

Quality of life, health and social needs of slum-dwelling older adults in Ghana

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PROPOSITIONS

Belonging to the thesis

Quality of life, health, and social needs of slum-dwelling older adults in Ghana

by

Priscilla Yeye Adumoah Attafuah

1. The quality of life of older adults in Ghanaian slums is not as poor as hypothesized. *(this thesis)*
2. A positive change in the environmental domain may increase the quality of life of older adults living in slums in Ghana. *(this thesis)*
3. Incorporating courses on gerontology in the curriculum of nursing schools in Ghana from the first year instead of only in the final year is essential. *(this thesis)*
4. Older adults in Ghanaian slums place more importance on perceived health-related needs than on perceived social needs. *(this thesis)*

5. Nurses should show respect and dignity to all older adults irrespective of their gender, tribe, socio-economic status, creed, or colour.
6. As spirituality plays an important role among slum-dwelling older adults, health professionals might consider collaborating with spiritual leaders to improve health literacy.
7. The United Nations Decade of Healthy Ageing advocates for ageing in place; the findings of this study can be used to inspire policymakers in ways to do so.
8. In a technologically driven world, phone calls and/or audio messages should be considered in the provision of health and social care services for older adults in hard-to-reach settings such as slums.
9. Caring for older adults must be everyone's concern because we all wish to grow old.
10. I pledge to nurse all clients either to good health or to a peaceful death. (Virginia Henderson)