

# Optimizing outcomes and treatment strategies in bariatric surgery

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## Propositions

# Optimizing outcomes and treatment strategies in bariatric surgery

## The Dutch Audit for Treatment of Obesity

1. Roux-en-Y gastric bypass in patients with type 2 diabetes results in more diabetes remission and favorable metabolic effects without experiencing more postoperative complications compared with Sleeve Gastrectomy up to 1-year. (this thesis)
2. Hospital variation in preference for a specific type of bariatric procedure is not associated with improved overall weight loss results. (this thesis)
3. Conversion to Roux-en-Y gastric bypass after a primary gastric band has similar results as conversion to one-anastomosis gastric bypass in terms of weight loss and comorbidity remission up to 5-years. (this thesis)
4. There is a need for worldwide consensus on collected variables and definitions used in bariatric surgery registries to facilitate international collaborations and initiatives to improve the quality of care. (this thesis)
5. External validation of the MBSC risk prediction model using the DATO registry results in a model which adequately predicts individual risks and can be used during shared decision making in a real world setting. (this thesis)
6. Patients undergoing Roux-en-Y gastric bypass have more weight loss, obesity related comorbidity remissions and are less likely to experience weight recurrence compared with Sleeve Gastrectomy up to 5-years. (this thesis)
7. Bariatric surgery is not a quick fix for morbid obesity as it is a chronic relapsing disease caused by multiple factors which may need multiple sequential (surgical) treatments. (World Obesity Federation)
8. "The true success of a surgeon should be measured not only by technical ability, but by the outcomes achieved for patients." (Atul Gawande)
9. "Only time will tell if it was time well-spent". (Jimmy Buffett)
10. "The truth is like a mirror, it reflects reality but not everyone can handle what they see." (Sagopa Kajmer)
11. "If one day my words are against science, choose science." (Mustafa Kemal Atatürk)