data managers according to standardised formats and have been linked to the Dutch Pathology Registry and National Civil Registry for follow-up and histology confirmation [4]. Information includes: gender; age; diagnosis year; morphology code; stage (until 2009 TNM6,  $\geq 2010$  TNM7); first-line treatment; diagnosis of previous malignancy and metastases localisation at diagnosis. Metastases sites are recorded according to documented clinical data with maximal three separate locations. In cases with more than three locations, the first two are recorded and the last is coded as  $\geq 3$  metastases. Organ count is irrespective of the number of metastases within this organ. Reporting of staging procedures as  $^{18}\text{F}$ FDG-PET or magnetic resonance imaging (MRI) brain is not mandatory.

Excluded were: no TNM recorded, previous malignancy within five years of NSCLC, metachronous NSCLC, stage IV NSCLC according to TNM6 solely based on pulmonary metastases (possibly TNM7 T4, i.e. no stage IV), no metastases sites documentation, and no Civil Registry linkage.

Subgroup analyses were performed in patients in whom an  $^{18}\text{F}$ FDG-PET-scan was documented to investigate upstaging effects [3]. Separate subgroup analyses

were performed for TNM6 and TNM7 when required, as some changes in TNM7 T-classification occurred. To analyse impact of anticancer treatment an exploratory analysis was performed in patients receiving active anticancer treatments as opposed to best supportive care (BSC) only. Palliative radiotherapy without systemic treatment was classified as BSC. Study approval was by the NCR data monitoring committee and procedures were performed according to national privacy regulations.

## 2.2. Statistical analysis

Statistical analysis was conducted with SPSS (v20; SPSS Inc., Chicago, IL). OS was calculated from day of diagnosis till death and analysed according to the Kaplan–Meier method and tested for significance with log-rank test. Patients who were alive at closing date (31 December 2012) or who were lost-to-follow-up were censored at last date of follow-up. A multivariate Cox regression model was constructed including covariates that were found significant in univariate analyses. Covariates tested were: age, gender, histology, TNM7 M1b versus M1a and TNM6 M1, low TN-stage versus high TN-stage (i.e. T1–2 and N0–1 versus T3–4 and/or N2–3), number of organs with metastases (i.e. 1, 2 or  $\geq 3$ ) and within single organ metastases also actual organ affected. Proportional hazard assumption was tested using visual inspection of Log (minus Log) survival plots. Continuous variables were compared with the Mann Whitney *U*-test; categorical data were tested according to the chi-square test. *P* values of  $\leq 0.05$  for two-sided tests were considered statistically significant.

## 3. Results

### 3.1. Patient characteristics

Between 01 January 2006 and 31 December 2012, 11,094 stage IV patients were eligible for analysis (CONSORT diagram, Fig. 1).

Patient characteristics are described in Table 1. 5676 (51.2%) had single organ metastases. Median follow up [95% CI] was 28.1 [26.7–29.5] months. At time of analysis 1742 (15.7%) patients were alive and 5 were lost-to-follow-up. Bone was the most frequent metastatic site at diagnosis. Significantly more common in AdC than in SqCC were: bone (43.0% versus 36.5%,  $p < 0.001$ ), brain (22.0% versus 15.1%,  $p < 0.001$ ), pleura (15.9% versus 12.6%,  $p < 0.001$ ) and lymph node metastases (only current M1b lymph nodes included) (11.6% versus 10.1%,  $p = 0.03$ ) (Fig. 2A).

Single organ metastases patients ( $N = 5676$ ) were significantly older (mean age 66.1 versus 64.7 years,  $p < 0.001$ ) and more often had SqCC (31.0% versus 22.1%,  $p < 0.001$ ) and lower TN-status (18.3% versus

9.8%,  $p < 0.001$ , Table 1) than patients with  $\geq 2$  organ metastases ( $N = 5418$ ). In single organ metastases patients, bone (28.7% versus 25.9%,  $p = 0.031$ ), brain (21.4% versus 14.1%,  $p < 0.001$ ) and pleural metastases (15.1% versus 11.9%,  $p = 0.010$ ) were significantly more common in AdC compared to SqCC, liver (7.7% versus 11.3%,  $p < 0.001$ ), adrenal (7.1% versus 9.3%,  $p = 0.006$ ), and lung metastases (12.3% versus 18.2%,  $p < 0.001$ ) were significantly less common in AdC (Fig. 2B).

### 3.2. TNM6 and TNM7 overall survival

Median OS for TNM6 ( $N = 4584$ ) did not significantly differ from TNM7 M1b ( $N = 5091$ ) (4.6 [4.4–4.8] versus 4.7 [4.4–4.9] months;  $p = 0.13$ ). Median OS was significantly higher in TNM7 M1a ( $N = 1419$ ) (8.3 [7.6–9.0] months;  $p < 0.001$ ) than in TNM6 and TNM7 M1b.

### 3.3. Overall survival according to number of organs affected

Median OS was significantly longer in single organ metastases patients ( $N = 5676$ ) compared to patients with 2 ( $N = 3280$ ) or  $\geq 3$  organs with metastases ( $N = 2138$ ) (6.7 [6.4–7.0], 4.3 [4.1–4.6], and 2.8 [2.6–3.0] months, respectively;  $p < 0.001$ ; Fig. 3A). In multivariate analysis this remained significant. HR [95% CI] for 2 organs versus 1 was 1.38 [1.31–1.44] ( $p < 0.001$ ) and 1.97 [1.86–2.09] for  $\geq 3$  organs versus 1 ( $p < 0.001$ ). Other independent favourable factors for OS were younger age, female gender, AdC, TNM7 M1a and low TN-status (Suppl. Fig. 4A).

