

# Equal performance of aspiration and stent retriever thrombectomy in daily stroke treatment

Citation for published version (APA):

Bernsen, M. L. E., Goldhoorn, R.-J. B., van Oostenbrugge, R. J., van Zwam, W. H., Uyttenboogaart, M., Roos, Y. B. W. E. M., Hofmeijer, J., Martens, J. M., & MR CLEAN Registry Investigators (2019). Equal performance of aspiration and stent retriever thrombectomy in daily stroke treatment. *Journal of Neurointerventional Surgery*, 11(7), 631-636. <https://doi.org/10.1136/neurintsurg-2018-014270>

## Document status and date:

Published: 01/07/2019

## DOI:

[10.1136/neurintsurg-2018-014270](https://doi.org/10.1136/neurintsurg-2018-014270)

## Document license:

Taverne

## Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

## General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

[www.umlib.nl/taverne-license](http://www.umlib.nl/taverne-license)

## Take down policy

If you believe that this document breaches copyright please contact us at:

[repository@maastrichtuniversity.nl](mailto:repository@maastrichtuniversity.nl)

providing details and we will investigate your claim.

## ORIGINAL RESEARCH

# Equal performance of aspiration and stent retriever thrombectomy in daily stroke treatment

Marie Louise Elisabeth Bernsen,<sup>1</sup> Robert-Jan Berend Goldhoorn,<sup>2</sup> Robert J van Oostenbrugge,<sup>2</sup> Wim H van Zwam,<sup>3</sup> Maarten Uyttenboogaart,<sup>4,5</sup> Yvo B W E M Roos,<sup>6</sup> Jeannette Hofmeijer,<sup>7</sup> Jasper M Martens,<sup>1</sup> on behalf of the MR CLEAN Registry investigators

► Additional material is published online only. To view please visit the journal online (<http://dx.doi.org/10.1136/neurintsurg-2018-014270>).

For numbered affiliations see end of article.

## Correspondence to

Marie Louise Elisabeth Bernsen, Department of Radiology, Rijnstate Hospital Arnhem, Arnhem 6815 AD, The Netherlands; [marie.l.e.bernsen@gmail.com](mailto:marie.l.e.bernsen@gmail.com)

Received 16 July 2018  
Revised 11 October 2018  
Accepted 19 October 2018  
Published Online First  
24 November 2018

## ABSTRACT

**Background** Mechanical thrombectomy with stent retrievers has proved to be safe and effective in endovascular treatment of acute ischemic stroke. Direct aspiration has shown revascularization rates comparable to those of stent retrievers in the recent ASTER and COMPASS trials. However, the efficacy of aspiration in routine clinical practice has not yet been shown.

**Objective** To show that aspiration has clinical and technical outcomes equal to those of stent retriever thrombectomy in daily clinical practice.

**Methods** We analysed data of patients with a large vessel occlusion of the anterior circulation registered in the Dutch MR CLEAN Registry between March 2014 and June 2016. Primary outcome was functional outcome measured with the modified Rankin Scale (mRS) score. Secondary outcomes were reperfusion grade, periprocedural complication rate, and procedure duration. Association of treatment technique with functional outcome was estimated with univariable and multivariable ordinal logistic regression analysis and expressed as a common OR (cOR) for a shift towards better outcome on the mRS.

**Results** As first-line treatment, 207 of 1175 patients (17.6%) were treated with direct aspiration, and 968 (82.4%) by a stent retriever. We observed no differences in functional outcome (adjusted cOR=1.020 (95% CI 0.68 to 1.52)) and periprocedural complications. Successful reperfusion (extended Thrombolysis in Cerebral Infarction  $\geq 2b$ ) was similar. Duration of the procedure was shorter with aspiration (57 min (IQR 35–73) vs 70 min (IQR 47–95),  $p < 0.0001$ ).

**Conclusion** Direct aspiration shows clinical outcomes equal to those of stent retriever thrombectomy in our large multicenter real-life cohort. We found no difference in complication rates and shorter procedure times for aspiration.

## INTRODUCTION

Various recent randomized clinical trials have shown that endovascular treatment (EVT) is safe and effective for patients with acute ischemic stroke with large vessel occlusion of the anterior circulation.<sup>1–8</sup> In the vast majority of patients in the intervention arms of these trials, thrombectomy was performed with latest generation thrombectomy devices, so-called stent retrievers.

Use of the alternative technique of contact aspiration thrombectomy as first-line treatment has long been debated. Early generation aspiration devices had several difficulties, many of which have been overcome by the newer generations of large-bore flexible catheters.<sup>9–11</sup>

Proposed advantages of aspiration include usability, less injury to the vessel wall, shorter procedure times, and lower cost.<sup>11–14</sup>

Case series and retrospective single-centre data have shown acceptable results.<sup>15</sup> The recently published results of the ASTER trial showed similar revascularization rates for both techniques. ASTER was designed to show superiority of aspiration over stent retriever, but failed to do so. Clinical outcome, assessed as a secondary endpoint, was similar for both techniques.<sup>16</sup> The recently announced but yet to be published results of the COMPASS trial report comparable clinical outcome for both techniques.

The purpose of our study was to compare first-line strategy of direct aspiration with stent retriever thrombectomy for functional outcome, reperfusion grade, complication rate, and duration of interventional procedure in patients with a proximal arterial occlusion in the anterior circulation in routine clinical practice.

