

# More than just hormones

Citation for published version (APA):

Kennis, M. I. J. (2023). *More than just hormones: A psychological approach of sexuality in transgender people*. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20230707mk>

## Document status and date:

Published: 01/01/2023

## DOI:

[10.26481/dis.20230707mk](https://doi.org/10.26481/dis.20230707mk)

## Document Version:

Publisher's PDF, also known as Version of record

## Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

## General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

[www.umlib.nl/taverne-license](http://www.umlib.nl/taverne-license)

## Take down policy

If you believe that this document breaches copyright please contact us at:

[repository@maastrichtuniversity.nl](mailto:repository@maastrichtuniversity.nl)

providing details and we will investigate your claim.

## Propositions of the thesis

### **More than just hormones**

A psychological approach of sexuality in transgender individuals

1. Involving transgender people in research about their health and identity is crucial for the quality of such research. – *This thesis*
2. Sexual well-being in transgender people, as in all people, is highly complex and should therefore be studied from multiple perspectives, by researchers from various disciplines, using different methodologies. – *This thesis*
3. Neuroscientific research with transgender participants is not inherently ethical or unethical; this depends on the research question, methods, and context. – *This thesis*
4. Lower sexual well-being in transgender compared to cisgender people cannot be explained by differences in gender dysphoria only; social factors are likely to have an influence too. – *This thesis*
5. There are only few brain differences between cisgender and transgender people when it comes to sexual processing, and these differences do not necessarily translate to behavioral differences. – *This thesis*
6. If as a society we would become less rigid about gender norms, this would not only benefit trans or gender nonconforming people, but everyone else too.
7. People and psychiatric classifications are human, interactive kinds; not natural, indifferent kinds. – *Ian Hacking*
8. Absolute, negative freedom (being free of any restriction) is not necessarily a good thing; freedom is about having the opportunity to do something good with your life, and to actively grab this opportunity. – *Alicja Gescinska*
9. Women are not inherently less ambitious and more caring than men because of biological (brain) differences; social factors have created this restrictive mold. – *Cordelia Fine*
10. You should not be a wallflower when you can be a Venus flytrap. – *Marina Diamandis*