In patients with a documented staging  $^{18}\text{F}$ FDG-PET-scan ( $N = 1517$ ), OS was superior to that of the group in which it was not documented whether a staging  $^{18}\text{F}$ FDG-PET-scan was performed ( $N = 9577$ ). For the latter group, OS was 6.4 [6.1–6.7], 4.1 [3.9–4.4] and 2.7 [2.6–2.9] months ( $p < 0.001$ ) for single organ, 2 organs and  $\geq 3$  organs with metastases, respectively. For the documented  $^{18}\text{F}$ FDG-PET-scan group OS was 8.6 [7.9–9.4], 5.7 [5.0–6.4] and 3.8 [3.1–4.4] months, respectively;  $p < 0.001$ , Fig. 3B). In multivariate analysis HR for 2 versus 1 organ(s) {1.40 [1.23–1.60] ( $p < 0.001$ )}, and for  $\geq 3$  versus 1 organ(s) {2.17 [1.85–2.55] ( $p < 0.001$ )} remained significant. Other independent favourable factors for OS were identical to those for no documented  $^{18}\text{F}$ FDG-PET-scan group (Suppl. Fig. 4B).

### 3.4. Overall survival in single organ metastases patients according to local disease status and impact of specific organ affected

Median OS was significantly higher in patients with low TN-status ( $N = 1043$ ) and was 8.5 [7.6–9.3] months compared to 6.5 [6.2–6.8] months for high TN-status

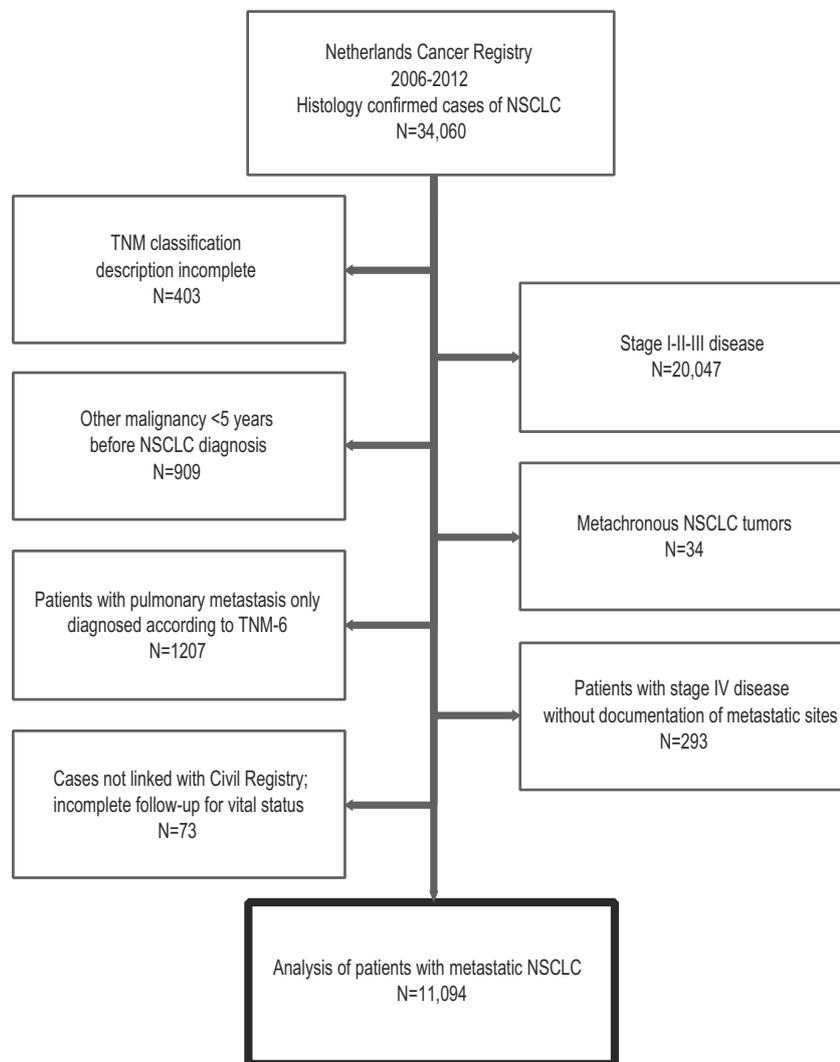


Fig. 1. CONSORT diagram presenting the selection of stage IV NSCLC patients between 2006 and 2012 from the Netherlands Cancer Registry database. *Abbreviation:* NSCLC: non-small cell lung cancer.

( $N = 4375$ ) ( $p < 0.001$ , Fig. 5A). In multivariate analysis, this retained its prognostic value: high versus low TN-status HR 1.40 [1.29–1.51] ( $p < 0.001$ ). Other independent favourable factors were younger age, female gender, and AdC. Liver metastases were an unfavourable prognostic factor, whereas adrenal, pulmonary and pleural disease as well as lymph node metastases were favourable factors (Fig. 6A).

When TNM6 ( $N = 2089$ ) and TNM7 ( $N = 3587$ ) classified patients were analysed separately, low TN-status had a superior median OS compared to high TN-status in both TNM6 (7.5 [6.2–8.8] versus 5.8 [5.3–6.2] months, respectively;  $p < 0.001$ ) and TNM7 (9.6 [8.3–10.8] versus 7.0 [6.5–7.4] months, respectively;  $p < 0.001$ ).

