

Dietary parp-1 inhibitors as anti-inflammatory compounds

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**DIETARY PARP-1 INHIBITORS AS
ANTI-INFLAMMATORY COMPOUNDS**

Liesbeth Geraets

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DIETARY PARP-1 INHIBITORS AS ANTI-INFLAMMATORY COMPOUNDS

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ABBREVIATIONS

AIF	apoptosis inducing factor
AP-1	activator protein-1
BAL	bronchoalveolar lavage
BER	base excision repair
BRCT	BRCA1 C-terminus like
CBP	cAMP responsive element binding protein-binding protein
COPD	chronic obstructive pulmonary disease
CYP	cytochrome P450
DBD	DNA binding domain
ELISA	enzyme linked immuno sorbent assay
ESR	electron spin resonance
FEV ₁	forced expiratory volume in one second
FVC	forced vital capacity
HDAC	histone deacetylase
HO	heme oxygenase
H ₂ O ₂	hydrogen peroxide
IκB	inhibitor kappa B
IKK	IκB kinase
IL	interleukin
iNOS	inducible nitric oxide synthase
IT	intratracheal
LPS	lipopolysaccharide
MAPK	mitogen-activated protein kinases
MIP	macrophage inflammatory protein
MNNG	N-methyl-N'-nitro-N-nitrosoguanidine
MPO	myeloperoxidase
NF-κB	nuclear factor-kappa B
NLS	nuclear localization signal
PAR-polymer	poly(ADP-ribose) polymer
PARG	poly(ADP-ribose) glycohydrolase
PARP-1	poly(ADP-ribose) polymerase-1
PDE4	phosphodiesterase 4
PI-3kinase	phosphoinositide 3-kinase
PKC	protein kinase C
ROS	reactive oxygen species
SAP	serum amyloid p component
SOD	superoxide dismutase
TEAC	trolox equivalent antioxidant capacity
TNF-α	tumor necrosis factor-alpha

CHAPTER 1

General Introduction

POLY(ADP-RIBOSE) POLYMERASE-1

The enzyme poly(ADP-ribose) polymerase-1 (PARP-1; also known as poly(ADP-ribose) synthetase and poly(ADP-ribose) transferase, E.C. 2.4.2.30) is one of the most abundant nuclear proteins present in eukaryotes (reviewed in [1, 2]). PARP-1 is a 116 kDa protein consisting of three domains: the N-terminal DNA-binding domain (DBD) containing two zinc fingers, the automodification domain and the C-terminal catalytic domain (Figure 1). PARP-1 is a member of the PARP enzyme family, which until now consists of 17 homologues with PARP-1 as the most extensively studied member [3]. Each PARP homologue is different in domain structure, ability to bind to DNA, cellular localization and function.

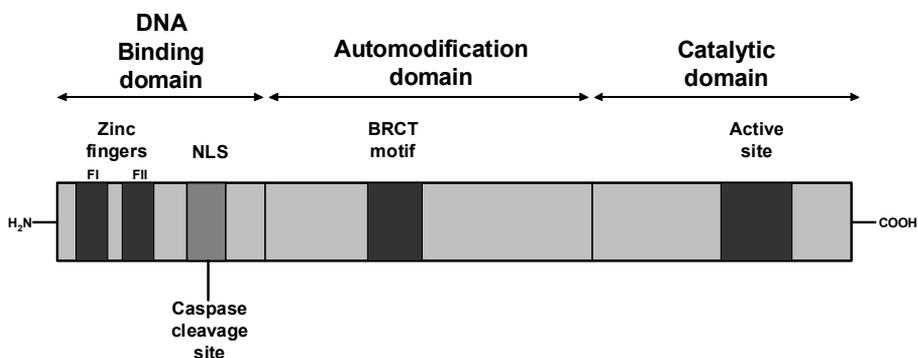


Figure 1. Schematic representation of the organisation of human PARP-1. The amino (N)-terminal DNA binding domain contains 2 zinc fingers (ZI and ZII), which are responsible for DNA binding, a nuclear localization signal (NLS) containing the caspase-cleavage site. The automodification domain, which contains a BRCT (BRCA1 C-terminus like) motif and also serves as the binding place for the auto-poly(ADP-ribosylation) reaction. The C-terminal region holds the catalytic domain of PARP-1, which includes the active site and the NAD⁺-binding site.

PARP-1 functions as a DNA damage signalling molecule binding to both single- as well as double-stranded DNA breaks. Upon binding to the damaged DNA, PARP-1 forms homodimers and catalyzes the transfer of ADP-ribose molecules from its substrate NAD⁺ to acceptor proteins (Figure 2). The ADP-ribose molecules form poly(ADP-ribose) polymers (PAR-polymers) and bind to various target proteins including PARP-1 itself (automodification domain). Poly(ADP-ribosylation) is a dynamic process, as follows from a very short half-life (< 1 min) of the PAR-polymer. The catabolism of the PAR-polymer is regulated by two enzymes, poly(ADP-ribose) glycohydrolase (PARG) and ADP-ribosyl protein lyase. PARG cleaves the ribose-ribose bonds of both linear and multi-

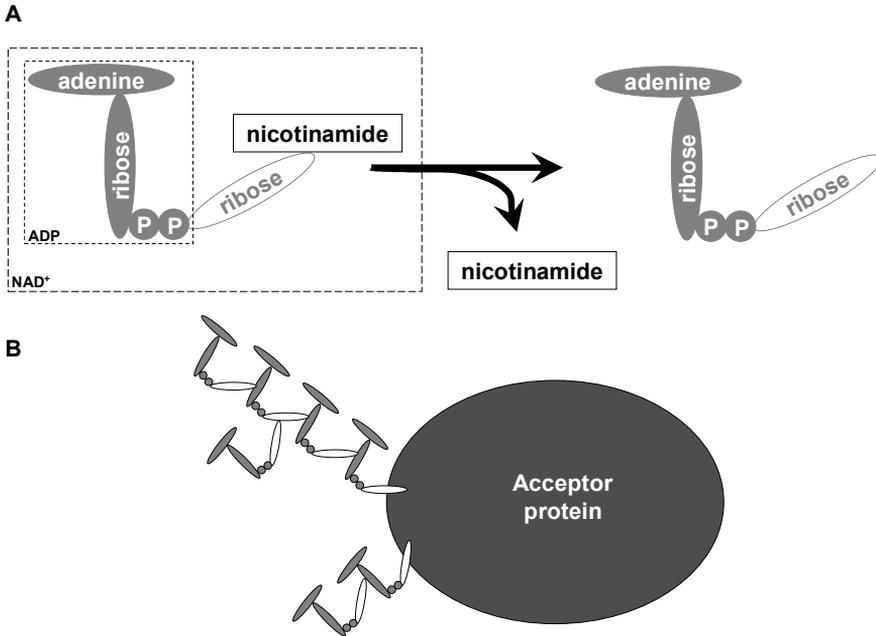


Figure 2. The poly(ADP-ribosyl)ation reaction catalyzed by PARP-1. A) Nicotinamide is cleaved from NAD^+ and B) the ADP-ribose subunits form poly(ADP-ribose)polymers (adapted from [4])

branched portions of poly(ADP-ribose) and ADP-ribosyl protein lyase removes the protein proximal ADP-ribose monomer. The regulation of PARP-1 activity is primarily regulated at the level of its catalytic activity. The best-characterized mechanism for the downregulation of enzyme activity is through auto-poly(ADP-ribosyl)ation at the automodification domain of PARP-1. Furthermore, the formation of nicotinamide as a result of cleavage of ADP-ribose from NAD^+ exerts a weak negative feedback inhibitory effect on PARP-1.

Most of the biological effects of PARP-1 relate to the various aspects of the ADP-ribosylation process: first, covalent poly(ADP-ribosyl)ation that influences the function of target proteins; second, the physical association of PARP with nuclear proteins to form functional complexes; third, the lowering of the cellular level of its substrate NAD^+ .

DNA repair

PARP-1 has long been known primarily for its role in facilitating DNA repair. This is supported by studies with knockout cells and mice which showed delayed and less efficient DNA base excision repair (BER) [5, 6]. Various mechanisms seem to be involved in the regulation of the DNA BER pathway by PARP-1. PARP-1 interacts with multiple nuclear components of the single-strand break repair and BER complexes, such as XRCC1, DNA polymerase and

DNA ligase III, but also PARP-2 seems to be involved [7, 8]. In addition, the formation of the negatively charged poly(ADP-ribose) polymers and the transfer of these polymers to acceptor proteins like histones triggers chromatin-structure relaxation [9]. This remodeling of the chromatin architecture increases the access of DNA repair enzymes to the damaged DNA [10].

Signal transduction and gene expression

An important physiological role of PARP-1 is the ability to regulate transcription, and various mechanisms are involved in this role. Poly(ADP-ribosyl)ation confers negative charges to histones, which leads to electrostatic repulsion from the DNA [9]. This also leads to loosening of the chromatin and makes various genes more accessible to the transcriptional machinery. Furthermore, PARP-1 participates in enhancer/promoter-binding complexes, such as its co-activator function of the nuclear factor-kappa B (NF- κ B) mediated transcription [11].

Cell death

PARP-1 has been implicated in both apoptosis and necrosis (Figure 3). Initial studies focused on its potential role in apoptosis, because PARP-1 was one of the first identified substrates of caspases [12]. During apoptosis, caspase 3 and 7 cleave PARP-1 into two fragments, which separates its DNA binding domain from the catalytic domain and subsequently inactivates the enzyme. At present, this PARP-1 cleavage is seen as a marker of apoptosis and is independent from its catalytic activity and not influenced by pharmacological inhibition of the enzyme. PARP-1 cleavage prevents the overactivation of PARP-1 and thereby maintains cellular energy for certain energy-sensitive steps of apoptosis.

Recently, in addition to the caspase-mediated apoptotic pathway, an alternative intrinsic cell death pathway has been illustrated. This apoptosis inducing factor (AIF)-mediated caspase-independent cell death pathway appears to be regulated by PARP-1 [13]. PARP-1 activation was shown to induce translocation of AIF from the mitochondria to the nucleus, leading to DNA condensation and fragmentation and cell death.

The most distinctive feature of necrosis is the disintegration of the plasma membrane. Leakage of cell content from necrotic cells into the surrounding tissue exacerbates the inflammatory process and may contribute to organ injury. Cellular ATP and NAD⁺ are important determinants of the mode of cell death, and PARP-1 directly regulates cell necrosis by regulating the levels of cellular energetic pools [14].

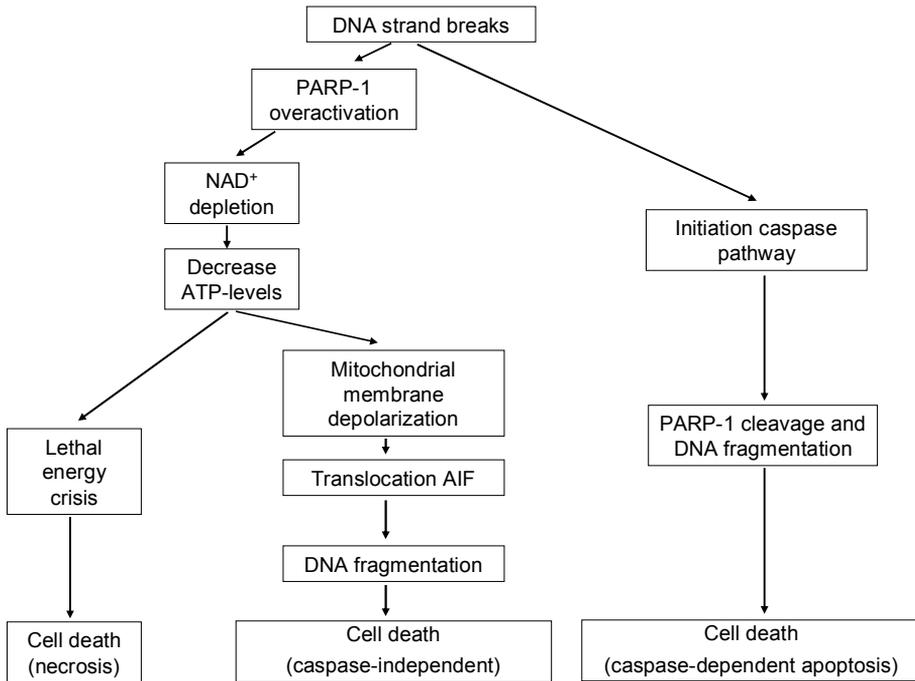


Figure 3. The role of PARP-1 in cell death

Inflammation

Studies with knockout cells and mice pointed toward the regulatory role of PARP-1 in the NF- κ B mediated gene-expression [11, 15]. Subsequently it has been observed that the enzymatic activity of PARP-1 was not required for full activation of NF- κ B, but PARP-1 was found to interact with histone acetyl transferase p300 and both subunits of NF- κ B (p50 and p65) and synergistically coactivated NF- κ B dependent transcription [16, 17]. In addition, the observation that PARP-1 itself was acetylated by the key activators of NF- κ B, p300/cAMP responsive element binding protein (CREB)-binding protein (CBP), pointed towards the important regulatory role in NF- κ B dependent gene-activation [18]. However in contrast to these observations, others reported that the enzymatic activity of PARP-1 and so the synthesis of PAR-polymers facilitated the transcriptional activation properties of NF- κ B [19]. Moreover, inhibition of PARP-1 with synthetic inhibitors has been reported to reduce the DNA-binding activity of NF- κ B and also the transcription of NF- κ B mediated genes [20, 21]. Overall, the contribution of PARP-1 activity to NF- κ B activation and to the subsequent transcription of NF- κ B mediated genes seems to be partly dependent on the tissues or cell type and the models used to investigate this.

PARP-1 has also been implicated in activator protein (AP)-1 mediated transcriptional activity via mitogen-activated protein kinases (MAPK) [22]. Various studies with PARP-1 knockout cells and mice but also studies in which synthetic PARP-1 inhibitors were applied showed the contribution of PARP-1 to these signaling cascades, such as demonstrated by a decreased MAPK activity and reduced AP-1 DNA binding [23-25].

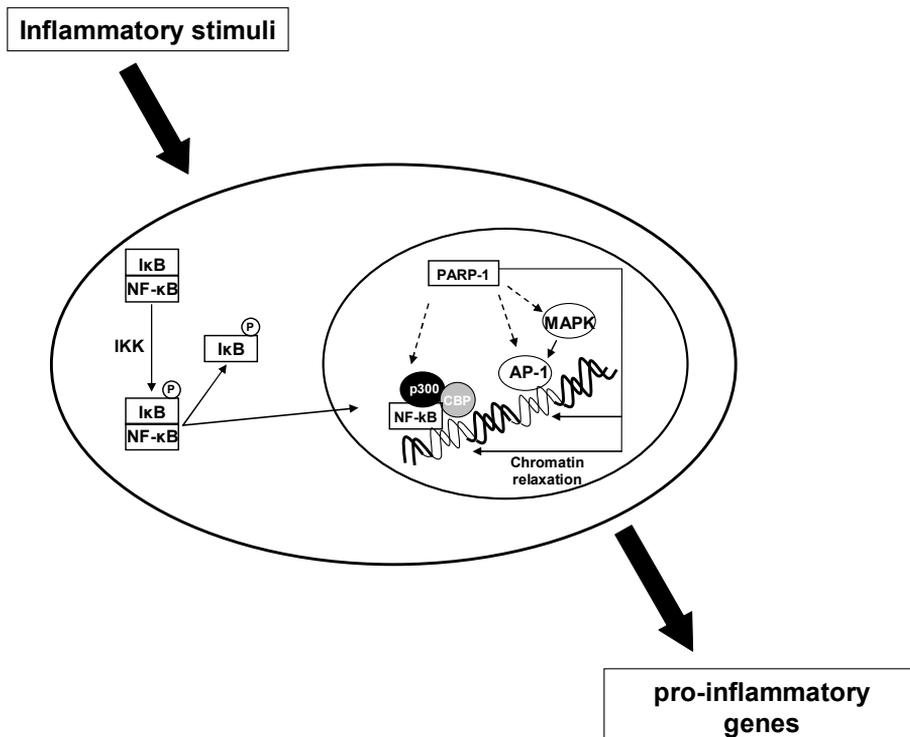


Figure 4. The regulatory role of PARP-1 in inflammation. PARP-1 induces chromatin relaxation and increases DNA accessibility for transcription factors such as NF- κ B and AP-1, which are activated upon exposure to inflammatory stimuli. AP-1 activation is mediated by MAP-kinases. Activation of I κ B kinase (IKK) induces the phosphorylation of I κ B, the dissociation of I κ B from the NF- κ B/I κ B-complex and the translocation of NF- κ B to the nucleus. In the nucleus, NF- κ B binds to the DNA together with the other members of the transcription complex such as p300 and CBP, leading to transcription of pro-inflammatory genes. PARP-1 interacts with this transcription complex and promotes also acetylation by P300/CBP.

Overall, various mechanisms are responsible for the regulatory role of PARP-1 in inflammation (Figure 4). The role of PARP-1 activation and the protective effects of PARP-1 inhibitors have been demonstrated in various experimental models of inflammation, both acute as well as chronic inflammation, including ovalbumin-induced asthma, myocardial ischemia/reperfusion, stroke and chronic inflammation in diabetes [26-28]. Previously it has been recognized

that PARP-1 is involved in the lipopolysaccharide (LPS)-induced acute pulmonary inflammation in mice. PARP-1 gene deletion as well as pharmaceutical inhibition of PARP-1 has been shown to attenuate pulmonary inflammation [29]. Recently, Hageman *et al.* (2001) reported increased oxidative stress and increased inflammation in blood of COPD patients, which were accompanied by an increased number of PAR-polymer positive peripheral blood mononuclear cells, indicating a chronic and systemic PARP-1 activation [30]. Inhibition of PARP-1 might be a potential option for therapeutic application in both acute as well as chronic inflammatory conditions.

PARP-1 inhibitors

Recently, various consequences of the activation of PARP-1 have been discovered, that are particularly important for the drug development: first, its capacity to promote the transcription of pro-inflammatory genes; second, its capacity to deplete cellular energetic pools, which results in cell dysfunction and necrosis; and third, its role in DNA repair. Subsequently, pharmacological inhibitors of PARP-1 have the potential to down-regulate multiple pathways of inflammation or tissue injury, to reduce cell necrosis in for example stroke or myocardial infarction, and to enhance the cytotoxicity of certain DNA-damaging anticancer drugs [21, 31-33].

Nicotinamide, one of the cleavage products of PARP-1 enzyme reaction, weakly inhibits PARP-1 competitively via product-inhibition. This fact together with the increased understanding of the crystal structure of the catalytic site of PARP-1 led to the development of pharmaceutical PARP-1 inhibitors that are mainly based on the benzamide pharmacophore (Figure 5). This structure mimics the nicotinamide moiety of NAD⁺ and binds to the catalytic site of the protein. During the past decade, highly potent PARP-1 inhibitors have been synthesized with optimal potency and pharmacokinetics such as phenanthridinones, dihydroisoquinolinones, indoloquinazolinones and phtalazinones [31, 34, 35]. Also, existing medicines have been identified as PARP-1 inhibitors [36]. Significant therapeutic effects of synthetic PARP-1 inhibitors have been demonstrated in models of stroke, myocardial infarction, diabetic endothelial dysfunction, ovalbumin-induced asthma, hepatic ischemia/reperfusion injury, LPS-induced acute pulmonary inflammation and haemorrhagic and endotoxic shock [24, 26, 27, 29, 31, 37, 38]. Some of these synthetic inhibitors are currently evaluated in human clinical trials for potential treatment of reperfusion injury induced by myocardial infarction or the potentiation of chemotherapeutic agents [1, 32].

Not only synthetic compounds have been identified as PARP-1 inhibitors, also dietary compounds have been evaluated for their PARP-1 inhibiting activity [39, 40]. Synthetic PARP-1 inhibitors are very potent compounds which may increase the risk of possible negative aspects of PARP-1 inhibition. Considering

the long-term treatment of chronic diseases, the application of dietary mild PARP-1 inhibitors as nutraceuticals or functional foods would be a potential alternative.

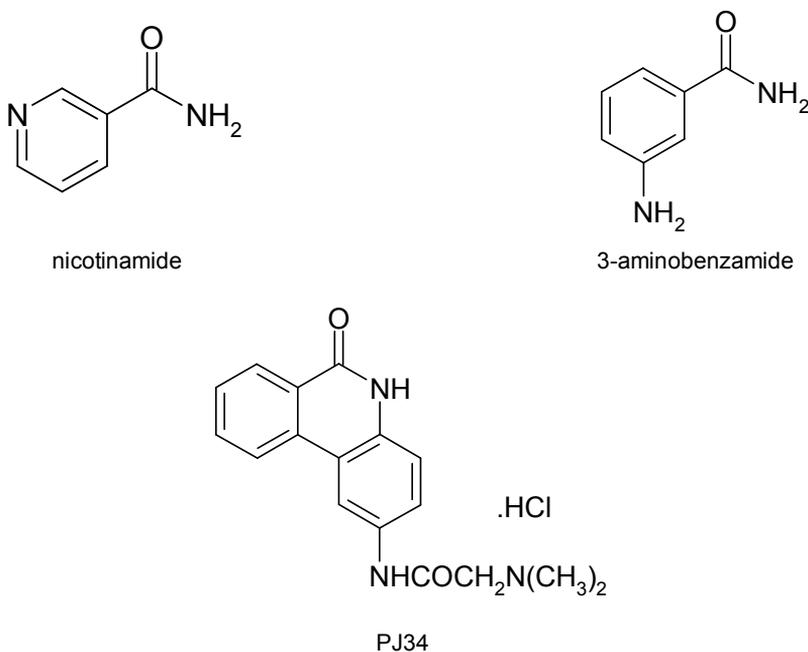


Figure 5. Chemical structure of three important PARP-1 inhibitors 1) nicotinamide, 2) 3-aminobenzamide and 3) PJ34 (N-(6-oxo-5,6-dihydrophenanthridin-2-yl)-N,N-dimethylacetamide. HCl)

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

Definition, prevalence

The project described in this thesis focuses on the identification and evaluation of dietary PARP-1 inhibitors which can be applied in the treatment of chronic pulmonary inflammatory diseases, more specific chronic obstructive pulmonary disease (COPD). Therefore, this multifactorial disease will be described in more detail in this paragraph.

COPD is a preventable and treatable disease with some significant extra-pulmonary effects that may contribute to the severity of individual patients. Its pulmonary component is characterized by airflow limitation that is not fully reversible. The airflow limitation is usually progressive and associated with an abnormal inflammatory response of the lungs to noxious particles or gases [41]. COPD can be characterized by chronic and progressive dyspnea, cough and sputum production and includes different disease conditions varying from

chronic obstructive bronchitis with obstruction of small airways to emphysema with enlargement of air spaces, destruction of lung parenchyma, loss of lung elasticity and closure of small airways. In addition, COPD has also significant extrapulmonary (systemic) effects that lead to comorbidities and which may contribute to the severity of the disease in individual patients and may enormously impair the quality of life [41].

COPD can be classified into 4 stages, which indicate the severity of the disease (Table 1). According to the World Health Organisation (WHO) estimates, 80 million people have moderate to severe COPD. The WHO predicts that by 2020 COPD will rise to the 5th most prevalent disease and to the 3rd most common cause of death worldwide. Increases in cigarette smoking and environmental pollution in developing countries, but also reduced mortality from other diseases like cardiovascular diseases will explain the dramatic increase in COPD [42, 43].

Table 1. Classification of COPD severity

Stage	Spirometric characteristic
Stage I: mild	FEV ₁ /FVC < 0.70 FEV ₁ 80% predicted
Stage II: moderate	FEV ₁ /FVC < 0.70 50% FEV ₁ < 80% predicted
Stage III: severe	FEV ₁ /FVC < 0.70 30% FEV ₁ < 50% predicted
Stage IV: very severe	FEV ₁ /FVC < 0.70 FEV ₁ < 30% predicted or FEV ₁ < 50% predicted plus chronic respiratory failure

FEV₁: forced expiratory volume in one second

FVC: forced vital capacity

Pathology

In COPD, pathological changes can be found throughout the airways, lung parenchyma and pulmonary vasculature and include both chronic inflammation as well as structural changes. The chronic inflammatory response is characterized by increased numbers of specific inflammatory cell types in different parts of the lungs such as neutrophils, macrophages and T-lymphocytes and the production of inflammatory mediators, proteinases and reactive nitrogen and oxygen species by the airway and alveolar epithelial cells. These pathological changes lead to corresponding physiological characteristics of the disease, including mucus hypersecretion and ciliary dysfunction, resulting in chronic cough and sputum production. Furthermore, airflow limitation, pulmonary hyperinflation, gas exchange abnormalities, pulmonary hypertension and cor pulmonale are important physiological changes observed in COPD patients.

In addition to the pulmonary effects, COPD is increasingly associated with significant systemic effects such as systemic inflammation and oxidative stress, cachexia and skeletal muscle weakness [44]. These systemic effects have important clinical relevance and are significant contributors to the impaired quality of life and mortality risk of COPD patients.

Risk factors

Cigarette smoking has world-wide been recognized as the most important risk factor for the development of COPD. Age at which smoking starts, total pack-years smoked and current smoking status can all determine mortality from COPD. However, also occupational exposure to organic dusts is an important environmental risk factor for COPD. Furthermore, epidemiological studies show that there is increasing evidence that also non-smokers may develop chronic airflow obstruction [45, 46]. It has been recognized that the interaction between host factors and environmental exposure is responsible for basically all risk for COPD. The best-documented genetic risk factor is a rare hereditary deficiency of α_1 -antitrypsin, which has been shown to result in accelerated development of emphysema and decline in lung function in non-smokers and smokers [47]. Airway hyperresponsiveness and asthma are also identified as risk factors for the development of COPD, although it is not yet known how they influence the development of COPD [48].

Treatment

Smoking cessation is at present the only effective measure that will reduce the risk for and slow down the progression of COPD. Most therapeutics in COPD therapy are aimed at bronchodilation and for this purpose β_2 -agonists, anticholinergics and methylxanthines are prescribed. In addition to this treatment, inhaled or systemic glucocorticoids are often used for symptomatic patients during exacerbations. However, the effectiveness of these drugs is limited.

Not only bronchoconstriction, but also chronic local and systemic inflammation are important characteristics of the health status of COPD patients. However, no successful treatment has been developed yet for this increased inflammation. Potential candidates such as tumor necrosis factor-alpha (TNF- α) blockers (Infliximab) have been evaluated but were not beneficial or caused serious side-effects [49, 50].

Alternative therapies, which need to be applied chronically, are necessary. Dietary mild PARP-1 inhibitors might therefore be potential candidates for the treatment of chronic inflammatory diseases such as COPD. Furthermore, additional effects such as antioxidant activity might contribute to the beneficial effects of these compounds.

FLAVONOIDS

Flavonoids are a class of food-derived polyphenolic compounds ubiquitously present in fruit, vegetables, red wine and tea. The chemical structure of most flavonoids is characterized by a three-ring structure, containing two aromatic rings (A+B) and one heterocyclic ring (C) (Figure 6). The various flavonoids can be divided in different subclasses like flavones, flavonols, flavanols, flavanones, isoflavonoids, anthocyanidins and chalcones (Figure 6).

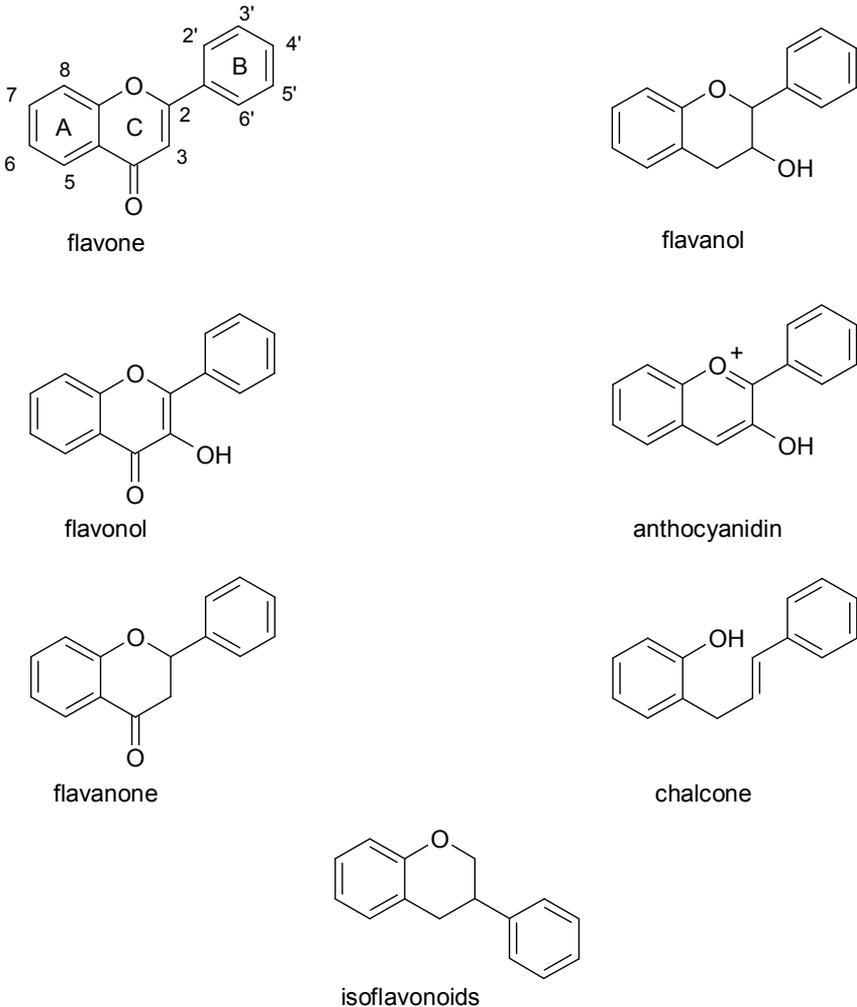


Figure 6. Chemical structure of the various subclasses of flavonoids

Intake, absorption and metabolism

The total amount of flavonoids consumed has been estimated at several hundreds mg per day for the Dutch population [51]. The flavonol and flavone intake in the Netherlands was determined at 23-24 mg/day [51, 52].

In foods, flavonoids are mainly present as glycosides and initially it was thought that the aglycones were the only form able to be taken up in the gastrointestinal tract [53]. However, currently it is considered that also flavonoid glycosides can be absorbed without preceding hydrolysis [54, 55]. After absorption, flavonoids are extensively metabolized in various organs such as small intestine and liver, resulting in the formation of sulfated, glucuronidated or methylated compounds [56].

Beneficial effects

In epidemiological studies, the intake of flavonoids has been related to a reduced risk for various diseases including cardiovascular and chronic inflammatory diseases [51, 57]. These positive health effects have been ascribed to their well known antioxidant effects, but also to their anti-inflammatory effects and inhibiting effects on a wide range of enzymes [58, 59]. Both the antioxidant effects as well as their enzyme inhibiting effects are ascribed to the hydroxylation pattern of flavonoids. The presence and position of hydroxyl groups in flavonoids are an important determinant of the antioxidant properties of these compounds [58]. It has become clear that flavonoids may exert their beneficial effects also via modulation of different components of intracellular signalling cascades such as MAPK, phosphoinositide 3-kinase (PI 3-kinase) or protein kinase C (PKC) [60]. Not only the aglycones and glycosides seem to be responsible for these effects, but also the conjugates and metabolites which are formed upon absorption may still be biologically active [61].

Flavonoids and pulmonary inflammation

Various epidemiological studies have been performed to investigate the effect of flavonoid intake on incidence of pulmonary inflammatory diseases such as COPD or asthma [62, 63]. Tabak *et al.* (2001) studied the intake of catechins, flavonols and flavones from the diet in relation to impairment of pulmonary functions in COPD. Their results indicated that flavonol and flavone intake was found to be independently associated with chronic cough only. However, a reduced risk of a high intake of catechins and solid fruits for developing COPD was observed [63]. In an epidemiological study performed by Knekt *et al.* (2002), incidence of asthma was found to be inversely related to a higher intake of the flavonoids quercetin, naringenin, and hesperitin [62]. Experimental animal studies provided support for these epidemiological findings and therapeutic effects of various flavonoids on allergic airway inflammation were observed [64, 65].

CAFFEINE AND OTHER METHYLNANTHINES

Methylxanthines are a group of methylated heterocyclic aromatic organic compounds, which are mostly found in drinks such as coffee, cocoa, cola, black teas, and food products such as chocolates. Important dietary methylxanthines are caffeine (1,3,7-trimethylxanthine), 1,7-dimethylxanthine (paraxanthine), theophylline (1,3-dimethylxanthine) and theobromine (3,7-dimethylxanthine).