## METHODS

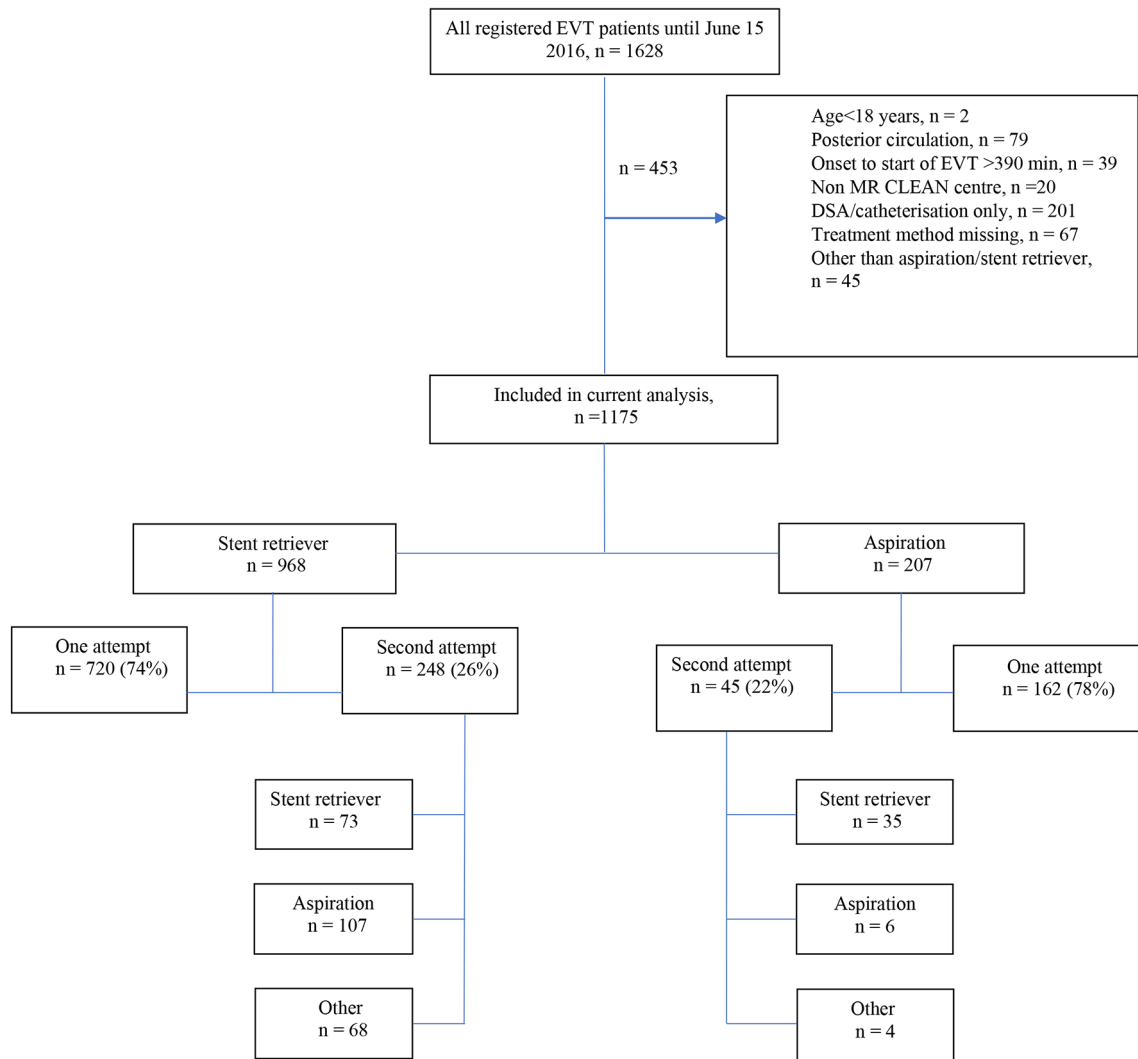
### Design

We analysed differences between groups of patients who were included in the MR CLEAN Registry.<sup>17</sup> The MR CLEAN Registry is a prospective, observational study in all centres that perform EVT in the Netherlands. In this registry, which started following the conclusion of the MR CLEAN trial on March 16, 2014, all patients undergoing EVT (defined as entry into the angiography suite and arterial puncture) are registered. Data on patient characteristics, intervention procedure, complications, reperfusion grade, and clinical outcome are recorded. Data of patients included up to June 15, 2016 are processed and used in this analysis. Sixteen centres participated in the MR CLEAN trial and are considered MR CLEAN centres. Two other centres started performing EVT later on, but their patients were not included in this study. The MR CLEAN Registry was approved by the medical ethics committee.



© Author(s) (or their employer(s)) 2019. No commercial re-use. See rights and permissions. Published by BMJ.

**To cite:** Bernsen MLE, Goldhoorn R-JB, van Oostenbrugge RJ, et al. *J NeuroIntervent Surg* 2019;**11**:631–636.



**Figure 1** Flow of patients through this study. DSA, digital subtraction angiography; EVT, endovascular treatment; MR CLEAN, Multicentre Randomized Clinical trial of Endovascular treatment for Acute ischemic stroke in the Netherlands.