Patients with documented  $^{18}\text{F}$ FDG-PET-scans ( $N = 848$ ) had superior OS compared to the total single

organ metastases group ( $p < 0.001$ ). Median OS differences for low versus high TN-status remained significant (11.6 [8.1–15.1] months and 8.2 [7.3–9.1] months, respectively;  $p < 0.001$ , Fig. 5B). In multivariate analysis, TN-status remained of prognostic significance (high versus low TN-status: HR 1.62 [1.31–1.99],  $p < 0.001$ ). Other independent favourable factors were younger age and female gender. Metastatic disease in the brain, lungs, pleura or lymph nodes was a favourable prognostic factor (Fig. 6B).

When TNM6 and TNM7 classified patients were analysed separately, median OS for TNM6 low TN-status ( $N = 81$ ) was 12.5 [8.4–16.5] months compared to 7.0 [6.2–7.8] months for high TN-status ( $N = 300$ ) ( $p < 0.001$ ). For TNM7 median OS was 10.1 [5.6–14.6] months for low ( $N = 83$ ) and 9.7 [8.1–11.2] months for high TN-status ( $N = 357$ ) ( $p = 0.121$ ).

Table 1  
patient characteristics stage IV non-small cell lung cancer (NSCLC) and subgroup of single organ metastases.

| Patient characteristic<br>Subgroup              | Total group  |              |              | Single organ metastases |              |              |
|---|--------------|--------------|--------------|-------------------------|--------------|--------------|
|   | Total        | AdC          | SqCC         | Total                   | AdC          | SqCC         |
| <b>Patient number (N)</b>                       | 11,094       | 8134         | 2960         | 5676                    | 3915         | 1761         |
| <b>Age (years) Mean ± SD</b>                    | 65.4 ± 10.7  | 64.2 ± 10.8  | 68.7 ± 9.9   | 66.1 ± 10.8             | 64.7 ± 10.9  | 69.2 ± 9.9   |
| <b>Categories (N (%))</b>                       |              |              |              |                         |              |              |
| <50 years                                       | 877 (7.9)    | 775 (9.5)    | 102 (3.4)    | 419 (7.4)               | 359 (9.2)    | 60 (3.4)     |
| ≥ 50 and <60 years                              | 2325 (21.0)  | 1904 (23.4)  | 421 (14.2)   | 1113 (19.6)             | 881 (22.5)   | 232 (13.2)   |
| ≥ 60 and <70 years                              | 3721 (33.5)  | 2767 (34.0)  | 954 (32.2)   | 1836 (32.3)             | 1289 (32.9)  | 547 (31.1)   |
| ≥ 70  | 4171 (37.6)  | 2688 (33.0)  | 1483 (50.1)  | 2308 (40.7)             | 1386 (35.4)  | 922 (52.4)   |
| <b>Gender (N (%))</b>                           |              |              |              |                         |              |              |
| Male  | 6625 (59.7)  | 4464 (54.9)  | 2171 (73.0)  | 3389 (59.7)             | 2089 (53.4)  | 1300 (73.8)  |
| <b>T-stage (N (%))</b>                          |              |              |              |                         |              |              |
| <i>TNM6</i>                                     |              |              |              |                         |              |              |
| 0/X   | 4584 (100.0) | 3321 (100.0) | 1263 (100.0) | 2089 (100.0)            | 1433 (100.0) | 656 (100.0)  |
| 1   | 525 (11.5)   | 417 (12.6)   | 108 (8.6)    | 244 (11.7)              | 194 (13.5)   | 50 (7.6)     |
| 2   | 481 (10.5)   | 417 (12.6)   | 64 (5.1)     | 270 (12.9)              | 231 (16.1)   | 39 (5.9)     |
| 3   | 1476 (32.2)  | 1025 (30.9)  | 451 (35.7)   | 729 (34.9)              | 464 (32.4)   | 265 (40.4)   |
| 4   | 314 (6.8)    | 186 (5.5)    | 128 (10.1)   | 164 (7.9)               | 100 (7.0)    | 64 (9.8)     |
| 4   | 1788 (39.0)  | 1276 (38.4)  | 512 (40.5)   | 682 (32.6)              | 444 (31.0)   | 238 (36.3)   |
| <i>TNM7</i>                                     |              |              |              |                         |              |              |
| 0/X   | 6510 (100.0) | 4813 (100.0) | 1697 (100.0) | 3587 (100.0)            | 2482 (100.0) | 1105 (100.0) |
| 1a  | 608 (9.3)    | 509 (10.6)   | 99 (5.8)     | 338 (9.4)               | 283 (11.4)   | 55 (5.0)     |
| 1b  | 312 (4.8)    | 285 (5.9)    | 27 (1.6)     | 186 (5.2)               | 167 (6.7)    | 19 (1.7)     |
| 2a  | 383 (5.9)    | 330 (6.9)    | 53 (3.1)     | 237 (6.6)               | 196 (7.9)    | 41 (3.7)     |
| 2b  | 1205 (18.5)  | 910 (18.9)   | 295 (17.4)   | 718 (20.0)              | 509 (20.5)   | 209 (18.9)   |
| 3   | 439 (6.7)    | 305 (6.3)    | 134 (7.9)    | 257 (7.2)               | 161 (6.5)    | 96 (8.7)     |
| 4   | 1257 (19.3)  | 851 (17.7)   | 406 (23.9)   | 727 (20.3)              | 467 (18.8)   | 260 (23.5)   |
| 4   | 2306 (35.5)  | 1623 (33.7)  | 683 (40.3)   | 1124 (31.3)             | 699 (28.2)   | 425 (38.5)   |
| <b>N-stage (N (%))</b>                          |              |              |              |                         |              |              |
| 0/X   | 2769 (25.0)  | 2036 (25.0)  | 733 (24.8)   | 1733 (30.5)             | 1250 (31.9)  | 483 (27.4)   |
| 1   | 732 (6.6)    | 527 (6.5)    | 205 (6.9)    | 421 (7.4)               | 292 (7.5)    | 129 (7.3)    |
| 2   | 4418 (39.8)  | 3138 (38.6)  | 1280 (43.2)  | 2155 (38.0)             | 1403 (35.8)  | 752 (42.7)   |
| 3   | 3175 (28.6)  | 2433 (29.9)  | 742 (25.1)   | 1367 (24.1)             | 970 (24.8)   | 397 (22.5)   |
| <b>M-stage (N (%))</b>                          |              |              |              |                         |              |              |
| <i>TNM6</i>                                     |              |              |              |                         |              |              |
| 1   | 4584 (100.0) | 3321 (100.0) | 1263 (100.0) | 2089 (100.0)            | 1433 (100.0) | 656 (100.0)  |
| <i>TNM7</i>                                     |              |              |              |                         |              |              |
| 1a  | 6500 (100.0) | 4813 (100.0) | 1697 (100.0) | 3587 (100.0)            | 2482 (100.0) | 1105 (100.0) |
| 1a  | 1419 (21.8)  | 957 (19.9)   | 462 (27.2)   | 1323 (36.9)             | 872 (35.1)   | 451 (40.8)   |
| 1b  | 5091 (78.2)  | 3856 (80.1)  | 1235 (72.8)  | 2264 (63.1)             | 1610 (64.9)  | 654 (59.2)   |
| <b>Number of organs with metastases (N (%))</b> |              |              |              |                         |              |              |
| 1   | 5676 (51.2)  | 3859 (47.4)  | 1761 (59.5)  | N/A                     | N/A          | N/A          |
| 2   | 3280 (29.6)  | 2480 (30.5)  | 798 (27.0)   |                         |              |              |
| ≥ 3   | 2138 (19.3)  | 1795 (22.1)  | 401 (13.5)   |                         |              |              |