Absorption and metabolism

Caffeine is rapidly and almost completely absorbed in the stomach and small intestine and distributed to all tissues. Caffeine metabolism occurs primarily in the liver where the activity of the cytochrome P450 isoform CYP1A2 accounts for almost 95% of the primary metabolism of caffeine (Figure 7). Caffeine is demethylated to its major metabolites 1,7-dimethylxanthine, theophylline and theobromine. Further demethylation of 1,7-dimethylxanthine results mainly in the formation of 1-methylxanthine and 1-methyl uric acid. 3-Methylxanthine is formed after demethylation of theobromine and theophylline [66, 67].

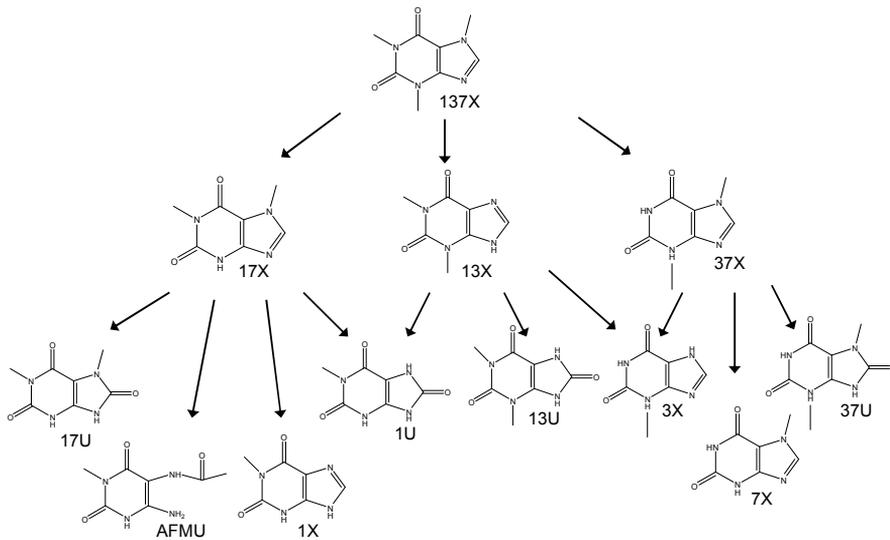


Figure 7. Metabolism of caffeine in humans

1X= 1-methylxanthine, 3X= 3-methylxanthine, 7X= 7-methylxanthine, 13X=1,3-dimethylxanthine (theophylline), 17X= 1,7-dimethylxanthine (paraxanthine), 37X= 3,7-dimethylxanthine (theobromine), 137X= 1,3,7-trimethylxanthine (caffeine), 1U= 1-methyl uric acid, 3U= 3-methyl uric acid, 7U= 7-methyl uric acid, 13U= 1,3-dimethyl uric acid, 17U= 1,7-dimethyl uric acid, 37U= 3,7-dimethyl uric acid, AFMU= 5-acetylamino-6-formylamino-3-methyluracil

Methylxanthines and pulmonary inflammation

The dietary methylxanthine theophylline together with its synthetic analog aminophylline is used in addition to corticosteroids in the treatment of COPD because of its bronchodilator effects. In addition, various therapeutic mechanisms for potential anti-inflammatory effects of theophylline and also other methylxanthines have been described, such as inhibition of phosphodiesterase 4 (PDE4) enzymes, antagonism of adenosine receptors and induction of histone deacetylase (HDAC) [68-70]. By inhibiting PDE4, methylxanthines block the hydrolysis of cAMP, leading to elevated intracellular cAMP levels and, thus, suppression of the proinflammatory activity of these cells, including cytokine, chemokine, and IgE production, enabling selective targeting of inflammation. PDE4 inhibitors have been successfully applied in the treatment of inflammatory diseases such as COPD [71, 72]. The endogenous nucleoside adenosine has also been implicated in the pathogenesis of pulmonary inflammatory diseases such as asthma and COPD [73, 74] and it is generally assumed that also other methylxanthines than theophylline exert an important part of their effect via antagonism of the adenosine receptors [70]. Theophylline has also been depicted as an inducer of HDAC [69], which has been shown to result in restored steroid responses in alveolar macrophages of COPD patients [75]. Theophylline appears to have an effect on HDAC both *in vivo* and *in vitro*, though only at low concentrations, 10-100 times lower than those given for the bronchodilatory effects [69]. Nevertheless, since it was found that the health status of COPD patients deteriorated after discontinuing theophylline treatment, it is often still prescribed in addition to corticosteroids and β 2-agonists [76-78].

AIM AND OUTLINE OF THIS THESIS

The hypothesis of this PhD research described in this thesis is that dietary mild PARP-1 inhibitors are able to attenuate NF- κ B mediated gene-expression and therefore may have beneficial effects in chronic inflammatory diseases such as COPD.

The aims of the project described in this thesis were:

- 1) to identify PARP-1 inhibiting food compounds using the purified PARP-1 enzyme
- 2) to evaluate the PARP-1 inhibiting effects of these compounds *in vitro* in cultured pulmonary epithelial cells and vascular endothelial cells and, furthermore, to investigate the effect of these PARP-1 inhibiting compounds on oxidative stress-induced necrotic cell death and LPS-induced inflammation in these cultured cells
- 3) to study the effects of the oral administration of dietary PARP-1 inhibitors in

a mouse model of LPS-induced acute pulmonary inflammation
4) to study the *ex vivo* anti-inflammatory effects of a dietary PARP-1 inhibitor in LPS-stimulated blood of COPD patients and healthy control subjects

These resulted in research that is described in the following chapters. In **chapter 2**, the results are presented of the *in vitro* identification and evaluation of caffeine metabolites as PARP-1 inhibitors. Also, the effects of these compounds on oxidative stress-induced depletion of intracellular NAD⁺-levels and necrotic cell death in cultured epithelial and endothelial cells are presented in this chapter.

In **chapter 3**, it is described how various flavonoids were evaluated *in vitro* for their PARP-1 inhibiting activity using the purified enzyme. Furthermore, selected PARP-1 inhibiting flavonoids were further investigated for their PARP-1 inhibiting effects in N-methyl-N'-nitro-N-nitrosoguanidine (MNNG)-exposed cultured pulmonary epithelial cells. Also, the effect of these flavonoids on NF- κ B mediated production of interleukin (IL)-8 is presented.

In **chapter 4** the *in vitro* effects of the PARP-1 inhibiting flavonoid flavone on NF- κ B mediated gene-expression in LPS-stimulated pulmonary epithelial cells are dealt with.

Chapter 5 describes an *in vivo* study in which PARP-1 inhibiting flavonoids are applied in a mouse model of LPS-induced acute pulmonary inflammation. Also, these food-derived compounds were compared to the anti-inflammatory steroid drug dexamethasone.

In **chapter 6**, results of the *in vivo* application and evaluation of the PARP-1 inhibitor 1,7-dimethylxanthine in a mouse model of LPS-induced acute pulmonary inflammation are presented. The *ex vivo* effects of 1,7-dimethylxanthine on inflammation in LPS-stimulated blood of COPD patients and healthy subjects are described in this chapter as well.

In **Chapter 7** the present findings together with their potential implications are discussed.

CHAPTER 2

Caffeine metabolites are inhibitors of the nuclear enzyme poly(ADP-ribose) polymerase-1 at physiological concentrations

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ABSTRACT

The activity of the nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1) (E.C.2.4.2.30), which is highly activated by DNA strand breaks, is associated with the pathophysiology of both acute as well as chronic inflammatory diseases. PARP-1 overactivation and the subsequent extensive turnover of its substrate NAD^+ put a large demand on mitochondrial ATP-production. Furthermore, due to its reported role in nuclear factor kappa B (NF- κ B) and activator protein-1 (AP-1) mediated production of pro-inflammatory cytokines, PARP-1 is considered an interesting target in the treatment of these diseases.

In this study the PARP-1 inhibiting capacity of caffeine and several metabolites as well as other (methyl)xanthines was tested using an ELISA-assay with purified human PARP-1. Caffeine itself showed only weak PARP-1 inhibiting activity, whereas the caffeine metabolites 1,7-dimethylxanthine, 3-methylxanthine and 1-methylxanthine, as well as theobromine and theophylline showed significant PARP-1 inhibiting activity. Further evaluation of these compounds in H_2O_2 -treated A549 lung epithelial and RF24 vascular endothelial cells revealed that the decrease in NAD^+ -levels as well as the formation of the poly(ADP-ribose) polymer was significantly prevented by the major caffeine metabolite 1,7-dimethylxanthine. Furthermore, H_2O_2 -induced necrosis could be prevented by a high dose of 1,7-dimethylxanthine. Finally, antioxidant effects of the methylxanthines could be ruled out with ESR and measurement of the TEAC.

Concluding, caffeine metabolites are inhibitors of PARP-1 and the major caffeine metabolite 1,7-dimethylxanthine has significant PARP-1 inhibiting activity in cultured epithelial and endothelial cells at physiological concentrations. This inhibition could have important implications for nutritional treatment of acute and chronic inflammatory pathologies, like prevention of ischemia-reperfusion injury or vascular complications in diabetes.

INTRODUCTION

Poly(ADP-ribose) polymerase-1 (PARP-1, E.C.2.4.2.30), a nuclear enzyme present in eukaryotes, is highly activated upon induction of DNA strand breaks and activation results in the hydrolysis of NAD⁺ to form poly(ADP-ribose) polymers and nicotinamide. PARP-1 has various physiological functions; it is involved in base excision repair (BER), which was indicated by delayed repair in PARP-1 knockout mice and by interaction of PARP-1 with other members of the BER-machinery like XRCC1 and DNA polymerase [6, 7]. PARP-1 is also a regulator of transcriptional activity, for instance, PARP-1 is reported to play a role in nuclear factor kappa B (NF- κ B) and activator protein-1 (AP-1) mediated production of pro-inflammatory cytokines [17, 23, 24, 79-82].

The activity of PARP-1 is associated with the pathophysiology of acute inflammatory diseases like stroke and ischemia-reperfusion and also with chronic inflammation in diabetes and with pulmonary diseases such as chronic obstructive pulmonary disease (COPD) [29, 30, 83, 84]. PARP-1 overactivation, as a result of ROS-induced DNA damage, and the subsequent extensive turnover of its substrate NAD⁺ puts a large demand on mitochondrial ATP-production and cellular energy status [85]. This can result in an energy crisis and lead to a necrotic cell death [86]. PARP-1 is therefore considered an interesting target in the treatment of these diseases. Many potent synthetic PARP-1 inhibitors have been developed during the last years, but several studies showed that food components also have PARP-1 inhibiting activity [27, 39, 40, 87, 88]. These involve the methylxanthine theophylline (1,3-dimethylxanthine, 13X), which has been reported to have PARP-1 inhibiting activity [89]. Theophylline is one of the major metabolites of caffeine (1,3,7-trimethylxanthine), which is present in cocoa and beverages like coffee, tea and cola, and is extensively metabolized in the human body after oral intake. Caffeine is demethylated by the hepatic enzyme cytochrome P4501A2 (CYP1A2) to its major metabolites 1,7-dimethylxanthine (paraxanthine, 17X), theobromine (3,7-dimethylxanthine, 37X) and theophylline. Further demethylation of 1,7-dimethylxanthine by CYP1A2 results mainly in the formation of 1-methylxanthine (1X) and 1-methyl uric acid (1U). 3-Methylxanthine (3X) is formed after demethylation of theobromine and theophylline [66, 67].

The aim of this study was to test caffeine and several metabolites as well as other (methyl)xanthines (Figure 1) as possible inhibitors of PARP-1. First, the PARP-1 inhibitory activity of the compounds was tested using an assay with the purified enzyme. Second, the effect of the PARP-1 inhibitors on hydrogen peroxide (H₂O₂)-induced NAD⁺-depletion and necrosis was tested *in vitro* in cultured pulmonary epithelial and vascular endothelial cells.

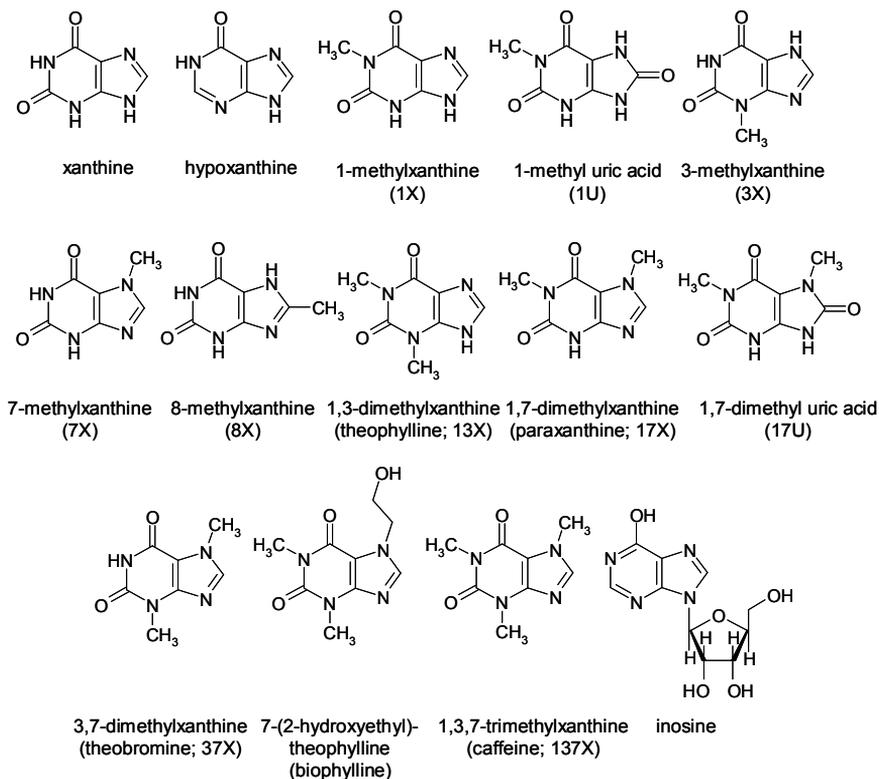


Figure 1. Molecular structure of the tested compounds

MATERIAL AND METHODS

Materials

Caffeine, xanthine, 1-methylxanthine, 3-methylxanthine, 7-methylxanthine, 8-methylxanthine, 1,7-dimethylxanthine, 1-methyluric acid, 1,7-dimethyluric acid, theophylline, theobromine, hypoxanthine, inosine, tween 20, acetic acid, 3,3',5,5'-tetramethylbenzidine, H_2O_2 , bovine serum albumine (BSA), heparin, Dulbecco's Modified Eagle's Medium (DMEM), propidium iodide, trolox and 2,2'-azino-bis(3-ethylbenzthiazoline-6-sulfonic acid) (ABTS) were all obtained from Sigma (St. Louis, MO, USA). Biofylline, β -NAD⁺ and 1,4-dithiothreitol (DTT) were obtained from MP Biomedicals (Irvine, CA, USA). Human rPARP-1 and biotinylated NAD⁺ were purchased from Trevigen (Gaithersburg, MD, USA). F-12K Nutrient Mixture (Kaighn's Modification), fetal bovine serum, glutamate, trypsin, Penicillin/Streptomycin and HBSS were all obtained from Invitrogen Life Technologies (Grand Island, NY, USA). Peroxidase-labeled streptavidin was purchased from Zymed (San Francisco, CA, USA). DMPO and

FeSO₄ were obtained from Merck (Darmstadt, Germany). Polyvinylchloride microtiter plates and endothelial cell growth supplement were obtained from BD Biosciences (San Jose, CA, USA). 2,2'-Azino-bis(2-amidinopropane) dihydrochloride (ABAP) was obtained from Brunschwig Chemicals (Amsterdam, the Netherlands). The 10H hybridoma was kindly provided by Dr. M. Miwa, via Riken Cell Bank, Tsukuba Institute BioResource Center (Ibaraki, Japan). The cell supernatant containing mouse monoclonal anti-PARP polymer antibody 10H was produced by Dr. W. Buurman (University of Maastricht, Maastricht, the Netherlands). Polyclonal goat anti-mouse immunoglobulin/FITC and fluorescent mounting medium were obtained from DAKO (Glostrup, Denmark). The ApoGlow kit was obtained from Cambrex (Verviers, Belgium).

PARP-1 inhibition ELISA

The capacity of the compounds to inhibit PARP-1 was first determined using an inhibition assay, as described by Decker et al. [90] and Brown and Marala [91] with minor modifications. In short, human rPARP was incubated with a reaction mixture containing 50 μM $\beta\text{-NAD}^+$ (10% biotinylated $\beta\text{-NAD}^+$, 90% unlabelled $\beta\text{-NAD}^+$), 1 mM DTT and 1.25 $\mu\text{g/ml}$ nicked DNA. Nicked DNA was prepared as follows, according to the method of Aposhian et al [92] with some minor modifications: Calf thymus DNA was incubated with 10 ng/ml DNase I at 37°C during 40 minutes. The length of the DNA-fragments (500 bp) was estimated using gel electrophoresis.

To determine the optimal substrate concentration and incubation temperature for the PARP-1 assay, human rPARP-1 was incubated with various concentrations $\beta\text{-NAD}^+$ (0-150 μM ; 10% biotinylated $\beta\text{-NAD}^+$, 90% unlabelled $\beta\text{-NAD}^+$) at two different temperatures (4-37 °C; Figure 2).

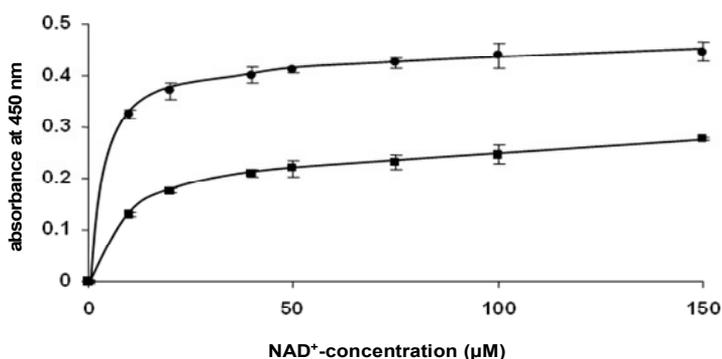


Figure 2. PARP-1 activity expressed as absorbance at 450 nm after incubating 400 ng/ml human rPARP-1 for one hour in the presence of various concentrations $\beta\text{-NAD}^+$, 1 mM DTT and 1.25 $\mu\text{g/ml}$ nicked DNA at 4°C (●) and 37°C (■).

Based on this optimization, rPARP-1 was incubated with 50 μM $\beta\text{-NAD}^+$ at 4°C. Using these conditions, 100 μM 3-aminobenzamide and nicotinamide were used as positive controls and inhibited the enzyme 85.1 ± 0.9 and $73.5 \pm 3.6\%$, respectively. To determine background activity, the enzyme was also incubated with a reaction mixture without $\beta\text{-NAD}^+$.

After incubations with the reaction mixture, the plates were washed and the formation of poly(ADP-ribose) polymers was detected after a one hour incubation at room temperature with peroxidase-labeled streptavidin, followed by a 15 min incubation with 3,3',5,5'-tetramethylbenzidine (TMB) in the presence of H_2O_2 at 37°C. This reaction was stopped by adding 0.75 M HCl and the absorbance was measured at 450 nm. PARP-1 inhibition of several compounds was evaluated by addition of these compounds to the reaction mixture. Measurements were done in 3-fold.

Cell culture

A549 human lung epithelial cells were grown at 37°C in a humidified 5% CO_2 atmosphere and were cultured in Dulbecco's Modified Eagles Medium (DMEM) with 4.5 g/L glucose, 10% fetal bovine serum (FBS), 2 mM glutamine and 50 units/ml of penicillin and 50 $\mu\text{g/ml}$ of streptomycin. RF24 human vascular endothelial cells were grown at 37°C in a humidified 5% CO_2 atmosphere in gelatine-coated culture flasks and were cultured in F-12K Nutrient Mixture (Kaighn's Modification) supplemented with 10% fetal bovine serum, 0.1 mg/ml heparin and 50 units/ml of penicillin and 50 $\mu\text{g/ml}$ of streptomycin. During culturing at low densities, the medium was supplemented with 0.015 mg/ml endothelial cell growth supplement.

Cellular NAD^+ assay

Cells were plated in a 96-wells plate (approximately 3×10^4 cells/well) and cultured for 24 h before exposure. H_2O_2 was used to induce DNA strand breaks, activate PARP-1 and deplete cellular NAD^+ levels. To determine the optimal H_2O_2 -concentration and incubation period for the cells, cells were first treated with different concentrations H_2O_2 (0-300 μM) for different periods of time (0-60 minutes), as previously described [89]. Maximal decreases in NAD^+ -levels in both A549 and RF24 cells were reached after treatment with 300 μM H_2O_2 during 30 minutes. The PARP-1 inhibitor 3-aminobenzamide strongly prevented the decrease in NAD^+ -levels and served in all the experiments as a positive control. During the experiments, cells were preexposed to the methylxanthines for 15 min and subsequently exposed to 300 μM H_2O_2 and the methylxanthines for 30 min. The maximal DMSO-concentration was 0.1% and was also used as a control. After the exposure, the cells were lysed in ethanol (50 $\mu\text{l/well}$) and stored at -80°C. During this lysis, 20 mM isonicotinic acid hydrazine was used to inhibit NAD-glycohydrolase and to prevent NAD^+ -

hydrolysis [93]. After lysing the cells, intracellular NAD⁺ was determined using the NAD⁺-cycling method, as described by Jacobson and Jacobson [94] with minor modifications. After thawing and lysis of the cells, 100 µl reaction mixture without ethanol was added to the wells. The final reaction mixture in the microtiter plate contained 2.86 M ethanol, 114 mM bicine, 4.8 mM EDTA, 0.95 mg/ml BSA, 47.6 mg/ml alcohol dehydrogenase, 1.9 mM phenazine ethosulphate and 0.48 mM MTT. The reaction was measured in time spectrophotometrically at 540 nm at 37°C during 15 minutes. A standard curve (0-1.5 µM) was included to calculate the NAD⁺-levels in the cells. The calculated NAD⁺-levels for each experiment were average values of at least 4 measurements.

Immunofluorescent staining of PAR-polymers

To determine the effect of 1,7-dimethylxanthine on the formation of the PAR-polymer, A549 cells (approximately 0.8×10^6 cells/well in 6-wellsplate) were 15 min pretreated with 1,7-dimethylxanthine and thereafter treated with H₂O₂ for 5 min. After the incubation, the cells were trypsinized, washed with PBS and fixed in methanol. After fixation, cells were stained as described by Hageman et al. [30] with some modifications. Fixed cells were washed with 0.1% BSA in PBS and incubated with 100 µl mouse monoclonal anti-PAR polymer antibody 10H for one hour at room temperature. After washing with 0.1% BSA, the cells were incubated with 100 µl polyclonal goat anti-mouse immunoglobulin/FITC for one hour at room temperature. After washing again with 0.1% BSA, the cells were incubated for 15 minutes with 200 µl 20 µg/ml propidium iodide. Cells were transferred to slides and were mounted with fluorescent mounting medium. At least 100 cells per slide were evaluated for the presence of PAR polymers in their nucleus using fluorescence microscopy and Lucia GF 4.80 software. Subsequently, the percentage of PAR polymer positive cells was calculated.

Measurement of the ADP:ATP ratio

To determine the effect of 1,7-dimethylxanthine on H₂O₂-induced cell death, A549 and RF24 cells (approximately 3×10^4 cells/well in 96-wellsplate) were 30 min pretreated with 1,7-dimethylxanthine and thereafter treated with H₂O₂ for 8 hours. After one hour incubation with H₂O₂ at 37°C, FBS was supplied to a 10% final concentration and cells were incubated for additional 7 hours. After the incubation, the ADP:ATP ratio was determined using the ApoGlow kit. The assay is based on the bioluminescent measurement of the adenylate nucleotides and can be used to determine the mode of cell death [95]. After 8 hours incubation, cells were lysed and processed for ATP and ADP measurements according to the instruction manual.

Electron spin resonance spectroscopy

Electron spin resonance (ESR) studies were performed at room temperature using a Bruker EMX 1273 spectrometer equipped with an ER 4119HS high sensitivity cavity and 12 kW power supply operating at X band frequencies. The following instrument conditions were used: scan range, 60 G; center magnetic field, 3490 G; modulation amplitude, 1.0 G; microwave power, 50 mW; receiver gain, 10^5 ; modulation frequency, 100 KHz; microwave frequency, 9.85 GHz; time constant, 40.96 ms; scan time, 20.97 s; number of scans, 25. 5,5-Dimethyl-1-pyrroline N-oxide (DMPO) was used for trapping hydroxyl radicals and was purified in nitrogen flushed milli Q water by mixing with 30 mg/ml charcoal during 20 min at 35 °C. This procedure was used three times to remove background ESR signals. Finally, the concentration of DMPO was determined spectrophotometrically at 234 nm. Incubation mixtures (total volume 200 μ l) consisted of FeSO₄ (0.5 mM), H₂O₂ (0.55 mM) and DMPO (100 mM) in the absence or presence of methylxanthines (100 μ M). Quercetin was used as a positive control. ESR spectra were recorded using 100 μ l capillary glass tubes. Quantitation of the spectra (in arbitrary units) was performed by peak integration using the WIN-EPR spectrum manipulation program.

TEAC assay

The TEAC assay (Trolox Equivalent Antioxidant Capacity assay) was used to test the total radical scavenging capacity of the compounds. This assay is based on the ability of a compound to scavenge the stable ABTS radical (ABTS \bullet^+). The blue-green ABTS \bullet^+ was produced through the reaction between 0.36 mM ABTS and 1.84 mM ABAP in 145 mM sodium phosphate buffer, pH 7.4, at 70°C until the absorption of the solution reached 0.70 ± 0.02 at 734 nm. In the assay, 50 μ l of the tested compounds was added to 950 μ l of the ABTS \bullet^+ solution. The reduction in absorbance at 734 nm was measured in time for 5 min and was compared to a blank where 50 μ l of the solvent was added to 950 μ l of ABTS \bullet^+ solution. A calibration curve was constructed using different concentrations of the synthetic antioxidant trolox (0-20 μ M). Uric acid was used as a positive control. The TEAC value of the methylxanthines was defined as the concentration (mM) of trolox having an antioxidant capacity equivalent to 1 mM methylxanthine.

RESULTS

Enzyme assay

To assess the effect of the methylxanthines on PARP-1 activity, purified rPARP-1 was incubated with various methylxanthines. In Table 1 data are shown of PARP-1 inhibition by the various methylxanthines (100 μ M).

Table 1 Percentage PARP-1 inhibition and IC₅₀ values of the tested compounds.

Compound	% inhibition (100 μ M)	IC ₅₀ (μ M)
xanthine	n.i.	n.d.
hypoxanthine	16.2 \pm 6.2	>200
1-methylxanthine	46.2 \pm 0.0	145.0 \pm 2.8
1-methyl uric acid	n.i.	n.d.
3-methylxanthine	49.6 \pm 4.3	115.2 \pm 11.2
7-methylxanthine	24.5 \pm 4.2	172.3 \pm 3.4
8-methylxanthine	18.5 \pm 4.1	>200
theophylline	43.2 \pm 2.0	194.8 \pm 23.3
1,7-dimethylxanthine	68.5 \pm 1.2	15.0 \pm 0.97
1,7-dimethyl uric acid	n.i.	n.d.
theobromine	40.5 \pm 1.3	160.2 \pm 0.5
biophylline	10.8 \pm 5.5	>200
caffeine	8.0 \pm 4.7	>200
inosine	n.i.	n.d.

n.i.= no inhibition

n.d.=not determined

PARP-1 activity was measured after incubating 400 ng/ml human rPARP-1 for one hour in the presence of 50 μ M β -NAD⁺, 1 mM DTT and 1.25 μ g/ml nicked DNA at 4°C. Values are presented as averages \pm SE of 2 replicate experiments with n=3 measurements. These results reveal 1,7-dimethylxanthine to be a very potent inhibitor of PARP-1 (68.5 \pm 1.2%). The 1-, 3-, 7-, 1,3- and 3,7-methylated xanthines (1-methylxanthine, 3-methylxanthine, 7-methylxanthine, theophylline and theobromine, respectively) moderately inhibited PARP-1. Xanthine, 1-methyl uric acid, 1,7-dimethyl uric acid and inosine showed no inhibition at all. The parent compound 1,3,7-trimethylxanthine (caffeine) showed only a very weak inhibition. For methylxanthines that inhibited PARP-1 activity more than 50% at the tested concentrations, an IC₅₀ was determined (Table 1). The strongest PARP-1 inhibitor was found to be 1,7-dimethylxanthine with an IC₅₀ of 15.0 μ M. Other IC₅₀ were 115.2, 145.0, 160.2, 172.3 and 194.8 μ M for 3-methylxanthine, 1-methylxanthine, theobromine, 7-methylxanthine and theophylline, respectively.

NAD⁺-levels

Methylxanthines, which showed PARP-1 inhibition in the enzyme-assay (IC₅₀<200 μ M), were also screened for their effect on NAD⁺-levels in H₂O₂ treated A549 cells. Also, the parent compound caffeine was further evaluated in the A549 cells. The H₂O₂-induced depletion of the intracellular NAD⁺-stores was used as a measure of PARP-1 activation. In the A549 cells, pre-incubation with 100 μ M 3-methylxanthine and 1,7-dimethylxanthine resulted in significantly higher NAD⁺-levels, when compared to cells treated with 300 μ M H₂O₂ (Figure 3).

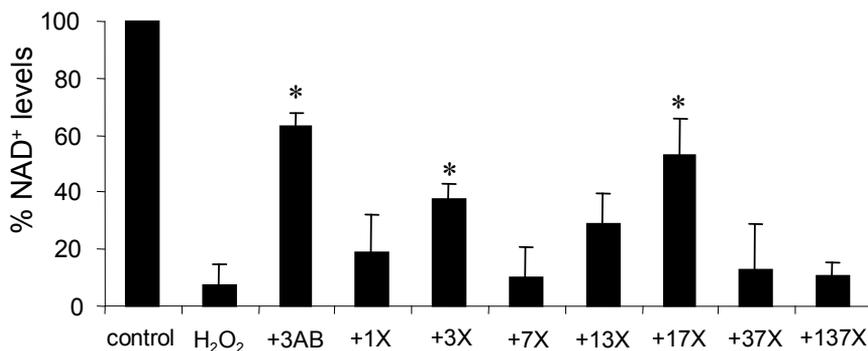


Figure 3. NAD⁺ levels in A549 human pulmonary epithelial cells after 30 min incubation with 300 μ M H₂O₂ with or without 15 min pretreatment with 100 μ M of the indicated methylxanthines or 3-aminobenzamide (3AB). Values are expressed as % of control incubation (without H₂O₂) and are averages \pm SE of at least 2 replicate experiments with n=4 measurements.

* indicates a statistically significant difference according to Student's t-test ($P < 0.05$) as compared to incubation with H₂O₂ without methylxanthines or 3-aminobenzamide

To further evaluate the PARP-1 inhibiting activity of 1,7-dimethylxanthine, both A549 and RF24 cells were exposed for 30 minutes to 300 μ M H₂O₂ after pre-incubating for 15 minutes with different concentrations 1,7-dimethylxanthine (Figure 4). In these cells, 1,7-dimethylxanthine significantly prevented the H₂O₂-induced decrease in NAD⁺-levels in a dose-dependent manner.

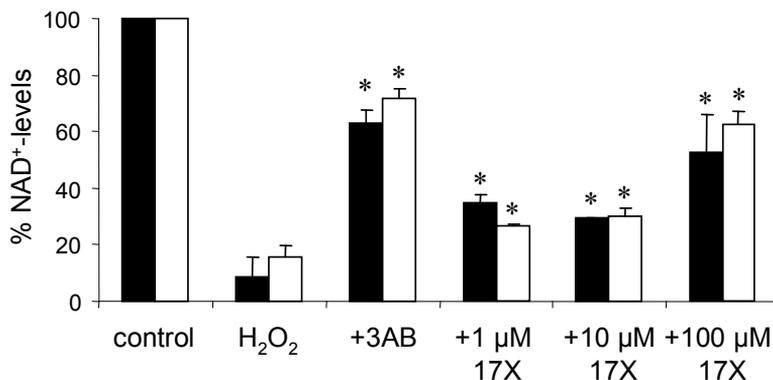


Figure 4. NAD⁺ levels in A549 human pulmonary epithelial (black bars) and RF24 human vascular endothelial cells (white bars) after 30 min incubation with 300 μ M H₂O₂ with or without 15 min pretreatment with 1, 10 and 100 μ M 1,7-dimethylxanthine (17X) or 100 μ M 3-aminobenzamide (3AB). Values are expressed as % of control incubation (without H₂O₂) and are averages \pm SE of at least 2 replicate experiments with n=4 measurements.

