Maastricht University

# The effect of enteral nutrition in colorectal surgery

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Stellingen behorend bij het proefschrift:

**THE EFFECT OF ENTERAL NUTRITION IN COLORECTAL SURGERY**

1. Het is niet nodig om nuchter te zijn voor een operatie – *Dit proefschrift*
2. Aminozuur concentraties vroeg na majeure rectumchirurgie zijn klinisch niet relevant – *Dit proefschrift*
3. Parenterale voeding vroeg na electieve rectumchirurgie dient te worden geminimaliseerd – *Dit proefschrift*
4. Patiënten met myopenie hebben mogelijk een sterkere inflammatoire stress reactie na colorectale chicurgie – *Dit proefschrift*
5. De chirurgische stress reactie kan worden beïnvloed en is essentieel voor het postoperatief herstel - *Valorisatie*
6. De meest optimale routes voor perioperatieve voeding zijn achtereenvolgens oraal, dan enteraal, en tot slot parenteraal – *ESPEN Guideline 2017: Clinical Nutrition in Surgery*
7. To eat is a necessity, but to eat intelligently is an art - François de la Rochefoucauld
8. Een onderzoekvraag is pas goed, als zowel een positief als negatief resultaat relevant is – *Prof. W.A. Buurman*
9. Make every detail perfect and limit the number of details to perfect — *Jack Dorsey, co-founder of Twitter*
10. Past results are not indicative for future performance – *Onbekend*

Boudewijn Smeets, 18-12-2019