

Severe obesity in youth

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SEVERE OBESITY IN YOUTH

HEALTH IMPLICATIONS AND TREATMENT STRATEGIES

Des te ernstiger de mate van obesitas bij jongeren, des te groter het risico op fysieke en psychologische problemen.

– *dit proefschrift* –

Het is van cruciaal belang om bij kinderen met ernstige obesitas op de jongst mogelijke leeftijd te starten met een leefstijlinterventie.

– *dit proefschrift* –

Bariatrische chirurgie is veilig en effectief in jongvolwassenen met ernstige obesitas.

– *dit proefschrift* –

Bariatrische chirurgie als onderdeel van een behandeling voor adolescenten met ernstige obesitas vereist een multidisciplinair zorgpad.

– *dit proefschrift* –

Ernstige obesitas bij jongeren vereist langdurige, effectieve behandelstrategieën en in uitzonderlijke gevallen bariatrische chirurgie.

– *dit proefschrift* –

BMI is too broad to reflect an individual's health.

– *American Medical Association, 2023* –

Everybody likes to simplify what obesity is, but it's not just a matter of kids or their parents trying harder to eat less and move more.

– *A. Kelly, 2023* –

The era of 'see one, do one, teach one' should make way for coached and monitored, proficiency-based learning.

– *W.J. van der Vliet, 2021* –

Het onnodig gebruik van de elektrische fiets moet worden beperkt door het instellen van een minimumleeftijd.

After climbing a great hill, one only finds that there are many more hills to climb.

– *N. Mandela* –