* indicates a statistically significant difference according to Student's t-test ($P < 0.05$) as compared to incubation with H₂O₂ without 1,7-dimethylxanthine or 3-aminobenzamide

PAR-polymer formation

To further confirm the PARP-1 inhibiting activity of 1,7-dimethylxanthine, A549 cells were exposed to 300 μM H_2O_2 for 5 minutes after pre-incubating for 15 minutes with 1,7-dimethylxanthine (Figure 5). A significantly decreased number of PAR-polymer positive cells was observed after incubation with 100 μM 1,7-dimethylxanthine, confirming the results of the enzyme assay and the NAD^+ -measurements.

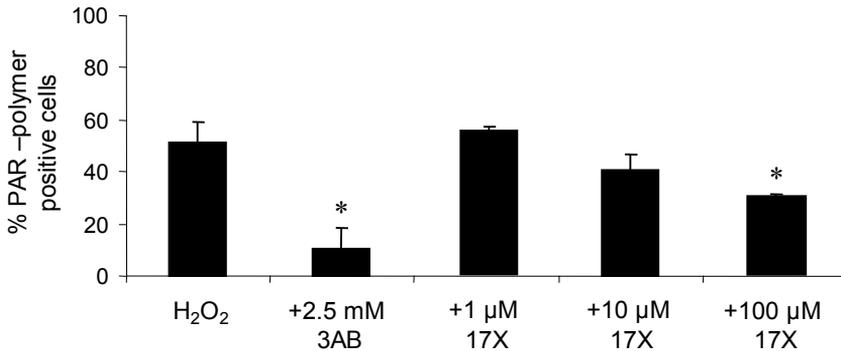


Figure 5. Percentage of PAR-polymer positive A549 cells after 5 min incubation with 300 μM H_2O_2 with or without 15 min pretreatment with 1, 10 and 100 μM 1,7-dimethylxanthine (17X) or 2.5 mM 3-aminobenzamide (3AB). Results are averages \pm SE of 2 replicate experiments with $n=2$ measurements.

* indicates a statistically significant difference according to Student's t-test ($P<0.05$) as compared to incubation with H_2O_2 without 1,7-dimethylxanthine or 3-aminobenzamide

ADP:ATP ratio

To investigate the effect of 1,7-dimethylxanthine on H_2O_2 -induced cell death, the ADP:ATP ratio was determined. ADP:ATP ratios for cells undergoing apoptosis are expected to be higher than control values but below 1, while much higher values characterize necrotic cells [95]. Incubation of both the epithelial and the endothelial cells with 10 mM H_2O_2 increased the ADP:ATP ratio to values of 2.1 ± 0.4 and 9.1 ± 0.8 respectively, indicating necrotic cell death. Treatment of the cells with lower concentrations H_2O_2 failed to increase the ADP:ATP ratio. Pretreatment of epithelial and endothelial cells with 1 mM 1,7-dimethylxanthine reduced necrosis, as shown by a statistically significant lower ADP:ATP ratio of 0.6 ± 0.4 and 2.0 ± 0.8 respectively (Figure 6).

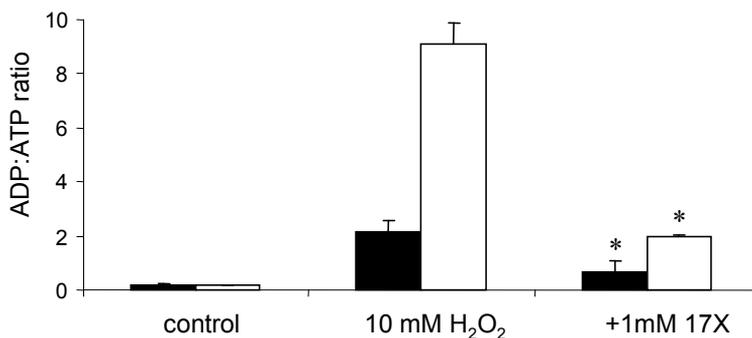


Figure 6. ADP:ATP ratio in A549 (black bars) and RF24 (white bars) cells after 8 hours incubation with 10 mM H₂O₂ with or without 30 min pretreatment with 1 mM 1,7-dimethylxanthine (17X). Results are averages \pm SE of 3 measurements.

* indicates a statistically significant difference according to Student's t-test ($P < 0.05$) as compared to incubation with H₂O₂ without 1,7-dimethylxanthine

Electron spin resonance spectroscopy

To rule out antioxidant effects of the methylxanthines which were tested in the A549 and RF24 cells, scavenging of hydroxyl radicals was measured using ESR spectroscopy. First, hydroxyl radicals were generated by H₂O₂ in the presence of FeSO₄. In combination with the spin-trap DMPO, stable DMPO-OH adducts were formed. Addition of the methylxanthines (100 μ M) did not decrease the observed DMPO-OH signal (Figure 7).

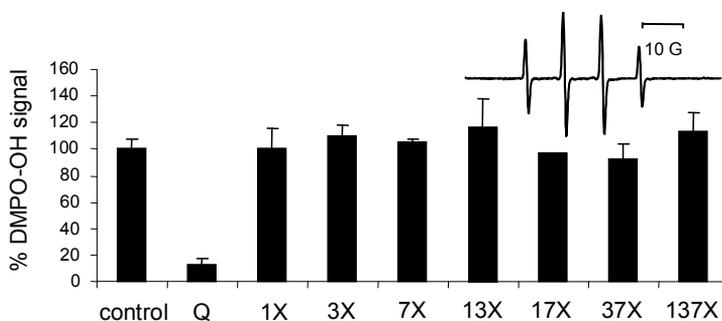


Figure 7. Hydroxyl radicals, generated by FeSO₄ and H₂O₂, are not scavenged by 100 μ M methylxanthines. Values are expressed as % of control (FeSO₄+ H₂O₂+DMPO) and are presented as averages \pm SE of duplicate measurements. Q= quercetin (100 μ M). Insert: ESR spectrum for the hydroxyl radical spin adduct (DMPO-OH).

TEAC assay

The total radical scavenging capacity of the methylxanthines was assessed using the TEAC assay. In Table 2 TEAC values of the methylxanthines are presented. The TEAC values are very low and negligible, which indicates that these methylxanthines do not have significant antioxidant effects.

Table 2. TEAC values for the methylxanthines.

Compound	TEAC
1-methylxanthine	0.14 ± 0.02
3-methylxanthine	0.06 ± 0.01
7-methylxanthine	0.05 ± 0.01
theophylline	0.06 ± 0.01
1,7-dimethylxanthine	0.05 ± 0.01
theobromine	0.05 ± 0.02
caffeine	0.05 ± 0.01
uric acid	1.06 ± 0.02

Values are expressed as mM trolox equivalents for 1 mM methylxanthine and are presented as average ± S.E. of two duplicate measurements

DISCUSSION

The present study revealed that the major caffeine metabolite 1,7-dimethylxanthine is a PARP-1 inhibitor and is more potent than the parent compound caffeine. The potency of caffeine, caffeine metabolites and other methylxanthines to inhibit PARP-1 was investigated using purified human rPARP-1 and cultured pulmonary epithelial and vascular endothelial cells. A previous study already reported that the methylxanthine theophylline can inhibit PARP-1 [89]. Results from our enzyme studies have shown that the major caffeine metabolite 1,7-dimethylxanthine is even more potent in inhibiting PARP-1. The parent compound caffeine showed only very weak inhibition in spite of its application as a PARP-1 inhibitor [96, 97]. Other methylxanthines tested in this study, such as 1-methylxanthine and 3-methylxanthine, also inhibited the purified enzyme showing decreased formation of the PAR-polymer, indicating a decreased consumption of the substrate NAD⁺. This decreased depletion of NAD⁺ was also observed in cultured epithelial and endothelial cells treated with a high concentration of H₂O₂. In both cell lines, the inhibiting activity of 1,7-dimethylxanthine was demonstrated by higher NAD⁺-levels upon treatment with H₂O₂ in presence of this methylxanthine. Also, a significantly reduced number of PAR-polymer positive cells was detected after pre-incubation with 1,7-dimethylxanthine. Results from these cell studies confirm that PARP-1 is significantly inhibited by the major caffeine metabolite 1,7-dimethylxanthine. Also, the caffeine metabolite 3-methyl-

xanthine prevented the decline in NAD⁺-levels in the A549 cells.

The presence of one or two methyl groups appears important for inhibition of the purified PARP-1 enzyme. The dimethylxanthine 1,7-dimethylxanthine clearly inhibited PARP-1 (IC₅₀: 15.0 μM). Also 1-methylxanthine, 3-methylxanthine, 7-methylxanthine, theophylline (1,3-dimethylxanthine) and theobromine (3,7-dimethylxanthine) inhibited PARP-1 (IC₅₀: 145.0, 115.2, 172.3, 184.8 and 160.2 μM respectively), in contrast to xanthine which did not show any PARP-1 inhibition. However, this inhibition appeared not dependent solely on the number or the position of the methyl groups. 1-Methylxanthine and 3-methylxanthine showed stronger inhibition when compared to the dimethylxanthines theophylline and theobromine. 1,7-Dimethylxanthine could inhibit the enzyme stronger than theophylline (1,3-dimethylxanthine), while 7-methylxanthine was less potent in inhibiting PARP-1 as compared to 3-methylxanthine. Furthermore, the trimethylxanthine caffeine showed very weak inhibition. The metabolites of 1-methylxanthine and 1,7-dimethylxanthine, 1-methyl uric acid and 1,7-dimethyl uric acid respectively, showed no inhibiting activity. Application of a Free-Wilson analysis could not indicate a strong association between specific methyl groups and inhibiting activity. In conclusion, no obvious structure-activity relationship with regard to the position of the methyl groups and PARP-1 inhibiting effects could be observed. The presence of a methyl group clearly increases the inhibiting potency of the xanthines, but the number of methyl groups also appears to be a limiting factor. Since the human body is exposed daily to oxygen radicals which can damage cells and tissues, treatment with hydrogen peroxide in this *in vitro* model is considered a physiologically relevant model of PARP-1 activation. Possible antioxidant activity of the methylxanthines, however, had to be ruled out, since the observed effects on cellular NAD⁺ could be due to scavenging activity of the methylxanthines. Using ESR-spectroscopy and the TEAC assay, scavenging of (hydroxyl) radicals by the methylxanthines was determined. None of the methylxanthines tested showed any relevant radical scavenging activity at the concentrations used in the cell studies, suggesting that even at concentrations of 1 or 10 μM the observed effects on the cellular NAD⁺-levels were most likely due to PARP-1 inhibition.

We showed that incubation of epithelial and endothelial cells with 10 mM H₂O₂ for 8 hours induced necrotic cell death as indicated by a dramatically increased ADP:ATP ratio of approximately 2.1 ± 0.4 and 9.1 ± 0.8 respectively. Treatment of cells with 1,7-dimethylxanthine significantly reduced the ADP:ATP ratio. The H₂O₂ concentration used was rather high, but lower concentrations failed to significantly increase the ADP:ATP ratio in these cells (data not shown). After incubation with 1 mM 1,7-dimethylxanthine, necrotic cell death was reduced and, in the epithelial cells, also a shift to apoptosis could be observed, indicated by decreased ADP:ATP ratio values between

control values and 1. Several studies showed that PARP-1 activation is required for a necrotic type of cell death and that PARP-1 inhibition or PARP-1 gene deletion can prevent or reduce induction of necrosis [37, 86, 98]. These studies indicate that inhibition of PARP-1 could have therapeutic value in pathophysiology of diseases like ischemia-reperfusion injury or stroke. Complete inhibition of PARP-1 is not considered favourable, since PARP-1 has been demonstrated to be involved in repair of DNA damage [99, 100]. It is therefore thought advisable to have residual PARP-1 activity to allow for efficient repair of damaged DNA. Moderate inhibition of PARP-1 activation appears to be the best practice.

In diabetes, PARP-1 has been reported to be involved in the development of diabetic vascular dysfunction. Animal studies showed that, in PARP-1 knock-out mice or in wildtype mice treated with PARP-1 inhibitors, the endothelial dysfunction was reversed [27, 83]. Also, the importance of PARP-1 in the process of beta-cell death has already been extensively studied [101]. Recently, a number of epidemiological studies showed a strong relation between intake of specific food components and risk for type 2 diabetes [102, 103]. In the study of Salazar-Martinez et al. [103], long term coffee consumption was associated with a lower risk for type 2 diabetes. In their study, also a high intake of caffeine was related to a decreased risk for type 2 diabetes [103]. They suggested that a possible mechanism for the observed inverse association could be the presence of antioxidants in coffee and their effect on glucose metabolism and insulin resistance. Since caffeine is extensively metabolized in the human body after oral intake, the formation of caffeine metabolites and the possible effect of these metabolites on the risk of diabetes should also be taken into account. Results of our study demonstrate that 1,7-dimethylxanthine, the major metabolite of caffeine, and not caffeine itself has clear PARP-1 inhibiting activity. By inhibiting PARP-1, this caffeine metabolite could reduce endothelial tissue damage and inflammatory processes, which are known features of diabetes [104, 105]. Even at concentrations as low as 10 and 1 μM , 1,7-dimethylxanthine significantly prevented the H_2O_2 -induced decrease in NAD^+ -levels in both pulmonary epithelial and in vascular endothelial cells. These concentrations are considered to be physiological plasma levels. Tang-Liu et al. [66] reported that oral intake of caffeine in a dose representing moderate coffee intake (4 cups/day), resulted in maximal plasma levels of approximately 20 μM 1,7-dimethylxanthine lasting for several hours after intake.

In conclusion, caffeine metabolites and in particular 1,7-dimethylxanthine have PARP-1 inhibiting activity at physiological concentrations. Inhibition of PARP-1 could have important implications for the development of vascular dysfunction and inflammation, processes which are observed in the progression of diabetes. Furthermore, PARP-1 inhibition is also shown to be relevant in other pathologies like ischemia-reperfusion, stroke and pulmonary inflammatory diseases

CHAPTER 2

such as COPD and asthma [26, 30, 37, 84]. It is therefore suggested that dietary PARP-1 inhibitors like the caffeine metabolite 1,7-dimethylxanthine may contribute to treatment or prevention of vascular complications in diabetes but also other pathologies like mild ischemia-reperfusion damage and stroke.

CHAPTER 3

Dietary flavones and flavonoles are inhibitors of poly(ADP-ribose) polymerase-1 in pulmonary epithelial cells

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ABSTRACT

The nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1) which was initially known to be highly activated by oxidative stress-induced DNA strand breaks, has been shown to be involved in the pathophysiology of acute and chronic inflammatory diseases. PARP-1 deficiency in mice led to the discovery of its co-activating function in the nuclear factor-kappa B (NF- κ B) mediated gene-expression, and in addition, pharmaceutical inhibition of PARP-1 was shown to reduce the production of inflammatory mediators. In this study, the *in vitro* PARP-1 inhibiting effect of various flavonoids was investigated. The flavonoids myricetin, tricetin, gossypetin, delphinidin, quercetin and fisetin were identified as significant inhibitors of the purified enzyme. Further evaluation of these compounds in MNNG-treated human pulmonary epithelial cells showed that the formation of the PAR-polymers, as well as the decrease in NAD⁺-levels was reduced by quercetin, fisetin and tricetin. Finally, interleukin (IL)-8 production of lipopolysaccharide (LPS)-stimulated human pulmonary epithelial cells could be significantly reduced by these flavonoids. The results of this study indicate that specific flavonoids have PARP-1 inhibiting activity in addition to the earlier described antioxidant effects. PARP-1 inhibition and preservation of cellular NAD⁺ and energy production could play a role in the anti-inflammatory activity of these specific flavonoids. In addition, these results indicate additional mechanisms by which flavonoids can exert anti-inflammatory activity. Furthermore, these results indicate possibilities to use food-derived flavonoids in the treatment of chronic inflammatory diseases.

INTRODUCTION

The nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1; E.C. 2.4.2.30), which catalyzes the formation of poly(ADP-ribose) polymers (PAR-polymers) from its substrate NAD^+ , has been described to be involved in the pathophysiology of both acute as well as chronic inflammatory diseases [26, 29, 30, 83, 84]. PARP-1 is known to be highly activated by oxidative stress-induced DNA strand breaks. Overactivation as a result of extensive DNA damage causes massive PAR-polymer formation and consequently a rapid depletion of cellular NAD^+ and ATP levels. If the resulting cellular energy crisis cannot be resolved, PARP-1 overactivation may lead to cell death.

Initially, the formation of the PAR-polymers was known to facilitate repair of damaged DNA [5, 6, 100]. Results of various studies indicate that the process of poly(ADP-ribosyl)ation may also facilitate transcriptional activity [106]. The formation of the negatively charged PAR-polymers and the transfer of these polymers to acceptor proteins like histones initiate electrostatic repulsion between histones and DNA. The subsequent remodeling of the chromatin architecture enhances the accessibility of genes for the transcriptional machinery and thus enhances transcription [106]. More recently, PARP-1 has also been shown to be involved in the regulation of the nuclear factor-kappa B (NF- κ B) and activator protein-1 (AP-1) mediated transcription of inflammatory cytokines and chemokines [11, 15, 82]. Pharmaceutical inhibition of PARP-1 was demonstrated to have beneficial effects in various animal models for inflammatory diseases such as endotoxic shock or pulmonary inflammation [29, 34]. The aim of this study was to evaluate dietary flavonoids for their PARP-1 inhibiting activity. Flavonoids are polyphenolic compounds found in fruits and vegetables and plant-derived products like red wine and tea, and can be divided into different subclasses like anthocyanidins, flavonols and flavones. The intake of dietary flavonoids has been related to a reduced risk for several diseases like cardiovascular and chronic inflammatory diseases [51, 57]. These positive health effects associated with the intake of flavonoids have been ascribed to their well-known antioxidant properties and to inhibiting effects on a wide range of enzymes [58, 59]. Also, anti-inflammatory effects of flavonoids could contribute to these beneficial effects [59].

In this study, in first instance the PARP-1 inhibiting activity of a wide range of flavonoids was investigated using the purified enzyme. Secondly, the most promising compounds were further evaluated in cultured pulmonary epithelial cells that were treated with N-methyl-N'-nitro-N-nitrosoguanidine (MNNG) to induce PARP-1 activation and NAD^+ -depletion. Finally, the effect of the PARP-1 inhibiting flavonoids on NF- κ B mediated production of interleukin (IL)-8 was investigated in lipopolysaccharide (LPS)-stimulated pulmonary epithelial cells.

MATERIAL AND METHODS

Materials

Naringin, fisetin, rutin, morin, quercetin, taxifolin, (+)-catechin, myricetin, phenol, hydroquinone, resorcinol, Tween 20, acetic acid, 3,3',5,5'-tetramethylbenzidine, hydrogen peroxide (H_2O_2), 3-aminobenzamide, MNNG, bovine serum albumine (BSA), Dulbecco's Modified Eagle's Medium (DMEM) and LPS (O26:B6) were all obtained from Sigma (St. Louis, MO, USA). Baicalin, 4,2',4'-trihydroxychalcone, fustin, tricetin, gossypetin, 3',5,7-trihydroxy-3,4'-dimethoxyflavone, 3,5,7,3',4'-pentamethoxyflavone were obtained from ICC (Hillsborough, NJ, USA). Delphinidin and cyanidin were obtained from Extrasynthese (Genay, France). Genistein was obtained from Alexis (Lausen, Switzerland). Naringenin, kaempferol, β -NAD⁺ and 1,4-dithiothreitol (DTT) were obtained from MP Biomedicals (Irvine CA, USA). Catechol was obtained from Janssen Chimica (Geel, Belgium). Human rPARP-1 and biotinylated NAD⁺ were purchased from Trevigen (Gaithersburg, MD, USA). HBSS, fetal bovine serum, trypsin and Penicillin/Streptomycin were all obtained from Invitrogen Life Technologies (Grand Island, NY, USA). N-(6-oxo-5,6-dihydrophenanthridin-2-yl)-N,N-dimethyl-acetamide (PJ34) was obtained from Merck (Darmstadt, Germany). Peroxidase-labeled streptavidin was purchased from Zymed (San Francisco, CA, USA). Polyvinylchloride microtiter plates were obtained from BD Biosciences (San Jose, CA, USA). The 10H hybridoma was kindly provided by Dr. M. Miwa, via Riken Cell Bank, Tsukuba Institute BioResource Center (Ibaraki, Japan). The cell supernatant containing mouse monoclonal anti-PAR polymer antibody 10H was produced by Dr. W. Buurman (University of Maastricht, Maastricht, the Netherlands). FITC-conjugated goat anti-mouse immunoglobulin and fluorescent mounting medium were obtained from DAKO (Glostrup, Denmark).

PARP-1 inhibition ELISA

The capacity of the compounds to inhibit PARP-1 was first determined using an enzyme inhibition assay, as described by others [90, 91] with minor modifications as previously described [107]. In short, human rPARP was incubated in a 96-well microtiterplate with a reaction mixture containing 50 μ M β -NAD⁺ (10% biotinylated β -NAD⁺, 90% unlabelled β -NAD⁺), 1 mM DTT and 1.25 mg/L nicked DNA. The formation of the PAR-polymers was detected with peroxidase-labeled streptavidin and 3,3',5,5'-tetramethylbenzidine (TMB). PARP-1 activity was expressed as absorbance at 450 nm. PARP-1 inhibition of flavonoids was evaluated by addition of these compounds to the reaction mixture. The type of PARP-1 inhibition, specific or non-specific, by flavonoids was analyzed in incubations of PARP-1 and putative inhibitors with various concentrations of β -NAD⁺ after which Lineweaver Burk plots were constructed.

Cell culture

A549 lung epithelial cells were grown at 37°C in a humidified 5% CO₂ atmosphere and were cultured in Dulbecco's Modified Eagles Medium (DMEM) with 4.5 g/L glucose, 10% fetal bovine serum (FBS), 2 mM glutamine and 50000 units/L of penicillin and 50 mg/L of streptomycin.

Cellular NAD⁺ assay

PARP-1 activation in cultured cells was measured as previously described [107]. MNNG was used to induce DNA strand breaks, activate PARP-1 and deplete intracellular NAD⁺ levels. Cells were incubated in a 96-well microtiter-plate with 25 µM MNNG during 30 min in the presence or absence of flavonoids, added 15 minutes before the MNNG-treatment. The flavonoids used were not cytotoxic as demonstrated using the LDH leakage test with incubation periods up to 24h (data not shown) [108]. To minimize a possible indirect protective effect of the flavonoids via scavenging of hydroxyl radicals and reduced formation of DNA strand breaks, the alkylating agent MNNG instead of H₂O₂ was used in this assay to induce PARP-1 activity. The PARP-1 inhibitor 3-aminobenzamide strongly prevented the decrease in NAD⁺-levels and served in all experiments as a positive control. Intracellular NAD⁺ was determined using the NAD⁺-cycling method based on the method from Jacobsen and Jacobsen (1997) [94].

Immunohistochemical staining of PAR-polymers

To confirm the PARP-1 inhibiting effects of flavonoids, the formation of PAR-polymers was measured. A549 cells (approximately 0.8x10⁶ cells/well in a 6-well plate) were treated with MNNG for 5 min in the presence or absence of flavonoids, which were added 15 min before the MNNG-treatment. The synthetic PARP-1 inhibitors 3-aminobenzamide and PJ34 were used as positive controls. After the incubation, the cells were trypsinized, washed with PBS and fixed in methanol. After fixation, cells were stained for PAR-polymers as previously described [107]. At least 100 cells per slide were evaluated for the presence of PAR-polymers in their nucleus using fluorescence microscopy and Lucia GF 4.80 software (Nikon, Düsseldorf, Germany). Subsequently, the percentage of PAR-polymer positive cells was calculated.

LPS-treatment and IL-8 measurement

A549 cells were treated with 100 µg/L LPS for 16h in absence or presence of flavonoids, which were added 30 min before the LPS-treatment. After incubation, medium was collected and centrifuged (10 min, 2000 x g, 4°C) and supernatant was stored at -80°C until measurement of IL-8 with ELISA kits (CLB/Sanquin, The Netherlands). Cells were trypsinized and processed for immunohistochemical staining of the PAR-polymer as described above.

Statistics

Experiments were performed in triplicate and results are reported as means \pm SEM. The effect of the various flavonoids on MNNG-induced NAD⁺-depletion and PAR-polymer formation and LPS-induced IL-8 release compared to the condition without flavonoids was statistically analysed using ANOVA followed by Dunnett's post hoc testing. Differences were considered to be statistically significant if $P < 0.05$.

RESULTS

PARP-1 enzyme inhibition

To determine the extent of PARP-1 inhibition by several flavonoids, human rPARP-1 was incubated with the flavonoids (100 μ M) for one hour (Table 1). PARP-1 was potently inhibited by the flavonoids myricetin (93%) and tricetin (80%). Also flavonoids gossypetin (73%), delphinidin (62%), quercetin (62%) and fisetin (60%) were found to be strong PARP-1 inhibitors. Baicalein, naringin or (+)-catechin showed less than 10% inhibition. The phenolic compounds phenol, catechol, resorcinol and hydroquinone were also evaluated for their PARP-1 inhibiting activity and showed respectively 8, 12, 9 and 5 % inhibition. The methylated metabolites of quercetin, 3',5,7-trihydroxy-3,4'-dimethoxyflavone and 3,5,7,3',4'-pentamethoxyflavone, showed weak or no PARP-1 inhibition, whereas 4,2',4'-trihydroxychalcone and rutin showed no inhibition at all. For the flavonoids myricetin, tricetin, quercetin and fisetin, which showed the most potent PARP-1 inhibiting activity, Lineweaver Burk plots were constructed using various concentrations NAD⁺. Inhibition of PARP-1 by myricetin, quercetin and fisetin was revealed to be of a mixed type, with competitive as well as non-competitive characteristics. Inhibition of PARP-1 by tricetin was shown to be mostly competitive (data not shown).

Table 1 Characteristics and PARP-1 inhibition of flavonoids tested in this study

Flavonoid	Class	Hydroxylation pattern	Methoxylation pattern	C2-C3 double bond	% PARP-1 inhibition (100 μ M)
4,2',4'-trihydroxychalcone	chalcone	4,2',4'		+	n.i.
baicalein	flavone	5,6,7		+	5 \pm 4
naringenin	flavanone	5,7,4'		-	21 \pm 3
naringin ¹	flavanone	5,4'		-	2 \pm 0
genistein	isoflavone	5,7,4'		+	14 \pm 4
kaempferol	flavonol	3,5,7,4'		+	27 \pm 4
fisetin	flavonol	3,7,3',4'		+	60 \pm 1
fustin	flavanone	3,7,3',4'		-	11 \pm 2
morin	flavonol	3,5,7,2',4'		+	42 \pm 7
quercetin	flavonol	3,5,7,3',4'		+	62 \pm 3
rutin ²	flavonol	5,7,3',4'		+	n.i.
taxifolin	flavanone	3,5,7,3',4'		-	20 \pm 2
(+)-catechin	flavanol	3,5,7,3',4'		-	4 \pm 4
cyanidin	anthocyanidin	3,5,7,3',4'		-	20 \pm 3
trisetin	flavone	5,7,3',4',5'		+	80 \pm 0
myricetin	flavonol	3,5,7,3',4',5'		+	93 \pm 3
delphinidin	anthocyanidin	3,5,7,3',4',5'		-	62 \pm 4
gossypetin	flavone	3,5,7,8,3',4'		+	73 \pm 4
3',5,7,-trihydroxy-3,4'-dimethoxyflavone		3',5,7	3,4'	+	13 \pm 2
3,5,7,3',4'-pentamethoxyflavone			3,5,7,3',4'	+	n.i.

¹ naringin is a naringenin glycoside with a rhamnoglucoside group at position 7

² rutin is a quercetin glycoside with a rhamnoglucoside group at position 7

n.i. = no inhibition

PARP-1 activity was measured after incubating 400 μ g/L PARP-1 for 1 h in the presence of 1.25 mg/L nicked DNA, 50 μ M NAD⁺ and 100 μ M flavonoid at 4°C

Effects on MNNG-induced NAD⁺-depletion

Specific flavonoids, which showed most significant inhibition in the enzyme assay, were further evaluated for their PARP-1 inhibiting activity in MNNG-treated human lung epithelial cells. Treatment of these cells with 25 μ M MNNG activated PARP-1 and induced depletion of cellular NAD⁺-levels to approximately 23% of control levels after 30 min. MNNG-induced depletion of intracellular NAD⁺-stores was used as a parameter of PARP-1 activation. Depletion of the NAD⁺-levels was found to be significantly attenuated in presence of the flavonoids quercetin, fisetin and tricetin at a concentration of 100 μ M (Figure 1). Delphinidin, gossypetin, myricetin and morin, which also showed significant inhibition of the purified enzyme, failed to prevent the MNNG-induced decrease in NAD⁺-levels (data not shown).

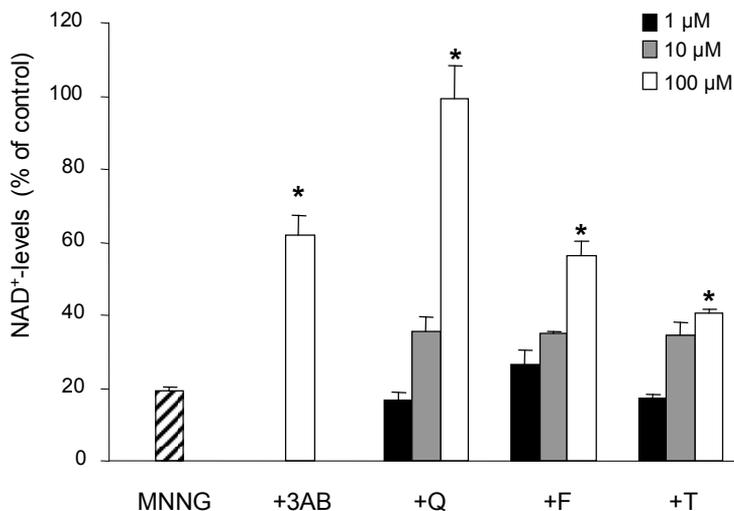


Figure 1. NAD⁺ levels in MNNG-treated A549 lung epithelial cells exposed to 25 μM MNNG for 30 min in the presence of 1, 10 and 100 μM of the flavonoids quercetin (Q), fisetin (F) and tricetin (T) or 100 μM 3-aminobenzamide (3AB). Values are expressed as a percentage of the control incubation (without MNNG and flavonoids or 3AB), and are the mean ± SEM of 3 replicate experiments.

* P < 0.05 vs incubation with MNNG alone

PAR-polymer formation

To confirm the PARP-1 inhibiting effect of the flavonoids quercetin, fisetin and tricetin, A549 cells were treated with MNNG in the presence of these flavonoids. Subsequently, the formation of PAR-polymers was detected using immunocytochemical staining. Due to the very rapid catabolism of PAR-polymers by poly(ADP-ribose) glycohydrolase (PARG) [106], incubation time of MNNG was reduced to 5 minutes. In control cells, no PAR-polymer formation was observed. Treatment of the cells with MNNG induced a massive increase in the number of PAR-polymer positive cells (24%). Preincubation of the cells with quercetin, fisetin and tricetin for 15 min dose-dependently inhibited PAR-polymer formation after MNNG treatment (Figure 2A), indicating that the attenuated depletion in NAD⁺ levels was primarily due to direct PARP-1 inhibition. The synthetic PARP-1 inhibitors PJ34 and 3-aminobenzamide were included as positive controls and PJ34 was found to almost completely reverse PAR-polymer formation (Figure 2B).

