

## Just in time

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# Propositions

## Just in Time

### **Applying behavioral science to create a safe university environment in times of the COVID-19 pandemic**

*Tuğçe Varol*

1. The COVID-19 pandemic is not the first and will not be the last global crisis. Universities need to establish crisis teams to leverage their expertise and take a proactive approach towards ensuring preparedness for future crises. *(this thesis)*
2. The use of behavioral science can expedite crisis response. Identifying effective strategies for timely intervention development, implementation, and evaluation is crucial. *(this thesis)*
3. Developing interventions requires the establishment of a relationship based on mutual trust with stakeholders. *(this thesis)*
4. Although people may be willing to follow guidelines, the difficulty lies in maintaining their compliance over time, especially in constantly changing circumstances. *(this thesis)*
5. The practice of transparently defining constructs in health and social psychology is critical for facilitating evidence synthesis.
6. The concept of ‘preparedness’ is multifaceted, encompassing diverse aspects that require careful consideration in the planning for future pandemics.
7. Preparedness efforts for a crisis can be focused on three interlinked phases: prevention, management, and recovery.
8. We are living in a data-driven world. This is undeniable. Nevertheless, it is our own actions and decisions that determine how we make use of this data.
9. Rather than reinventing the wheel, it is better to leverage the resources that are already available and build upon them to enhance their effectiveness.
10. Saying “no” sometimes makes life a lot easier.