## Patients

We included patients who underwent first-line treatment with direct aspiration or a stent retriever. Patients treated with intra-arterial thrombolysis only, or with a MERCI device or other modality, were excluded. Inclusion criteria for this study are age  $\geq 18$  years, intracranial proximal arterial occlusion in the anterior circulation (intracranial carotid artery (ICA, ICA-T) or middle (M1/M2) or anterior (A1/A2) cerebral artery) demonstrated by CT angiography (CTA), and arterial puncture within 6.5 hours of symptom onset.<sup>17</sup>

## Outcome measures

The primary outcome measure was functional outcome measured by the modified Rankin Scale (mRS) score at 90 days, ranging from 0 (no symptoms) to 6 (dead). Secondary outcomes were reperfusion grade according to the extended Thrombolysis in Cerebral Infarction (eTICI) scale score at end of the intervention procedure, complication rate, and time to reperfusion. As a measure of distal embolization, we also used the eTICI score, which ranges from 0 (no antegrade reperfusion of the occluded vascular territory) to 3 (complete antegrade reperfusion). The eTICI score includes grade 2c (slow flow in a few distal cortical vessels or presence of small distal cortical emboli,

corresponding to 90–99% reperfusion). To reach an eTICI score of  $\geq 2b$ , complete digital subtraction angiography (DSA) runs, including anteroposterior and lateral views after EVT, were mandatory. If a lateral view was missing, 2a was the highest possible score. Successful reperfusion was defined as eTICI 2b–3.

Relevant imaging datasets (baseline non-contrast CT, baseline CTA, interventional DSA, and follow-up imaging, if applicable) were collected, anonymized, stored in an imaging database (XNAT; NRG, St Louis, Missouri, USA), and subsequently analysed by an imaging core laboratory. Observers were blinded to all clinical findings, with the exception of clinical assessment of lesion location in the case of baseline non-contrast CT. In separate sessions, the core laboratory evaluated the Alberta Stroke Program Early CT score (ASPECTs) on baseline CT, eTICI on DSA, and the presence of intracranial haemorrhage on follow-up CT.

Complications that occurred during intervention, hospital admittance, or in the 3-month follow-up period were registered and evaluated by the serious adverse event committee. Medical records were searched for complications to prevent under-reporting. These included intracranial haemorrhage, progression of ischemic stroke (resulting in a decline of at least four points on the National Institutes of Health Stroke Scale (NIHSS)), new ischemic stroke, extracranial haemorrhage, and death.

**Table 1** Baseline characteristics of patients treated with aspiration or stent retriever

Characteristics	Aspiration (n=207)	Stent retriever (n=968)	P values
<b>Demographics</b>			
Age, median (IQR)	68.50 (54–77)	69 (57–78)	0.50
Male, n (%)	112 (54)	516 (53)	0.89
NIHSS baseline, median (IQR)	16 (12–21)	16 (12–19)	0.59
Pre-stroke mRS, n (%)			0.02
0	119 (59)	663 (70)	
1	29 (14)	116 (12)	
2	24 (12)	64 (7)	
>2	29 (14)	110 (12)	
<b>Medical history, n (%)</b>			
Previous stroke	31 (15)	162 (17)	0.62
Myocardial infarction	37 (19)	151 (16)	0.39
Peripheral arterial disease	17 (9)	85 (9)	0.99
Atrial fibrillation	38 (19)	224 (23)	0.21
<b>Cardiovascular risk factors, n (%)</b>			
Hypertension	99 (48)	495 (52)	0.33
Hypercholesterolemia	67 (34)	279 (30)	0.32
Diabetes mellitus	27 (13)	168 (18)	0.15
Smoking	47 (23)	226 (24)	0.97
<b>Medication, n (%)</b>			
Antiplatelet use	77 (38)	313 (33)	0.19
Coumadin	20 (10)	137 (14)	0.10
Statin	68 (34)	346 (37)	0.46
<b>Stroke characteristics, n (%)</b>			
IVT	156 (75)	741 (77)	0.73
<b>Level of occlusion, n (%)</b>			
0.02			
ICA intracranial	51 (25)	272 (28)	
M1 proximal	51 (25)	246 (26)	
M1 distal	56 (29)	309 (33)	
M2	29 (15)	96 (10)	
M3	3 (2)	6 (1)	
A1	0 (0)	2 (0.2)	
A2	1 (0.5)	1 (0.1)	
<b>ASPECTS subgroups, n (%)</b>			
0.91			
0–4	12 (6)	64 (7)	
5–7	50 (25)	235 (25)	
8–10	137 (69)	633 (68)	
<b>Collaterals, n (%)</b>			
0.83			
Absent collaterals	11 (6)	66 (7)	
Filling <50% of occluded area	62 (33)	294 (32)	
>50% but <100%	83 (44)	360 (40)	
Filling 100% of the occluded area	32 (17)	188 (21)	
<b>Workflow, n (%)</b>			
Transfer from primary stroke centre, n (%)	120 (58)	527 (54)	0.40
Onset to IVT, median (IQR)	25.5 (17–32)	24 (19–34)	0.92

Continued

**Table 1** Continued

Characteristics	Aspiration (n=207)	Stent retriever (n=968)	P values
Onset to groin (min), median (IQR)	180 (150–225)	195 (155–245)	0.57
Balloon guiding yes, n (%)	30 (25)	591 (72)	<0.0001
Local anesthesia only, n (%)	74 (31)	621 (61)	<0.0001
Conscious sedation, n (%)	23 (15)	128 (15)	0.99
General anesthesia, n (%)	110 (54)	219 (24)	<0.0001

Continuous data are presented as mean (SD) for normal distributed data or as median (IQR) for skewed data. P values indicate differences between patients treated with stent retriever and direct aspiration.

