

Understanding ART Adherence

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Propositions belonging to the Dissertation

Exploring the structural and psychosocial determinants of antiretroviral therapy adherence among pregnant women in Mpumalanga Province, South Africa.

Shandir Ramlagan

1. Pregnant women who do not disclose their HIV-positive status are more likely to be non-adherent to their antiretroviral therapy (ART) regime (this thesis).
2. Positive male partner involvement (MPI) during pregnancy increases disclosure of HIV status among pregnant women (this thesis).
3. No MPI in the antenatal stage of the pregnancy leads to experiencing all four of the internalised stigma factors (this thesis).
4. Once a baby is born, the necessity to take ART lowers and the concern for its side-effects increase (this thesis).
5. Social influence extends beyond our behavior. It extends to our thoughts, our feelings and our beliefs and it takes on many forms.
6. The Intervention Mapping protocol is an effective tool to mitigate loss to follow-up.
7. Culture is a critical component when conducting research and health intervention in indigenous South African communities.
8. “There’s no pill to help you take a pill.” (Jane Simoni, Adherence2015)
9. “Every day on the continent of Africa, thousands of people die of AIDS. This is not a disease anymore. It is a human right issue.” (Nelson Mandela)