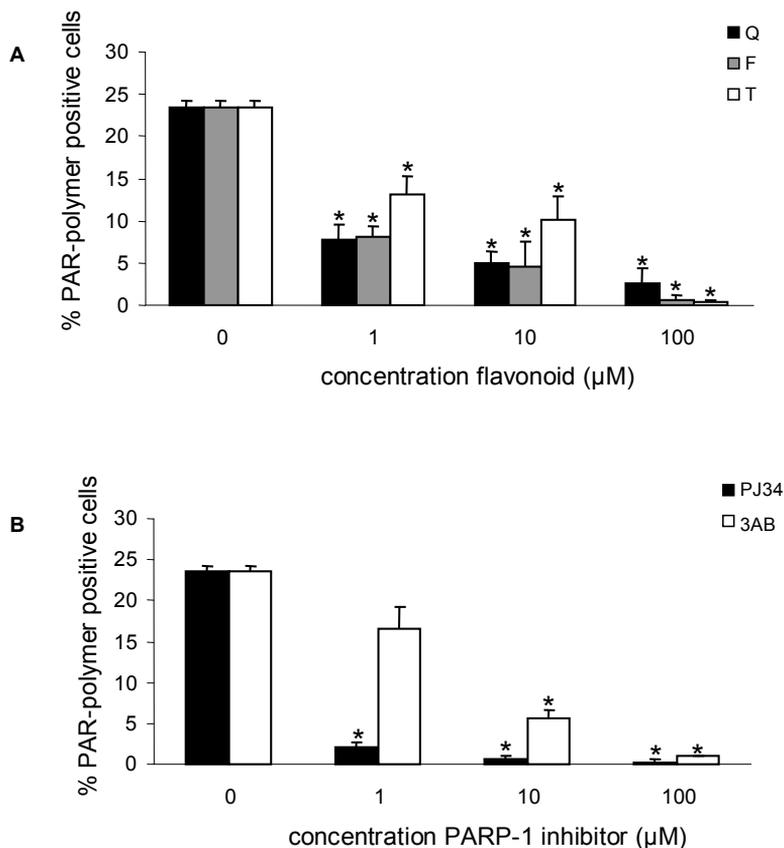


Figure 2. PAR-polymer formation in MNNG-treated A549 lung epithelial cells exposed to 25 μM MNNG for 5 min in the presence of A) the flavonoids quercetin (Q), fisetin (F) and tricetin (T) and B) the synthetic PARP-1 inhibitors PJ34 and 3-aminobenzamide (3AB). Values are the mean ± SEM of 3 replicate experiments.

* P < 0.05 vs incubation with MNNG alone

Effects on LPS-induced IL-8 production

The flavonoids quercetin, fisetin and tricetin, which attenuated both the decrease in NAD⁺ levels as well as the formation of PAR-polymers, were further studied for their effect on LPS-induced IL-8 production in A549 cells. Quercetin, fisetin as well as tricetin significantly reduced IL-8 production (Figure 3A). The synthetic PARP-1 inhibitor PJ34 showed a similar anti-inflammatory activity (Figure 3B). Immunohistochemical staining of PAR-polymers was applied to determine PARP-1 activation during LPS treatment of A549 cells. No detectable PAR-polymer formation could be measured in the A549 cells after treatment with 100 μg/L LPS from 5 min up to 24h after stimulation (data not shown).

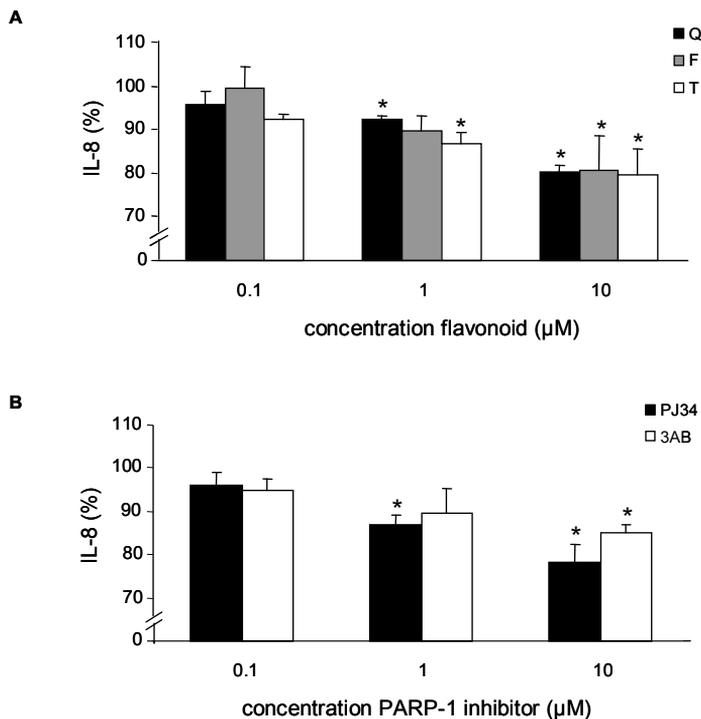


Figure 3. IL-8 production in LPS-stimulated A549 lung epithelial cells treated with 100 µg/L LPS for 16h in the presence of A) the flavonoids quercetin (Q), fisetin (F) and tricetin (T) and B) the synthetic PARP-1 inhibitors PJ34 and 3-aminobenzamide (3AB). Values are expressed as the percentage of IL-8 production in LPS-stimulated A549 cells alone (control). Values are the mean \pm SEM of 3 replicate experiments.

* $P < 0.05$ vs incubation with LPS alone

DISCUSSION

In this study, the flavonoids quercetin, fisetin and tricetin were found to significantly inhibit the nuclear enzyme PARP-1. This inhibition was not only observed with the purified PARP-1 enzyme, but also in MNNG-treated human pulmonary epithelial cells. Furthermore, a dose-dependent decrease in IL-8 production was observed after LPS-treatment of the A549 cells in presence of quercetin, fisetin and tricetin. These data indicated that their PARP-1 inhibiting activity may contribute to anti-inflammatory effects via inhibition of NF- κ B mediated gene-expression.

The inducible transcription factor NF- κ B plays an important role in the inflammatory and immune response and regulates the production of pro-inflammatory cytokines and chemokines like IL-8 [109]. PARP-1 has been reported to be a

co-activator of NF- κ B [11, 15]. However, whether PARP-1 enzyme activity or the protein itself is required for complete activation of NF- κ B is still a matter of debate [16, 19]. Nevertheless, pharmaceutical PARP-1 inhibitors were successfully applied in various *in vitro* and *in vivo* models of inflammation and were found to reduce the production of NO and pro-inflammatory cytokines like TNF- α , IL-6 and IL-8 [26, 29, 33, 34].

The precise mechanisms through which flavonoids inhibit the production of pro-inflammatory cytokines remain to be elucidated. Their antioxidant properties are in general believed to be primarily responsible for the anti-inflammatory effects. Reactive oxygen species (ROS) have been described to be involved in the pathology of inflammatory diseases [110, 111]. In addition, ROS have been described to induce activation of redox-sensitive transcription factors like AP-1 and NF- κ B [112], subsequently leading to increased production of several inflammatory mediators and chemokines, including IL-8. In various studies, the inhibiting effects of flavonoids on the production of pro-inflammatory markers were observed. Reduced production of pro-inflammatory cytokines, iNOS expression and NO production have been observed after treatment with the flavonoids quercetin, apigenin and luteolin in LPS or PMA stimulated cultured cells [113-115]. These effects have been found to be associated with inhibition of the NF- κ B pathway via reduced phosphorylation of I κ B α and reduction of the nuclear translocation and DNA-binding of NF- κ B [113-115]. In addition, these flavonoids attenuated the production of pro-inflammatory mediators via regulation of the transcription factor AP-1 [114]. In the present study, specific flavonoids were shown to have significant PARP-1 inhibiting activity. In an attempt to assess PARP-1 activation during LPS treatment of A549 cells, we applied immunocytochemical staining of the cells at various time points, ranging from 5 min to 24h after treatment. However, no PAR-polymer formation could be detected in these cells, in contrast to cells treated with MNNG. This may be due to the application of a mild stimulus, i.e. 100 ng/ml LPS, which most likely failed to induce high levels of ROS and measurable PAR-polymer formation. In addition, PAR-polymers are very rapidly catabolized by poly(ADP-ribose) glycohydrolase (PARG) [106], which may also result in non-detectable PAR-polymer formation. After stimulation of A549 cells with IL-1 β and TNF- α , Erdelyi et al. (2005) also failed to detect PAR-polymer formation, in contrast to the massive PAR-polymer formation observed in H₂O₂-treated cells [116]. It remains therefore inconclusive whether inhibition of PAR-polymer formation is the mechanism by which flavonoids reduce IL-8 production in LPS-treated A549 cells.

In the present study, inhibition of PARP-1 by flavonoids was revealed to be not solely a competitive type of inhibition. Although inhibition of PARP-1 by tricetin was competitive, myricetin, quercetin and fisetin showed a mixed type of inhibition. These results indicate that PARP-1 activity was not solely reduced

by an interaction of these flavonoids with the catalytic site of PARP-1, but also by non-specific interactions of the flavonoids with PARP-1. Since it was also suggested by others that the presence of the enzyme and not the enzymatic activity of PARP-1 is required for complete NF- κ B activation [16], non-specific binding of flavonoids to PARP-1 could probably prevent interaction of PARP-1 with NF- κ B and subsequently also reduce the NF- κ B mediated gene-expression. When tested with the purified enzyme, the flavonoids myricetin, tricetin, gossypetin, delphinidin, quercetin and fisetin clearly inhibited PARP-1 at 100 μ mol/L (approximately $\geq 60\%$), whereas other flavonoids like kaempferol and naringenin showed considerably lower PARP-1 inhibiting activity. Given that in foods, most flavonoids occur predominantly as β -glycosides and upon ingestion become extensively metabolized into glucuronidated-, sulfated- or methylated conjugates [56, 117], a number of commercially available conjugated flavonoids were screened for their PARP-1 inhibiting activity. The addition of methyl groups to flavonoids like quercetin drastically reduced the inhibiting activity. 3',5,7-Trihydroxy-3,4'-dimethoxyflavone showed only weak inhibition as compared to quercetin, and the inhibiting activity of 3,5,7,3',4'-pentamethoxyflavone was even more reduced. Glycosylation as in rutin and naringin considerably decreased inhibition as compared to the aglycones quercetin and naringenin. Evaluating the PARP-1 inhibiting activity of phenolic compounds like phenol, catechol, resorcinol and hydroquinone indicated that position of the hydroxyl groups (ortho, meta or para) did not clearly contribute to the PARP-1 inhibiting activity of these compounds. However, the presence of the C2-C3 double bond seemed to influence the PARP-1 inhibiting activity of some flavonoids, since both quercetin and fisetin showed substantially higher PARP-1 inhibiting activity as compared to the flavonoids taxifolin and fustin. Although myricetin showed the strongest PARP-1 inhibiting activity in the enzyme assay, it failed to significantly inhibit PARP-1 in the A549 cells. The Lineweaver Burk plot of myricetin indicated that the inhibition of the purified PARP-1 enzyme by myricetin showed both competitive as well as non-competitive characteristics, indicating that myricetin also showed non-specific protein binding which might reduce the intranuclear concentration. Furthermore, several non-specific interactions between flavonoids and proteins have been reported [118, 119]. Since PARP-1 is located in the nucleus and PARP-1 inhibitors first need to pass the cell membrane and enter the nucleus to inhibit the enzyme, non-specific interactions could decrease the final intracellular and -nuclear concentration of myricetin or other flavonoids. Alternatively, the flavonoids quercetin and fisetin, which also showed mixed type of inhibition similar to myricetin, did prevent the MNNG-induced PAR-polymer formation and decrease in NAD⁺-levels. This suggests that these flavonoids pass the cell membrane and enter the nucleus in sufficient amounts to exert PARP-1 inhibiting effects.

Since PARP-1 is also involved in facilitating DNA-repair, complete inhibition of PARP-1 appears not desirable. For that reason, mild inhibition would be the preferred method of action. The flavonoids quercetin, fisetin and tricetin were found to inhibit PARP-1, both in the enzyme assay as well as in A549 cells. By mildly inhibiting the enzyme activity of PARP-1, these flavonoids would protect against NAD⁺- and ATP-depletion, reducing the risk of cell death-induced inflammation. Moreover, the reduction of LPS-induced IL-8 release at similar levels indicated an anti-inflammatory effect via NF- κ B. Furthermore, low level of PARP-1 activity would allow for repair of DNA damage. In addition, it was previously observed that administration of the potent synthetic PARP-1 inhibitor INO-1001 in a porcine model of thoracic aortic cross-clamping-induced I/R injury did not impair DNA repair [120]. DNA damage in peripheral blood mononuclear cells was evaluated by the COMET assay, both *in vivo* as well as *ex vivo*, and no differences between the INO-1001 treated group and vehicle-treated group were found. Also, expression of the cyclin-dependent kinase inhibitor (CDKI) gene *p27* in the kidney was evaluated. Expression of *p27* was increased equally in both the vehicle-treated and INO-1001 treated group and it was suggested that both DNA damage and repair was found not to be impaired by treatment with the PARP-1 inhibitor INO-1001 [120].

Apples, grapes, onions and Ginkgo Biloba are dietary sources of PARP-1 inhibiting flavonoids quercetin, fisetin and tricetin [121]. In industrialized societies like Western Europe and USA, the estimated intake of flavonols and flavones is reported to range from 20 to 34 mg/day [52, 122, 123]. The repeated intake of food supplements containing high doses of flavonoids (e.g. 1 g quercetin/day) has been shown to increase plasma concentrations, reaching levels in the low micromolar range [55, 124, 125]. This implies that the observed *in vitro* effects were achieved at concentrations that may be reached *in vivo* after the use of supplements.

Specifically in the treatment of chronic inflammatory diseases such as chronic obstructive pulmonary disease (COPD), long-term use of dietary supplements is considered to be promising, since no effective treatment has been developed yet. In COPD patients, we previously reported increased oxidative stress and increased inflammatory cytokines including IL-8, which were accompanied by an increased percentage of PAR-polymer positive peripheral blood mononuclear cells, indicating a chronic and systemic PARP-1 activation [30]. As a consequence of chronic PARP-1 activation, NAD⁺ turnover will be increased implying an increased demand on ATP production for resynthesis of NAD⁺. This increased turnover of NAD⁺ and demand for energy may contribute to exercise intolerance and muscle weakness, which greatly impair the quality of life of COPD patients. Reduction of oxidative stress and inhibition of PARP-1 by food-derived compounds might reduce this chronic state of energy consumptive cycles and ameliorate systemic inflammatory conditions. Dietary

CHAPTER 3

flavonoids like quercetin, fisetin and tricetin would be potential candidates, not only based on their antioxidant effects but also based on their PARP-1 inhibiting as well as anti-inflammatory effects as described in this current study.

CHAPTER 4

Flavone as PARP-1 inhibitor: its effect on lipopolysaccharide induced gene-expression

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ABSTRACT

The nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1) which was initially known for its role in the repair of oxidative stress-induced DNA damage, has also been reported to play a mediating role in the inflammatory response. Studies with PARP-1 knockout models have shown that PARP-1 is a co-activator of nuclear factor-kappa B (NF- κ B), although this appears not to require its enzyme activity. In addition, drug-induced inhibition of the enzyme activity of PARP-1 was observed to reduce the production of pro-inflammatory mediators. In this study, the flavonoid compound flavone was demonstrated to significantly inhibit the enzyme activity of PARP-1. Further evaluation of flavone in N-methyl-N'-nitro-N-nitrosoguanidine (MNNG)-treated human pulmonary epithelial and vascular endothelial cells revealed that both the decrease in NAD⁺ levels, as well as the formation of PAR-polymers was dose-dependently attenuated by flavone. In addition, flavone was found to reduce the lipopolysaccharide (LPS)-induced interleukin (IL)-8 production in pulmonary epithelial cells, which was confirmed by transcription analysis. Furthermore, transcription of I κ B α was significantly increased by flavone. The results of the present study indicate that the flavonoid flavone could be a potential candidate for application in treatment of chronic inflammatory diseases. PARP-1 inhibition could have beneficial effects in such diseases as chronic obstructive pulmonary disease (COPD) and diabetes, by preservation of cellular NAD⁺ levels and attenuating inflammatory conditions.

INTRODUCTION

The nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1; E.C. 2.4.2.30) which catalyzes the formation of poly(ADP-ribose) polymers (PAR-polymers) from its substrate NAD^+ , was initially known for its facilitating role in the repair of DNA damage [5]. Currently it is recognized that PARP-1 is also involved in the regulation of the nuclear factor-kappa B (NF- κ B) and activator protein 1 (AP-1) mediated production of pro-inflammatory cytokines. Studies with PARP-1 knockout models showed that PARP-1 is a co-activator of NF- κ B [11, 15]. It has been observed that the enzyme activity of PARP-1 was not required for full activation of NF- κ B [16]. However, others reported that the synthesis of PAR-polymers facilitated the transcriptional activation properties of NF- κ B [19]. Moreover, inhibition of PARP-1 with synthetic inhibitors has been reported to reduce the DNA-binding activity of NF- κ B and also the transcription of NF- κ B mediated genes [20, 21].

The flavonoid quercetin has previously been reported to have PARP-1 inhibiting activity [126]. In addition, for flavonoids in general, it was shown that their antioxidant effects and the enzyme inhibiting effects are largely dependent on their hydroxylation pattern [58, 59]. By screening specific polyphenolic compounds for their effect on PARP-1 activity, we identified a distinctive flavonoid compound, without hydroxyl groups, as a PARP-1 inhibitor. Furthermore, common structural features of competitive PARP-1 inhibitors include a carboxamide-group attached to an aromatic ring or the carbamoyl group built in a polyaromatic heterocyclic skeleton, and this is not characteristic of flavone or flavonoids in general. In the present study, data are presented which demonstrate that this dietary flavonoid flavone (Figure 1), a polyphenolic compound reported to be present in dill weeds and oats [127], is a very potent PARP-1 inhibitor. The aim of this study is to elaborate further on the PARP-1 inhibiting effect and to elucidate the supposed effect of this intriguing compound on NF- κ B mediated transcription of pro-inflammatory genes.

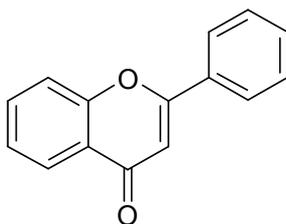


Figure 1. Chemical structure of the flavonoid flavone

In a series of *in vitro* experiments, the PARP-1 inhibiting capacity of flavone was first tested using the purified enzyme. Secondly, the effect of flavone on N-methyl-N'-nitro-N-nitrosoguanidine (MNNG)-induced NAD⁺-depletion and PAR-polymer formation was tested in cultured pulmonary epithelial and vascular endothelial cells. Finally, the effect of flavone on expression and production of NF- κ B mediated genes was tested in lipopolysaccharide (LPS)-stimulated pulmonary epithelial cells.

MATERIAL AND METHODS

Materials

Flavone was obtained from ICC (Hillsborough, NJ, USA). β -NAD⁺ and 1,4-dithiothreitol (DTT) were obtained from MP Biomedicals (Irvine, CA, USA). Tween 20, acetic acid, 3,3',5,5'-tetramethylbenzidine, hydrogen peroxide (H₂O₂), 3-aminobenzamide, bovine serum albumine (BSA), MNNG, heparin, Dulbecco's Modified Eagle's Medium (DMEM) and LPS (O26:B6) were all obtained from Sigma (St. Louis, MO, USA). Human rPARP-1 and biotinylated NAD were purchased from Trevigen (Gaithersburg, MD, USA). F-12K Nutrient Mixture (Kaighn's Modification), fetal bovine serum, trypsin, Penicillin/Streptomycin and HBSS were all obtained from Invitrogen Life Technologies (Grand Island, NY, USA). N-(6-oxo-5,6-dihydro-phenanthridin-2-yl)-N,N-dimethylacetamide (PJ34) was obtained from Merck (Darmstadt, Germany). Peroxidase-labeled streptavidin was purchased from Zymed (San Francisco, CA, USA). Polyvinylchloride microtiter plates and endothelial cell growth supplement were obtained from BD Biosciences (San Jose, CA, USA). The 10H hybridoma was kindly provided by Dr. M. Miwa, via Riken Cell Bank, Tsukuba Institute BioResource Center (Ibaraki, Japan). The cell supernatant containing mouse monoclonal anti-PAR polymer antibody 10H was produced by Dr. W. Buurman (University of Maastricht, Maastricht, the Netherlands). FITC-conjugated goat anti-mouse immunoglobulin and fluorescent mounting medium were obtained from DAKO (Glostrup, Denmark).

PARP-1 inhibition ELISA

The capacity of flavone to inhibit PARP-1 was first determined using an inhibition assay, as described by others [90, 91] with minor modifications as previously described [107]. In short, human rPARP was incubated in a 96-well microtiterplate with a reaction mixture containing 50 μ M β -NAD⁺ (10% biotinylated β -NAD⁺, 90% unlabelled β -NAD⁺), 1 mM DTT and 1.25 μ g/ml nicked DNA. Formation of PAR-polymers was detected using peroxidase-labeled streptavidin and 3,3',5,5'-tetramethylbenzidine (TMB). PARP-1 activity was expressed as absorbance at 450 nm. PARP-1 inhibition by flavone was

evaluated by addition of flavone to the reaction mixture. The type of PARP-1 inhibition by flavone (competitive or non-competitive) was analyzed by incubating PARP-1 with various concentrations of β -NAD⁺ in the presence of flavone after which a Lineweaver Burk plot was constructed.

Cell culture

A549 lung epithelial cells were grown at 37°C in a humidified 5% CO₂ atmosphere and were cultured in DMEM with 4.5 g/L glucose, 10% fetal bovine serum (FBS), 2 mM glutamine, 50 units/ml of penicillin and 50 µg/ml of streptomycin. RF24 cells were grown at 37°C in a humidified 5% CO₂ atmosphere in gelatin-coated culture flasks and were cultured in F-12K Nutrient Mixture (Kaighn's Modification) supplemented with 10% fetal bovine serum, 0.1 mg/ml heparin and 50 units/ml of penicillin and 50 µg/ml of streptomycin. During culturing at low densities the medium was supplemented with 0.03 mg/ml endothelial cell growth supplement.

NAD⁺ assay to determine cellular PARP-1 activity

PARP-1 activation in cultured cells was measured as previously described [107]. MNNG was used to induce DNA strand breaks, activate PARP-1 and deplete intracellular NAD⁺ levels. Cells were treated in a 96-well microtiter-plate with 25 µM (A549 cells) or 100 µM (RF24 cells) MNNG during 30 min with or without flavone, added 15 minutes before the treatment. Flavone had no cytotoxic effects as demonstrated with the LDH leakage test following incubation periods of up to 24 h (data not shown) [108]. Intracellular NAD⁺ was determined with the NAD⁺-cycling method based on the method previously described [94].

Immunofluorescent staining of PAR-polymers

To confirm the PARP-1 inhibiting effects of flavone, the formation of PAR-polymers was evaluated by immunocytochemical staining of the polymers. A549 cells (approximately 0.8×10^6 cells/well in 6-well plate) were treated with 25 µM MNNG or 100 ng/ml LPS with or without flavone, added 15 minutes before the treatment. The synthetic PARP-1 inhibitors 3-aminobenzamide and PJ34 were used as positive controls. Following the incubation, the cells were trypsinized, washed with PBS and fixed in methanol. After fixation, cells were stained for PAR-polymers as previously described [107]. Using fluorescence microscopy and Lucia GF 4.80 software (Nikon, Düsseldorf, Germany), a minimum of 100 cells per slide were evaluated for the presence of PAR-polymers within the nucleus. Subsequently, the percentage of PAR-polymer positive cells was calculated.

Treatment of cells with LPS

To investigate the potential anti-inflammatory effect of flavone on the expression and production of NF- κ B mediated genes, LPS-stimulated A549 cells were used. The effects of flavone on the NF- κ B activation, PAR-polymer formation, gene-transcription of IL-8 and inhibitor kappa B alpha ($\text{I}\kappa\text{B}\alpha$), production of IL-8, tumor necrosis factor-alpha (TNF- α) and IL-6 were determined at several time points ranging from 15 min to 24 h. Cells were first incubated in 6-well plates with flavone for 30 minutes, and then stimulated with 100 ng/ml LPS diluted in DMEM with 0.5% FBS. After treatment, medium was removed, centrifuged (10 min, 5000 rpm) and stored at -80°C until analysis of IL-8, TNF- α and IL-6 with ELISA kits (CLB/Sanquin, The Netherlands). The sensitivity of these kits for IL-8, TNF- α and IL-6 were respectively 1 pg/ml, 1 pg/ml and 0.2 pg/ml. Cells were then washed with HBSS and trypsinized after which cells were either fixed in cold methanol for immunohistochemical staining of the PAR-polymer or nuclear extracts were prepared for NF- κ B analysis or cells were resuspended in Trizol Reagent for stabilization of RNA for real time PCR analysis of IL-8 and $\text{I}\kappa\text{B}\alpha$.

NF- κ B nuclear translocation

Nuclear extracts were prepared as previously described [128]. The nuclear proteins were immediately collected and stored at -80°C until analysis. The protein concentration was determined according to the method of Bradford (BioRad, Veenendaal, The Netherlands). NF- κ B activity was determined using the TransAM NF- κ B p50 Activation Assay (Active Motif, Rixensart, Belgium).

Gene transcription analysis by quantitative real time PCR

Total RNA was isolated with Trizol Reagent (Invitrogen, Carlsbad, CA, USA), according to the manufacturer's instructions. Next, the RNeasy® Mini Kit and RNase free DNase set (Qiagen, Hilden, Germany) were used to purify RNA. Concentration of the total isolated RNA was determined spectrophotometrically at 260 and 280 nm. Reverse transcription reaction was performed using 1 μg of total RNA and reverse-transcribed into cDNA using iScript™ cDNA Synthesis Kit (Biorad Laboratories, Hercules, CA, USA). Subsequently, real time PCR was performed with a MyiQ Single Colour real time PCR detection system (BioRad) using SYBR® Green Supermix (Biorad), 5 μl diluted (10x) cDNA, and 0.3 μM primers in a total volume of 25 μl . PCR was conducted as follows: denaturation at 95°C for 3 min, followed by 40 cycles of 95°C for 15 s and 60°C for 45 s. After PCR a melt curve (60 - 95°C) was produced for product identification and purity. Two stably expressed genes were included as internal controls; β -Actin and GAPDH. rtPCR primers were designed using Primer express software (Applied Biosystems). Primer sequences used were as follows: *IL-8* 5'-GGACAAGAGCCAGGAAGAAA (forward) and 5'-AAATTTGGGGTGGAAAGG

TT (reverse), *IkB α* 5'-CTACACCTTGCCTGTGAGCA (forward) and 5'-TCCTGACGATTGACATCAGC (reverse), *GAPDH* 5'-GAAGGTGAAGGTCGGAGTC (forward) and 5'-GAAGATGGTGATGGGATTTTC (reverse), *β -Actin* 5'-CCTGGCACCCAGCACAAT (forward) and 5'-GCCGATCCACACGGAGTACT (reverse). Data were analysed using the MyiQ Software system (BioRad) and were expressed as relative gene expression (fold increase) using the $2^{-\Delta\Delta C_t}$ method [129].

TEAC assay

The antioxidant capacity of flavone was tested using the TEAC assay (Trolox Equivalent Antioxidant Capacity assay), as previously described [130] with some minor modifications. This assay is based on the ability of a compound to scavenge the stable ABTS radical (ABTS \bullet^+). The blue-green ABTS \bullet^+ was produced through the reaction between 0.36 mM ABTS and 1.84 mM ABAP in 145 mM sodium phosphate buffer, pH 7.4, at 70°C until the absorption of the solution reached 0.70 ± 0.02 at 734 nm. In the assay, 50 μ l of the test compound was added to 950 μ l of the ABTS \bullet^+ solution. The reduction in absorbance at 734 nm was measured in time for 5 min and was compared to a blank where 50 μ l of the solvent was added to 950 μ l of ABTS \bullet^+ solution. A calibration curve was constructed using different concentrations of the synthetic antioxidant Trolox (0-20 μ M).

Electron spin resonance spectroscopy

Electron spin resonance (ESR) studies were performed to evaluate the hydroxyl radical scavenging activity of flavone. The experiments were done at room temperature using a Bruker EMX 1273 spectrometer equipped with an ER 4119HS high sensitivity cavity and 12 kW power supply operating at X band frequencies as previously described [107]. 5,5-Dimethyl-1-pyrroline N-oxide (DMPO) was used for trapping hydroxyl radicals. Incubation mixtures (total volume 200 μ l) consisted of FeSO₄ (0.5 mM), H₂O₂ (0.55 mM) and DMPO (100 mM) in the absence or presence of flavone. Quercetin (100 μ M) was used as a positive control and was found to reduce the DMPO-OH adduct signal by approximately 87%. ESR spectra were recorded using 100 μ l capillary glass tubes. Quantification of the spectra (in arbitrary units) was performed by peak integration using the WIN-EPR spectrum manipulation program.

Statistics

Experiments were performed in triplicate and results are reported as means \pm S.E.M. . Statistical analysis was carried out with SPSS 14.0 using ANOVA. To locate the statistical differences, a Bonferroni post hoc test was used. Differences were considered to be statistically significant at $P < 0.05$.

RESULTS

PARP-1 enzyme inhibition

In an *in vitro* assay, using the purified enzyme the activity of PARP-1 was observed to be effectively inhibited by 100 μM flavone ($91 \pm 1\%$ inhibition). In the same assay, the known PARP-1 inhibitor 3-aminobenzamide was used as a positive control and for this compound $85 \pm 1\%$ inhibition was found at a concentration of 100 μM . To determine the nature of the inhibition, the effect of flavone on PARP-1 inhibition was evaluated using concentrations of $\beta\text{-NAD}^+$ concentrations ranging from 0 to 250 μM . The Lineweaver Burk plot, which was obtained, indicated a competitive type of inhibition for flavone (Figure 2).

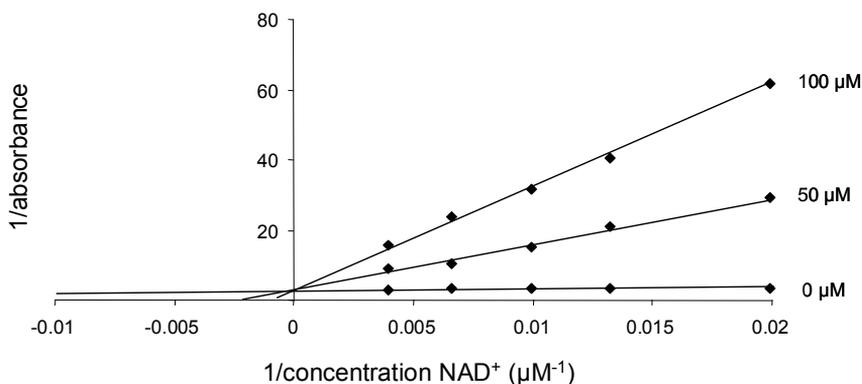


Figure 2. Lineweaver Burk plot for flavone. Human PARP-1 was incubated for one hour in the presence of nicked DNA, 0-250 μM NAD^+ and various concentrations (0-50-100 μM) of flavone.

Effect of flavone on MNNG-induced NAD^+ -depletion

To assess the effect of flavone on MNNG-induced NAD^+ -depletion in cultured cells, A549 pulmonary epithelial cells and RF24 vascular endothelial cells were exposed to MNNG in the presence of flavone. The alkylating agent MNNG induces DNA strand breaks, which subsequently leads to PARP-1 overactivation, extensive formation of PAR-polymers and reduced levels of its substrate NAD^+ . Because the PAR-polymers are rapidly broken down by poly(ADP-ribose) glycohydrolase (PARG) [106], measuring changes in NAD^+ levels is a reliable method for measuring PARP-1 activation in cells over longer time periods. Incubation of the A549 and RF24 cells with MNNG decreased the cellular NAD^+ levels to $23 \pm 3\%$ and $10 \pm 4\%$ respectively of basal values (Figure 3A + Figure 3B). Treatment of the A549 cells with flavone inhibited the MNNG-induced decrease in NAD^+ -levels in a dose-dependent manner (Figure

3A). In the endothelial cells, 100 μM flavone attenuated the MNNG-induced decrease in NAD^+ -levels to $73 \pm 13\%$, whereas lower concentrations (10 and 1 μM) could not prevent the MNNG-induced decrease in NAD^+ -levels (Figure 3B).

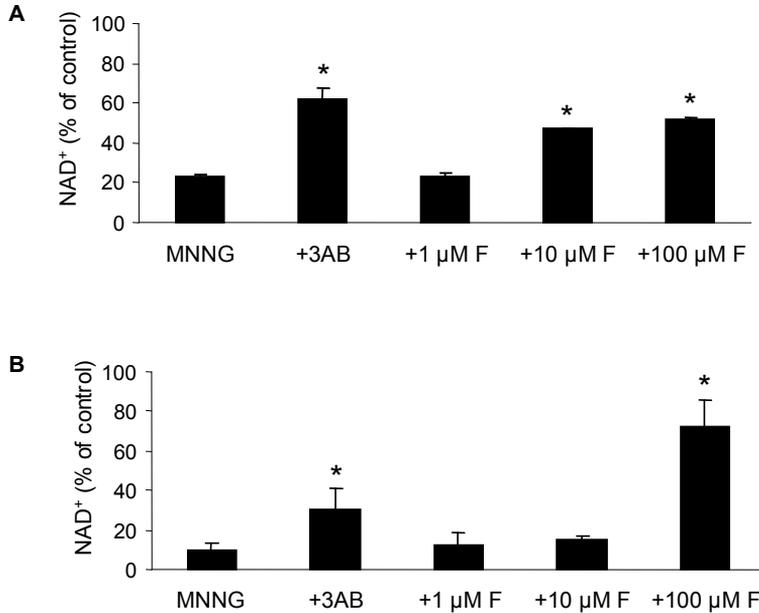


Figure 3. NAD^+ levels in A549 human pulmonary epithelial (A) and RF24 human vascular endothelial (B) cells after 30 min incubation with 25 μM (A549) and 100 μM (RF24) MNNG with or without 15 min pretreatment with 1, 10 and 100 μM flavone or 100 μM 3-aminobenzamide (3AB) (positive control). Values are expressed as % NAD^+ , with 100% representing NAD^+ levels of control incubation (without MNNG and flavone or 3AB) and are mean \pm S.E.M. of 3 replicate experiments. * $P < 0.05$ vs incubation with MNNG without flavone or 3AB.

