

# Health related quality of life and associated symptoms in barrett's esophagus patients

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# Health Related Quality of Life and associated symptoms in Barrett's esophagus patients

*M.C.M. van der Ende- van Loon*

1. Health related quality of life in patients with a Barretts' esophagus is comparable to an age- and gender-matched general population (this thesis).
2. Patients with high cancer worry have a more negative illness perception regarding the diagnosis of Barrett esophagus (this thesis).
3. The physician-patient relationship is the soul of health care; patient trust and effective communication is a fundamental aspect of that relationship (this thesis).
4. Barretts' esophagus patients with reflux and dyspepsia symptoms are more likely to overestimate their risk for developing an esophageal adenocarcinoma (this thesis).
5. In patients treated for Barretts' neoplasia, a younger age and a (family) history of esophageal carcinoma is associated with high cancer worry (this thesis).
6. Physicians and researchers measuring health related quality of life should choose PROMs from the patient perspective and not strictly based of their own definitions of what is relevant for the patient (this thesis).
7. Nursing is a progressive art such that to stand still is to go backward. *Florence Nightingale, 1820.*
8. Diagnosis is not the end, but the beginning of practice. *Martin. H. Fischer, 1944.*
9. Always remember you are braver than you believe, stronger than you seem, smarter than you think, and loved more than you know. *Christopher Robin, from Winnie- the-Pooh, 2013.*