

# Defining atherothrombotic risk in peripheral artery disease

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## DEFINING ATHEROTHROMBOTIC RISK IN PERIPHERAL ARTERY DISEASE

1. Despite its high prevalence, peripheral artery disease remains underdiagnosed as many patients are asymptomatic and thus not aware of the disease – *this thesis*
2. Given the pivotal role of coagulation proteases in the development and progression of atherosclerosis, it seems straightforward to hypothesize that anticoagulant therapy might be beneficial for the reduction of atherosclerosis – *this thesis*
3. The financial consequences of using biomarkers may be very limited as one may assume that most of these markers may be tested on one or only a few occasions per patient – *this thesis*
4. Advances in medical treatment strategies are still hindered by incomplete knowledge of the pathophysiology of peripheral artery disease and atherosclerosis in general – *this thesis*
5. Now that more potent pharmacological interventions are becoming available to target specific mechanisms, a biomarker-supported strategy may help identify those patients with lower extremity peripheral artery disease, that may benefit most from intensified treatment – *this thesis*
6. It is much easier to prescribe a pill than to closely follow a patient assisting him in a path, which is often long and difficult, towards a healthier lifestyle – *Di Raimondo D, IJERPH. 2022*
7. From a clinical point of view, we should envision atherosclerosis as a single pathologic entity that affects different vascular territories – *Viles-Gonzalez JF, Eur Heart. 2004*
8. Promoting resolution without impairing defenses furnishes one possible avenue to optimize benefit over risk in novel therapeutics to combat inflammation – *Soehnlein O, Nat Rev Drug Discov. 2021*
9. Someone is sitting in the shade today because someone planted a tree a long time ago – *Warren Buffett*
10. Remember to celebrate milestones as you prepare for the road ahead – *Nelson Mandela*

Bram Kremers

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