Effect of flavone on PAR-polymer formation in MNNG-treated A549 cells

To confirm the PARP-1 inhibiting effect of flavone, PAR-polymer formation was measured in MNNG-treated A549 cells. Due to the very rapid catabolism of PAR-polymers by poly(ADP-ribose) glycohydrolase (PARG) [106], MNNG incubation time was reduced to 5 minutes. No PAR-polymer formation was observed in control cells. Treatment of the cells with MNNG for 5 minutes induced a massive increase of the number of PAR-polymer positive cells to $24 \pm 1\%$ (Figure 4).

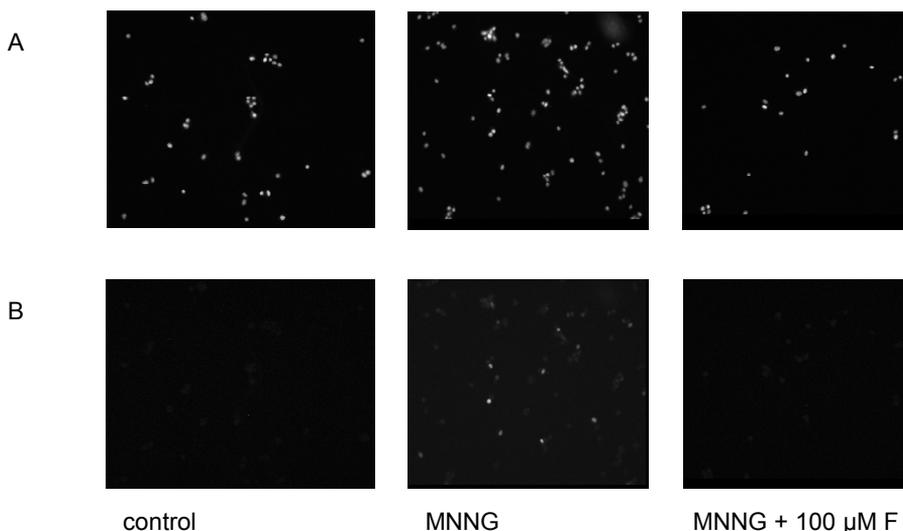


Figure 4. Detection of PAR-polymer formation in MNNG-treated A549 cells with or without pretreatment with flavone after immunohistochemical staining. (A) Visualization of all nuclei with propidium iodide; (B) Nuclei stained positive for PAR-polymers. Magnification: 400X

A 15 min pretreatment with 100 μM flavone significantly reduced the number of PAR-polymer positive cells to $1 \pm 1\%$ and a dose-dependent effect could be observed (Figure 4 and Figure 5). The known PARP-inhibitors 3-aminobenzamide and PJ34 were included as positive controls at similar concentrations and these also reduced the formation of PAR-polymers dose-dependently (Figure 5).

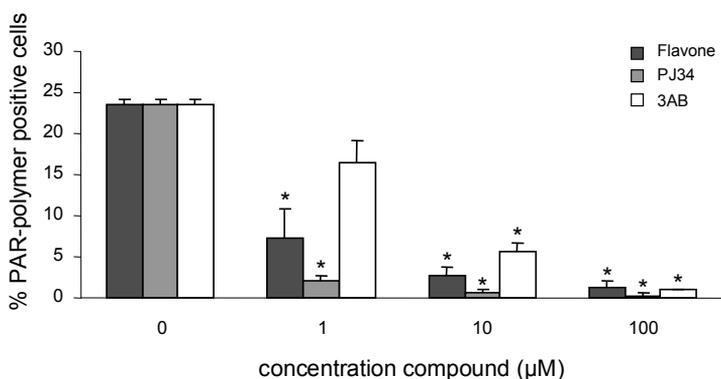


Figure 5. PAR-polymer formation in A549 lung epithelial cells. Cells were exposed to 25 μM MNNG for 5 minutes and pre-exposed for 15 minutes to the flavonoid flavone or the synthetic PARP-1 inhibitors PJ34 or 3AB in concentrations of 0, 1, 10 and 100 μM . Values are expressed as percentage PAR-polymer positive cells and are mean \pm S.E.M. of 3 replicate experiments.

* $P < 0.05$ vs incubation with MNNG without flavone, PJ34 or 3AB.

Effect of flavone on LPS-stimulated A549 cells

To investigate the effect of flavone on the inflammatory stress response mediated by NF- κ B, pulmonary epithelial cells were stimulated with LPS in the presence of flavone for 8, 16 and 24 h. Stimulation of A549 cells with 100 ng/ml LPS resulted in the release of the chemokine IL-8, although other cytokines such as IL-6 and TNF- α could not be detected following stimulation with LPS (data not shown). Treatment of A549 cells with 10 μ M flavone significantly reduced the LPS-induced IL-8 release at 16 and 24h after stimulation to respectively $53 \pm 7\%$ and $63 \pm 3\%$ of IL-8 levels of LPS-treated cells. At 24h after stimulation, 1 μ M flavone also significantly reduced the LPS-induced IL-8 release (Figure 6).

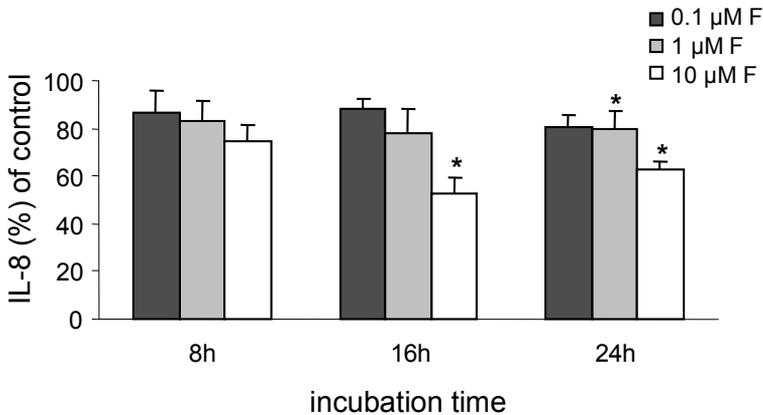


Figure 6. IL-8 production in LPS-stimulated A549 lung epithelial cells. Cells were exposed in a 6-well plate to 100 ng/ml LPS for 8, 16 or 24h and pre-exposed for 30 minutes to 0, 0.1, 1 and 10 μ M flavone. Values are expressed as percentage IL-8 production, with 100% representing IL-8 production in LPS-stimulated A549 cells (without flavone) and are mean \pm S.E.M. of 3 replicate experiments.

* $P < 0.05$ vs incubation with LPS without flavone.

Real time PCR analysis confirmed the inhibiting effect of flavone on IL-8 transcription in LPS-stimulated A549 cells (Figure 7A). The transcription of $\text{I}\kappa\text{B}\alpha$ was induced after stimulation by LPS, as shown in Figure 7B. At time points 8h and 16h, the transcription of $\text{I}\kappa\text{B}\alpha$ was significantly increased by flavone.

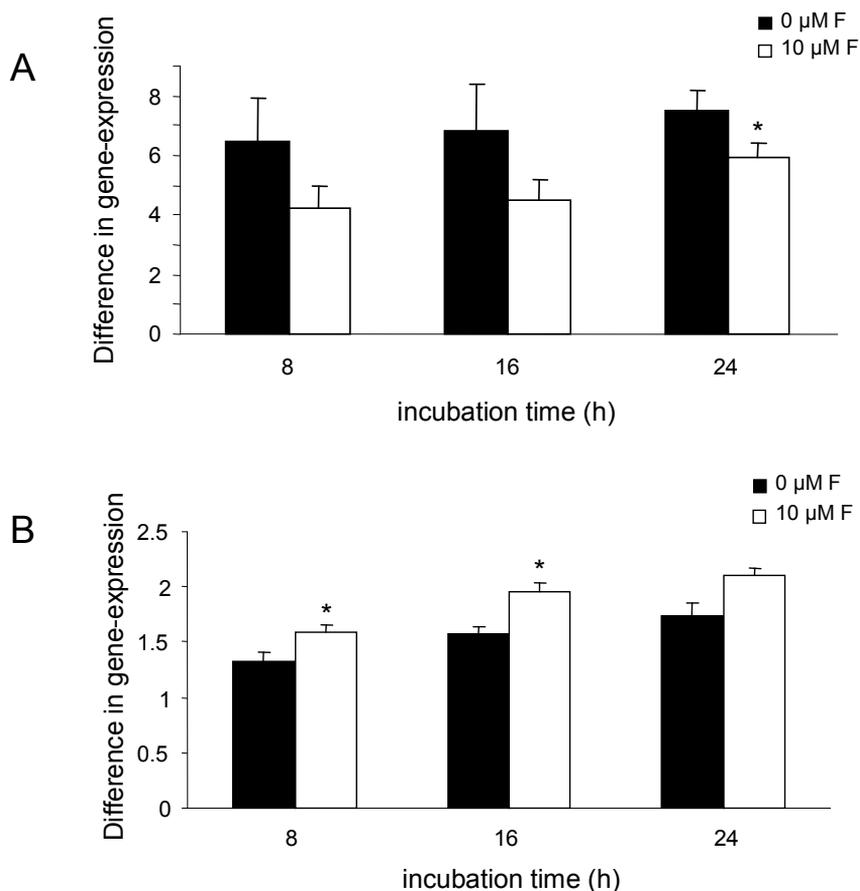


Figure 7. Gene-expression of IL-8 (A) and $\text{I}\kappa\text{B}\alpha$ (B) in LPS-stimulated A549 lung epithelial cells. Cells were exposed in a 6-well plate to 100 ng/ml LPS for 8, 16 or 24h and pre-exposed for 30 minutes to 0 and 10 μ M flavone. Gene expression was analysed using quantitative rtPCR and expressed as fold increase over control treatment (=0h -0 ng/ml LPS) and are mean \pm S.E.M. of 3 replicate experiments.

* $P < 0.05$ vs incubation with LPS without flavone.

However, no significant effect of flavone treatment on NF- κ B nuclear translocation could be measured following various incubation times ranging from 15 min up to 24h (Figure 8). Using immunocytochemical staining of the PAR-polymers, no PARP-1 activation could be detected after treatment of the cells to LPS from 5 min up to 24h after stimulation (data not shown).

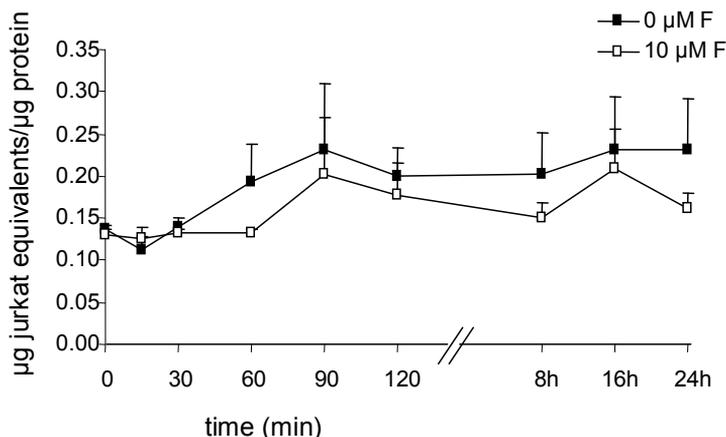


Figure 8. NF-κB nuclear translocation in LPS-stimulated A549 pulmonary epithelial cells after treatment with flavone. Cells were treated for various periods with 100 ng/ml LPS in the presence of 0 and 10 µM flavone. Values are expressed as µg jurkat equivalents/µg protein and are mean ± S.E.M. of 3 replicate experiments.

Determination of antioxidant activity of flavone

To rule out any antioxidant effect of flavone, scavenging of hydroxyl radicals and quantification of the total antioxidant capacity were determined by ESR spectroscopy and the TEAC assay respectively. Hydroxyl radicals were generated by H₂O₂ in the presence of FeSO₄. In combination with the spin-trap DMPO, stable DMPO-OH adducts were formed. Addition of flavone in various concentrations did not decrease the observed DMPO-OH signal (Figure 9). Addition of flavone to stable ABTS radicals in the TEAC assay did not cause a detectable reduction of the absorbance measured at 734 nm. The TEAC value of flavone could therefore not be quantified.

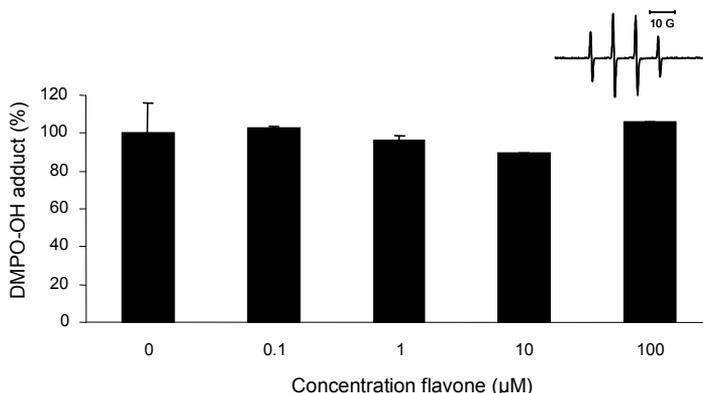


Figure 9. Hydroxyl radicals, generated by FeSO₄ and H₂O₂, are not scavenged by flavone. Values are expressed as % of control (FeSO₄+ H₂O₂+DMPO). Insert: ESR spectrum for the hydroxyl radical spin adduct (DMPO-OH).

DISCUSSION

In this study, flavone was identified as an inhibitor of the nuclear enzyme PARP-1. Inhibition of the enzyme by flavone was also observed in experiments showing prevention of NAD⁺-depletion in MNNG-treated A549 and RF24 cells. This was further confirmed immunocytochemically, by a reduced PAR-polymer formation in MNNG-treated A549 cells in the presence of flavone. In addition, flavone was found to attenuate the LPS-induced inflammatory response in A549 lung epithelial cells.

Increased PARP-1 activation in chronic inflammation has been observed in endothelial cells of diabetes patients and in peripheral blood mononuclear cells of patients with the pulmonary disease COPD [30, 131]. In addition, inhibition of PARP-1 has been shown both *in vitro* and *in vivo* to reduce the production or expression of inflammatory mediators like iNOS, but also of pro-inflammatory cytokines like IL-6 and IL-8 in models for pulmonary inflammation, septic shock or streptozotocin-induced diabetes [26, 29, 33, 34]. PARP-1 was found to be required for DNA binding and to act as a co-activator of the transcription factor NF- κ B [11, 19]. However, others reported that the protein itself rather than the enzyme activity was required for NF- κ B-mediated transcription [16]. NF- κ B mediates the gene expression of many cytokines, chemokines and enzymes, and activation of NF- κ B was observed in pulmonary inflammatory diseases like asthma and COPD [132].

In this study, the effect of the PARP-1 inhibiting flavonoid flavone on LPS-induced expression and production of pro-inflammatory cytokines was investigated by measuring the production of IL-8, TNF- α and IL-6 in A549 pulmonary epithelial cells. These cells did not show an increased production of TNF- α and IL-6 in response to LPS, which has also been observed previously [133]. Therefore, evaluation of the anti-inflammatory effect of flavone focussed on IL-8. IL-8 is a chemokine released during inflammation and is important in the recruitment and activation of immune and inflammatory cells such as neutrophils [134]. Increasing levels of IL-8 have been observed in plasma and bronchoalveolar lavage (BAL) fluids of patients with pulmonary inflammatory diseases like COPD and asthma [30, 135-137]. In the present study, it was found that flavone dose-dependently reduced IL-8 production and these results were confirmed by transcription analysis of IL-8. Since the transcription factor NF- κ B is involved in the transcriptional regulation of IL-8 [109], the mechanism underlying the effect of flavone on NF- κ B was investigated. A slight, but not significant, reduction in nuclear translocation and activation of NF- κ B was observed after treatment with flavone. However, transcription analysis of the inhibitor protein I κ B α revealed a stimulating effect of flavone on the expression of I κ B α , which was found to be significantly increased at 8h and 16h. Inhibitor proteins I κ B α and I κ B β regulate activation of NF- κ B via a feedback effect.

Stimulation by extracellular inducers such as cytokines, γ -radiation or oxidants causes the rapid phosphorylation and degradation of I κ B by I κ B kinase (IKK). The unbound activated NF- κ B translocates to the nucleus, where it binds to specific κ B consensus sequences in the chromatin and upregulates expression of many genes involved in the immune and inflammatory response. In addition, due to the presence of a κ B recognition sequence in the promoter region of the I κ B α -gene, NF- κ B activation induces the up-regulation of I κ B α transcription which eventually leads to a termination of the NF- κ B signal [138]. Since PAR-polymer formation could not be detected in LPS-stimulated A549 cells, the PARP-1 inhibiting effect of flavone could not be demonstrated at the level of PAR-polymer formation. This may be due to the very rapid catabolism of PAR-polymers by poly(ADP-ribose) glycohydrolase (PARG) [106] and the application of a mild LPS-stimulus of 100 ng/ml. PAR-polymer formation was not detected either by Erdelyi et al. (2005) in TNF- α and IL-1 β stimulated cells using immunohistochemistry [116].

Using ESR spectroscopy and the TEAC assay, scavenging of (hydroxyl) radicals by flavone was evaluated. As expected, flavone did not show any relevant radical scavenging activity. This implies that the observed anti-inflammatory effects could not be attributed to antioxidant properties.

In conclusion, these data indicate that the flavonoid flavone has significant PARP-1 inhibiting activity, reduces the LPS-induced transcription and production of the pro-inflammatory chemokine IL-8 and increases the transcription of I κ B α . Since transcription of IL-8 and I κ B α are mediated by NF- κ B, these data indicate that flavone attenuates the NF- κ B mediated inflammatory response. Whether this is due to its PARP-1 inhibiting activity remains to be determined, since in this study no PAR-polymer formation could be detected after LPS-stimulation of A549 cells.

Activation of PARP-1 has been observed in vascular dysfunction in diabetes and COPD [30, 83]. Under conditions of acute exacerbations in COPD and of high blood glucose levels in diabetes, increased oxidative stress and PARP-1-mediated decline of intracellular NAD⁺ and ATP contribute to tissue damage and may enhance inflammation. Therefore, attenuation of PARP-1 activation in these conditions might reduce the increased demand for energy, decrease tissue damage and improve inflammatory conditions. Based on the results of the current study, the flavonoid flavone appears to be a promising candidate in the treatment of chronic inflammatory diseases such as COPD and vascular dysfunction in diabetes.

CHAPTER 5

Anti-inflammatory effects of specific
PARP-1 inhibiting flavonoids in a
mouse model of lipopolysaccharide
induced acute pulmonary inflammation

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ABSTRACT

Dietary flavonoids are currently extensively investigated for their putative positive health effects. Previously, we observed significant *in vitro* poly(ADP-ribose) polymerase-1 (PARP-1) inhibiting effects of specific flavonoids in addition to the well-documented antioxidant and anti-inflammatory effects. In addition, it was observed that PARP-1 plays a mediating role in lipopolysaccharide (LPS)-induced acute pulmonary inflammation. Therefore, in the present study, the anti-inflammatory effects of the PARP-1 inhibiting flavonoids flavone, fisetin and tricetin were evaluated in an *in vivo* mouse model of LPS-induced acute pulmonary inflammation. Furthermore, the effects of the flavonoids were compared to those of the anti-inflammatory glucocorticoid dexamethasone. The flavonoid fisetin significantly reduced lung myeloperoxidase (MPO)-levels and gene-expression of inflammatory mediators such as interleukin (IL)-6, tumor necrosis factor (TNF)- α , IL-1 β , macrophage inflammatory protein (MIP)-1 α and MIP-2. The LPS-induced gene transcription of heme oxygenase (HO)-1 and superoxide dismutase (SOD)2 was also significantly reduced by fisetin. Flavone and tricetin also showed attenuation of inflammatory markers, but appeared to have lower efficacy than fisetin. Both fisetin as well as dexamethasone attenuated the LPS-induced PARP-1 activation in pulmonary epithelial cells. Overall, the anti-inflammatory effects of fisetin in this *in vivo* model were much more pronounced as compared to the observed effects of dexamethasone. The results of this study indicate that flavonoids such as fisetin might be potential candidates as nutraceuticals in the treatment of pulmonary inflammatory diseases.

INTRODUCTION

Flavonoids are a group of polyphenolic compounds, present in fruits, vegetables and beverages such as red wine and tea. Since the intake of flavonoids has been associated with a reduced risk for cardiovascular or chronic inflammatory diseases, this group of naturally occurring compounds is extensively investigated for their putative positive health effects [51, 57]. Recently, we reported that the flavonoids quercetin, tricetin, fisetin and flavone exerted poly(ADP-ribose) polymerase-1 (PARP-1) inhibiting activity and attenuated the lipopolysaccharide (LPS)-induced interleukin (IL)-8 release in pulmonary epithelial cells [139, 140]. Furthermore, flavone reduced the nuclear factor-kappa B (NF- κ B) mediated gene-transcription of IL-8 and increased the transcription of I κ B α in pulmonary epithelial cells, suggesting that the NF- κ B mediated inflammatory response was attenuated by flavone [140]. Based on the PARP-1 inhibiting and anti-inflammatory activity, it was suggested that these food-derived compounds might be applied in the treatment of inflammatory diseases, such as chronic obstructive pulmonary disease (COPD). Until now, no effective treatment for these diseases has been developed yet, and these flavonoids may offer a new therapeutic potential. Previously, Liaudet *et al.* (2002) demonstrated that PARP-1 inhibition by synthetic compounds attenuated the LPS-induced acute pulmonary inflammation [29]. Therefore, we aimed at evaluating the PARP-1 inhibiting flavonoids in a model for acute pulmonary inflammation.

In the present study, the effect of the orally administered PARP-1 inhibiting flavonoids flavone, fisetin and tricetin was investigated on intratracheally LPS-induced pulmonary inflammation and oxidative stress in mice. Furthermore, the effects were compared to the anti-inflammatory glucocorticoid dexamethasone.

MATERIAL AND METHODS

Animals

Male C57BL/6 mice (12 weeks) were obtained from Charles River (Maastricht, The Netherlands). Animals were housed individually in standard laboratory cages and allowed food and water *ad libitum* during the experiments. The experiments were approved by the Ethics Committee for Animal Experiments of Maastricht University (Maastricht, The Netherlands).

Experimental protocol

On 4 consecutive days, mice (n=6/group) received the compounds via oral gavage (22.2 mg flavone, 28.6 mg fisetin, 30.2 mg tricetin or 2.0 mg dexamethasone/kg bodyweight). The daily administered doses of the flavonoids

were equal to 100 $\mu\text{mol/kg}$ bodyweight. In a previous *in vitro* study we found that these flavonoids showed similar PARP-1 inhibiting activity as compared to the synthetic PARP-1 inhibitor 3-aminobenzamide [139, 140].

The anti-inflammatory glucocorticoid dexamethasone was also applied in this model at a reported anti-inflammatory dose of 2 mg/kg bodyweight/day [141, 142]. Prior to administration, each compound was freshly suspended in soy oil, which was also used as vehicle control (5 ml soy oil/kg bodyweight). Soy oil was chosen since previous findings indicated that co-administration of lipids such as soy bean or lecithin enhanced and accelerated the oral bioavailability of the flavonoid aglycone quercetin from the diet [143]. At day 4, one hour after the final oral administration mice received LPS intratracheally. Intratracheal (IT) instillation technique was performed via a non-surgical procedure according to Vernooij *et al.* [144]. Mice were anesthetized by subcutaneous injection with ketamin hydrochloride (Nimatek; Eurovet, Bladel, The Netherlands) and xylazine hydrochloride (Xylaject; Dopharma, Raamsdonksveer, The Netherlands). LPS (O55:B5, Sigma, Darmstadt, Germany), dissolved in 50 μl sterile 0.9% NaCl, was instilled intratracheally (20 $\mu\text{g}/\text{mouse}$) via a canule and syringe (2x 25 μl), followed by 100 μl air. Sham-treated mice were instilled intratracheally with 50 μl sterile 0.9% NaCl. After IT treatment, mice were kept in an upright position for 10 minutes to allow the fluid to spread throughout the lungs. Mice were killed 4h and 24h after IT treatment while under pentobarbital (Nembutal, Ceva Sante Animale, Naaldwijck, The Netherlands) anesthesia. Blood was collected via heart puncture in EDTA-containing tubes, immediately centrifuged (2000xg, 10 min, 4°C) and plasma was stored at -80°C. Lungs were removed and lung tissue was snap-frozen for RNA-isolation and myeloperoxidase (MPO) analysis. For immunohistochemical analyses, lung tissue was inflated with 10% phosphate-buffered formalin (pH 7.4) through the trachea and subsequently fixed in formalin for 24 h after which it was further processed for immuno-histochemical staining.

Dose and time finding study

Initial data were obtained using various time points (2-4-6-8-12-24-48-72-96h) as well as various LPS concentrations (0-10-20-40 μg LPS), with MPO-activity in lung homogenates as primary parameter. These data revealed that the inflammatory response was starting to develop at 4h after LPS-treatment. At 24h after LPS-treatment (20 $\mu\text{g}/\text{mouse}$), the LPS-induced inflammatory processes reached maximum levels. Therefore, these time points were selected to investigate whether oral administration of PARP-1 inhibitors might suppress early development of the inflammatory response as well as reduce its intensity.

MPO-analysis

MPO activity in the dose and time finding study was measured in homogenates

using a MPO activity assay kit (Cytostore, Calgary, Canada) according to the manufacturer's instruction. Briefly, snap-frozen lung tissue was homogenized in hexadecyltri-methylammonium bromide (HTAB)-buffer. Approximately 50 μ l HTAB-buffer was added to 1 mg of lung tissue. After centrifugation (10000xg, 2min, 4°C), lung homogenates were kept on ice and MPO-activity was determined according to the manufacturer's protocol during 5 minutes at 450 nm. However, to exclude any interference of the applied compounds with the activity measurements, MPO protein levels were further determined quantitatively using a mouse MPO ELISA kit (HBT, Uden, The Netherlands) according to the manufacturer's instruction. Prior to this analysis, snap-frozen lung tissue was ground to a powder in a stainless steel mortar under liquid nitrogen and homogenized in a lysis buffer containing 200 mM NaCl, 5 mM EDTA, 10 mM tris, 10% glycine, 1 mM PMSF, 1 μ g/ml leupeptide and 28 μ g/ml aprotinin (pH 7.4). Approximately 20 μ l lysisbuffer was added to 1 mg tissue. After centrifugation (10000xg, 15 min, 4°C), lung homogenates were stored at -80°C. Myeloperoxidase protein levels in lung tissue homogenate were quantitatively determined using the ELISA kit. The protein concentration was determined according to the BCA method (Pierce, Rockford, IL, USA). The amount of MPO was expressed as ng MPO/mg protein. Measurement of MPO-activity in the dose and time finding study revealed that in addition to increased MPO-protein levels, MPO-activity was also increased after LPS-treatment (data not shown).

Gene transcription analysis by quantitative PCR

Snap-frozen lung tissue was ground to a powder in a stainless steel mortar under liquid nitrogen and homogenized in Trizol Reagent (Invitrogen, Carlsbad, CA, USA). Total RNA isolation was performed according to the manufacturer's instructions. Concentration of the isolated total RNA was determined spectrophotometrically at 260 and 280 nm. Reverse transcription reaction was performed using 1 μ g of total RNA and reverse-transcribed into cDNA using iScript™ cDNA Synthesis Kit (Biorad Laboratories, Hercules, CA, USA). Subsequently, real time PCR was performed with a MyiQ Single Colour real time PCR detection system (BioRad) using SYBR® Green Supermix (Biorad), 5 μ l diluted (10x) cDNA, and 0.3 μ M primers in a total volume of 25 μ l. PCR was conducted as follows: denaturing at 95°C for 3 min, followed by 40 cycles of 95°C for 15 seconds and 60°C for 45 seconds. After the PCR procedure, a melt curve (60-95°C) was produced for product identification and control of purity. β -Actin was included as an internal control gene, since the various treatments did not influence its gene-expression. rtPCR primers were designed using Primer express software (Applied Biosystems). Primer sequences used were as follows:

TNF- α 5'-GACCCTCACACTCAGATCATCTTCT (forward) and 5'-CCACTTGGTGGTTTGCTACGA (reverse), IL-6 5'-ACAAGTCGGAGGCTTAATTACACAT

(forward) and 5'-AATCAGAATTGCCATTGCACAA (reverse), MIP-2 5'-GAACATCCAGAGCTTGAGTGTGA (forward) and 5'-CTTGAGAGTGGCTATGACTTCTGTC (reverse), MIP-1 α 5'-ACTATTTTGAAACCAGCAGCCTTT (forward) and 5'-GATCTGCCGGTTTCTCTTAGTCA (reverse), I κ B α 5'-CGGAGGACGGAGACTCGTT (forward) and 5'-TTCACCTGACCAATGACTTCCA (reverse), IL-1 β 5'-AATCTATACCTGTCTGTGTAATGAAAGAC (forward) and 5'-TGGGTATTGCTGGGATCCA (reverse), heme oxygenase (HO)-1 5'-CCGCCTTCCTGCTCAACAT (forward) and 5'-CATCTGTGAGGGACTCTGGTCTT (reverse), superoxide dismutase (SOD)2 5'-AGGCTATCAAGCGTGACTTTGG (forward) and 5'-TGAACCTTGGACTCCCACAGA (reverse), β -Actin 5'-CGTGAAAAGATGACCCAGATCA (forward) and 5'-CACAGCCTGGATGGCTACGT (reverse). Data were analysed using the MyiQ Software system (BioRad) and were expressed as relative gene expression (fold increase) using the $2^{-\Delta\Delta Ct}$ method [129].

Immunohistochemical staining of poly ADP-ribose (PAR)-polymers

The presence of PAR-polymers was determined using immunohistochemical staining. Briefly, paraffin sections were deparaffinized and rehydrated. Endogenous peroxidase was quenched with 0.3% hydrogen peroxidase. For antigen retrieval, sections were incubated with trypsin for 10 min at 37°C. After blocking the sections with 10% non fat dry milk for 10 min and 10% goat serum for 15 min, sections were incubated overnight with the primary polyclonal antibody to PAR (96-10-04, Alexis, Lausen, Switzerland). Next, sections were incubated with a biotinylated goat anti-rabbit immunoglobulin (Dako, Glostrup, Denmark), followed by incubation with avidin-peroxidase (ABC-kit, Vectastain) for 30 min and 3,3'-diaminobenzidine for 10 min. Sections were counterstained with hematoxylin, dehydrated and mounted with Entellan (Merck). Slides containing the stained lung section were encoded and at least 200 epithelial cells were evaluated for the presence of PAR-polymers in their nuclei.

Mice plasma serum amyloid p component and IL-6 analysis

Plasma serum amyloid p component (SAP) levels were determined using a quantitative ELISA-based test kit (Gentaur, Brussels, Belgium). Plasma IL-6 levels were determined using a Mouse IL-6 Immunoassay kit (R&D Systems, Minneapolis, USA).

Statistical Analysis

Results are reported as mean \pm SEM. Statistical analyses were carried out using SPSS 14.0. Data appeared not normally distributed and were therefore evaluated with non-parametric tests. The data of the LPS-treated mice at 4h and 24h after IT LPS-treatment compared to the NaCl-treated mice were evaluated using Mann-Whitney test. Furthermore, the effect of treatment with the flavonoids

flavone, fisetin and tricetin or dexamethasone on the LPS-induced changes of inflammatory markers and the efficiency between fisetin and dexamethasone was evaluated using Kruskal-Wallis test followed by posthoc test of Siegel and Castellan [145]. Differences were considered to be statistically significant at $P < 0.05$.

RESULTS

Neutrophil infiltration in lungs

The amount of MPO protein in lung tissue homogenates was determined as a measure for influx of neutrophils (Figure 1). At 4h after LPS-stimulation, slightly but not significantly increased levels of MPO were observed. Intratracheal instillation of mice with LPS significantly increased lung MPO-levels at 24h after LPS-treatment. Previous oral administration of flavone, fisetin and tricetin significantly reduced MPO-levels in lungs at 24h after LPS-treatment. Pretreatment of the mice with dexamethasone also significantly attenuated lung MPO-levels at 24h after IT LPS treatment. Fisetin pretreatment had a significantly stronger reducing effect on MPO-levels than dexamethasone pretreatment.

