

# Cardiovascular and cardiometabolic sequela after vascular complicated pregnancies

Citation for published version (APA):

Hooijschuur, M. C. E. (2023). *Cardiovascular and cardiometabolic sequela after vascular complicated pregnancies*. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20230918mh>

## Document status and date:

Published: 01/01/2023

## DOI:

[10.26481/dis.20230918mh](https://doi.org/10.26481/dis.20230918mh)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

## General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

[www.umlib.nl/taverne-license](http://www.umlib.nl/taverne-license)

## Take down policy

If you believe that this document breaches copyright please contact us at:

[repository@maastrichtuniversity.nl](mailto:repository@maastrichtuniversity.nl)

providing details and we will investigate your claim.

# STELLINGEN

behorend bij het proefschrift

## Cardiovascular and cardiometabolic sequelae after vascular complicated pregnancies

1. Persisting abnormalities in cardiac structure and function in a large proportion of former preeclamptic women warrants postpartum echocardiography in all women with a history of preeclampsia (*this thesis*)
2. Postpartum cardiovascular assessment should be performed in all women with a history of preeclampsia to personalize cardiovascular follow up. (*this thesis*)
3. Onset of preeclampsia in pregnancy and presence of compromised fetal growth relate to future maternal cardiovascular risks and risk factors. (*this thesis*)
4. Knowledge is only power when shared and turned into action.
5. With joined forces current knowledge on the substantial cardiovascular burden after preeclampsia should be translated into effective follow up programs to improve cardiovascular health in these women.
6. As mildly elevated blood pressure drives most of the excess CVD risk after preeclampsia, timely treatment of elevated blood pressure is most likely key to prevention.
7. Blood pressure threshold of 130/80 mmHg should be applied for women with a history of preeclampsia.
8. Healthy life style after all preeclamptic pregnancies is likely to have substantial positive effect on overall cardiovascular health. (*this thesis*)
9. There is a crack in everything. That's how the light gets in. (*Leonard Cohen, Selected Poems, 1956-1968*)
10. None of us are ever finished. Everyone is always a work in progress. (*Haruki Murakami, Killing Commendatore*)
11. If you think you're too small to make a difference, try sleeping with a mosquito. (*Dalai Lama*)