

Individual and environmental determinants of adherence to antiretroviral therapy among people living with HIV in Ghana

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PROPOSITIONS

1. Actual public stigma is as important as the anticipation of public stigma in demotivating antiretroviral adherence. **(This thesis)**
2. The expectation of visible improvement in the health of PLWH is a motivation for medication adherence. **(This thesis)**
3. Without effective self-regulation, antiretroviral therapy adherence becomes a futile endeavor **(This thesis)**
4. Healthcare providers who neglect to address the psychosocial aspects of antiretroviral adherence are failing to recognize the complex barriers that patients face in managing their condition. **(This thesis)**
5. The negligence or indifference of healthcare providers towards patient adherence can have serious consequences, leading to compromised treatment outcomes and increased healthcare costs.
6. Healthcare providers must recognize that their actions, including clear communication, empathy, and support, play a pivotal role in fostering positive patient adherence behavior.
7. Spirituality without caution poisons people living with HIV minds about ART adherence.
8. Addressing personal factors influencing ART adherence without paying attention to external factors is running in circles.
9. Personal responsibility for health is key to achieving health outcomes
10. I do not believe in defeat it can only be a temporal challenge
11. HIV is a virus, stigma is not and one of them has a cure already