Abbreviations: TNM: tumour, node, metastasis; N: number; SD: standard deviation; AdC: adenocarcinoma; SqCC: squamous cell carcinoma; N/A: not applicable.

### 3.5. Subgroup of patients receiving active anticancer treatment

Patients receiving active anticancer treatment ( $N = 6022$ ) had a superior median OS compared to the BSC group (median 8.4 versus 2.2 months,  $p < 0.001$ ).

Single organ metastases patients ( $N = 3206$ ) had a significantly superior OS compared to patients with 2 ( $N = 1791$ ) or  $\geq 3$  organs ( $N = 1025$ ) involved. Median

OS was 10.4 [10.0–10.8], 7.3 [7.0–7.7] and 5.7 [5.3–6.1] months, respectively ( $p < 0.001$ , [Suppl. Fig. 7A](#)). For the  $^{18}\text{F}$ FDG-PET-staged subgroup this was 11.7 [10.5–12.9], 8.1 [7.2–9.0] and 6.4 [5.2–7.6] months, respectively ( $p < 0.001$ ).

Single organ metastases patients with low TN-status ( $N = 547$ ) had significantly higher median OS compared to high TN-status ( $N = 2581$ ): 13.7 [12.5–14.9] versus 9.9 [9.4–10.3] months, respectively ( $p < 0.001$ , [Suppl.](#)

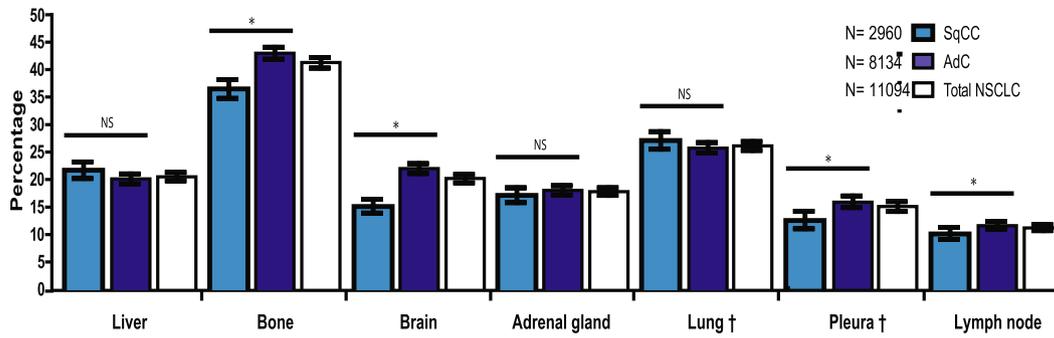


Fig. 2A. Prevalence of actual organ with metastases in the total group, and the AdC and SqCC subgroups (one patient can have more than one organ metastase). AdC is compared with SqCC. Abbreviations: AdC: adenocarcinoma; SqCC: squamous cell carcinoma.

