

# Organizational and financial aspects affecting care transitions in long-term care systems

Citation for published version (APA):

Wieczorek, E. (2023). *Organizational and financial aspects affecting care transitions in long-term care systems: analysis of selected European countries*. [Doctoral Thesis, Maastricht University, Jagiellonian University]. Maastricht University. <https://doi.org/10.26481/dis.20231219ew>

## Document status and date:

Published: 01/01/2023

## DOI:

[10.26481/dis.20231219ew](https://doi.org/10.26481/dis.20231219ew)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

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# **ORGANIZATIONAL AND FINANCIAL ASPECTS AFFECTING CARE TRANSITIONS IN LONG-TERM CARE SYSTEMS**

ANALYSIS OF SELECTED EUROPEAN COUNTRIES

**Eстера Wieczorek**

1. To optimize care transitions of older adults organizational and financial aspects need to be considered simultaneously. (Dissertation)
2. Policy-makers that ignore financial aspects are very likely to fail in their attempts to optimize care transitions. (Dissertation)
3. Involving and supporting patients and their informal caregivers is essential for optimal care transitions. (Dissertation)
4. Long-term care infrastructure has an immense impact on care transitions of older adults. (Dissertation)
5. Assessing functioning of the system is an essential step in promoting accountability, identifying strengths, weaknesses and gaps, and ultimately improving the performance. (Dissertation)
6. Informal caregivers tend to be overlooked in some countries yet reliance on them is the norm.
7. Information technology and artificial intelligence could revolutionize transitional care.
8. Doing a PhD is much more than just conducting research, it is also about becoming more resilient, flexible and open-minded.
9. "Not everything that can be counted counts and not everything that counts can be counted." (Albert Einstein)
10. "For the mystery of human existence lies not in just staying alive, but in finding something to live for. Without a concrete idea of what he is living for, man would refuse to live, would rather exterminate himself than remain on this earth, even if bread were scattered all around him." (Fyodor Dostoevsky)