

# About goats, girls, boys and the bees : promoting adolescents' sexual and reproductive health and rights in Uganda, Indonesia and Thailand; an Intervention Mapping approach

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# Propositions

belonging to the PhD dissertation entitled:

## About goats, girls, boys, and the bees

Promoting adolescents' sexual and reproductive health and rights  
in Uganda, Indonesia and Thailand; an Intervention Mapping approach

1. Multilevel psychosocial and economic empowerment programmes can contribute to continued education of unmarried teenage mothers and to stigma reducing norms (*this dissertation*).
2. The Theory of Planned Behavior (*Ajzen, 1991*) and its successor the Reasoned Action Approach (*Fishbein & Ajzen, 2010*) provide a useful framework to determine the relative importance of social cognitive constructs in understanding sexual abstinence intentions in Indonesian adolescents (*this dissertation*).
3. Comprehensive sexuality education in Thailand can increase adolescents' openness about sensitive sexuality-related topics (*this dissertation*).
4. Intervention Mapping provides a useful framework to integrate health promotion, human rights and empowerment approaches in the planning and adaptation of SRHR promotion programmes (*this dissertation*).
5. No general approach to sexual health promotion will work everywhere, and no single-component intervention will work anywhere (*after Wellings, Collumbien, Slaymaker, Singh, Hodges, Patel & Bajos, The Lancet, 2006*).
6. Health promotion programmes should not be implemented if they are not systematically planned and based on evidence and theory.
7. Changing sexuality-related norms requires time and complex change processes. This approach does not correspond with the short-term scope of many projects.
8. Goat milk has many advantages over cow milk, for example smaller size of fat globules, higher proportion of short-chain fatty acids, higher digestibility, and lower allergenicity, which make it a significant nutritional source for infants and children (*after Zervas & Tsiplakou, Milk and Dairy Products in Human Nutrition: Production, Composition and Health, 2013*).
9. You don't give someone a goat for a gift and still hold on to the rope (*African Proverb*).
10. The first step towards getting somewhere is to decide that you are not going to stay where you are (*John Pierpont Morgan*).
11. Suriname and the Veluwe area have some characteristics in common (*after Jeane Uri, Het Parasitisme Van Nectria Cinnabarina (Tode) Fr., 1948*).

Joanne Leerlooijer  
Maastricht, July 1<sup>st</sup> 2013