

# Discussing alcohol

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Propositions belonging to the PhD dissertation

# DISCUSSING ALCOHOL

Strategies and return-on-investment of implementing alcohol measurement and brief advice in Latin America

ADRIANA SOLOVEI

1. Community support should be used as an implementation strategy to increase the delivery of alcohol measurement and brief advice in primary health care settings. (this dissertation)
2. The development of community support for improved alcohol measurement and brief advice needs to be tailored to the cultural and contextual characteristics of the respective community, in cooperation with local stakeholders. (this dissertation)
3. For a widespread adoption of alcohol measurement and brief advice, transparent information about the needed investments of this health programme ought to be made available to policy makers. (this dissertation)
4. In countries where alcohol consumption is relatively high, it is advised to widely implement alcohol measurement and brief advice, because it can lead to substantial health and economic benefits. (this dissertation)
5. More empirical research has to focus on implementation strategies of health interventions carried-out in regions of lower- and middle-income. (impact paragraph)
6. Effective and empathetic communication with patients is a crucial element of health care and should receive increased attention in health and medical education.
7. To understand whether a health intervention has been successful, researchers in health promotion need to analyse its impact not only on the health outcome, but also on the socio-cognitive and contextual determinants of that health outcome.
8. More empirical research is needed regarding the cost-effectiveness of health interventions that have been shown to be clinically-effective.
9. "Healthy citizens are the greatest asset any country can have." *Winston S. Churchill*
10. "Anyone who keeps learning stays young." *Henry Ford*