

# Mechanism-based diagnosis of cyclic GMPopathies and pharmacological interventions

Citation for published version (APA):

Petraina, A. (2023). Mechanism-based diagnosis of cyclic GMPopathies and pharmacological interventions. [Doctoral Thesis, Maastricht University]. Maastricht University. https://doi.org/10.26481/dis.20230601ap

### Document status and date:

Published: 01/01/2023

DOI:

10.26481/dis.20230601ap

#### **Document Version:**

Publisher's PDF, also known as Version of record

# Please check the document version of this publication:

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Download date: 26 Apr. 2024

#### Propositions belonging to the thesis

# Mechanism-based diagnosis of cyclic GMPopathies and pharmacological interventions

## Alexandra Petraina, 1st of June 2023

- Most non-communicable diseases are defined by describing a symptom in an organ, not by a causal molecular mechanism.
- Consequently, most therapeutic drugs have high numbers needed to treat and to most patients provide no benefit.
- To achieve precision medicine, we need a mechanism-based redefinition of diseases and the diagnostics to detect and monitor them.
- Disease mechanisms are best described by protein-protein interaction modules and targeted by multiple drugs through synergistic network pharmacology.
- The failure of some of the previous cGMP-based drug trials may be due to lack of mechanism-based patient inclusion diluting any treatment effect by non-responder patients.
- One important disease module involves dysfunctional cGMP signalling as detected in peripheral blood to stratify patients with cardiovascular phenotypes for mechanism-based intervention.
- sGC stimulators can be repurposed in a mechanism-based and precise manner for diseases where the apo-sGC/sGC ratio is increased.
- 8. I have not failed. I've just found 10,000 ways that won't work. (Thomas Edison)
- 9. There is no perfect time for anything. There is only now. (Jack Canfield)
- 10. First say to yourself what you would be; and then do what you have to do. (Epictetus)