

## Improving the implementation of transitional care innovations

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# Improving the Implementation of Transitional Care Innovations

### Amal Fakha

- Organizational leadership, resources, and engagement of key stakeholders are crucial factors that can make or break the implementation of Transitional Care Innovations in practice. (this thesis)
- High motivation and commitment of healthcare providers are contingent factors to implement Transitional Care Innovations, yet this should be complemented with sufficient organizational readiness and capacity for change. (this thesis)
- Using implementation strategies tailored to the specific context in which Transitional Care Innovations will be implemented improves the likelihood of success. (this thesis)
- 4. The involvement of older persons in studying the implementation of Transitional Care Innovations is much-needed to capture "what matters most" to them rather than "what is the matter" with them. (this thesis)
- 5. Integration of rising technology, notably artificial intelligence, will revolutionize and improve the delivery of transitional care.
- 6. Utilizing implementation science methods can help to ensure that new innovations in healthcare are not only effective in controlled research settings but also can be translated into practice and improve the health outcomes of patients in the real world (ChatGPT).
- 7. Having a value proposition improves the implementation of healthcare innovations.
- Performing a PhD within an international research consortium is a significant accomplishment that opens many doors, yet can be a challenging and demanding experience.
- "Preach the need for change, but never reform too much at once" (Law #45 in book The 48 Laws of Power by Robert Greene)
- 10. Caring for a parent living with Alzheimer's disease is a whole new level of reality.