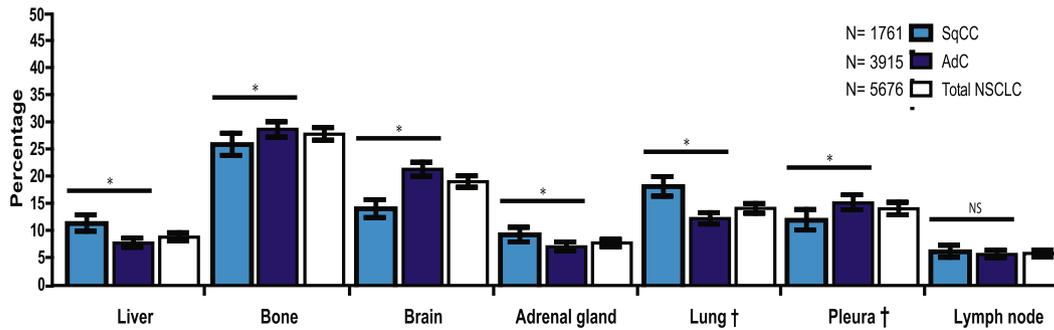


Fig. 2B. Prevalence of actual organ with metastases in the single organ metastases group, and the AdC and SqCC subgroups. AdC is compared with SqCC. †: Analysed only in TNM7; \*: Significant,  $p < 0.05$  Chi-square test. Abbreviations: N: number; NSCLC: non-small cell lung cancer; AdC: adenocarcinoma; SqCC: squamous cell carcinoma.

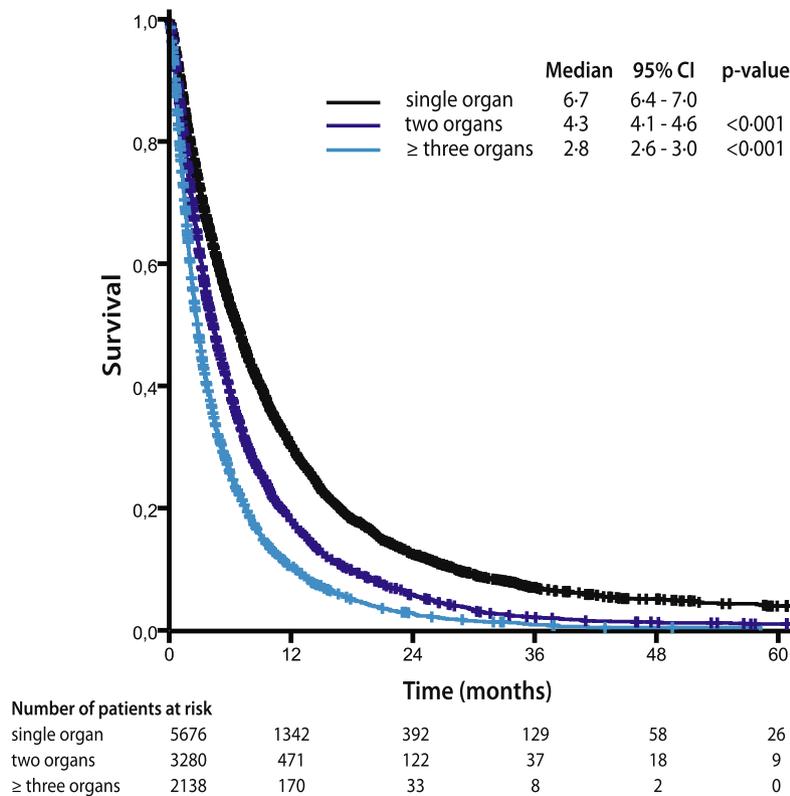


Fig. 3A. Kaplan–Meier curves for the overall cohort according to number of organs with metastases (1, 2, and  $\geq 3$ ).

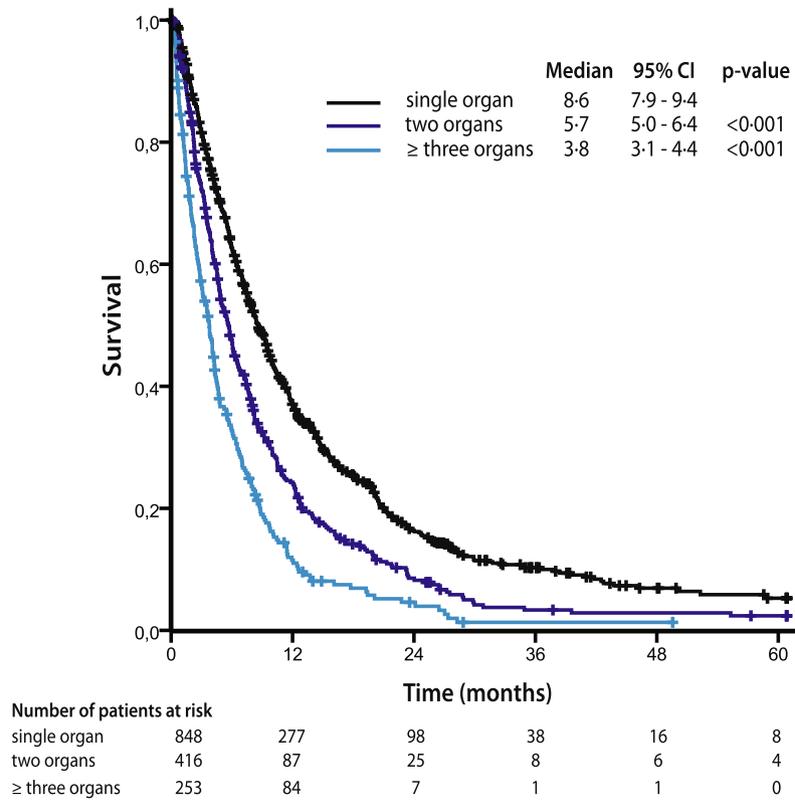


Fig. 3B. Kaplan–Meier curves for the <sup>18</sup>fluorodeoxyglucose-positron emission tomography (<sup>18</sup>FDG-PET)-staged subgroup according to number of organs with metastases (1, 2, and ≥3).