Missing values: NIHSS baseline: 26 (2%); pre-stroke mRS: 21 (2%); previous stroke: 7 (0.6%); history myocardial infarction: 20 (2%); history peripheral arterial disease: 25 (2%); history diabetes mellitus: 8 (0.7%); hypertension: 13 (1%); atrial fibrillation: 16 (1%); hypercholesterolemia: 39 (3%); smoking: 276 (24%); antiplatelet therapy: 14 (1%); coumadin use: 8 (0.7%); statin: 25 (2%); IVT: 3 (0.3%); level of occlusion: 52 (4%); ASPECTS: 44 (4%); collateral score: 79 (7%); conscious sedation: 175 (15%); general anesthesia: 54 (3.5%); balloon guiding: >100.

Time onset to IVT: 524 (45%); duration ER intervention hospital to groin: 366 (31%).

A (segment), middle cerebral artery; ASPECTS, Alberta Stroke Programme Early CT Score; ER, emergency room; EVT, endovascular treatment; ICA, internal carotid artery; IVT, intravenous thrombolysis; M (segment), middle cerebral artery; mRS, modified Rankin Scale; NIHSS, National Institutes of Health Stroke Scale.

Intracranial haemorrhage on follow-up imaging was classified according to the Heidelberg criteria<sup>18</sup> and was considered symptomatic if the patient had died or had deteriorated neurologically (a decline of at least four points on the NIHSS), and the haemorrhage was related to the clinical deterioration (according to Heidelberg criteria). Symptomatic intracranial haemorrhage (sICH) was assessed by the serious adverse event committee after evaluation of medical reports and imaging assessment.

### Treatment

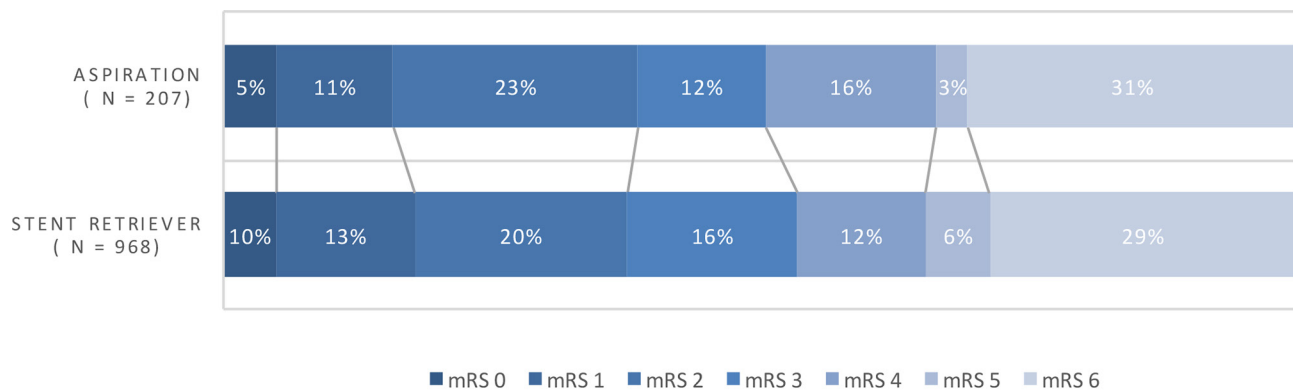
Patients were treated according to national guidelines for treatment of acute ischemic stroke, including intravenous thrombolysis if indicated.<sup>17</sup> Choice of clot retriever method was left to the attending physician. Direct aspiration was defined as aspiration with a syringe or mechanical pump on a large-bore catheter near the occluding clot.

Anesthetic management varied depending on local protocols. In most centres patients were treated primarily with local anesthetics only. In two hospitals, general anesthesia was applied to almost all patients. In two centres general anesthesia and local anesthesia were equally used.

### Statistical analyses

Baseline characteristics are presented in a descriptive way as mean and SD, median and IQR, or frequency (%), and compared between patients who underwent first treatment with aspiration versus stent retriever thrombectomy. Differences between the groups were tested with Pearson's  $\chi^2$  test in cases of ordinal/nominal variables. All datasets with continuous variables were checked for normality of distribution using a normal probability plot and the Kolmogorov-Smirnov test. For comparison of continuous variables, we used the unpaired t-test combined with Levene's test to check for homogeneity. If the distribution was not normal, we used the Mann-Whitney U test. The level of significance was set at a p value <0.05.