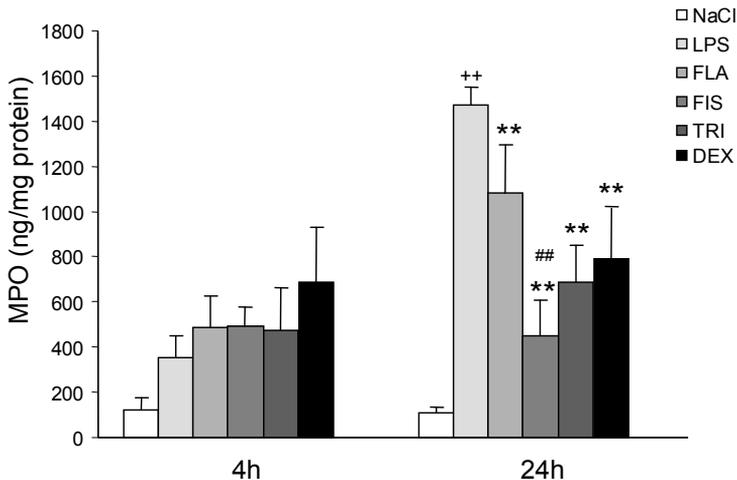


Figure 1. MPO-protein levels in lungs after IT LPS instillation of C57BL/6 mice. Mice orally received flavone (FLA), fisetin (FIS), tricetin (TRI) and dexamethasone (DEX) for 4 consecutive days prior to the LPS-challenge. MPO-levels were determined at 4h and 24h after LPS-treatment. MPO levels are expressed as ng MPO/mg protein and are mean \pm SEM of 6 mice.

⁺⁺ $P < 0.05$ vs 24h NaCl-treated mice

^{**} $P < 0.05$ vs 24h LPS-treated mice without flavonoids or DEX

^{##} $P < 0.05$ vs 24h LPS+DEX-treated mice

Gene-expression in lung tissue

Chemokine and cytokine expression in lung tissue

Since PARP-1 is involved in both the NF- κ B and activator protein-1 (AP-1) pathways [11, 15, 82], the effect of oral administration of PARP-1 inhibiting flavonoids on these pathways was evaluated by measuring transcription of I κ B α , IL-1 β , IL-6 and TNF- α and also of the chemokines MIP-1 α and MIP-2 (Figure 2).

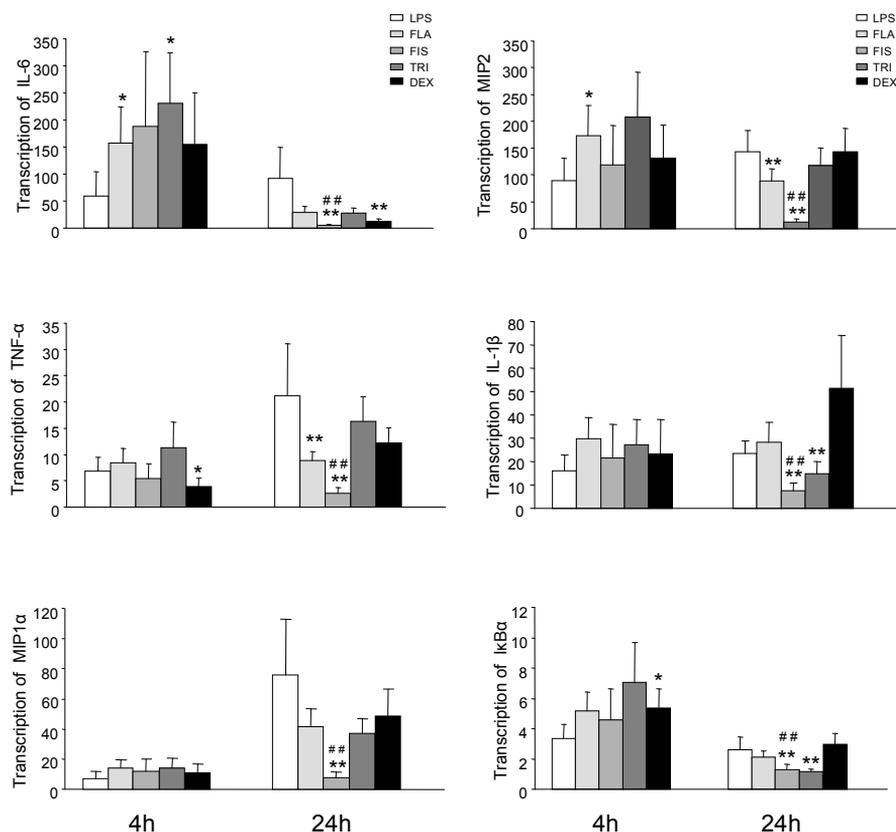


Figure 2. Transcription of the chemokines and cytokines IL-6, TNF- α , MIP-1 α , MIP-2, IL-1 β , I κ B α in lungs of IT LPS-treated C57BL/6 mice. Mice orally received flavone (FLA), fisetin (FIS), tricetin (TRI) and dexamethasone (DEX) for 4 consecutive days prior to the LPS-challenge. Gene expression was determined 4h and 24h after LPS-challenge and was analysed using quantitative PCR and expressed as fold increase over control treatment (=NaCl) and are mean \pm SEM of 6 mice.

* $P < 0.05$ vs 4h LPS-treated mice without flavonoids or DEX

** $P < 0.05$ vs 24h LPS-treated mice without flavonoids or DEX

$P < 0.05$ vs 24h LPS+DEX-treated mice

IT LPS-treatment increased gene-expression of IL-6, TNF- α , IL-1 β and I κ B α , MIP-1 α and MIP-2 both at 4h and 24h. A 4-day oral administration of fisetin significantly reduced transcription of IL-6, TNF- α , MIP-1 α , MIP-2, IL-1 β , I κ B α at 24h after IT LPS. Oral administration of mice with flavone and tricetin significantly increased gene transcription of IL-6 at 4h after LPS treatment, whereas TNF- α gene transcription was reduced at 24h after LPS treatment in mice receiving flavone. Flavone pretreatment also reduced MIP-2 gene-transcription at 24h after LPS treatment, but at 4h after LPS-treatment an increased transcription was observed. Tricetin reduced transcription of IL-1 β and I κ B α at 24h after LPS treatment. Dexamethasone treatment reduced the transcription of the IL-6 gene at 24h and of TNF- α at 4h after LPS-treatment. An increased I κ B α gene-transcription was observed at 4h after LPS treatment in the dexamethasone pretreated mice.

Antioxidant expression in lung tissue

Since the administered flavonoids fisetin and tricetin are known to have antioxidant effects, transcription of the redox-regulated HO-1 and the antioxidant SOD2 genes was also investigated. Both genes were significantly up-regulated following LPS-treatment (Figure 3). HO-1 gene transcription was significantly reduced in fisetin pretreated mice at 4h and 24h and in flavone pretreated mice at 24h after LPS-treatment. Dexamethasone pretreatment significantly increased HO-1 gene transcription at both time points, indicating increased oxidative stress. SOD2 gene transcription was significantly reduced in mice receiving fisetin (4h and 24h), flavone (24h), tricetin (24h). At 4h after LPS-treatment, flavone as well as dexamethasone administration increased gene transcription of SOD2.

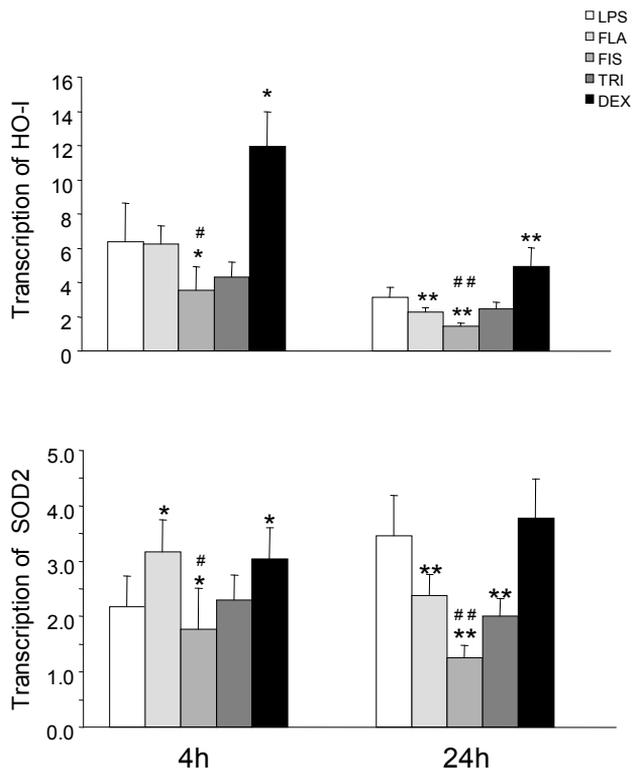


Figure 3. Transcription of HO-1 and SOD2 in lungs of IT LPS-treated C57BL/6 mice. Mice orally received flavone (FLA), fisetin (FIS), tricetin (TRI) and dexamethasone (DEX) for 4 consecutive days prior to the LPS-challenge. Gene expression was determined 4h and 24h after LPS-challenge and was analysed using quantitative PCR and expressed as fold increase over control treatment (=NaCl) and are mean \pm SEM of 6 mice.

* $P < 0.05$ vs 4h LPS-treated mice without flavonoids or DEX

** $P < 0.05$ vs 24h LPS-treated mice without flavonoids or DEX

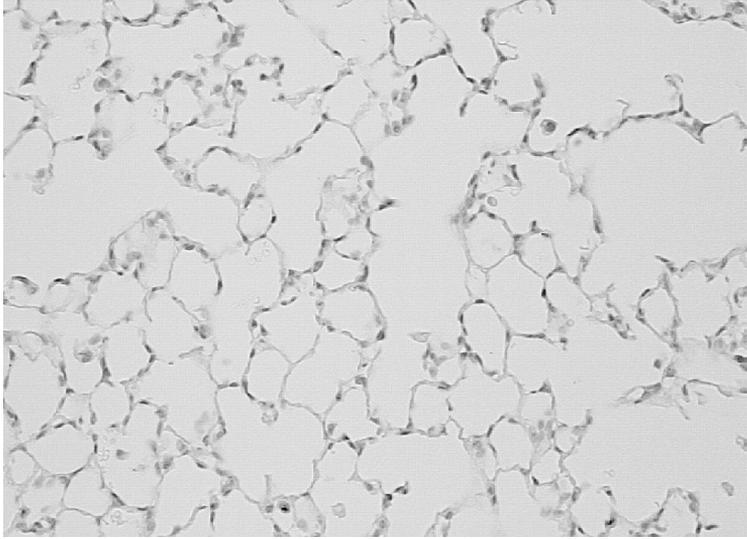
$P < 0.05$ vs 4h LPS+DEX-treated mice

$P < 0.05$ vs 24h LPS+DEX-treated mice

PAR-polymer formation in LPS-exposed lungs

The extent of PARP-1 activation in LPS-exposed lungs was determined by evaluating the presence of PAR-polymers in the nuclei of pulmonary epithelial cells. It was observed that intratracheal treatment of mice with LPS induced PARP-1 activation, as was indicated by the presence of PAR-polymers in the epithelial cells. This was most apparent at 24h after LPS-exposure. At 4h after LPS-exposure, a small number of epithelial cells showed PAR-polymers in the nuclei (data not shown). Furthermore, at 24h after LPS-exposure it was observed that lungs of LPS-exposed mice contained infiltrated leukocytes, of which most were also positive for the presence of PAR-polymers (Figure 4).

NaCl



LPS

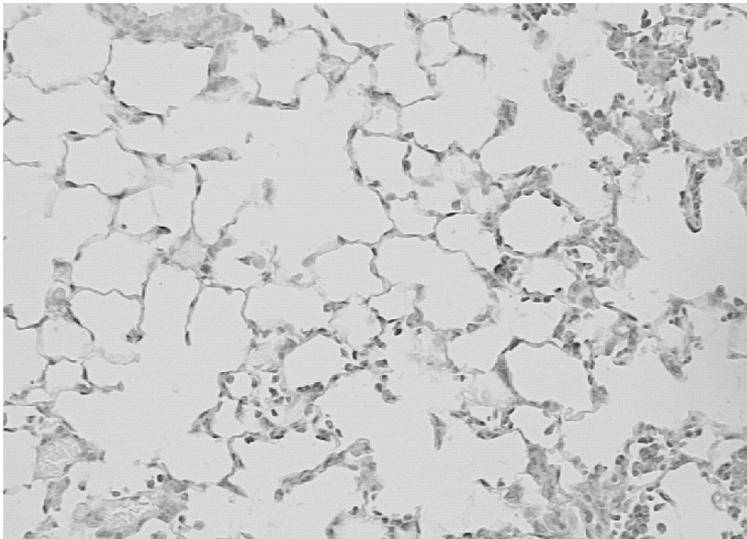


Figure 4. PAR-polymer formation in lungs of IT LPS-treated C57BL/6 mice. PARP-1 activation was determined immunohistochemically 24h after LPS exposure. Magnification 400x.

Since most consistent anti-inflammatory effects were observed for fisetin, the effect of this flavonoid on PARP-1 activation in pulmonary epithelial cells was studied. LPS treatment induced a significant increase in the frequency of PAR-polymer positive nuclei after 24h which was attenuated in mice that orally received fisetin and dexamethasone (Figure 5). For fisetin a reduction of 67.2%

$\pm 16.2\%$ and for dexamethasone a reduction of $39.4\% \pm 31\%$ was found. Since a high variability was found between mice these differences were not statistically significant.

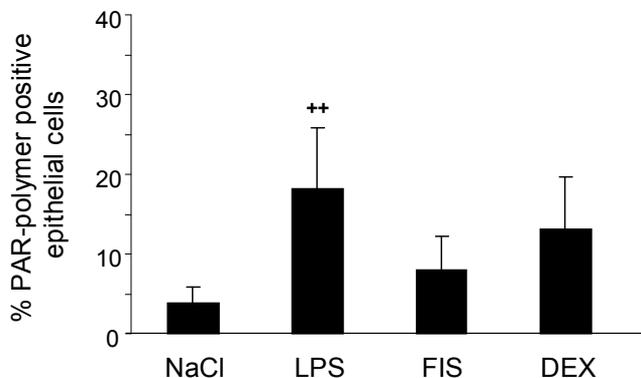


Figure 5. Percentage PAR-polymer positive epithelial cells in lungs of IT LPS-treated C57BL/6 mice 24h after LPS-exposure. Mice orally received fisetin (FIS) and dexamethasone (DEX) for 4 consecutive days prior to the LPS-challenge. Data shown are mean \pm SEM of 4-6 mice per group and are based on at least 200 cells per animal.

++ $P < 0.05$ vs 24h NaCl-treated mice

Plasma SAP and IL-6 levels

Plasma levels of the acute phase reactant SAP and cytokine IL-6 were measured to investigate whether treatment of the LPS-exposed mice with the putative anti-inflammatory flavonoids fisetin, tricetin and flavone or the anti-inflammatory glucocorticoid dexamethasone also reduced the systemic inflammatory response.

Plasma SAP-levels were significantly increased at 24h after IT treatment with LPS. However, no significant changes were observed for mice receiving the flavonoids flavone, fisetin or tricetin, nor for mice pre-treated with the anti-inflammatory drug dexamethasone (Figure 6).

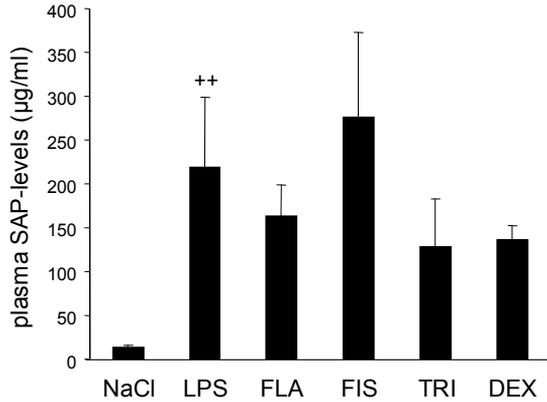


Figure 6. Plasma SAP levels of IT LPS-treated C57BL/6 mice. Mice orally received flavone (FLA), fisetin (FIS), tricetin (TRI) and dexamethasone (DEX) for 4 consecutive days prior to the LPS-challenge. Plasma SAP-levels are measured 24h after LPS-exposure and expressed as µg/ml and are mean ± SEM of 6 mice.
⁺⁺ $P < 0.05$ vs 24h NaCl-treated mice

Increased plasma IL-6 levels were observed at 4h and 24h after LPS-treatment. In mice that received flavone and fisetin significantly further increased plasma IL-6 levels were observed at 4h after IT LPS-treatment. At 24h after IT LPS-treatment, tricetin and dexamethasone administration to mice significantly reduced plasma IL-6 levels. Dexamethasone pre-treatment showed a stronger reducing effect on LPS-induced plasma IL-6 release (Figure 7).

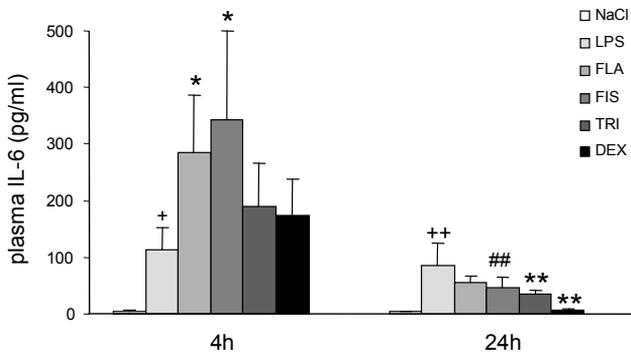


Figure 7. Plasma IL-6 levels of IT LPS-treated C57BL/6 mice. Mice orally received flavone (FLA), fisetin (FIS), tricetin (TRI) and dexamethasone (DEX) for 4 consecutive days prior to the LPS-challenge. Plasma IL-6 levels are measured 4h and 24h after LPS-exposure and are expressed as pg/ml and are mean ± SEM of 6 mice.

⁺ $P < 0.05$ vs 4h NaCl-treated mice

⁺⁺ $P < 0.05$ vs 24h NaCl-treated mice

^{*} $P < 0.05$ vs 4h LPS-treated mice without flavonoids or DEX

^{**} $P < 0.05$ vs 24h LPS-treated mice without flavonoids or DEX

^{##} $P < 0.05$ vs 24h LPS+DEX-treated mice

DISCUSSION

In this study the orally administered PARP-1 inhibiting flavonoids flavone, fisetin and tricetin appeared to differ to a great extent with respect to their efficacy. Most consistent anti-inflammatory effects were found for fisetin, specifically in the lungs. The anti-inflammatory effects of fisetin in the lungs were more pronounced than the effects of the anti-inflammatory glucocorticoid dexamethasone.

Oral administration of flavonoids in IT LPS-induced acute pulmonary inflammation was used to evaluate the potential application of these compounds as nutraceuticals or as ingredients of functional foods for patients with pulmonary diseases. The flavonoids which were evaluated in the present study can be found in apples, onions, grapes and strawberries (fisetin), Ginkgo Biloba (tricetin), dill weeds and oats (flavone) [121].

In the present study, flavone, fisetin and tricetin were all administered to the mice as their aglycone. In plants and foods, flavonoids are mainly present as glycosides, and initially it was thought that the aglycones were the only form that was able to be taken up in the gastro-intestinal tract [53]. However, currently it is considered that also flavonoid glycosides can be absorbed without preceding hydrolysis [54, 55]. After absorption, flavonoids are extensively metabolized in various organs such as small intestine and liver, resulting in the formation of sulfated, glucuronidated and methylated compounds [56]. The tissue distribution of specific flavonoids has been recently evaluated in various studies. The tissue distribution of quercetin and quercetin metabolites was assessed in rats fed a quercetin-rich diet for 11 weeks [146]. High quercetin levels were found in rat lung tissue. In the present study, plasma or tissue levels of the various flavonoids and metabolites were not determined. However, clear effects were observed in fisetin pretreated mice, implying that fisetin or its metabolites are absorbed from the gastrointestinal tract and distributed throughout the body. Whether fisetin or its metabolites also accumulate in the lungs of mice, as has been reported for quercetin in rat lungs, remains to be investigated.

Recently, the mechanism of the *in vitro* anti-inflammatory effects of fisetin was extensively investigated [147]. Fisetin was found to suppress activation of NF- κ B by inhibiting activation of I κ B α kinase (IKK). Fisetin was reported to block phosphorylation and degradation of I κ B α and subsequently induce suppression of the nuclear translocation of p65 subunit [147]. In a study by Chen et al. (2004) [114], the anti-inflammatory effects of various flavonoids were investigated in respiratory epithelial cells. It was found that the flavones luteolin and apigenin inhibited IKK activity, I κ B α degradation and NF- κ B DNA-protein binding [114]. In the present study, pretreatment of mice with the flavonoid fisetin significantly suppressed the LPS-induced acute pulmonary inflammation.

At 4h after LPS-treatment, fisetin pretreatment did not significantly modulate any of the tested NF- κ B dependent genes. However, at 24h after LPS-treatment, fisetin reduced transcription of the cytokines IL-1 β , IL-6 and TNF- α and also of the chemokines MIP-1 α and MIP-2, suggesting that at this time point NF- κ B dependent transcription was attenuated. In addition, fisetin reduced transcription of the NF- κ B inhibitor protein I κ B α at 24h after LPS-treatment, which appears to imply that at this time point the LPS-induced activation of NF- κ B was no longer enhanced. Flavone and tricetin also showed attenuation of inflammatory markers, but appeared to have lower efficacy than fisetin.

In this study, significant increases in IL-6 levels in plasma and IL-6 transcription in lung tissue were observed at 4h after IT LPS-treatment in the flavone (plasma and lung), fisetin (plasma) and tricetin (lung) pretreated mice. Xing et al (1998) [148] postulated that in mouse models of LPS-induced acute pulmonary inflammation and endotoxaemia, the cytokine IL-6 plays an anti-inflammatory role in acute inflammatory responses, as an upstream signal leading to a downregulation of proinflammatory cytokines [148]. The elevated IL-6 levels at 4h in these mice might therefore indicate that increased production of IL-6 in the earlier phase may lead to an enhanced downregulation of the inflammatory response. Particularly for fisetin, this might be an explanation for the potent anti-inflammatory effects at 24h after LPS-treatment in lungs as well as in blood.

Transcription of HO-1 and SOD2 genes was determined in this study as a marker for oxidative stress. HO-1 expression is upregulated in response to agents that generate ROS, and induction of HO-1 is generally regarded as a protective mechanism against oxidative tissue injury [149]. In the present study, both HO-1 and SOD2 transcription were elevated at 4h as well as 24h after IT LPS-treatment. Pretreatment with fisetin significantly reduced HO-1 and SOD2 transcription at these time points and after pretreatment with tricetin a reduced HO-1 and SOD2 transcription was observed at 24h after LPS treatment. Flavone also reduced HO-1 and SOD2 transcription at 24h after LPS treatment, although it has no antioxidant activity. In contrast, the anti-inflammatory glucocorticoid dexamethasone significantly increased HO-1 and SOD2 transcriptional activities. Despite the fact that a much cited explanation for the anti-inflammatory effects of flavonoids is their antioxidant effect, results of the present study imply that other mechanisms are more likely to underlie the anti-inflammatory effects described in the present study.

Pretreatment of the LPS-exposed mice with the anti-inflammatory glucocorticoid dexamethasone (2mg/kg bodyweight) did not affect the expression of the anti-inflammatory genes in the lungs. Lung MPO-levels and plasma IL-6 levels at 24h after LPS exposure were significantly reduced in the dexamethasone treated group. In comparison to the flavonoids, dexamethasone was applied at a much lower concentration, which has been applied before in mouse models.

The potential inhibiting effects of fisetin on PARP-1 in the lungs were determined by immunohistochemical staining of the PAR-polymer in the pulmonary epithelial cells. Increased PAR-polymer formation was observed at 24h after LPS-exposure, which was also consistent with the results of Liaudet *et al.* (2002) [29]. Both fisetin as well as dexamethasone tended to attenuate the number of PAR-polymer positive pulmonary epithelial cells.

Altogether, the evaluated flavonoids and specifically fisetin exerted potent anti-inflammatory effects in an *in vivo* model of LPS-induced acute pulmonary inflammation. The anti-inflammatory effects were not only observed in the lungs but also systemic effects were found. The flavonoids flavone and tricetin also showed attenuation of inflammatory markers, but appeared to be less potent than fisetin; the order of potency was fisetin > tricetin > flavone. Furthermore, fisetin was found to have a higher efficacy in reducing pulmonary inflammation as compared to the well-established anti-inflammatory glucocorticoid dexamethasone. Since long-term intake of corticosteroids is known to be accompanied with serious side-effects, and no effective treatment for chronic inflammatory diseases such as COPD has been developed yet, alternative treatments are needed. The results obtained indicate that functional foods or nutraceuticals containing fisetin may be promising candidates for the application in the treatment of inflammatory pulmonary diseases.

CHAPTER 6

The caffeine metabolite
1,7-dimethylxanthine inhibits
the lipopolysaccharide-induced
inflammatory response in mouse lungs
and ex vivo in blood of COPD patients

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ABSTRACT

The nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1) has previously been reported to play an important role in lipopolysaccharide (LPS)-induced pulmonary inflammation. Therefore, PARP-1 inhibitors are considered to have a potential application in the treatment of inflammatory lung diseases such as chronic obstructive pulmonary disease (COPD).

In the present study, the anti-inflammatory effects of a previously identified PARP-1 inhibiting caffeine metabolite, 1,7-dimethylxanthine, were evaluated using two different models. First, orally administered 1,7-dimethylxanthine was tested *in vivo* in a mouse model of LPS-induced acute pulmonary inflammation. 1,7-Dimethylxanthine significantly attenuated the LPS-induced increased lung myeloperoxidase (MPO)-levels and gene-transcription of interleukin (IL)-6, tumor necrosis factor (TNF)- α , macrophage inflammatory protein (MIP)-1 α and MIP-2. Reduced systemic levels of both serum amyloid P component (SAP) as well as IL-6 were observed in plasma of 1,7-dimethylxanthine treated mice. Furthermore, 1,7-dimethylxanthine tended to attenuate the LPS-induced PAR-polymer formation. In addition, the anti-inflammatory effects at 24h were more pronounced when compared to the synthetic PARP-1 inhibitor 3-amino-benzamide. In the second model, blood of COPD patients and healthy controls was stimulated *ex vivo* with LPS in the presence or absence of 1,7-dimethylxanthine at a physiological concentration. In this model, 1,7-dimethylxanthine significantly suppressed the LPS-induced production of the cytokines IL-6 and TNF- α .

Since no effective treatment for chronic inflammatory diseases such as COPD has been developed yet, there is an urgent need for novel therapeutic strategies. These results suggest that the PARP-1 inhibitor 1,7-dimethylxanthine may be applied as anti-inflammatory treatment in inflammatory diseases such as COPD.

INTRODUCTION

Exposure of the respiratory system to airborne particles from cigarette smoke and air pollution is a major etiologic factor in the development of chronic pulmonary diseases [150-152]. The bacterial cell wall component lipopolysaccharide (LPS), present as contaminant in cigarette smoke or organic dusts, has been shown to induce acute and chronic lung inflammation [153].

Previously, activation of the nuclear enzyme poly(ADP-ribose) polymerase-1 (PARP-1) has been demonstrated to play a central role in LPS-induced acute pulmonary inflammation [29]. PARP-1 is activated during oxidative stress [85] and is involved in regulation of transcription and stress response via the transcription factors nuclear factor kappa B (NF- κ B) and activator protein-1 (AP-1) [21, 24, 81]. PARP-1 appears to be not only involved in acute inflammatory responses, but also in chronic inflammatory conditions [23, 29, 30, 83, 84, 154]. Consequently, the therapeutic potential of PARP-1 has extended to alleviation of chronic inflammatory conditions as well. Previously, increased activity of PARP-1 has been observed in peripheral blood mononuclear cells in patients with chronic obstructive pulmonary disease (COPD) [30]. COPD is not only characterized by pulmonary inflammation and airflow limitation, but also by systemic inflammation as is evident from an increased number of circulating lymphocytes and increased serum levels of the cytokines tumor necrosis factor-alpha (TNF- α), interleukin (IL)-6 and IL-8 as well as from increased markers of oxidative stress [155, 156]. Current therapies for COPD are aimed at improving airflow limitation and reducing exacerbations, while no effective treatment for the pulmonary nor for the systemic inflammatory manifestations of COPD has been established yet.

Previously, we observed that several methylxanthines, among which the caffeine metabolite 1,7-dimethylxanthine (paraxanthine) and to a lesser extent theophylline, which is still used in the treatment of COPD, have PARP-1 inhibiting effects *in vitro* in pulmonary epithelial cells. Furthermore, it was suggested that these compounds may offer potential therapeutic application in reducing pulmonary and systemic inflammation [89, 107].

The aim of the present study, therefore, was to investigate the effect of oral administration of the PARP-1 inhibitor 1,7-dimethylxanthine in a mouse model with LPS-induced acute pulmonary and systemic inflammation. The anti-inflammatory effects of 1,7-dimethylxanthine were compared to the orally administered synthetic PARP-1 inhibitor 3-aminobenzamide. Furthermore, we investigated the effect of 1,7-dimethylxanthine on cytokine release in *ex vivo* LPS-stimulated whole blood of COPD patients and healthy controls.

MATERIAL AND METHODS

LPS-induced pulmonary inflammation in mice

Animals

Male C57BL/6 mice (12 weeks) were obtained from Charles River (Maastricht, The Netherlands). Animals were housed individually in standard laboratory cages and allowed food and water *ad libitum* during the experiments. The experiments were approved by the Ethics Committee for Animal Experiments of Maastricht University (Maastricht, The Netherlands).

Experimental protocol

On 4 consecutive days, mice (n=6/group) received the PARP-1 inhibitors via oral gavage (18 mg 1,7-dimethylxanthine or 13.6 mg 3-aminobenzamide/kg bodyweight/day). The daily administered doses of 1,7-dimethylxanthine and the PARP-1 inhibitor 3-aminobenzamide were equal to 100 $\mu\text{mol/kg}$ bodyweight. In a previous *in vitro* study, we found that 1,7-dimethylxanthine showed a similar PARP-1 inhibiting activity as compared to the synthetic PARP-1 inhibitor 3-aminobenzamide [107]. Prior to administration, each compound was freshly suspended in soy oil, which was also used as vehicle control (5 ml soy oil/kg bodyweight). At day 4, one hour after the final oral administration mice received LPS intratracheally. Intratracheal (IT) instillation technique was performed via a non-surgical procedure according to Vernooy et al [144]. Mice were anesthetized by subcutaneous injection with ketamin hydrochloride (Nimatek; Eurovet, Bladel, The Netherlands) and xylazine hydrochloride (Xylaject; Dopharma, Raamsdonksveer, The Netherlands). LPS (O55:B5, Sigma, Darmstadt, Germany), dissolved in 50 μL sterile 0.9% NaCl, was instilled intratracheally (20 $\mu\text{g}/\text{mouse}$) via a canule and syringe (2x 25 μl), followed by 100 μl air. Sham-treated mice were instilled intratracheally with 50 μL sterile 0.9% NaCl. After IT treatment, mice were kept in an upright position for 10 minutes to allow the fluid to spread throughout the lungs. Mice were killed 4h and 24h after IT treatment while under pentobarbital (Nembutal, Ceva Sante Animale, Naaldwijck, The Netherlands) anesthesia. Blood was collected via heart puncture in EDTA-containing tubes, immediately centrifuged (2000xg, 10 min, 4°C) and plasma was stored at -80°C. Lungs were removed and lung tissue was snap-frozen for RNA-isolation and MPO analysis. For immunohistochemical analyses, lung tissue was inflated with 10% phosphate-buffered formalin (pH 7.4) through the trachea and subsequently fixed in formalin for 24 h after which it was further processed for immunohistochemical staining.

Dose and time finding study

Initial data were obtained using various time points (2-4-6-8-12-24-48-72-96h)

as well as various LPS concentrations (0-10-20-40 μg LPS), with MPO-activity in lung homogenates as primary parameter. These data revealed that the inflammatory response was starting to develop at 4h after LPS-treatment. At 24h after LPS-treatment (20 $\mu\text{g}/\text{mouse}$), the LPS-induced inflammatory processes reached maximum levels. Therefore, these time points were selected to investigate whether oral administration of PARP-1 inhibitors might suppress early development of the inflammatory response as well as reduce its intensity.

