

One size does not fit all

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Propositions belonging to the PhD Thesis

ONE SIZE DOES NOT FIT ALL

Moving towards health literacy responsive rheumatology care

Mark Matthijs Bakker, July 7th, 2023

1. People with rheumatic diseases have diverse health literacy needs.
(This thesis)
2. We cannot expect health professionals to accurately estimate a patient's health literacy needs at the point of care. (This thesis)
3. Adequate health literacy measurement requires multidimensional tools; these are superior to unidimensional or proxy measurements in capturing health literacy needs. (This thesis)
4. Although it is an important aspect of making health information more accessible, simplifying written information to a B1 language level is not easy nor enough to address health literacy needs. (This thesis)
5. Mixed-methods approaches are a necessity when it comes to understanding patient experiences, context, and the real impact of healthcare interventions.
6. Health literacy responsiveness should be considered a key element of quality of care.
7. Modern health care increasingly demands that health professionals balance (para-) medical expertise with strong interpersonal skills. Lifelong learning opportunities should therefore facilitate both these aspects.
8. To narrow the socioeconomic gap in outcomes of rheumatic diseases, conscious efforts to improve health literacy responsiveness are needed at all levels of the healthcare system.
9. Even if you fall on your face, you're still moving forward. (Victor Kiam)
10. The rest is still unwritten. (Natasha Bedingfield)