Multivariable ordinal regression analyses were performed to identify factors predictive for clinical outcome (mRS) at 3 months. Potential factors that were included in this analysis



	mRS 0	mRS 1	mRS 2	mRS 3	mRS 4	mRS 5	mRS 6	
Stent retriever (n = 968)	5%	13%	20%	16%	12%	6%	29%	101%
Aspiration (n = 207)	5%	11%	23%	12%	16%	3%	31%	101%

**Figure 2** Distribution of scores on the modified Rankin Scale (mRS) for the aspiration and stent retriever groups. There is no statistically significant difference between the groups in the overall distribution of scores in an analysis with univariable ordinal regression. There was no significant shift in the mRS distribution in favour of the aspiration strategy, with a common OR (cOR) for a one-point improvement of score on the mRS of 0.962 (95% CI 0.725 to 1.276). Results after adjustment for age, intervention centre, collaterals, time to groin, National Institutes of Health Stroke Scale score at baseline, general anesthesia, and pre-stroke mRS score in an analysis with multivariable regression are essentially the same (adjusted cOR 1.020 (95% CI 0.68 to 1.52)).

were determined based on (1) any (clinical) significant group difference in the comparison of baseline characteristics and (2) factors known to influence outcome, such as baseline NIHSS score and pre-stroke mRS score. Relations were expressed as odds ratios with corresponding 95% confidence intervals. We conducted a correlation analysis, calculating the Spearman  $\rho$  on the independent variables before performing the ordinal regression analyses to prevent misinterpretation of the results caused by multicollinearity.

### Missing values

Missing NIHSS scores were retrospectively scored with a standardized score chart based on information from the reported neurological examination. If successful reperfusion was not achieved during EVT, the time of last contrast bolus injection was used as a proxy for time of duration of the procedure. Any mRS score of 0 to 5 assessed within 30 days was considered not valid and treated as missing. These values were therefore replaced by mRS scores derived from multiple imputation.<sup>19</sup> All descriptive analyses include all patients without imputation of the data. In order to make unbiased estimates of associations between intervention and outcome, multiple imputation was performed with the following variables: age, sex, baseline NIHSS score, diabetes mellitus, previous myocardial infarction, previous stroke, pre-stroke mRS score, atrial fibrillation, intravenous thrombolysis before EVT, systolic blood pressure, baseline ASPECTS, occlusion segment, CTA collateral status, time from symptom onset to start of EVT, time from symptom onset to successful reperfusion, eTICI score at the end of the intervention, and NIHSS score after 24–48 hours.

All analyses were performed with SPSS 24 for Macintosh.

## RESULTS

In the MR CLEAN registry, 1628 patients have been registered between March 16, 2014 and June 15, 2016. For this analysis, 453 patients were excluded. Most of these (201) underwent catheterization only and no thrombectomy was performed, either because the target occlusion resolved, or owing to distal

migration of the clot. Another 45 underwent primary treatment other than by aspiration or stent retriever and were also excluded; in 67 patients, it was unclear which treatment method was used. The remaining 1175 patients were included, of whom 968 were initially treated with stent retriever and 207 with aspiration (figure 1).

One of the 16 intervention centres used aspiration as first-line strategy in most of the cases. In 12 centres a stent retriever was the main first-line treatment modality. Three centres used both methods equally as the initial approach (Supplementary file Table 3).

### Baseline characteristics

Pre-stroke mRS score was higher in the aspiration group, and patients in the aspiration group more often underwent general anesthesia (54% vs 24%,  $p < 0.05$ ). Level of occlusion differed significantly; patients in the aspiration group had a more distal occlusion site. Balloon guiding was used less in the aspiration group. The distribution of other baseline characteristics was similar in both groups (table 1).

### Functional outcome

There was no significant difference in the distribution of the mRS score between the treatment groups, with a common odds ratio (cOR) for a shift of at least one-point improvement on the mRS after treatment with aspiration first of 0.962 (95% CI 0.73 to 1.28). Adjustment for age, intervention centre, collateral status, time from onset to groin, general anesthesia, pre-stroke mRS score, and baseline NIHSS score did not change this significantly (adjusted cOR 1.020 (95% CI 0.68 to 1.52)), (figure 2).

### Technical outcome

Successful reperfusion (eTICI  $\geq 2b$ ) was achieved slightly more often, although not significantly, in the aspiration group than in the stent retriever group (63% vs 56%;  $p = 0.06$ ) (supplementary file). Duration of the endovascular procedure was shorter in the aspiration group: median 57 min (IQR 35–73) versus median 70 min (IQR 47–95,  $p < 0.0001$ , table 2).



**Table 2** Outcomes, complications

	Aspiration (n=207)	Stent retriever (n=968)	P value
Duration of procedure (min), median (IQR)	56.5 (35–73)	70 (47–95)	<0.0001
ER first hospital to reperfusion, (min)/last contrast bolus, median (IQR)	164 (137–232)	196 (151–245)	<0.0001
SAE any, n (%)	85 (41)	414 (43)	0.71
Intracranial haemorrhage total, n (%)	18 (9)	54 (6)	0.14
sICH periprocedural	5 (28)	16 (30)	
sICH after 24 hours	9 (50)	30 (56)	
sICH after 48 hours	3 (17)	2 (4)	
sICH at discharge	1 (6)	4 (7)	
sICH at follow-up	0 (0)	2 (4)	
Post EVT eTICI, n (%)			0.03
0	28 (14)	128 (13)	
1	1 (1)	44 (5)	
2a	46 (22)	250 (26)	
2b	33 (16)	174 (18)	
2c	24 (12)	85 (9)	
3	70 (35)	271 (29)	
Successful reperfusion (eTICI 2b–3), n (%)	127 (63)	530 (56)	0.06
NIHSS 12–48 hours, median (IQR)	12 (4–18)	11 (4–17)	0.60
mRS 3 months' follow-up, n (%)			0.72
0	9 (5)	47 (5)	
1	19 (11)	113 (13)	
2	41 (23)	175 (20)	
>2	111 (62)	560 (63)	
Stroke progression resulting in neurodeterioration/death, n (%)	17 (8)	101 (10)	0.40
New ischemic stroke resulting in neurodeterioration/death, n (%)	5 (2)	16 (2)	0.64
Mortality, n (%)	56 (27)	256 (26)	0.93
Mortality within 7 days	27 (13)	137 (14)	0.76
Mortality within 1 month	45 (22)	213 (22)	1.00

