

# Unravelling the effect of a Dental Public Health Intervention (ISAC)

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## **Propositions**

### **Unravelling the Effect of a Dental Public Health Intervention (ISAC)**

in the Face of Oral Cancer Early Detection and Prevention in the Jazan Region, Saudi Arabia

#### **Ibtisam Moafa**

1. Provision of social support needs to be included in interventions that target Shammah cessation | This dissertation
2. Dentists should primarily focus on behavior change techniques that increase patient motivation and teach regulatory skills in tobacco cessation counseling | This dissertation
3. Integrating data from different community stakeholders (i.e., dental organization leaders, patients, dental students and dental interns) during the ISAC conceptualization and development have been critical for the intervention compatibility, acceptability, and satisfaction by the participants | This dissertation
4. In order to reach long-term effects, interventions should incorporate opportunities for short-term successes to support dentists' long-term motivation and adherence | This dissertation
5. Dental organizations should incorporate the ISAC intervention into their care to increase oral cancer early detection and prevention owing to the positive changes it has in terms of oral cancer examination, tobacco cessation counselling and patient communication skills | Impact
6. Local risk factors of oral cancer must be included in the routine dental examination to facilitate directing dentists' attention toward the importance of oral cancer examination
7. Dental public health specialists need to engage with multidisciplinary experts in order to converge multiple perspectives to uncover creative solutions to the problem
8. More influence and legal support are needed for dental public health specialists to maximize their efforts towards improving public oral health
9. Oral cancer early detection and prevention are requisite to fulfill the Saudi 2030 vision on health owing to their contribution to public health promotion and disease prevention
10. Do not let your difficulty fill you with anxiety, after all, it is in the darkest nights that the stars shine more brightly | Imam Ali ibn Abi Talib