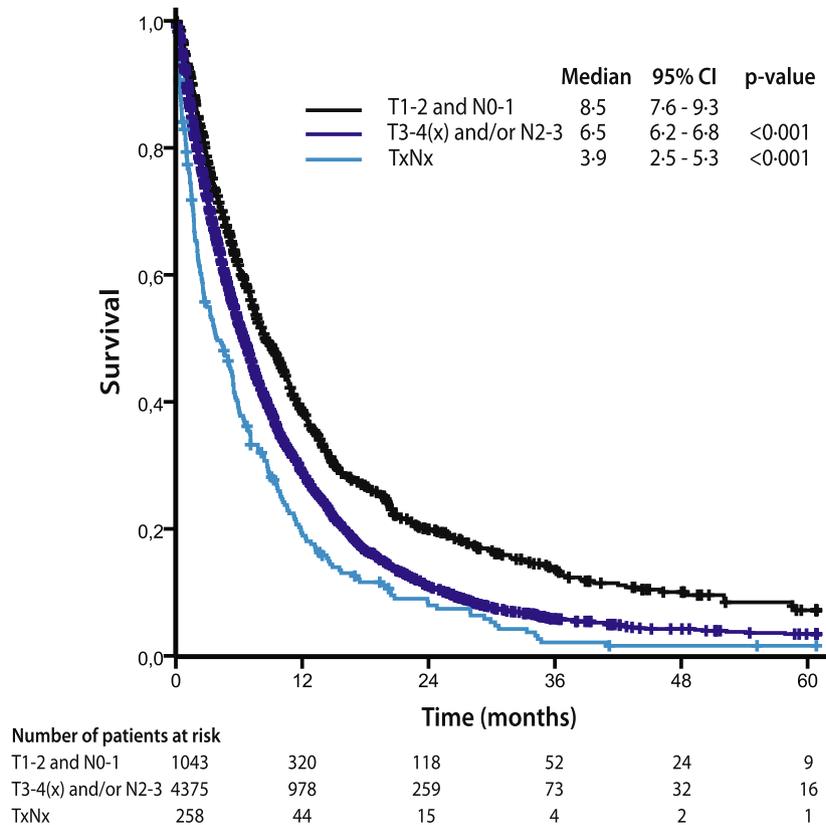


Fig. 5A. Kaplan–Meier curves for the single organ metastases group according to local disease status.

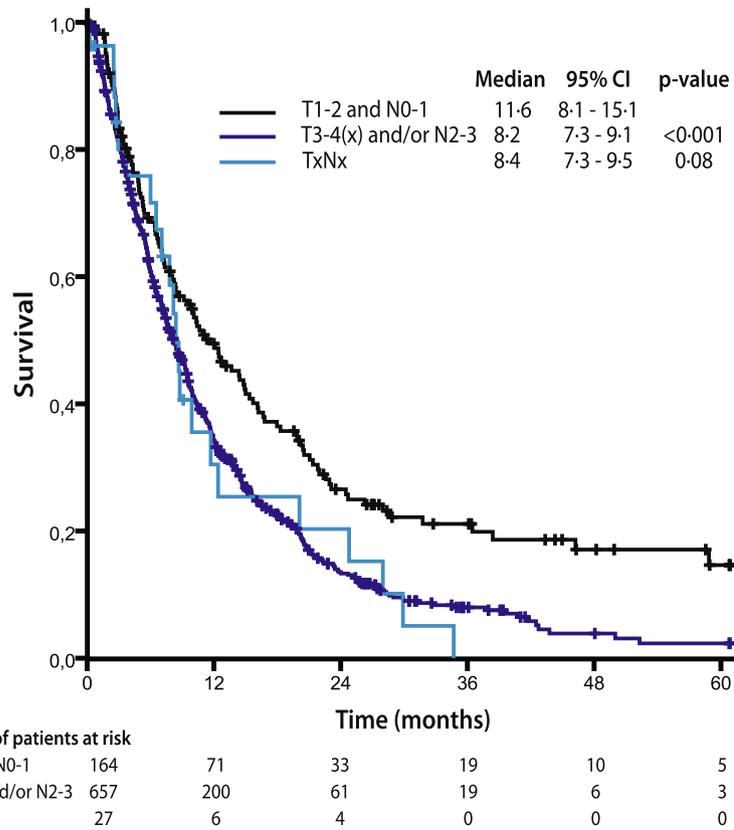


Fig. 5B. Kaplan–Meier curves for the single organ metastases <sup>18</sup>fluorodeoxyglucose-positron emission tomography (<sup>18</sup>FDG-PET)-staged subgroup according to local disease status. Abbreviations: T: tumour; N: node; CI: confidence interval.