Missing values: time onset to reperfusion: 35 (0.3%); time duration of procedure: 80 (7%); moment of sICH: 1; post EVT eTICI: 21 (2%); NIHSS 12–48 hours: 119 (10%); mRS 3 months' follow-up: 100 (9%).

ER, emergency room; eTICI, extended Thrombolysis in Cerebral Infarction; EVT, endovascular treatment; mRS, modified Rankin Scale; NIHSS, National Institutes of Health Stroke Scale; SAE, serious adverse events; sICH, symptomatic intracranial haemorrhage.

## Safety

Safety sICH was seen in 18 patients (9%) in the aspiration group versus 55 (6%) in the stent retriever group ( $p=0.14$ ). Mortality did not differ significantly between the two groups (27% in the aspiration group vs 26% in the stent retriever group ( $p=0.93$ ), table 2).

Clinically significant new infarction occurred in five patients (2%) in the aspiration group versus 16 (2%) in the stent retriever group ( $p=0.64$ ). Distal embolization rates seemed the same in both groups, as reperfusion rates (especially eTICI 2b and 2c scores) were the same.

## First-line strategy only

Single-pass successful reperfusion was achieved in 108 patients (52%) with aspiration and in 458 (47%) with stent retriever thrombectomy ( $p=0.53$ ). If successful reperfusion was achieved after a single pass, the median time of EVT was 40 (IQR 30–60) min with aspiration versus 52 (IQR 35–75) min with stent retriever ( $p<0.001$ ).

Single-pass successful reperfusion rate was highest for a proximal M1 occlusion (70% with aspiration vs 59% with stent retriever,  $p=0.13$ ) and lowest in the case of an intracranial ICA occlusion (31% with aspiration vs 30% with stent retriever  $p=0.18$ ).

Fifteen patients (3%) had a periprocedural sICH after single pass with stent retriever versus 1 (0.9%) with aspiration ( $p=0.15$ ).

## Additional treatment

An additional attempt after first-line strategy was performed in 45 patients (22%) in the aspiration group, and 248 (26%) in the stent retriever group (figure 1). In the stent retriever group, 107 patients (11%) were converted to aspiration, of whom 52% achieved successful reperfusion. In the aspiration group 35 patients (17%) were converted to stent retriever treatment, in which 15 patients (43%) achieved successful reperfusion. For the second, third, and fourth attempts, either aspiration or stent retriever were used, without differences between the groups. After these additional attempts, 26/45 (58%) patients achieved successful reperfusion in the aspiration group and 114/248 (46%) in the stent retriever group ( $p=0.15$ ).

## DISCUSSION

This study shows that in routine clinical practice similar technical and clinical results are achieved when EVT is performed by direct aspiration or stent retriever as first approach in patients with acute ischemic stroke due to large vessel occlusive stroke of the anterior circulation. The results of this large patient cohort are in line with those of earlier studies comparing the technical outcomes of these thrombectomy techniques and adds important results on clinical outcome.<sup>11 12 14 16 20</sup> Compared with randomized controlled trials our results more closely reflect the use of both techniques in daily clinical practice, with patient selection according to current clinical guidelines. Both techniques were performed by experienced interventionalists, minimizing a learning curve effect.

Results of our study show equal reperfusion rates with a single pass of aspiration compared with a stent retriever. However, aspiration required shorter procedure times than thrombectomy by stent retriever. Consequently, the time from onset of symptoms to reperfusion was shorter in patients treated with aspiration. This finding is in line with the ASTER trial and reported but as of yet unpublished results of the COMPASS trial.

Although favourable clinical outcome is strongly associated with time to reperfusion,<sup>21</sup> we did not observe a significant difference in functional outcome between patients treated with aspiration or stent retriever. The latter may be related to several factors: first, general anesthesia was more often applied in the aspiration than in the stent retriever group (aspiration 54% vs stent retriever 24%), whereas local anesthesia was the most commonly used method in the stent retriever group (aspiration 31% vs stent retriever 61%). The effect of the type of anesthesia on outcome remains unclear. Although studies comparing general anesthesia and conscious sedation in EVT showed equivalence, data comparing these two methods with local anesthesia

only are lacking.<sup>22–25</sup> Differences in general anesthesia use are probably related to preferences of individual centres.

Second, the pre-stroke mRS score was higher in the aspiration than the stent retriever group. However, for both of the above-mentioned factors adjustment was applied in our analysis. Probably, the time difference between the two procedures may be too short and the groups too small to provide significant differences in functional recovery. In the stent retriever group, 107 patients (11%) were converted to aspiration, of whom 52% achieved successful reperfusion. In the aspiration group, 35 patients (17%) were converted to stent retriever treatment, with 15 patients (43%) achieving successful reperfusion. This indicates that conversion to the aspiration strategy may be advantageous, if first attempts with a stent retriever fail and vice versa.

