

Colonisation of the gut microbiome by Escherichia coli during international travel

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Propositions

belonging to the thesis

Colonisation of the gut microbiome by Escherichia coli during international travel

- 1. Specific microbial taxa appear to play a role in the acquisition of ESBL-producing *E. coli*, rather than the healthy gut microbiome in its entirety (this thesis).
- 2. Intra-family bacterial dynamics largely shape the adult gut microbiome (this thesis).
- 3. Prevention of travellers' diarrhoea is the best protection against the acquisition of AMR bacteria among travellers (this thesis).
- 4. E. coli strain displacement occurs irrespective of the presence of ESBL-containing plasmids (this thesis).
- 5. Ideally, longitudinal microbiome studies exploring microbial dynamics would include daily sampling so that transient bacteria are not missed.
- 6. We need to define the gut microbiome function as conclusively as other organs in the human body.
- 7. As scientists, care needs to be taken to not stigmatise the gut microbiome-mediated transmission of AMR bacteria from low- and middle-income countries to high-income countries.
- 8. Targeted intervention strategies for minimising the transmission of AMR bacteria should focus on clearance of AMR bacteria in susceptible people rather than prophylactic interventions.
- 9. Liever te dik in de kist dan een krentenbol gemist.