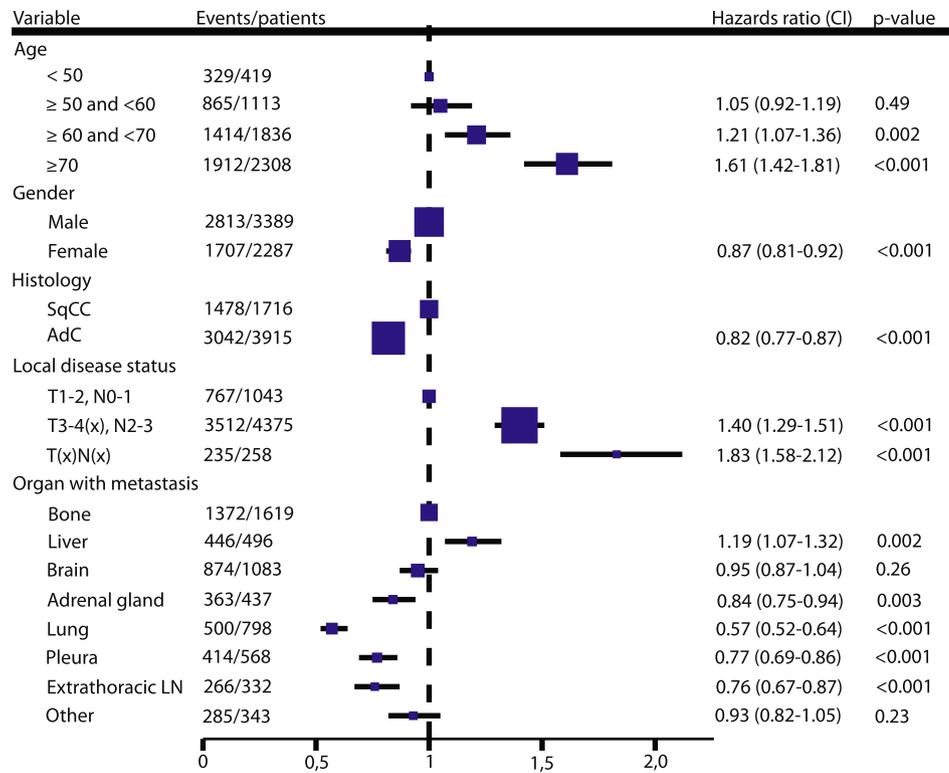


Fig. 6A. Forest plot showing prognostic factors in multivariate analyses for the single organ metastases group.

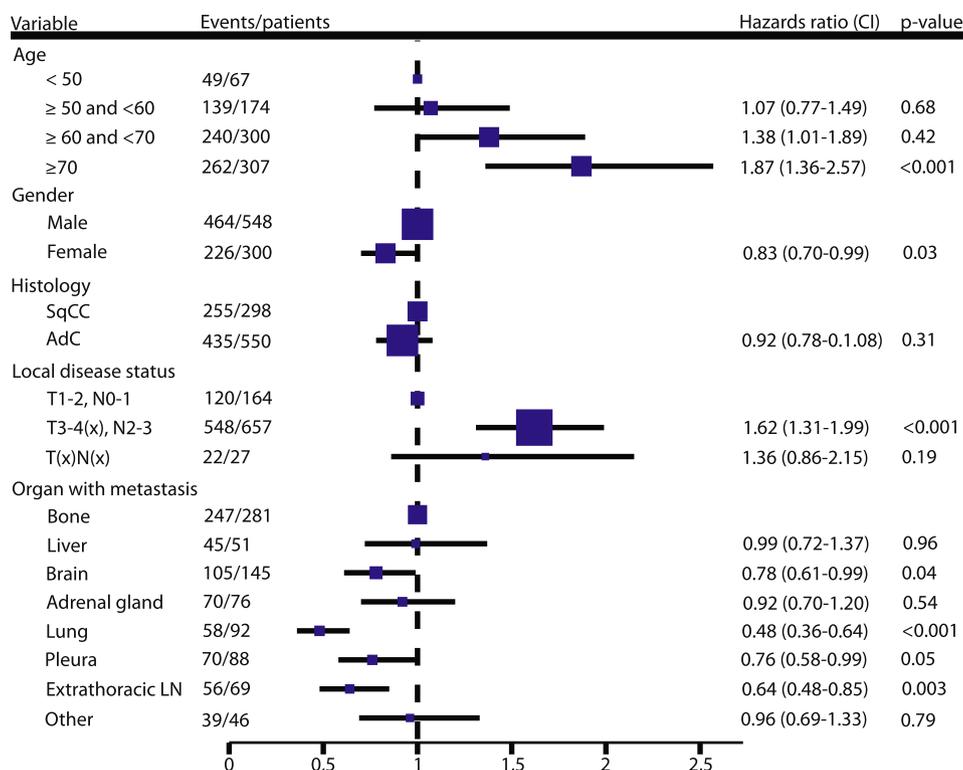


Fig. 6B. Forest plot showing prognostic factors in multivariate analyses for the  $^{18}$ fluorodeoxyglucose-positron emission tomography ( $^{18}$ FDG-PET)-staged subgroup in the single organ metastases group. Abbreviations: T: tumour; N: node; M: metastases; CI: confidence interval; LN: lymph node.

Fig. 7B). For the  $^{18}$ FDG-PET-staged subgroup this was 14.4 [11.2–17.5] and 9.2 [8.6–9.8] months, respectively ( $p < 0.001$ ).

#### 4. Discussion

In this large population-based study NSCLC patients with single organ metastases, in particular with low TN-status, had a superior median OS compared to those with multiple organs with metastases. These results add to results obtained by Albain et al. [6] ( $N = 2531$ , retrospective multicentre study), Jeremic et al. [7] ( $N = 285$ , retrospective single centre study), Sanchez de Cos Esquin et al. [8] ( $N = 640$  (18%  $^{18}$ FDG-PET staged), prospective observational multiregional study), Oh et al. [9] ( $N = 1284$ , retrospective single centre study), Paralkar et al. [10] ( $N = 172$  (10%  $^{18}$ FDG-PET staged), retrospective single tertiary centre study), Pirker et al. [11] ( $N = 1125$ , FLEX study: chemotherapy with/without cetuximab) and Parikh et al. [12] ( $N = 186$ , prospective single centre study including only oligometastatic  $^{18}$ FDG-PET-staged NSCLC patients). However, compared to these studies, our study is population-based and includes the largest  $^{18}$ FDG-PET staged subgroup ( $N = 1517$ ). Also in this subgroup the same prognostic factors were found.