Myeloperoxidase (MPO)-analysis

MPO activity in the dose and time finding study was measured in homogenates using a MPO activity assay kit (Cytostore, Calgary, Canada) according to the manufacturer's instruction. Briefly, lung tissue was homogenized in hexadecyltri-methylammonium bromide (HTAB)-buffer. Approximately 50 μl HTAB-buffer was added to 1 mg of lung tissue. After centrifugation (10000xg, 2min, 4°C), lung homogenates were kept on ice and MPO-activity was determined according to the manufacturer's protocol during 5 minutes at 450 nm. However, to exclude any interference of the applied compounds with the activity measurements, MPO protein levels were further determined quantitatively using a mouse MPO ELISA kit (HBT, Uden, The Netherlands) according to the manufacturer's instruction. Prior to this analysis, snap-frozen lung tissue was ground to a powder in a stainless steel mortar under liquid nitrogen and homogenized in a lysis buffer containing 200 mM NaCl, 5 mM EDTA, 10 mM tris, 10% glycine, 1 mM PMSF, 1 $\mu\text{g}/\text{ml}$ leupeptide and 28 $\mu\text{g}/\text{ml}$ aprotinin (pH 7.4). Approximately 20 μl lysisbuffer was added to 1 mg tissue. After centrifugation (10000xg, 15 min, 4°C), lung homogenates were stored at -80°C. Myeloperoxidase protein levels in lung tissue homogenate were quantitatively determined using the ELISA kit. The protein concentration was determined according to the BCA method (Pierce, Rockford, IL, USA). The amount of MPO was expressed as ng MPO/mg protein. Measurement of MPO-activity in the dose and time finding study revealed that in addition to increased MPO-protein levels, MPO-activity was also increased after LPS-treatment (data not shown).

Gene transcription analysis by quantitative PCR

Snap-frozen lung tissue was ground to a powder in a stainless steel mortar under liquid nitrogen and homogenized in Trizol Reagent (Invitrogen, Carlsbad, CA, USA). Total RNA isolation was performed according to the manufacturer's instructions. Concentration of the isolated total RNA was determined spectrophotometrically at 260 and 280 nm. Reverse transcription reaction was performed using 1 μg of total RNA and reverse-transcribed into cDNA using iScript™ cDNA Synthesis Kit (Biorad Laboratories, Hercules, CA, USA). Subsequently, real time PCR was performed with a MyiQ Single Colour real time PCR detection system (BioRad) using SYBR® Green Supermix (Biorad), 5 μl

diluted (10x) cDNA, and 0.3 μ M primers in a total volume of 25 μ l. PCR was conducted as follows: denaturing at 95°C for 3 min, followed by 40 cycles of 95°C for 15 seconds and 60°C for 45 seconds. After the PCR procedure, a melt curve (60-95°C) was produced for product identification and control of purity. β -Actin was included as an internal control gene, since the various treatments did not influence its gene-expression. rtPCR primers were designed using Primer express software (Applied Biosystems). Primer sequences used were as follows:

TNF- α 5'-GACCCTCACACTCAGATCATCTTCT (forward) and 5'-CCACTTGGTGGTTTGCTACGA (reverse), IL-6 5'-ACAAGTCGGAGGCTTAATTACACAT (forward) and 5'-AATCAGAATTGCCATTGCACAA (reverse), MIP-2 5'-GAACATCCAGAGCTTGAGTGTGA (forward) and 5'-CTTGAGAGTGGCTATGACTTCTGTC (reverse), MIP-1 α 5'-ACTATTTTGAACCAGCAGCCTTT (forward) and 5'-GATCTGCCGGTTTCTCTTAGTCA (reverse), I κ B α 5'-CGGAGGACGGAGACTCGTT (forward) and 5'-TTCACCTGACCAATGACTTCCA (reverse), IL-1 β 5'-AATCTATACCTGTCCTGTGTAATGAAAGAC (forward) and 5'-TGGGTATTGCTTGGATCCA (reverse), β -Actin 5'-CGTGAAAAGATGACCCAGATCA (forward) and 5'-CACAGCCTGGATGGCTACGT (reverse).

Data were analyzed using the MyiQ Software system (BioRad) and were expressed as relative gene expression (fold increase) using the $2^{-\Delta\Delta C_t}$ method [129].

Immunohistochemical staining

The presence of PAR-polymers was determined using immunohistochemical staining. Briefly, paraffin sections were deparaffinized and rehydrated. Endogenous peroxidase was quenched with 0.3% hydrogen peroxidase. For antigen retrieval, sections were incubated with trypsin for 10 min at 37°C. After blocking the sections with 10% non fat dry milk for 10 min and 10% goat serum for 15 min, sections were incubated overnight with the primary polyclonal antibody to PAR (96-10-04, Alexis, Lausen, Switzerland). Next, sections were incubated with a biotinylated goat anti-rabbit immunoglobulin (Dako, Glostrup, Denmark), followed by incubation with avidin-peroxidase (ABC-kit, Vectastain) for 30 min and 3,3'-diaminobenzidine for 10 min. Sections were counterstained with hematoxylin, dehydrated and mounted with Entellan (Merck). Slides containing the stained lung section were encoded and at least 200 epithelial cells were evaluated for the presence of PAR-polymers in their nuclei.

Plasma serum amyloid p component (SAP) and IL-6 analysis

Plasma SAP levels were determined using a quantitative ELISA-based test kit (Gentaur, Brussels, Belgium). Plasma IL-6 levels were determined using a Mouse IL-6 Immunoassay kit (R&D Systems, Minneapolis, USA).

Statistical analysis

Results are reported as mean \pm SEM. Statistical analyses were carried out using SPSS 14.0. Data appeared not normally distributed and were therefore evaluated with non-parametric tests. The data of the LPS-treated mice at 4h and 24h after IT LPS-treatment compared to the NaCl-treated mice were evaluated using Mann-Whitney test. Furthermore, the effect of treatment with 1,7-dimethylxanthine or 3-aminobenzamide on the LPS-induced changes of inflammatory markers and the efficiency between 1,7-dimethylxanthine and 3-aminobenzamide was evaluated using Kruskal-Wallis test followed by posthoc test of Siegel and Castellan [145]. Differences were considered to be statistically significant at $P < 0.05$.

Ex vivo LPS-stimulated human whole blood

Human whole blood assay

The study protocol was approved by the Medical Ethics Committee for Clinical Experiments of Maastricht University (Maastricht, The Netherlands). Informed consent was obtained from all participants prior to inclusion. N=10 healthy volunteers and n=10 COPD patients were included in this study.

COPD patients (GOLD stage: II-IV, FEV₁: 43.8 \pm 3.8 %, FVC: 83.2 \pm 4.8 %, number of pack years: 22.9 \pm 4.8 y) were recruited from the Astmacenter Hornerheide in Haelen, The Netherlands, between August 2006 and December 2006. The bronchodilatory medication of the COPD patients was restricted to the use of anticholinergics and beta-2 sympathomimetics. The use of theophylline as well as inhaled corticosteroids was to be avoided for at least one week prior to the blood collection scheduled.

Blood was collected after an overnight fast in heparin-containing vacutainer tubes and was kept on ice until further processing. Whole blood was aliquoted into 24-well sterile plates and diluted 1:4 with RPMI 1640 (supplemented with L-glutamine, Invitrogen). To induce cytokine production, LPS (O26:B6, Sigma) was added to the diluted whole blood at 1 ng/ml and thereafter the plates were incubated at 5% CO₂ at 37°C for 16 h. A pilot study in which whole blood was incubated with LPS for various time points (8h-24h), indicated that TNF- α release reached maximal levels at 16h. Cell-free supernatants were collected after centrifugation (19000xg, 5 min) and stored at -20°C until cytokine analyses. 1,7-Dimethylxanthine (Sigma) was added to the blood at a concentration of 10 μ M, 30 min before stimulation with LPS. All incubations were performed in triplicate.

Human cytokine analysis

TNF- α , IL-8 and IL-6 were quantified by means of PeliKine Compact human ELISA kits (CLB/Sanquin, The Netherlands). Assays were performed as de-

scribed in the manufacturer's instructions. The sensitivities for TNF- α , IL-8 and IL-6 were 1 pg/ml, 1 pg/ml and 0.2 pg/ml, respectively.

Statistical Analysis

Results are reported as mean \pm SEM. Statistical analyses were carried out using SPSS 14.0. Data were not normally distributed and were therefore evaluated with non-parametric tests. To compare the baseline characteristics and the sensitivity in response to LPS between the COPD patients and healthy controls, the Mann-Whitney U test was used. The effect of 1,7-dimethylxanthine on the LPS-induced cytokine production was determined using Wilcoxon signed rank test. Two-tailed P values of 0.05 or less were considered statistically significant.

RESULTS

LPS-induced pulmonary inflammation in mice

MPO-levels in lung tissue

The amount of MPO protein in lung tissue homogenates was determined as a measure of neutrophil influx. At 4h after LPS-stimulation, no significantly increased amount of MPO was observed. MPO-levels were significantly increased at 24h after IT LPS-treatment. Treatment of the mice with 1,7-dimethylxanthine significantly reduced MPO-levels at 24h. Significant reductions in MPO-levels at 24h after LPS-stimulation were also observed in mice pretreated with 3-aminobenzamide (Figure 1).

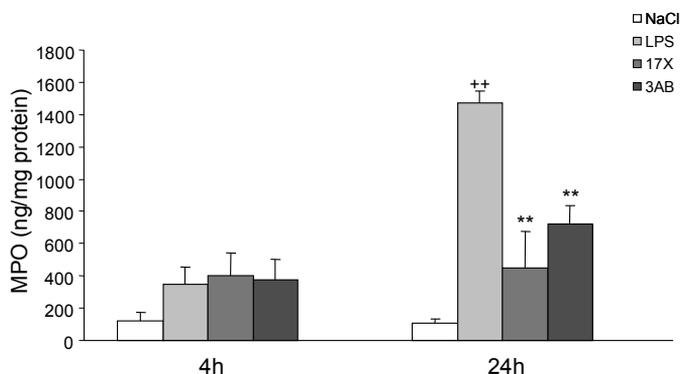


Figure 1. MPO-levels in lungs of IT LPS-treated C57BL/6 mice. Mice orally received 1,7-dimethylxanthine (17X) and 3-aminobenzamide (3AB) for 4 consecutive days prior to the LPS-challenge. MPO-levels were determined at 4h and 24h after LPS-treatment. MPO levels are expressed as ng MPO/mg protein and are mean \pm SEM of 6 mice.

++ P < 0.05 vs 24h NaCl-treated mice

** P < 0.05 vs 24h LPS-treated mice without 17X or 3AB

Gene-transcription analysis in lung tissue

Using qPCR, transcription of various inflammatory genes was evaluated. Since PARP-1 is involved in mediating the NF- κ B and AP-1 regulated genes [11, 15, 82], the effect of oral administration of 1,7-dimethylxanthine on these genes was evaluated by measuring transcription of κ B α , IL-1 β , IL-6 and TNF- α . Gene transcription of the chemokines MIP-1 α and MIP-2, that are produced by activated macrophages and that are also reported to be NF- κ B dependent, was also determined. IT LPS-treatment increased gene-expression of IL-6, TNF- α , IL-1 β and κ B α , as well as of MIP-1 α and MIP-2, at 4h and 24h (Figure 2).

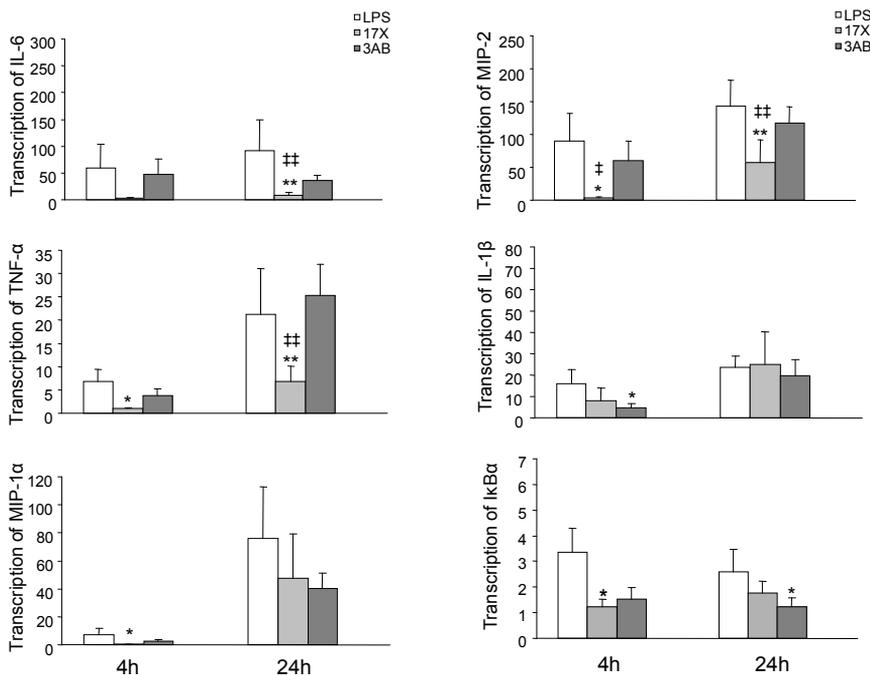


Figure 2. Gene-transcription of IL-6, TNF- α , MIP-1 α , MIP-2, IL-1 β and κ B α in lungs of IT LPS treated C57BL/6 mice. Mice orally received 1,7-dimethylxanthine (17X) or 3-aminobenzamide (3AB) for 4 consecutive days prior to the LPS-challenge. Gene expression was determined 4h and 24h after LPS-challenge and was analysed using qPCR and expressed as fold increase over control treatment (intratracheal instillation of NaCl) and are mean \pm SEM of 6 mice.

* $P < 0.05$ vs 4h LPS-treated mice without 17X or 3AB

** $P < 0.05$ vs 24h LPS-treated mice without 17X or 3AB

‡ $P < 0.05$ vs 4h LPS+3AB-treated mice

‡‡ $P < 0.05$ vs 24h LPS+3AB-treated mice

In mice treated with 1,7-dimethylxanthine TNF- α gene-transcription was significantly reduced at both 4h as well as 24h after IT LPS-treatment and IL-6 gene transcription was significantly reduced at 24h after IT LPS treatment. In

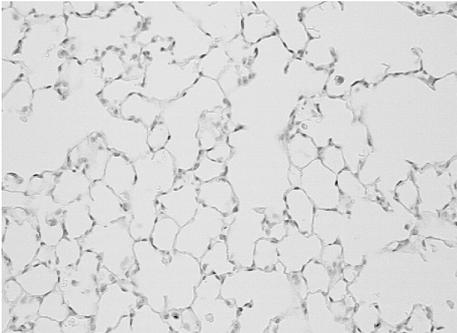
the 1,7-dimethylxanthine treated mice, transcription of MIP-1 α and MIP-2 was significantly reduced at 4h after LPS treatment. MIP-2 gene transcription was also reduced at 24h after LPS treatment in these mice. No effect of 1,7-dimethylxanthine treatment on LPS-induced IL-1 β transcription was observed. In the 3-aminobenzamide treated mice, IL-1 β transcription was attenuated at 4h after LPS-treatment.

Finally, transcription of I κ B α was significantly reduced by 1,7-dimethylxanthine treatment at 4h after LPS-instillation and by 3-aminobenzamide treatment at 24h after IT LPS-treatment.

PAR-polymer formation in lung tissue

To investigate whether intratracheal LPS-exposure resulted in pulmonary PARP-1 activation, and whether oral administration of the PARP-1 inhibitor 1,7-dimethylxanthine had a reducing effect on PAR-polymer formation, pulmonary epithelial cells were immunohistochemically evaluated for the presence of PAR-polymers in their nuclei. Intratracheal instillation of mice with LPS resulted in PARP-1 activation, as can be shown by formation of PAR-polymers in the epithelial cells.

NaCl



LPS

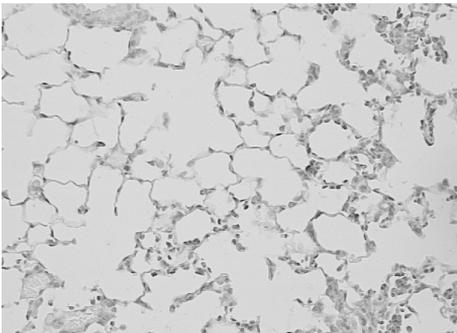


Figure 3. PAR-polymer formation in lungs of IT LPS-exposed C57BL/6 mice. PARP-1 activation was determined immunohistochemically 24h after LPS exposure. Magnification 400x.

At 4h after LPS-exposure, a small number of epithelial cells showed PAR-polymers in the nuclei (data not shown). However, at 24h after LPS-exposure PARP-1 activation was apparent (Figure 3). A significant increase in the frequency of PAR-positive nuclei was observed at 24h after LPS treatment. Furthermore, at 24h after LPS-exposure it was observed that lungs of LPS-exposed mice contained infiltrated leukocytes, of which most were positive for the presence of PAR-polymers. Oral administration of 1,7-dimethylxanthine attenuated the frequency of PAR-polymer positive pulmonary epithelial cells at 24h after LPS treatment, which was not observed for 3-aminobenzamide (Figure 4). Since the lungs of only 4 mice could be analysed, the effect of 1,7-dimethylxanthine was not statistically significant.

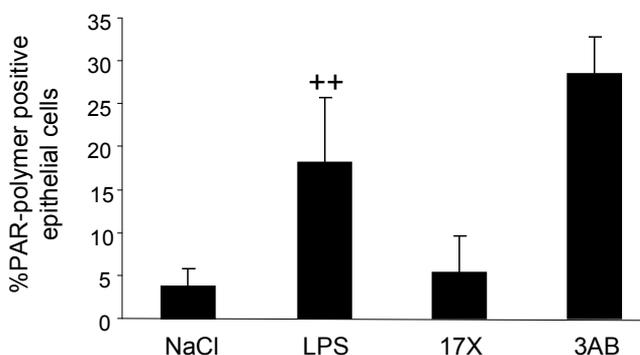


Figure 4. Percentage PAR-polymer positive epithelial cells in lungs of IT LPS-treated C57BL/6 mice. Mice orally received 1,7-dimethylxanthine (17X) or 3-aminobenzamide (3AB) for 4 consecutive days prior to LPS-challenge. Data shown are mean \pm SEM of 4-6 mice per group and are based on at least 200 cells per animal.

++ P < 0.05 vs 24h NaCl-treated mice

Plasma SAP and IL-6 levels

To investigate whether 1,7-dimethylxanthine treatment also reduced the systemic inflammatory response, plasma levels of the acute phase reactant SAP and cytokine IL-6 were measured. Plasma SAP levels were not increased at 4h after LPS-treatment, but at 24h after LPS-treatment, significantly increased SAP-levels were observed. Treatment of the mice with 1,7-dimethylxanthine significantly reduced plasma SAP-levels (Figure 5). 3-Aminobenzamide treatment did not significantly reduce plasma SAP-levels.

Intratracheal instillation of mice with LPS significantly increased plasma IL-6 levels both at 4h and 24h after treatment. At 24h, IL-6 levels were significantly attenuated following 1,7-dimethylxanthine treatment. Administration of 3-aminobenzamide did not result in a significant change in plasma IL-6 levels (Figure 6).

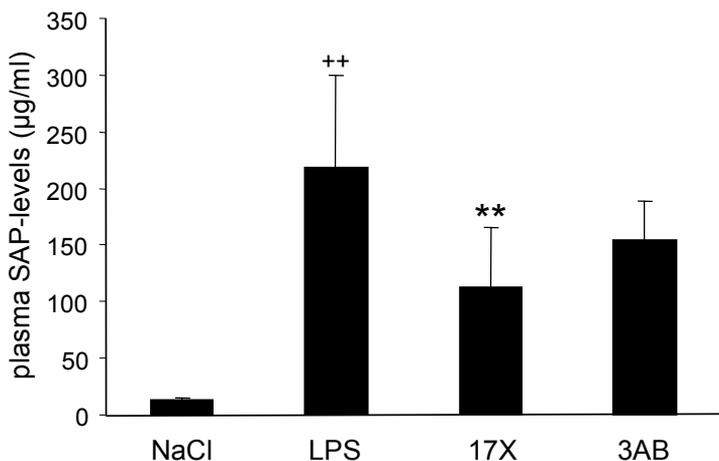


Figure 5. SAP levels in plasma of IT LPS-treated C57BL/6 mice. Mice orally received 1,7-dimethylxanthine (17X) or 3-aminobenzamide (3AB) for 4 consecutive days prior to the LPS-challenge. Plasma SAP-levels are determined 24h after LPS-challenge and are expressed as µg/ml and are mean ± SEM of 6 mice.

++ P < 0.05 vs 24h NaCl-treated mice

** P < 0.05 vs 24h LPS-treated mice without 17X or 3AB

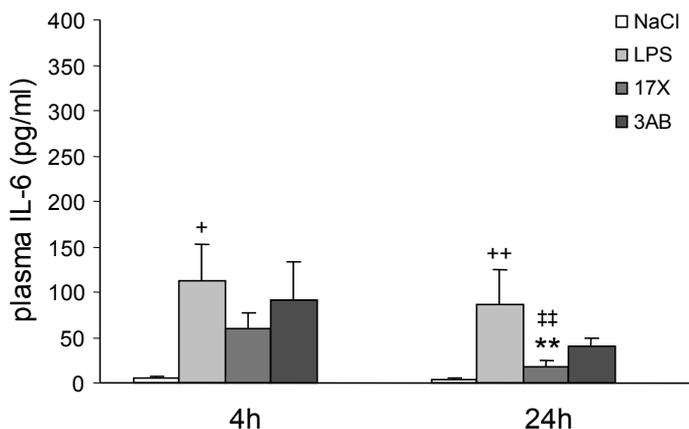


Figure 6. Plasma IL-6 levels 4h and 24h after IT LPS-treatment of C57BL/6 mice. Mice orally received 1,7-dimethylxanthine(17X) or 3-aminobenzamide (3AB) for 4 consecutive days prior to the LPS-challenge. Plasma IL-6 levels are expressed as pg/ml and are mean ± SEM of 6 mice.

+ P < 0.05 vs 4h NaCl-treated mice

++ P < 0.05 vs 24h NaCl-treated mice

** P < 0.05 vs 24h LPS-treated mice without 17X or 3AB

P < 0.05 vs 24h LPS+3AB-treated mice

Ex vivo LPS-stimulated human whole blood**Cytokine levels**

Characteristics and baseline blood parameters of both COPD patients as well as healthy controls are summarized in Table 1. Significant differences in the numbers of leukocytes and monocytes were observed between COPD patients and healthy controls, indicating the presence of systemic inflammation in COPD.

Table 1 Subjects' characteristics

	Controls	COPD
N	10	10
Gender	10 males	10 males
Age (yrs)	65.3±1.5	64.7±2.5
Body weight (kg)	75.6±1.6	74.3±5.8
Height (m)	1.72±0.02	1.72±0.02
BMI (kg/m ²)	25.6±0.8	25.0±1.7
Leukocytes (10 ⁹ /l)	5.67±0.43	9.12±1.16 *
Lymphocytes (10 ⁹ /l)	1.85±0.15	2.26±0.28
Monocytes (10 ⁹ /l)	0.47±0.06	0.9±0.13 *

*p<0.05 compared to controls

Stimulation of whole blood of both COPD patients and healthy controls with LPS significantly increased cytokine and chemokine levels. The LPS-induced increase in TNF- α , IL-6 and IL-8 levels was significantly higher in COPD patients as compared to healthy controls (Figure 7A). The differences in IL-6 and IL-8 levels between COPD patients and healthy controls disappeared after adjusting for the number of leukocytes and monocytes. However, after adjusting for the number of leukocytes TNF- α levels produced by blood cells of COPD patients were still higher than those of healthy controls (data not shown). In blood of COPD patients, 1,7-dimethylxanthine significantly reduced the LPS-induced TNF- α levels, whereas in blood of healthy subjects LPS-induced IL-6 levels but not TNF- α levels were significantly reduced by 1,7-dimethylxanthine (Figure 7B).

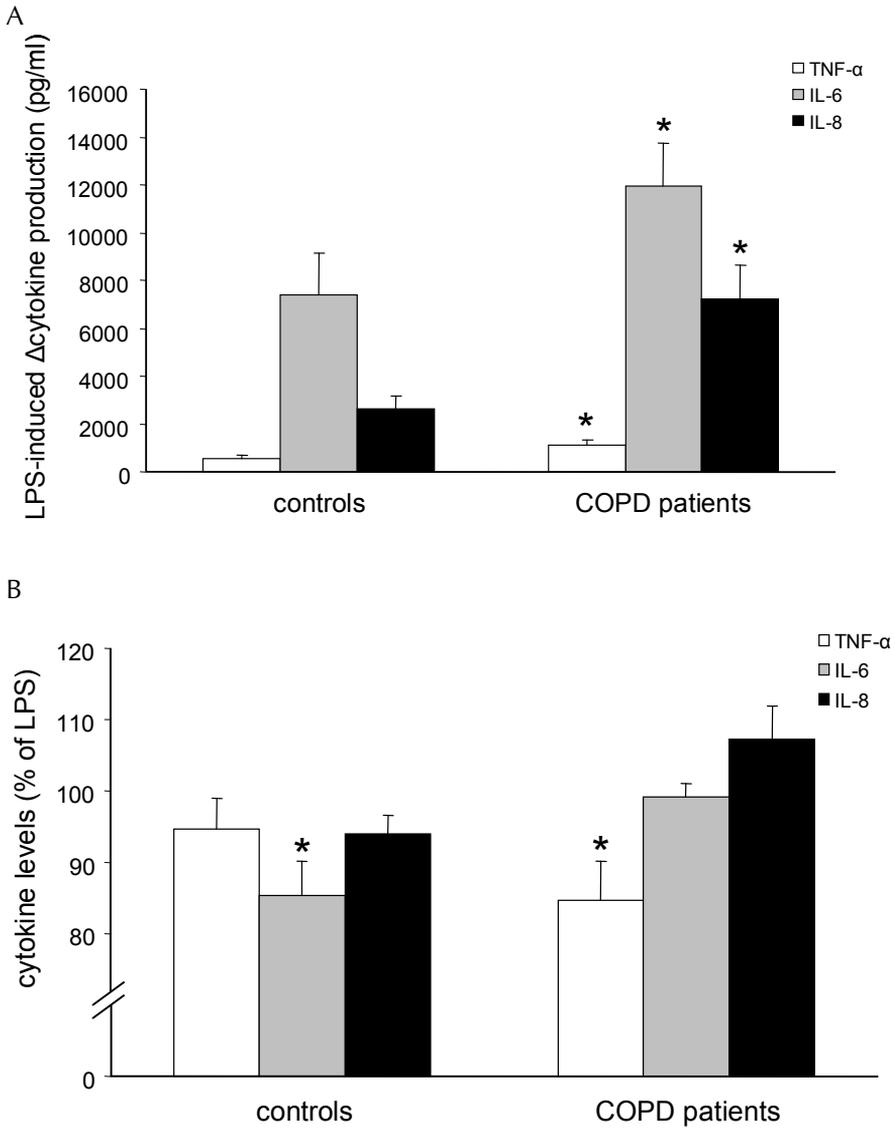


Figure 7

A. LPS-induced increases in TNF- α , IL-6 and IL-8 levels in blood of COPD patients (n=10) and healthy controls (n=10). Plasma cytokine levels are expressed as pg/ml and are expressed as mean \pm SEM of n=10 subjects.

* P < 0.05 vs control subjects

B. Effect of 1,7-dimethylxanthine on LPS-induced TNF- α , IL-6 and IL-8 levels production in blood of COPD patients (n=10) and healthy controls (n=10). Results are expressed as percentage, with 100% representing cytokine levels of LPS-stimulated blood, and are expressed as mean \pm SEM of n=10 subjects.

* P < 0.05 vs LPS-stimulated blood

DISCUSSION

Anti-inflammatory effects of 1,7-dimethylxanthine on LPS-induced inflammation

In the present study, oral administration of the PARP-1 inhibiting methylxanthine 1,7-dimethylxanthine reduced markers of local and systemic inflammation in a mouse model of LPS-induced acute pulmonary inflammation. Furthermore, 1,7-dimethylxanthine reduced the *ex vivo* LPS-stimulated TNF- α release in whole blood of COPD patients and IL-6 release in whole blood of healthy controls.

Previously, it was demonstrated that the LPS-induced acute pulmonary inflammation was significantly attenuated in PARP-1 knock-out mice [29]. In addition, it was also observed that the pharmaceutical PARP-1 inhibitor PJ34 reduced levels of the cytokines TNF- α , MIP-1 α and IL-6 and diminished MPO activity in bronchoalveolar lavage (BAL) fluid in LPS-challenged wild-type mice [29]. In various animal models of endotoxic shock, PARP-1 inhibition with 3-aminobenzamide was found to suppress pulmonary leukocyte recruitment, expression of adhesion molecules such as ICAM-1 and pulmonary iNOS gene- and protein-expression [82, 157].

In the present study, IT LPS treatment significantly increased lung MPO-levels at 24h after treatment, which were significantly reduced in mice that received 1,7-dimethylxanthine. MPO is abundantly present in intracellular granules of neutrophils and is released upon activation of neutrophils [158]. Therefore, pulmonary MPO-levels are considered to be an indication of neutrophil influx in the lungs. The observed reduction in levels of MPO indicated that 1,7-dimethylxanthine decreased the neutrophil influx at 24 h after IT LPS-treatment. Furthermore, 1,7-dimethylxanthine significantly reduced transcription of MIP-1 α and I κ B α (4h), IL-6 (24h) and TNF- α and MIP-2 (4h and 24h) after LPS-treatment. From these data it can be concluded that administration of 1,7-dimethylxanthine attenuated the NF- κ B mediated gene-transcription during the early phase of the inflammatory response. At 24h after LPS treatment major reductions were still observed for both NF- κ B and AP-1 mediated genes. In addition, the LPS-induced systemic inflammatory response was reduced by 1,7-dimethylxanthine treatment, as indicated by reduced levels of the acute phase reactant SAP and the cytokine IL-6 at 24h after LPS-treatment.

Anti-inflammatory efficacy of 1,7-dimethylxanthine as compared with 3-aminobenzamide

In this study, the effect of 1,7-dimethylxanthine on LPS-induced pulmonary inflammation was compared with the effects of the synthetic PARP-1 inhibitor 3-aminobenzamide. 1,7-Dimethylxanthine and 3-aminobenzamide were administered at doses equal to 100 μ mol/kg bodyweight for 4 consecutive days.

3-Aminobenzamide attenuated the LPS-induced increase in pulmonary MPO-levels and gene transcription of $\kappa\text{B}\alpha$ and slightly reduced plasma IL-6 levels. It was observed that the anti-inflammatory effects of 1,7-dimethylxanthine were more pronounced when compared to the effects of 3-aminobenzamide, especially at 24h after LPS treatment.

However, it should be noted that diverse mechanisms are likely to be responsible for the observed anti-inflammatory effects of the various compounds. In addition to the PARP-1 inhibiting effects which is the main characteristic of 3-aminobenzamide, 1,7-dimethylxanthine has been reported to exert anti-inflammatory effects via adenosine receptor antagonism and inhibition of phosphodiesterase 4 (PDE4) [159, 160].

The potential inhibiting effects of 1,7-dimethylxanthine on PARP-1 in the lungs were determined by immunohistochemical staining of the PAR-polymer in the pulmonary epithelial cells. Increased PAR-polymer formation was observed at 24h after LPS-exposure, which was also consistent with the results of Liaudet *et al.* (2002) [29]. In addition, in the lungs of the LPS-exposed mice, many infiltrating leukocytes were also positive for the presence of PAR-polymers. In contrast to 1,7-dimethylxanthine which tended to attenuate the frequency of PAR-polymer positive cells at 24h, the PARP-1 inhibitor 3-aminobenzamide did not affect the PAR-polymer formation in lung epithelial cells.

In the present study, 3-aminobenzamide was orally administered at a dose of 13.6 mg/kg bodyweight for 4 consecutive days. In other studies similar or even lower concentrations of 3-aminobenzamide have been applied intravenously or intraperitoneally and clear effects were observed such as reduced airway inflammation in ovalbumin-sensitized mice, suppressed pulmonary leukocyte recruitment, expression of ICAM-1 and reduced pulmonary iNOS gene- and protein-expression in LPS-induced endotoxic shock in rabbits, or reduced neutrophil accumulation in zymosan-induced peritonitis in mice [26, 80, 82, 161]. In most of these studies, anti-inflammatory effects were measured at a short period (2-6h) after exposure to the inflammatory stimulus, in contrast to the time point of 24h after LPS-exposure in the present study. Furthermore, 3-aminobenzamide was administered intravenously or intraperitoneally in those studies. Since, the half life of 3-aminobenzamide was reported to be 90 min [162], the absence of clear PARP-inhibiting effects of 3-aminobenzamide at 24h in the present study may be explained by a low oral availability and rapidly decreasing tissue concentrations.