The number of second passes for both techniques is in line with other studies.<sup>16 20</sup>

## Safety

Intracranial haemorrhage may be caused by reperfusion injury or by device-induced vessel damage. The latter may be caused by manipulation of the intracranial vasculature with any thrombectomy device.<sup>13</sup> We found no difference in the occurrence of intracranial bleeding between the groups.

A matter of concern in mechanical thrombectomy is the per procedural thrombus fragmentation, leading to the spread of emboli in a previously unaffected arterial territory.<sup>26</sup> We observed no differences in clinically relevant infarction in another territory between the treatment groups. In addition, reperfusion rates were similar, especially eTICI 2b and 2c scores, indicating that both techniques probably induced same rates of thrombus fragmentation. This is in accordance with other studies.<sup>16 27</sup>

## Limitations

This study is not a randomized clinical trial, but both groups had similar baseline characteristics and with this study design the results represent daily clinical practice in a large real-life cohort. In this multicentre observational study not every centre used the same treatment protocols—for example, anesthetic management and choice of treatment modality varied. Significant differences in baseline characteristics (pre-stroke mRS score, use of general anesthesia, balloon guiding use, site of occlusion) seem to be less favourable for aspiration than stent retriever in our cohort, based on the current state of knowledge.

Procedures in which the final lateral DSA is missing were given a maximum eTICI score of 2a, which may lead to under-reporting of successful reperfusion. However, we assume that this occurred at a similar frequency in both groups and thus would not have influenced our results.

The combined treatment of stent retriever and aspiration could not be analysed separately; in this analysis it is considered a stent retriever approach.

## CONCLUSION

The results of this large multicenter real-life cohort study showed no difference in safety and outcome between direct aspiration and stent retriever thrombectomy as first-line treatment strategy in patients with acute stroke with a large vessel occlusion. Both approaches are equally effective in endovascular treatment of acute ischemic stroke. This study confirms in a real-life population the results previously reported in randomized trials.

## Author affiliations

<sup>1</sup>Department of Radiology, Rijnstate Hospital, Arnhem, The Netherlands

<sup>2</sup>Department of Neurology, Cardiovascular Research Institute Maastricht (CARIM),

Maastricht University Medical Centre, Maastricht, The Netherlands

<sup>3</sup>Department of Radiology, Cardiovascular Research Institute Maastricht (CARIM), Maastricht University Medical Centre, Maastricht, The Netherlands

<sup>4</sup>Department of Neurology, University Medical Centre Groningen, University of Groningen, Groningen, The Netherlands

<sup>5</sup>Department of Radiology, University Medical Centre Groningen, University of Groningen, Groningen, The Netherlands

<sup>6</sup>Department of Neurology, Academic Medical Centre, Amsterdam, The Netherlands

<sup>7</sup>Department of Neurology, Rijnstate Hospital, Arnhem, The Netherlands

**Collaborators** The collaborator details can be found in the online supplementary file.

**Contributors** MLEB wrote the statistical analysis plan, designed the first draft, conducted the statistical analysis, and revised the draft paper. R-JBG, JMM, and JH participated in study design, data collection, data analysis, interpretation, and writing of the manuscript. R-JBG, JH, JMM, WHvZ, RvO, YBWEMR, and MU revised the draft paper. The study coordinators, local investigators, and members of the executive, imaging, and complication committees collected the data. All authors critically reviewed the manuscript and approved the final version.

**Funding** The MR CLEAN Registry was partly funded by TWIN Foundation, Erasmus MC University Medical Centre, Maastricht University Medical Centre and Academic Medical Centre Amsterdam.