In all previously reported studies, patients with single organ metastases had a better prognosis than those with metastasis to more than one organ. Only in one study

impact of N-status was evaluated: patients with N0–1 disease had better outcome [12]. In two other studies ( $N = 67,149$  and  $N = 850$ ) N-status was evaluated, in one in the current M1a group only [13,14]. Nodal disease was a negative prognostic factor. However, the number of metastatic sites was not (extensively) evaluated [13,14]. Other favourable prognostic factors for OS found in our study (female gender, AdC, intrapulmonary metastases) were also identified in other studies [6,8,12,15–17].

Potential explanations for better OS in single organ metastases patients is that smaller tumour load contributes to longer survival, or that the disease is found in an earlier stage, i.e. lead time bias [18].

It is suggested that patients with single or oligometastatic brain metastases or adrenal gland metastases have a favourable prognosis with reported median OS of 12–31 months [15,19,20]. In our study, patients with single organ brain or adrenal metastases did not persistently have better OS compared to patients with other organs affected. A possible explanation for the lack of survival advantage in the brain metastases group is that we were not able to differentiate between single, oligo- and multiple brain metastases. In addition, for both the brain and adrenal glands data collected in the NCR do not allow for differentiation between radical versus palliative local treatment.

Local disease status was another prognostic factor for OS. In this context a recently developed Markov

chain/Monte Carlo stochastic mathematical model for cancer progression is of interest [21]. In this model, cancer progression is regarded as a multidirectional process instead of the commonly accepted unidirectional cancer progression (i.e. initiated at the primary tumour and stepwise progression to distant metastatic sites). For lung cancer, three types of tumour seeding were proposed: primary tumour self-seeding, metastatic location to primary tumour reseeding and metastasis reseeding with the most important metastatic pathway being lung to regional lymph nodes and adrenals. Furthermore, lymph nodes (and adrenals) were considered active reseeders promoting dissemination. One can imagine that in this model low TN-status represents a tumour behaving less aggressively [21]. Another possibility is that patients with bulky central thoracic disease die sooner because of respiratory complications [22].

As patients with single organ metastases and low TN-status had the highest OS, it is tempting to speculate whether a subgroup of these patients would achieve an even better OS when treated radically. Radical treatment is often aimed at in patients with oligometastases in the brain or adrenal(s). However, it is not clear whether these patients by nature have a superior OS or that OS can be improved with radical treatment, as was also discussed in a recent review [23].

A strong aspect of this study is that it is based on a population-based registry with over 98% case ascertainment [4]. Data were collected by trained data managers including an extensive evaluation of TN-status, site specific metastases and first line treatment. Moreover, the same prognostic factors were found in the <sup>18</sup>FDG-PET-staged subgroup and in the (<sup>18</sup>FDG-PET-staged) active treatment subgroup.

Limitations are that although data were prospectively collected this was a retrospective analysis. Some established prognostic factors (performance status, smoking status, comorbidities), which may have influenced reported data, were not recorded in the registry. Also, only first line treatment was recorded. Second, median OS in this dataset is lower than usually reported in clinical trials reflecting the outcome of the general population. Third, the effect of <sup>18</sup>FDG-PET-scanning could only be evaluated in a subset of patients. Fourth, under-diagnosis of brain metastases may have occurred for brain imaging has not been mandatory in the stage IV NSCLC workup. Fifth, as in other published studies [8,15–17], patients reported here with intrapulmonary metastases only have a relatively good prognosis. A caveat is that some of these may in fact have two primary tumours and were thus misclassified as stage IV. However, this study reflects daily practice and these patients were regarded stage IV. Moreover, when we repeated all analyses performed excluding these patients results remained comparable. Sixth, data regarding mutation analysis (e.g. *EGFR*) were not available.

However, as percentage of non-squamous NSCLC patients with an activating *EGFR*-mutation is approximately 9% in the Dutch population, and the percentage of other targetable mutations or translocations is even lower, it is not likely that this has influenced our results [24,25]. Seventh, the definition for the low versus high TN-groups is arbitrary, especially whether N1 should be included in the low TN-group. However, when the multivariate analyses were repeated with N0 and N1 as separate groups, prognosis for the N1 group was not significantly different from the N0 group (data not shown). Finally, for the TNM classification slightly changed in the 7th edition, these changes might have influenced our results. Data to recode TNM6 into TNM7 were not available. However, results did not change significantly when we analysed TNM6 and 7 separately.

In conclusion, this hypothesis generating study shows that stage IV NSCLC patients with single organ metastases have a favourable prognosis, especially in combination with a low TN-status. Recently, the IASLC has started with the prospective collection of more detailed patient data in order to refine the TNM7 [26]. It would be of interest to validate our results in this dataset, as data regarding number of (organs with) metastases are collected for the new TNM classification. We suggest that, besides the already existing M1a category, patients in the M1b category are subdivided according to one versus more organs with metastases, as the largest difference in OS is found between one and two organs with metastases. If validated, this should also be considered as a stratification factor in clinical trials.

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#### Conflict of interest statement

P. Postmus: board membership: Boehringer Ingelheim, Celgene, Clovis Oncology, Halozyme and Teva. Consultancy: Celgene Speakers' bureau: Eli Lilly. Payment for manuscript preparation: GSK.

A. Dingemans has a consulting or advisory role for Roche, Eli Lilly, Boehringer Ingelheim, Pfizer, Novartis, BMS, MSD. Speakers' bureau: Roche.

R. Damhuis received payment for lectures from Eli Lilly and received travel fees from Pfizer.

The remaining authors have no conflict of interest to declare.

#### Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <http://dx.doi.org/10.1016/j.ejca.2015.08.008>.

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