

Psychosocial risk factors and coronary heart disease

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"PSYCHOSOCIAL RISK FACTORS AND CORONARY HEART DISEASE.
TYPE A AND VITAL EXHAUSTION IN VENEZUELA.**

Maastricht 23 maart 2000

1. In Venezuela MI is very strongly associated with Vital Exhaustion (This dissertation).
2. Women are more Type A and more Exhausted than men in Venezuela. (This dissertation).
3. There are more similarities than differences between Venezuela and The Netherlands in terms of Vital Exhaustion. (This dissertation).
4. Are Vital Exhaustion, depression and burnout overlapping constructs when referring to cardiac risk? This question is not yet fully answered and deserves further attention.
5. In younger people reporting exhaustion symptoms may be more related to daily hassles than in older people.
6. The life of people a few months before they have an MI seems to be a period of unaccountable low mood, lack of energy and irritability.
7. The age adjusted absolute magnitude of the estimated risk of Vital Exhaustion as observed in this study is so high (OR = 17.15) that it deserves further attention.
8. Gender differences in psychosocial riskfactors for myocardial infarction are very important in Venezuela.
9. Type A's have a longer recovery time than type B's have after the administration of a stressor . (This dissertation).
10. ...and life isn't run by principles but by adjustments....(Margaret Atwood: The edible woman, 1969)
11. If I were an object I would be objective, but I am a subject. Therefore I am subjective. (Spanish poet).