

From nociception to perception

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FROM NOCICEPTION TO PERCEPTION

BREAKING DOWN THE PROCESS OF GUT-BRAIN SIGNALLING

Bram Beckers, 16 januari 2023, Maastricht

- 1. Inflammation serves an important role in TRP channel sensitization, but it is not the sole driving factor.
 - This thesis, chapter 2 & 3 -
- 2. Insights regarding the natural analgesic effect of ageing are valuable for the development of novel visceral pain management strategies.
 - This thesis, chapter 4 -
- 3. There is a remarkable overlap between disorders of brain-gut interaction and hypermobility spectrum disorders, suggesting shared underlying pathophysiological mechanisms.
 - This thesis, chapter 5 & 7 -
- 4. At the level of the nucleus of the solitary tract, nociceptive processing appears to operate regardless of perceptive responses.
 - This thesis, chapter 8 -
- 5. Duodenal hyperpermeability and low-grade duodenal inflammation are implicated in altered neuronal signalling and systemic immune activation in functional dyspepsia.
 - Wauters et al. Gut 2019 -
- 6. Transcutaneous auricular vagal nerve stimulation improves both constipation and abdominal pain in patients with IBS-C.
 - Shi et al 2021. JCI Insight -
- Resilience research is a paradigm shift from investigating pathophysiology towards investigating the mechanisms that can protect individuals against stressrelated disease.
 - Kalisch et al. Nature Human Behaviour 2017 -
- 8. It is not the mountains ahead to climb that wear you out; it is the pebble in your shoe.
 - Muhammed Ali -
- 9. *Palma sub pondere crescit* (The palm thrives under pressure).
 - wapen van Oranje-Nassau en Waldeck-Pyrmont -