

Emotional states, crime and violence : a schema therapy approach to the understanding and treatment of forensic patients with personality disorders

Citation for published version (APA):

Keulen-de Vos, M. E. (2013). *Emotional states, crime and violence : a schema therapy approach to the understanding and treatment of forensic patients with personality disorders*. [Doctoral Thesis, Maastricht University]. Datawyse / Universitaire Pers Maastricht. <https://doi.org/10.26481/dis.20130425mk>

Document status and date:

Published: 01/01/2013

DOI:

[10.26481/dis.20130425mk](https://doi.org/10.26481/dis.20130425mk)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

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- The final author version and the galley proof are versions of the publication after peer review.
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Stellingen

behorende bij het proefschrift

Emotional states, crime and violence

*A Schema Therapy approach to the understanding and treatment of forensic patients
with personality disorders*

Traditional personality disorder theories hamper forensic treatment because they define personality disorders according to stable pathological traits; Schema Therapy, instead, holds a dynamic view of personality disorders which inspires treatment. *(this thesis)*

Underlying criminal behavior are often feelings of vulnerability and loneliness. *(this thesis)*

Schema modes hold a “whole person” approach, therefore modes are of great value in assessment of forensic patients. *(this thesis)*

A Schema Therapy approach enhances our understanding of forensic patients with personality disorders. *(this thesis)*

Forensic treatment is too much focused on suppressing symptoms instead of treating core maladaptive states.

The notion that psychopathy is untreatable is untrue.

Today there are more risk assessment instruments than ever before but they contribute too little to the treatment of forensic patients with personality disorders.

Personality disorders are dissimilar in forensic and non-forensic patients.

The most important purpose of scientific research is not to prove, but to improve.

Having an obsessive-compulsive personality is a huge advantage when conducting dissertation research.

Maria Elisabeth Keulen-de Vos
donderdag 25 april 2013