

# The road towards less axillary treatment in early breast cancer patients and faster implementation of study results

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### **“The road towards less axillary treatment in early breast cancer patients and faster implementation of study results”**

1. Borstkanker patiënten die aan de ACOSOG Z0011 en/of IBCSG 23-01 criteria voldoen, kunnen mogelijk een aanvullende okselklierdissectie vermijden door te kiezen voor een borstsparende behandeling in plaats van een borstamputatie. *Dit proefschrift*
2. Borstkanker patiënten met extranodale groei in de schildwachtklier hebben vaker een hogere tumorload in de oksel, dit heeft geen effect op de (ziektevrije) overleving in vergelijking met borstkanker patiënten zonder extranodale groei in de schildwachtklier. *Dit proefschrift*
3. Het aantal regionaal recidieven na twee jaar follow-up is laag: op 125 regionaal recidief vrije patiënten kan er slechts één regionaal recidief worden verwacht in de resterende follow-up tot vijf jaar. *Dit proefschrift*
4. Niet alleen de behandeling, maar ook de follow-up van borstkanker patiënten dient gepersonaliseerd te worden door rekening te houden met het biologische gedrag van de tumor. *Dit proefschrift*
5. If you look at breast cancer treatment over the last 120 years, every time we have compared a radical to a more thoughtful, less radical procedure, the less radical procedure has turned out to be as good or better. *Armando Giuliano*
6. Information is everything. But how much information do we need? *Oreste Gentilini*
7. Ter vergroting van externe validiteit dienen ook hoog risicopatiënten geïncludeerd te worden in gerandomiseerde studies. *Marjolein Smidt*
8. Deelname aan de BOOG 2013-08 studie doe ik niet voor mezelf maar voor alle toekomstige borstkanker patiënten die ik door mijn deelname een schildwachtklier operatie kan besparen. *Studie patiënt*
9. Every accomplishment starts with the decision to try. *John F. Kennedy*
10. Cure sometimes, treat often, comfort always. *Hippocrates*