**Competing interests** None declared.

**Patient consent** Obtained.

**Ethics approval** The Erasmus University MC, Rotterdam, The Netherlands (MEC-2014-235).

**Provenance and peer review** Not commissioned; externally peer reviewed.

## REFERENCES

- Saver JL, Goyal M, Bonafe A, *et al.* Solitaire with the Intention for Thrombectomy as Primary Endovascular Treatment for Acute Ischemic Stroke (SWIFT PRIME) trial: protocol for a randomized, controlled, multicenter study comparing the Solitaire revascularization device with IV tPA with IV tPA alone in acute ischemic stroke. *Int J Stroke* 2015;10:439–48.
- Goyal M, Demchuk AM, Menon BK, *et al.* Randomized assessment of rapid endovascular treatment of ischemic stroke. *N Engl J Med* 2015;372:1019–30.
- Molina CA, Chamorro A, Rovira À, *et al.* REVASCAT: a randomized trial of revascularization with SOLITAIRE FR device vs. best medical therapy in the treatment of acute stroke due to anterior circulation large vessel occlusion presenting within eight-hours of symptom onset. *Int J Stroke* 2015;10:619–26.
- Campbell BC, Mitchell PJ, Kleinig TJ, *et al.* Endovascular therapy for ischemic stroke with perfusion-imaging selection. *N Engl J Med* 2015;372:1009–18.
- Berkhemer OA, Fransen PS, Beumer D, *et al.* A randomized trial of intraarterial treatment for acute ischemic stroke. *N Engl J Med* 2015;372:11–20.
- Bracard S, Ducrocq X, Mas JL, *et al.* Mechanical thrombectomy after intravenous alteplase versus alteplase alone after stroke (THRACE): a randomised controlled trial. *Lancet Neurol* 2016;15:1138–47.
- Muir KW, Ford GA, Messow CM, *et al.* Endovascular therapy for acute ischaemic stroke: the Pragmatic Ischaemic Stroke Thrombectomy Evaluation (PISTE) randomised, controlled trial. *J Neurol Neurosurg Psychiatry* 2017;88:38–44.
- Mocco J, Zaidat OO, von Kummer R, *et al.* Aspiration thrombectomy after intravenous alteplase versus intravenous alteplase alone. *Stroke* 2016;47:2331–8.
- Kang DH, Hwang YH, Kim YS, *et al.* Direct thrombus retrieval using the reperfusion catheter of the penumbra system: forced-suction thrombectomy in acute ischemic stroke. *AJNR Am J Neuroradiol* 2011;32:283–7.
- Raychev R, Saver JL. Mechanical thrombectomy devices for treatment of stroke. *Neurol Clin Pract* 2012;2:231–5.
- Turk AS, Spiotta A, Frei D, *et al.* Initial clinical experience with the ADAPT technique: a direct aspiration first pass technique for stroke thrombectomy. *J Neurointerv Surg* 2014;6:231–7.
- Stapleton CJ, Leslie-Mazwi TM, Torok CM, *et al.* A direct aspiration first-pass technique vs stentriever thrombectomy in emergent large vessel intracranial occlusions. *J Neurosurg* 2018;128:567–74.
- Peschillo S, Diana F, Berge J, *et al.* A comparison of acute vascular damage caused by ADAPT versus a stent retriever device after thrombectomy in acute ischemic stroke: a histological and ultrastructural study in an animal model. *J Neurointerv Surg* 2017;9:743–9.
- Turk AS, Turner R, Spiotta A, *et al.* Comparison of endovascular treatment approaches for acute ischemic stroke: cost effectiveness, technical success, and clinical outcomes. *J Neurointerv Surg* 2015;7:666–70.
- Blanc R, Redjem H, Ciccio G, *et al.* Predictors of the aspiration component success of A Direct Aspiration first Pass Technique (ADAPT) for the endovascular treatment of stroke reperfusion strategy in anterior circulation acute stroke. *Stroke* 2017;48:1588–93.

- 16 Lapergue B, Blanc R, Gory B, *et al.* Effect of endovascular contact aspiration vs stent retriever on revascularization in patients with acute ischemic stroke and large vessel occlusion: the ASTER randomized clinical trial. *JAMA* 2017;318:443.
- 17 Jansen IGH, Mulder M, Goldhoorn RB, *et al.* Endovascular treatment for acute ischaemic stroke in routine clinical practice: prospective, observational cohort study (MR CLEAN Registry). *BMJ* 2018;360:k949.
- 18 von Kummer R, Broderick JP, Campbell BC, *et al.* The Heidelberg bleeding classification: classification of bleeding events after ischemic stroke and reperfusion therapy. *Stroke* 2015;46:2981–6.
- 19 Donders AR, van der Heijden GJ, Stijnen T, *et al.* Review: a gentle introduction to imputation of missing values. *J Clin Epidemiol* 2006;59:1087–91.
- 20 Vargas J, Spiotta A, Fargen K, *et al.* Long term experience using the ADAPT technique for the treatment of acute ischemic stroke. *J Neurointerv Surg* 2017;9:437–41.
- 21 Saver JL, Goyal M, van der Lugt A, *et al.* Time to treatment with endovascular thrombectomy and outcomes from ischemic stroke: a meta-analysis. *JAMA* 2016;316:1279.
- 22 Brinjikji W, Murad MH, Rabinstein AA, *et al.* Conscious sedation versus general anesthesia during endovascular acute ischemic stroke treatment: a systematic review and meta-analysis. *AJNR Am J Neuroradiol* 2015;36:525–9.
- 23 van den Berg LA, Koelman DL, Berkhemer OA, *et al.* Type of anesthesia and differences in clinical outcome after intra-arterial treatment for ischemic stroke. *Stroke* 2015;46:1257–62.
- 24 Treurniet KM, Berkhemer OA, Immink RV, *et al.* A decrease in blood pressure is associated with unfavorable outcome in patients undergoing thrombectomy under general anesthesia. *J Neurointerv Surg* 2018;10:107–11.
- 25 Berkhemer OA, van den Berg LA, Fransen PS, *et al.* The effect of anesthetic management during intra-arterial therapy for acute stroke in MR CLEAN. *Neurology* 2016;87:656–64.
- 26 Chueh JY, Wakhloo AK, Gounis MJ. Effectiveness of mechanical endovascular thrombectomy in a model system of cerebrovascular occlusion. *AJNR Am J Neuroradiol* 2012;33:1998–2003.
- 27 Maegerlein C, Prothmann S, Lucia KE, *et al.* Intraprocedural thrombus fragmentation during interventional stroke treatment: a comparison of direct thrombus aspiration and stent retriever thrombectomy. *Cardiovasc Intervent Radiol* 2017;40:987–93.