The *ex vivo* anti-inflammatory effects of 1,7-dimethylxanthine

In the *ex vivo* model, whole blood of COPD patients and healthy controls was stimulated with LPS after pretreatment with 1,7-dimethylxanthine. Differences in sensitivity in response to LPS were observed between the COPD patients and healthy controls. The observed higher numbers of leukocytes and monocytes in

COPD patients very likely explained the higher response to LPS. However, differences in TNF- α levels between COPD patients and healthy controls were still observed after adjusting for the number of leukocytes (data not shown). For 1,7-dimethylxanthine a clear attenuating effect on the *ex vivo* LPS-stimulated production of TNF- α was found for COPD patients and not for healthy controls, indicating that 1,7 dimethylxanthine may especially be effective under conditions of systemic inflammation. The cytokine TNF- α is considered to contribute importantly to the pathogenesis of COPD. A study by Keatings et al. showed that the levels of TNF- α in sputum were significantly higher in patients with COPD compared with both smokers and nonsmokers, suggesting that increased levels of TNF- α were related to COPD [163]. Although synthetic TNF- α blockers, such as infliximab, were proven to be efficient therapeutic agents in various inflammatory diseases such as rheumatoid arthritis [164, 165], it was recently shown that subjects with moderate to severe COPD did not benefit from treatment with infliximab [49, 50]. Therefore the need for more effective anti-inflammatory treatments still exists. Moreover, it should be noted that PARP-1 inhibitors act via different mechanisms than synthetic TNF- α blockers such as infliximab that bind with high affinity to TNF- α and block its biological activity. PARP-1 has been reported to modulate the transcriptional level of TNF- α and other inflammatory mediators [11, 20].

Differences between human and murine caffeine metabolism

In this study, the caffeine metabolite 1,7-dimethylxanthine was applied in both an *in vivo* and an *ex vivo* model of LPS-induced inflammation. In humans, caffeine is readily absorbed and metabolized in the liver by the hepatic enzyme cytochrome P4501A2 (CYP1A2) to its major metabolites 1,7-dimethylxanthine (paraxanthine), theophylline (1,3-dimethylxanthine) and theobromine (3,7-dimethylxanthine). N-3 demethylation is the major pathway in humans resulting in the predominant formation of 1,7-dimethylxanthine. Lelo et al (1986) reported that 1,7-dimethylxanthine accounts for 67.3% of total dimethylxanthines in plasma after oral caffeine intake, while theobromine and theophylline account for 24.4% and 8.3% respectively [166]. Plasma 1,7-dimethylxanthine levels of 20 μ M have been reported after the intake of coffee, which indicates that the concentrations used in the present study were physiologically relevant levels [66]. Also in mice, caffeine clearance depends largely on activity of CYP1A2 [167]. However, 1,7-dimethylxanthine is not the major metabolite of caffeine found in blood of mice, since the N-1, N-3 and N-7 demethylation pathways are equally important for metabolizing caffeine in mice, resulting in the formation of equivalent amounts of theobromine, 1,7-dimethylxanthine and theophylline in mice [168]. Altogether, it is therefore considered likely that administration of caffeine to humans is able to exert anti-inflammatory effects via its metabolites.

Conclusion

Based on the results of the present study it can be concluded that oral administration of PARP-1 inhibiting methylxanthines such as 1,7-dimethylxanthine is efficacious in reducing local and systemic inflammation in a mouse model of LPS-induced acute pulmonary inflammation. Furthermore, 1,7-dimethylxanthine efficiently reduced the *ex vivo* LPS-induced TNF- α production in blood of COPD patients at a physiological relevant concentration. The results of this study indicate that the application of the PARP-1 inhibiting caffeine metabolite 1,7-dimethylxanthine might be a promising extension to the currently available therapeutics in the treatment of inflammatory diseases such as COPD.

CHAPTER 7

General Discussion

GENERAL DISCUSSION

The hypothesis of the PhD research described in this thesis was that dietary mild PARP-1 inhibitors are able to attenuate NF- κ B mediated gene-expression and therefore may be applied as anti-inflammatory treatment in inflammatory diseases such as COPD. These inhibitors can be potential ingredients for medicinal foods and nutraceuticals. The screening process of identifying dietary inhibitors of the nuclear enzyme PARP-1 was an important part of this project and is described in **chapter 2, 3 and 4**. Furthermore, the potential application of these compounds as anti-inflammatory agents was also evaluated and described in **chapters 5 and 6** of this thesis.

In this final chapter a general discussion is presented:

- the main findings will be summarized and discussed
- a benefit risk evaluation of food-derived PARP-1 inhibitors will be presented together with potential implications and suggestions for further evaluation
- the conclusions of the study described in this thesis will be presented

MAIN FINDINGS

Identification of PARP-1 inhibiting dietary compounds

In order to identify potential dietary mild PARP-1 inhibitors, we started screening various compounds for their PARP-1 inhibiting activity with an enzyme-based ELISA method using the purified human recombinant PARP-1 enzyme. With this assay, we could relatively easy and efficiently test various compounds, but also compare them to the classical PARP-1 inhibitor 3-amino-benzamide. In a next step, the PARP-1 inhibiting compounds were further evaluated in cultured lung epithelial and vascular endothelial cells exposed to hydrogen peroxide (H₂O₂) or N-methyl-N'-nitro-N-nitroso-guanidine (MNNG), as inducers of DNA strand breaks and PARP-1 over-activation. PARP-activation was measured as a decrease in intracellular NAD⁺ levels and as PAR-polymer formation. Although PAR-polymers are known to be very rapidly degraded, measurement of the PAR-polymer formation after a short incubation period of 5-10 min can be used to indicate PARP-1 activation. In combination with the determination of intracellular NAD⁺ levels, this provides a reliable assessment of the extent of PARP-1 activation or inhibition.

After an initial screening of a variety of compounds including chlorogenic acid, resveratrol and folic acid, two groups of dietary compounds were selected for further *in vitro* screening processes: 1) methylxanthines and 2) flavonoids.

Methylxanthines as PARP-1 inhibitors

In **chapter 2**, we described the research on the PARP-1 inhibiting activity of methylxanthines. 1,7-Dimethylxanthine (the major metabolite of caffeine in humans) was found to inhibit the purified PARP-1 enzyme with high efficacy. Also other methylxanthines such as theophylline, theobromine, 1-methylxanthine and 3-methylxanthine were found to inhibit PARP-1. Furthermore, it was observed that oxidative stress-induced depletion of intracellular NAD^+ -levels and PAR-polymer formation in cultured pulmonary epithelial cells as well as vascular endothelial cells was most efficiently prevented by 1,7-dimethylxanthine. Since PARP-1 has been implicated in necrotic cell death [86], the effect of PARP-1 inhibitors on oxidative-stress induced necrosis was subsequently investigated. Since cell death processes may influence the cellular energy levels in a specific way, variations in the ADP:ATP ratio are used to distinguish between the different modes of cell death. ADP:ATP ratios for cells undergoing apoptosis are expected to be higher than control values but below 1, while values above 1 characterize necrotic cells [95]. By measuring this ratio, it was found that oxidative stress-induced necrotic cell death was reduced and shifted to apoptotic cell-death processes in presence of 1,7-dimethylxanthine in pulmonary epithelial and vascular endothelial cells respectively.

Flavonoids: PARP-1 inhibiting and anti-inflammatory activity

In **chapter 3** we described the screening of flavonoids for their potential PARP-1 inhibiting activity. Especially, the flavonoids fisetin, tricetin and quercetin were found to inhibit the purified enzyme as well as to prevent the MNNG-induced depletion of intracellular NAD^+ -levels and formation of PAR-polymers in pulmonary epithelial cells. In a final series of *in vitro* experiments described in this chapter, the influence of PARP-1 inhibition on the NF- κ B mediated gene expression was evaluated. Since PARP-1 acts as a co-activator of NF- κ B and the poly(ADP-ribosylation) process promotes the accessibility of genes for the transcription machinery and increases gene-transcription [14, 17], the potential anti-inflammatory effect of dietary PARP-1 inhibiting compounds was investigated. We used an *in vitro* model in which the production and gene-transcription of the cytokine IL-8 was determined in LPS-stimulated cultured pulmonary epithelial cells pretreated with the various PARP-1 inhibiting compounds. Although IL-8 is considered to be an important cytokine in inflammatory diseases such as COPD, also other cytokines are involved. These cytokines were measured in the *ex vivo* assay as described in **chapter 6** and in an *ex vivo* study in which the anti-inflammatory effects of flavonoids were investigated [169].

At present, there is still much controversy about the exact role of PARP-1 in NF- κ B mediated gene-expression. It has been suggested that solely the PARP-1 protein and not its activity is important in facilitating the acetylation of the p65

subunit of NF- κ B, which is required for full activation of NF- κ B [16, 18]. Conversely, others reported that the synthesis of PAR-polymers facilitated the transcriptional activation properties of NF- κ B, probably via chromatin relaxation and recruitment of other proteins of the transcription complex [14, 19]. Nonetheless, several studies indicated the attenuating activity of various synthetic PARP-1 inhibitors on the NF- κ B mediated gene-expression [20, 21]. In the study presented in **chapter 3**, the LPS-induced NF- κ B mediated production of IL-8 in pulmonary epithelial cells was found to be reduced by the flavonoids fisetin, tricetin and quercetin. Furthermore, the synthetic PARP-1 inhibitor PJ34 showed a comparable anti-inflammatory activity.

The *in vitro* anti-inflammatory effects of the PARP-1 inhibiting flavonoid flavone were described in **chapter 4**. Flavone inhibited the purified PARP-1 enzyme and also prevented the MNNG-induced depletion of intracellular NAD⁺-levels and formation of the PAR-polymers. Furthermore, flavone was found to attenuate the LPS-induced production and transcription of the NF- κ B mediated cytokine IL-8. Also, a significant increased gene transcription of I κ B α , the inhibiting protein of NF- κ B, was observed in the flavone-pretreated cells after LPS-stimulation. This may indicate an enhancement of feed-back pathways, leading to a resolution of the inflammatory response. Finally, flavone did not show any relevant radical scavenging activity, as determined with ESR spectroscopy and the TEAC assay. This implies that the observed anti-inflammatory effects of flavone could not be explained by antioxidant properties.

In the LPS-stimulated pulmonary epithelial cells no nuclear translocation of NF- κ B could be detected, which made it difficult to elucidate the potential involvement of NF- κ B-related mechanisms in the observed reduction in IL-8 gene-expression after treatment with flavone. The AP-1 pathway could also be involved, though the possible anti-inflammatory effect of PARP-1 inhibitors on this pathway, for instance by inhibition of MAPK activity was not further tested. It was decided to focus on potential effects of PARP-1 inhibitors on the NF- κ B mediated gene-expression. Recently, the mechanism of the anti-inflammatory effects of the flavonoid fisetin was extensively investigated using various cell lines such as human lung adenocarcinoma cells and human fibroblasts. Fisetin was found to suppress NF- κ B activation. By inhibiting activation of IKK, fisetin blocked the phosphorylation and degradation of I κ B and subsequently induced suppression of the nuclear translocation of p65 subunit [147]. However, since no nuclear translocation of NF- κ B could be detected in our *in vitro* model, we were unable to evaluate the contribution of this potential mechanism in pulmonary epithelial cells.

Structure-activity requirements of PARP-1 inhibiting flavonoids

This distinctive flavonoid compound flavone was identified as PARP-1 inhibitor and anti-inflammatory compound, which was rather unexpected since flavone

has a flavonoid structure without any hydroxyl groups. For flavonoids in general, it was previously shown that their antioxidant effects and various enzyme inhibiting effects are largely dependent on their hydroxylation pattern [58, 59, 170]. As mentioned in **chapter 3**, general structural characteristics of competitive synthetic PARP-1 inhibitors include a carboxamide-group attached to an aromatic ring or the carbamoyl group built in a polyaromatic heterocyclic skeleton. However, this is not characteristic of flavone or flavonoids in general. This implies that flavonoids and/or flavone may be considered to reflect a group of compounds with structural characteristics that enable them to interact with the catalytic site of PARP-1. Since a mix of competitive and non-competitive inhibition of the PARP-1 enzyme was observed, interaction of flavonoids with other sites of the PARP-1 enzyme that may affect its catalytic activity, such as the automodification site, cannot be excluded. Many different structures were screened for their PARP-1 inhibiting activity. Nevertheless, based on our results no specific statement about a possible structure-activity relationship for PARP1 inhibiting activity of flavonoids can be given.

Evaluation of PARP-1 inhibition *in vivo*

Based on the results of our *in vitro* studies described in **chapters 2, 3 and 4**, four compounds were selected for further *in vivo* mouse and *ex vivo* human evaluation: the flavonoids 1) flavone, 2) fisetin and 3) tricetin and the methylxanthine 4) 1,7-dimethylxanthine.

In **chapter 5** the *in vivo* application of the flavonoids flavone, fisetin and tricetin in a mouse model of LPS-induced acute pulmonary inflammation was described. Based on MPO-analysis in a dose- and time-finding study, 2 time points after LPS-exposure, 4h and 24h, were chosen to investigate whether oral administration of PARP-1 inhibitors might suppress early development of the inflammatory response as well as reduce its intensity. The flavonoid fisetin significantly reduced lung MPO-levels and gene-expression of inflammatory mediators such as IL-6, TNF- α , IL-1 β , MIP-1 α and MIP-2 at 24h after LPS-stimulation. The LPS-induced gene transcription of the HO-1 and SOD2 genes was also significantly reduced by fisetin, indicating less oxidative stress was induced in mice that received fisetin. Flavone and tricetin also showed attenuation of inflammatory markers, although most consistent effects were observed for fisetin. Furthermore, fisetin was found to have a higher efficacy in reducing pulmonary inflammation as compared to the well-established anti-inflammatory glucocorticoid dexamethasone. Dexamethasone was able to efficiently reduce systemic but not pulmonary inflammation in this *in vivo* mouse model. Finally, oral administration of fisetin as well as dexamethasone was found to attenuate the number of PAR-polymer positive pulmonary epithelial cells.

In **chapter 6** we described the results of the *in vivo* application of the PARP-1 inhibitor 1,7-dimethylxanthine in a mouse model of LPS-induced acute pulmonary inflammation. 1,7-Dimethylxanthine significantly attenuated both pulmonary as well as systemic inflammation which was indicated by reduced pulmonary MPO-levels, attenuated gene transcription of the pro-inflammatory cytokines IL-6, TNF- α , MIP-1 α and MIP-2 in lungs and reduced plasma levels of SAP and IL-6 at 24h. The anti-inflammatory effects of 1,7-dimethylxanthine were more pronounced when compared to the synthetic PARP-1 inhibitor 3-aminobenzamide. 3-Aminobenzamide also failed to attenuate the LPS-induced increase in the number of PAR-polymer positive pulmonary epithelial cells. The reported short half-life of 3-aminobenzamide [162] and a poor oral availability are probably responsible for the lack of clear effects at 24h after LPS treatment. The *ex vivo* anti-inflammatory effects of 1,7-dimethylxanthine in LPS-stimulated blood of COPD patients and healthy controls were also assessed and described in **chapter 6**. In this *ex vivo* model, 1,7-dimethylxanthine significantly suppressed the LPS-induced production of the cytokines IL-6 and TNF- α at physiologically relevant levels that can be reached after consumption of 2 cups of coffee.

Finally, it should be noted that inhibition of PARP-1 is probably not the sole mechanism responsible for the observed anti-inflammatory effects of the various compounds. In addition to the PARP-1 inhibiting effects which is the main characteristic of 3-aminobenzamide, 1,7-dimethylxanthine has been reported to exert anti-inflammatory effects via adenosine receptor antagonism and inhibition of phosphodiesterase 4 (PDE4) [159, 160]. Flavonoids, such as fisetin, have been reported to modulate signal transduction pathways, including MAPK [60]. Moreover, dexamethasone is not acting via PARP-inhibition, but by binding to the cytoplasmatic glucocorticoid receptor. Subsequent nuclear localization of this complex controls transcription of multiple inflammatory genes encoding cytokines, chemokines, adhesion molecules and inflammatory enzymes such as iNOS [171]. So, various mechanisms are likely to be responsible for the observed anti-inflammatory effects.

DISCUSSION

Several aspects of the potential application of food-derived PARP-1 inhibiting flavonoids and methylxanthines as described in the current thesis require further discussion. Therefore, the following issues will be discussed in more detail in this paragraph:

- Possible adverse effects of PARP-1 inhibition in general
- Benefit risk considerations of flavonoids and methylxanthines

Possible adverse effects of the use of PARP-1 inhibitors

As indicated in **chapter 1**, PARP-1 has a facilitating role in DNA repair and it has been suggested that PARP-1 inhibition might interfere with this repair-facilitating function. However, the importance of the DNA-repair facilitating function of PARP-1 in normal cellular physiology is still not clear. The suggestions that PARP-1 inhibition has some important side-effects on DNA-repair were based mainly on studies with PARP-1 knockout cells and mice [5, 172]. PARP-1 knockout mice were found to be hypersensitive to alkylating agents or ionising radiation [5, 172]. Using these knockout models, no difference can be made between the physical absence of the enzyme and a reduced catalytic activity. Recently, evidence was presented that PARP-1 has probably a relatively minor role in DNA repair pathways in animals with functional PARP-1 under conditions of increased oxidative stress. This was supported by a study of Hauser et al (2006) in which the potent PARP-1 inhibitor INO-1001 was applied in a porcine model of thoracic aortic cross-clamping. No increased DNA damage or adverse effect on DNA repair was observed after treatment with INO-1001 [120]. PARP-1 has also been reported to be involved in telomere stability, and maintenance of telomere length. In humans, telomere length is considered an indicator of the biological age, and telomere attrition is associated with a shorter life expectancy in population groups with a high risk for cardiovascular diseases [173]. PARP-1 knock-out mice were found to have shorter telomeres than wild-type mice [174]. The importance of PARP-1 in maintaining genomic integrity, which is required for functional cells and organs, is also indicated by the positive correlation between cellular poly(ADP-ribose)ation capacity and mammalian lifespan [175]. However, the exact consequences of PARP-1 inhibition for telomere stability need to be determined.

Benefit risk considerations of flavonoids

The effects of flavonoids observed on LPS-induced inflammatory response in the studies described in the current thesis are most likely the result of combination of several effects such as PARP-1 inhibition, antioxidant and anti-inflammatory effects. Since flavonoids are extensively metabolized in intestine and liver *in vivo*, resulting in conjugation with glucuronides, sulfates and in methylation, the PARP-1 inhibiting activity of these metabolites should also be evaluated.

Besides the positive health effects of flavonoids such as reduced risk for cardiovascular and chronic inflammatory diseases as mentioned in **chapter 1** [51, 57], some toxic effects of flavonoids have also been reported. As a consequence of their antioxidant activities, flavonoids become oxidized into different oxidation products, which can react with cellular constituents such as proteins, DNA and lipids. Flavonoids have been identified to antagonize DNA topoi-

somerases, which can lead to mutagenesis and chromosomal aberrations [176-178].

No studies are available to date, however, that evaluate the potential health effects of long-term use of dietary supplements or functional foods with high concentrations of flavonoids. Whether long-term supplementation of the flavonoids fisetin, tricetin and flavone, in people suffering a chronic inflammatory disease is associated with a high risk for serious side-effects, needs to be carefully evaluated.

Benefit risk considerations of methylxanthines

Coffee is nowadays the most important source of methylxanthines, such as caffeine. Coffee is a complex chemical mixture containing more than a thousand different chemicals, including carbohydrates, lipids, nitrogenous compounds, vitamins, minerals, phenolic compounds, and alkaloids such as the methylxanthine caffeine. Various studies have been conducted to evaluate health effects of long-term intake of coffee. Based on observational, epidemiological studies, coffee intake in humans has been associated with various health effects, both beneficial as well as adverse effects [179]. In the past, concerns about potential health risks of coffee and caffeine intake were likely to be influenced by associations between high coffee intake and unhealthy behaviour such as cigarette smoking and physical inactivity. More recently, coffee consumption and caffeine intake has been associated with a reduced risk for various chronic metabolic disorders, such as type 2 diabetes mellitus and liver cirrhosis, but also neurological disorders such as Parkinson's disease [103, 180, 181]. Although coffee consumption is associated with increases in risk factors for cardiovascular diseases including blood pressure and plasma homocysteine levels, most studies have not found coffee consumption to be associated with significantly increased cardiovascular risk [182]. According to the World Cancer Research Fund, it is not expected that coffee has any significant effect on the risk of pancreatic or kidney cancer [183]. This would suggest that chronic use of beverages with a high concentration PARP-1 inhibitor is not associated with a high cancer risk. Previously, emphasis was put on the teratogenic effect of caffeine in rodents. Based on epidemiological studies it was subsequently concluded that caffeine does not present any teratogenic risk in humans [184]. However, a recent published study showed a positive correlation between high doses of caffeine intake during pregnancy and the risk of a miscarriage [185]. Chronic caffeine intake to increase levels of 1,7-dimethylxanthine should therefore be discouraged for specific groups like pregnant women, but it might have beneficial effects in patients with chronic inflammatory diseases such as COPD.

IMPLICATIONS AND SUGGESTIONS

The research described in this thesis indicates that both *in vivo* administration of, as well as *in vitro* and *ex vivo* incubation with, dietary PARP-1 inhibitors such as fisetin and 1,7-dimethylxanthine exert anti-inflammatory effects. This needs to be further evaluated in an intervention study with humans suffering from an inflammatory disease such as COPD. The mouse model for acute LPS-induced pulmonary inflammation allowed us not only to evaluate local pulmonary effects, but also systemic anti-inflammatory effects of orally administered PARP-1 inhibitors under standardized conditions. Although the applied *in vivo* mouse model was a model of acute inflammation, the relevance for more chronic situations might therefore be debatable. The combined results of the *in vivo* animal study and of the *ex vivo* study of blood of COPD patients and healthy controls however suggest that these compounds might have potential anti-inflammatory effects in COPD patients. It should be noted here that in addition to the *ex vivo* evaluation of 1,7-dimethylxanthine as described in **chapter 6**, the anti-inflammatory effects of the flavonoids fisetin, tricetin and flavone were also *ex vivo* evaluated. Both fisetin and tricetin significantly decreased the LPS-induced production of TNF- α in blood of COPD patients [169].

To confirm our results and to investigate the potential beneficial effects on clinical parameters and quality of life of COPD patients, supplementation with these compounds as nutraceuticals or with medicinal foods needs to be evaluated in this patient group. For flavonoids, it should be noted that the dietary matrix in which these compounds are administered can significantly influence the expected results. In the *in vivo* animal study, the flavonoids were suspended in soy oil, which is known to increase the bioavailability of these compounds [143]. For the flavonoid tricetin it was found that this compound is not stable in aqueous medium, since it is degraded into oxidation products within 45 min (unpublished data). Furthermore, the form of flavonoids (aglycone or flavonoid glycosides) can have an important effect on the bioavailability of these compounds. In addition, in order to achieve relatively higher plasma flavonoid levels, it is necessary to use food enriched with flavonoids, since these cannot be reached with a normal diet.

Another issue which requires to be discussed is that in order to improve health status of patients suffering a chronic inflammatory disease such as COPD, long term use of supplements is needed. There are no data available about chronic use of flavonoids such as fisetin in patients suffering a chronic disease such as COPD. The long term effects of these compounds should also be examined to evaluate the safety of chronic supplementation in this patient group.

CONCLUSIONS

Based on the results presented in this thesis, it can be concluded that dietary PARP-1 inhibitors such as 1,7-dimethylxanthine and fisetin are able to attenuate NF- κ B mediated gene-expression and exert anti-inflammatory effects, both *in vitro* as well as *in vivo* in the mouse and *ex vivo* in human blood. Based on these effects, they are considered potential candidates for nutraceutical treatment of inflammatory diseases such as COPD.

Up to now, no successful treatment for COPD, in particular treatment for the local and systemic inflammation in COPD, has been developed yet. Dietary mild PARP-1 inhibitors such as 1,7-dimethylxanthine or fisetin might be applied as supplements, in order to reduce both pulmonary as well as systemic inflammation and improve quality of life of COPD patients.

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SAMENVATTING

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Dit proefschrift beschrijft de *in vitro* identificatie, de *in vitro* en *ex vivo* evaluatie en de *in vivo* toepassing van voedingscomponenten met een milde remmende activiteit van het enzym poly(ADP-ribose) polymerase-1 (PARP-1).

De hypothese van het in dit proefschrift beschreven onderzoek is dat milde PARP-1 remmers afkomstig uit de voeding gunstige effecten kunnen hebben bij inflammatoire aandoeningen zoals chronisch obstructief longlijden (COPD). Het onderliggende mechanisme is gebaseerd op het remmen van genexpressie die gemedieerd wordt door de transcriptiefactor NF- κ B. Hierbij speelt PARP-1 een rol als co-activator. Door deze co-activatie te verminderen zou de inflammatoire respons geremd worden. Deze voedingscomponenten zouden mogelijk toegepast kunnen worden als ingrediënten van functional foods of nutraceuticals voor patiënten met inflammatoire aandoeningen.

Alvorens de belangrijkste bevindingen te beschrijven dienen een aantal begrippen en processen nader uitgelegd te worden:

- Genexpressie is het proces waarbij de erfelijke informatie van een gen dat in het DNA opgesloten is vertaald wordt in een genproduct. Dit product kan een eiwit zoals een cytokine (signaalstof) zijn.
 - Een transcriptiefactor is een eiwit dat bindt aan specifieke delen van het DNA en onderdeel uitmaakt van het genexpressie-systeem dat het aflezen van de erfelijke informatie van het DNA controleert. NF- κ B is zo'n transcriptiefactor en medieert de expressie van vele genen zoals de cytokines TNF- α of IL-8.
 - Een co-activator is een eiwit dat de genexpressie verhoogd door interactie met een transcriptiefactor.
 - Chronisch obstructief longlijden of COPD (de verzamelnaam voor chronische bronchitis en longemfyseem) is een aandoening aan de luchtwegen en longen, die zich vaak pas op latere leeftijd openbaart. Hierbij worden de luchtwegen vernauwd door een langdurige ontsteking (longinflammatie) en de longen beschadigd waardoor een grotendeels onomkeerbare verslechtering van de longfunctie ontstaat. Roken wordt gezien als de belangrijkste risicofactor voor het ontstaan van COPD. Naast een steeds verdergaande verminderde longfunctie wordt deze aandoening ook gekenmerkt door extrapulmonale effecten, ook wel systemische effecten genoemd (effecten in de weefsels en organen buiten de longen). Deze systemische effecten dragen bij aan de ernst van het ziektebeeld en kunnen de kwaliteit van leven ernstig schaden.
 - Poly(ADP-ribose) polymerase-1 (PARP-1) is een enzym dat aanvankelijk bekend was vanwege de facilitaire rol in herstel van DNA schade. Momenteel wordt steeds duidelijker dat PARP-1 beschouwd kan worden als een belangrijke co-activator van de transcriptie factor NF- κ B. Door te binden aan het NF- κ B transcriptie complex, beïnvloedt PARP-1 de NF- κ B gemedieerde genexpressie. Remming van PARP-1 zou mogelijk deze genexpressie kunnen verminderen waardoor inflammatieprocessen gereduceerd kunnen worden. Recent is bij COPD patiënten naast longinflammatie en systemische inflammatie, een verhoogde systemische PARP-1 activiteit aangetoond in witte bloedcellen. Mogelijk zou milde PARP-1 remming middels voedingscomponenten een positieve bijdrage kunnen leveren aan het verminderen van de inflammatoire respons bij COPD patiënten.
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De *in vitro* studies (**hoofdstukken 2, 3 en 4**) laten zien dat diverse voedingscomponenten in staat zijn om het enzym PARP-1 te remmen. Cafeïnemetabolieten zoals 1,7-dimethylxanthine, en in mindere mate theofylline en theobromine (afbraakproducten van cafeïne die in het lichaam gevormd kunnen worden na consumptie van cafeïne of cafeïne bevattende producten zoals koffie en chocolade) zijn uitstekende kandidaten. Ook flavonoïden zoals fisetine, tricetine, quercetine en flavone, die vooral voorkomen in appels, druiven, uien, ginkgo biloba, haver en dille, zijn in staat om PARP-1 te remmen. Niet alleen remming van het zuivere geïsoleerde enzym, maar ook enzymremming in humane longepitheelcellen en vasculaire endotheelcellen zijn kenmerkend voor deze componenten. Daarnaast vermindert 1,7-dimethylxanthine *in vitro* de door oxidatieve stress geïnduceerde celnecrose in humane vasculaire endotheelcellen en verschuift het celdoodproces in pulmonaire epitheelcellen naar apoptose. Omdat celnecrose ook leidt tot inflammatie, wordt een verschuiving van het celdoodproces naar apoptose als gunstig gezien. De flavonoïden fisetine, tricetine, quercetine en flavone verminderen *in vitro* de LPS-geïnduceerde inflammatoire respons in longepitheelcellen. Tot slot verlaagt de flavonoïd flavone *in vitro* de LPS-geïnduceerde NF- κ B gemedieerde transcriptie en productie van IL-8 en verhoogt het de transcriptie van I κ B α . Op basis van deze resultaten wordt een indirect effect, zoals een effect op de co-activator functie van PARP-1, het meest waarschijnlijk geacht.

De geselecteerde componenten 1,7-dimethylxanthine, fisetine, tricetine en flavone laten niet alleen *in vitro* veelbelovende resultaten zien, maar ook uit de *in vivo* en *ex vivo* studies (**hoofdstukken 5 en 6**) blijkt dat deze componenten mogelijkheden bieden voor mogelijke toepassingen bij de mens. De muizenstudies beschreven in dit proefschrift laten zien dat zowel 1,7-dimethylxanthine als fisetine de LPS-geïnduceerde acute longinflammatie als ook de systemische inflammatie bij muizen kunnen verminderen. Op basis van de resultaten die beschreven zijn in dit proefschrift, kan geconcludeerd worden dat PARP-1 remmers afkomstig uit de voeding, zoals 1,7-dimethylxanthine en fisetine in staat zijn om de NF- κ B gemedieerde genexpressie te verminderen. Op die manier laten ze anti-inflammatoire effecten zien, zowel *in vitro*, als ook *in vivo* in de muis. Wanneer in witte bloedcellen van COPD patiënten *ex vivo* met LPS een inflammatoire respons wordt opgewekt, blijkt deze ook geremd te kunnen worden door 1,7-dimethylxanthine (**hoofdstuk 6**). Aanvullend onderzoek heeft laten zien dat deze *ex vivo* respons ook geremd kan worden door fisetine, tricetine en flavone. Gebaseerd op deze bevindingen, zou suppletie met deze componenten in aanvulling op de reeds toegepaste behandeling van inflammatoire aandoeningen zoals COPD veelbelovende effecten kunnen hebben. Tot nu toe is er nog steeds geen succesvolle behandeling voor COPD ontwikkeld. Door het toepassen van PARP-1 remmers

afkomstig uit de voeding, zoals 1,7-dimethylxanthine of fisetine zou mogelijk zowel de inflammatie in de longen als de systemische inflammatie verminderd kunnen worden en de kwaliteit van leven van COPD patiënten verbeterd worden.

APPENDIX

Dankwoord

About the author

Publications

DANKWOORD

Het mag dan wel 'mijn boekje' zijn, maar zonder de hulp, ideeën en interesse van velen was het nooit zo ver gekomen. Ik wil dan ook graag al deze mensen, en een aantal in het bijzonder, bedanken!

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Liesbeth

ABOUT THE AUTHOR

Liesbeth Geraets was born on March 9th 1980 in Brunssum, the Netherlands. She completed her secondary education (gymnasium) at Scholengemeenschap Serviam in Sittard.

From 1998-2003 she studied Nutrition and Health at Wageningen University with a specialization in Toxicology and Physiology. After completing her research projects at the departments of Toxicology of Wageningen University, Human Biology of Maastricht University and an internship at Notox Safety & Environmental Research in 's-Hertogenbosch, she obtained her MSc in 2003.

In september 2003 she started her PhD research at the department of Pharmacology and Toxicology of Maastricht University under supervision of Dr Ir GJ Hageman (Health Risk Analysis and Toxicology), Prof dr A Bast (Pharmacology and Toxicology) and Prof dr EFM Wouters (Respiratory Medicine, University Hospital Maastricht). During these 4 years, she completed the Postgraduate Education in Toxicology, which will result in the registration as Toxicologist.

Since September 2007 she works as researcher and consultant in Clinical Toxicology at the National Poisons Information Centre of the National Institute for Public Health and the Environment (RIVM), Bilthoven.

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