

Technostress among health professionals

Citation for published version (APA):

Golz, C. (2023). *Technostress among health professionals: The blame game between health professionals and technology*. [Doctoral Thesis, Maastricht University]. Maastricht University. <https://doi.org/10.26481/dis.20230309cg>

Document status and date:

Published: 01/01/2023

DOI:

[10.26481/dis.20230309cg](https://doi.org/10.26481/dis.20230309cg)

Document Version:

Publisher's PDF, also known as Version of record

Please check the document version of this publication:

- A submitted manuscript is the version of the article upon submission and before peer-review. There can be important differences between the submitted version and the official published version of record. People interested in the research are advised to contact the author for the final version of the publication, or visit the DOI to the publisher's website.
- The final author version and the galley proof are versions of the publication after peer review.
- The final published version features the final layout of the paper including the volume, issue and page numbers.

[Link to publication](#)

General rights

Copyright and moral rights for the publications made accessible in the public portal are retained by the authors and/or other copyright owners and it is a condition of accessing publications that users recognise and abide by the legal requirements associated with these rights.

- Users may download and print one copy of any publication from the public portal for the purpose of private study or research.
- You may not further distribute the material or use it for any profit-making activity or commercial gain
- You may freely distribute the URL identifying the publication in the public portal.

If the publication is distributed under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license above, please follow below link for the End User Agreement:

www.umlib.nl/taverne-license

Take down policy

If you believe that this document breaches copyright please contact us at:

repository@maastrichtuniversity.nl

providing details and we will investigate your claim.

Propositions

Belonging to the thesis:

TECHNOSTRESS AMONG HEALTH PROFESSIONALS: The blame game between health professionals and technology

Christoph Golz

Maastricht, 09. March 2023

1. Managers have the responsibility to enable co-creation, which is crucial for sustainable digital transformation in healthcare. (this thesis)
2. Promoting digital competence in health professional education and practice is an inhibitor of technostress. (this thesis)
3. Technology has not only a dark but also a bright side. (this thesis)
4. Promote tech-savvy health professionals through recognised additional tasks, such as team support (this thesis).
5. Nurses do not have to embrace every technology with open arms.
6. Since we are still at the beginning of digital transformation in the healthcare, nurses can contribute to shaping the transformation.
7. The use of text mining in health sciences offers technological possibilities in research methodology.
8. Nurses need to accept that patients increasingly want digital solutions in their treatment.
9. The influence of technology on occupational stress among health professionals cannot be neglected in future research.
10. Technology supplements, not eliminates human resources.